Founders Day Medal awarded to the late Joe Blake, prominent donor and first chancellor of the CSU System

By Jeff Dodge

This year’s Colorado State University Founders Day Medal is being awarded posthumously to Joe Blake, who was the first chancellor of the CSU System, a former member of the Board of Governors and a prominent donor to the College of Liberal Arts.

The Founders Day Medal was launched in 2010 to commemorate CSU’s birthday on Feb. 11. The medal recognizes an individual, family or group whose service and contributions have created a significant, lasting impact on the University’s history and progress toward future goals. The medal will be presented to Blake’s family later this year.

Blake, who passed away in February 2022, became an enthusiastic advocate for the CSU System and its campuses when former Gov. Bill Owens appointed him to serve on the Board of Governors in 2006. Blake became the System’s first full-time chancellor in 2009, a post he held until 2011. He continued to work for the System as chancellor emeritus and as a highly successful fundraiser for campus programs and scholarships up until he died.

His love for the liberal arts spurred him to donate $5 million to the College of Liberal Arts to recognize and elevate the college’s faculty and academic excellence. It was the largest gift in the history of the college at the time. He also created the Blake Leadership Scholars program to support high-achieving students in developing their skills as critical thinkers so they could be well-prepared as future leaders and citizens.

“It is such a pleasure to see Joe Blake recognized on Founders Day,” said Benjamin C. Withers, dean of the College of Liberal Arts. “Among his many achievements, Joe’s contributions to CLA allowed us to found two signature programs: the Blake Leadership Scholars and the Blake Center for Engaged Humanities. Not just his generosity but his personal example are behind both: his interest in each person he encountered, his understanding that we as people have more in common than we have differences.”

Withers added that Blake’s legacy is especially important to remember in today’s divided political climate and during CSU’s Thematic Year of Democracy.

Continued on pg. 6
APPLAUSE

Division of Student Affairs

CSU graduate student Haley McIverney has received the NASPA NOW Professional Recognition. NASPA, Student Affairs Administrators in Higher Education, is a national association that recognizes exceptional contributions among graduate students. McIverney is finishing her master’s degree this semester in CSU’s Student Affairs in Higher Education (SAHE) program and works as a graduate assistant for CSU’s Off-Campus Life team. She has been tasked with overseeing the RamRide program, CSU’s safe ride program. She was nominated by her supervisor, Lindsay Mason. “Haley impresses me daily with her integrity, her work ethic and her commitment to serving students and our community,” said Mason. McIverney will be recognized at the upcoming CSU reception at the NASPA conference set for Monday, March 13, in Seattle.

Warner College of Natural Resources

Ecosystem Science and Sustainability student Haydyn Deason is the inaugural recipient of the Molly H. Beattie Congressional Award for Distinguished Environmental Scholarship. Deason, who received the scholarship in December, is a fourth-year EIS major, with a minor in global environmental sustainability. She serves as director of the Department of Environmental Affairs for the Associated Students of Colorado State University.

Walter Scott, Jr. College of Engineering

Civil and environmental engineering Assistant Professor Yanlin Guo has received a five-year National Science Foundation Faculty Early Career Development Program award of $524,000 to develop new methodologies for assessing wind damage risks to buildings. Guo has spent most of her career studying high wind damage to infrastructure. She currently has a separate grant from the U.S. Department of Energy to increase the resilience of solar trackers under high winds.

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EXPERIENCE MORE OF CSU LIFE ONLINE

Print editions of CSU Life are being delivered in smaller batches to campus buildings this semester as some university community members are working remotely. Additional copies are available in the Lory Student Center. Read more stories about faculty, staff and the CSU community online at csulife.colostate.edu.

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‘Inspirng Women of Northern Colorado’ exhibit features many from CSU

By MarComm staff

“Inspirng Women of Northern Colorado” – which features many members of the CSU community – opened March 1 at the Global Village Museum of Arts and Cultures in Fort Collins.

The Hall Gallery exhibit is curated by members of Living Her Legacy, a Fort Collins organization dedicated to recognizing the contributions of local women.

“The mission of Living Her Legacy is to inspire women and girls to discover themselves in the many talents, contributions and achievements of women, both past and present,” said Pati A. Smith, founder and executive director of the nonprofit organization. “This exhibit showcases 48 women who have made a difference in our community by demonstrating commitment, courage and resilience.”

As visionaries for change, the 48 honorees serve as role models for both women and girls, and nearly half of the women have ties to Colorado State University. The exhibition runs through May 25.

In conjunction with the display, “Meet Impfmtul Women of Fort Collins” will be presented by Smith from 6-7:30 p.m. on Thursday, March

\n
LIVING HER LEGACY – CSU HONOREES

- Becky Hammon
  - CSU basketball star
  - First woman hired by NBA as assistant coach of the San Antonio Spurs
  - “Brownie” McGraw
  - Widow of CSU athletic legend
  - “Fum” McGraw
  - Bachelor’s and master’s degrees from CSU
  - Gladys Louise Eddy (1903-2006)
  - 70+ years as CSU and education leader
  - Instrumental in development of the CSU College of Business
  - CSU scholarship in her name
  - Joan King (1938-2014)
  - Neurosciences research

\n
LIFE AND ARTS

An exhibit of the work of living and deceased women, “Living Her Legacy,” is being held at the Global Village Museum of Arts and Cultures.

The museum’s newly renovated Hall Gallery showcases art and artifacts of women, both past and present. The free exhibit is open 10 a.m. to 5 p.m. daily through May 25.

The Hall Gallery exhibit is part of the Global Village Museum’s “Living Her Legacy” series that highlights the works of women, both past and present. The exhibit is housed in the Hall Gallery which opened in late December.

The exhibit features the work of 48 women who have made a difference in the local community. The women include teachers, museologists, scientists, politicians, and leaders in their community.

The exhibit features works of art, photographs, and artifacts. The exhibit also includes an exhibit of the work of women who have contributed to the global village museum.

The exhibit is open to the public and free of charge. The Global Village Museum is located at 200 W. Mountain Ave., and museum hours are 11 a.m. to 5 p.m. Tuesday through Saturday. The museum is closed on Sunday.

For more information about Living Her Legacy, visit LivingHerLegacy.org or email info@LivingHerLegacy.org.

The museum is located at 200 W. Mountain Ave. and is open daily from 11 a.m. to 5 p.m. The exhibit runs through May 25.

For more information about the exhibit, visit globalvillagemuseum.org or call 970-221-4600.

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CSU LIFE | FACULTY & STAFF

CSU LIFE | FACULTY & STAFF

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Lecture, mentored, and gave workshops at CSU

- Martha Trimbue (1914-1994)
  - CSU English instructor and Professor
  - Received 1983 CSU Outstanding Alumni Award

- Temple Grandin
  - Professor in CSU Department of Animal Sciences
  - Temple Grandin Equine Center

- Jan Carroll
  - Inaugural director of CSU School of Global Environmental Sustainability
  - University Distinguished Professor
  - Professor in Department of Biology

- Guadalupe Salazar
  - At CSU for over 30 years, most recently as director of El Centro

- Jovita Lobato (1908-2005)
  - First Hispanic graduate of CSU in 1936

- Theodosia Ammons (circa 1862-1907)
  - First dean of CSU Department of Domestic Economy

- Carole Makela
  - Collegiate innovator; professor in School of Education

- Jan Carroll
  - CSU and state roles in support of families

- Marcile Wood (deceased)
  - Developed and directed CSU’s adult education programs

- Margit Hentschel
  - Co-founder and co-director of CSU Center for Mindfulness

- Mary Carrharrera
  - Worked at CSU as field education coordinator at College of Health and Human Sciences

- Pauline Birch-Kreutzer (deceased)
  - Helped to develop and establish Peace Corps, which was founded in 1961

- Betty Moseley
  - Retired CSU math teacher

- Janice L. Nerger
  - Dean of CSU College of Natural Sciences (for 13 years)
  - Helped establish CSU STEM Center

- Mildred Johnson (deceased)
  - First woman hired by NBA as assistant coach of the San Antonio Spurs

- Becky Hammon
  - CSU basketball star
  - First woman hired by NBA as assistant coach of the San Antonio Spurs

- Beryl “Brownie” McGraw
  - Widow of CSU athletic legend
  - “Fum” McGraw
  - Bachelor’s and master’s degrees from CSU

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- Betty Moseley
  - Retired CSU math teacher
It’s time to start planning – and planting – that vegetable garden

By Annie Weiler

Carrots

Carrots love sunshine and cool soil, making them well suited for planting in Colorado’s early to mid-March soil. Add fellow root veggies, like beets or radishes, to the garden if your carrots look lonely.

Potatoes

The Pennsylvania Dutch community believes that St. Gertrude’s Day, now recognized as St. Patrick’s Day, was the official potato-planting day. This idea has some merit, as mid-March provides perfect conditions for planting these cold-loving crops.

Peppers

Whoa, hold on! Peppers aren’t fans of cold soil, so refrain from planting them until the risk of frost has passed. Kickstart their growth indoors about eight weeks before the last frost date, then transfer them outside once nighttime temperatures consistently exceed 50 degrees.

Spinach

Spinach is one of the most eager vegetables out there. As soon as you can work the soil in March, you can sow these seeds directly outside – remember, if you can work it, you can grow it!

‘Gorgeous, thoughtful, heartbreaking:’ The Cape Doctor by E.J. Levy

By Annie Weiler

In 2021, Lauren Fox, a bestselling author and writer for The New York Times, reviewed The Cape Doctor by E.J. Levy, an associate professor in Colorado State University’s Master of Fine Arts program.

Fox described the historical novel, inspired by Dr. James Miranda Barry’s life, as “gorgeous, thoughtful (and) heartbreaking,” stating that it “breaks open what we think we know about gender, identity and love and shines a light on the devastating limits of each.” Since then, The Cape Doctor has been a Colorado Book Award for historical fiction.

Beginning in Colonial America, The Cape Doctor follows Jonathan Perry’s gender transition to enter medical school and provide for his family at a time when women were consistently denied access to education. Perry soon embraced the newfound freedom of living as a man. The story traces his journey from a medical student to a military physician, revolutionizing Western medicine in Cape Town, South Africa. The narrative explores his life through a feminist and queer lens.

E.J. Levy first learned about the brilliant 19th- century military physician Dr. James Barry, renamed Dr. Perry in the novel, on a flight to Cape Town in October 2011. It was only after Barry’s death that it was discovered that he had been female, having transitioned to James to enter medical school during a time when women were denied such education. She noted that “Barry’s life demonstrates what a person can achieve when freed from expectations of gender; it speaks to the transformative power of education often denied to girls and women.”

Today, E.J. Levy is a writer, mother, feminist and queer activist. Levy’s work has earned numerous awards, including a Pushcart Prize, a Lambda Literary Award, a Flannery O’Connor Award, a 2004 Fox/Wend Book of the Year Award, the 2013 Best Indie Book of the Year by Kirkus, and the 2014 GLCA New Writers Award. She teaches the Colorado State University’s MFA program and has served as an associate professor since 2012.

Best online MBA in Colorado

For the seventh consecutive year, the CSU College of Business Online MBA program has been recognized as Colorado’s best online MBA program, as recognized by U.S. News & World Report. The flexible program further solidified its reputation by ranking No. 31 among public institutions and an impressive No. 42 nationwide among all programs.

Top producer of Fulbright Scholars

For the third year running, CSU was recognized by the U.S. Department of State for its outstanding presence in the Fulbright U.S. Scholar Program. In the 2021 academic year, eight scholars from CSU were selected for Fulbright awards, placing CSU as a top producer of Fulbright scholars.

The Fulbright Program, a cornerstone of international academic exchange established in 1946, has provided over 400,000 individuals across disciplines and geography the opportunity to study, teach and research abroad. This program resonates globally, with its distinguished contributions spanning various fields. Among them are 45 heads of state or government, 62 Nobel Laureates, 8 Pulitzer Prize winners and 80 MacArthur Fellows. Their collective efforts have advanced knowledge, promoted cultural exchanges and fostered enduring connections between the United States and nations worldwide.

HR hosts financial wellness month in April to empower employees

By Brittany Phillips

In a bid to prioritize the financial well-being of CSU faculty and staff, Human Resources is spearheading a monthlong initiative called “Financial Well-Being Month” in April.

The approach underscores the university’s commitment to supporting employees beyond their professional duties and fostering a culture of holistic well-being.

Throughout the month of April, employees will have access to a diverse range of resources, workshops and educational materials aimed at enhancing their financial literacy and stability.

From budgeting basics to retirement planning strategies, the program offers something for everyone, regardless of their financial background or expertise. Additionally, employees will have access to online resources like budgeting tools, interactive assessments and financial wellness webinars.

“Financial wellness is not just about earning a paycheck; it’s about feeling confident and empowered in managing one’s finances effectively,” chief total rewards officer Terti Suhr said. “We recognize that financial stress can significantly impact overall well-being and productivity, so we want to help equip faculty and staff with the tools and knowledge they need to thrive financially.”

Employees are advised to keep an eye on their CSU email for more information. In the meantime, explore other resources on the Weel-Being Hub at bewell.colostate.edu.

Ready to kickstart your spring garden?

Be warned: Not every vegetable will thrive this time of year. Using Fort Collins’ location within the 4A to 5B planting zones designated by the U.S. Department of Agriculture, we can determine which crops are ready for the soil and which should start indoors.

Here’s what you can do with some of the most popular garden veggies:

**Tomatoes**

Tomatoes remain a crowd- favorite garden veggie, but they’re not yet ready. Instead of planting them outdoors, start setting them indoors about two months before the last frost is expected. This will make sure your seedlings are ready once winter subsides.

**Carrots**

Carrots love sunshine and cool soil, making them well suited for planting in Colorado’s early to mid-March soil. Add fellow root veggies, like beets or radishes, to the garden if your carrots look lonely.

**Peppers**

Whoa, hold on! Peppers aren’t fans of cold soil, so refrain from planting them until the risk of frost has passed. Kickstart their growth indoors about eight weeks before the last frost date, then transfer them outside once nighttime temperatures consistently exceed 50 degrees.

**Spinach**

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**Why do we observe daylight savings time?**

By Annie Weiler

Twice a year, you wake up to find that your circadian rhythm has been disrupted. Daylight savings time strikes again! In the spring, our clocks spring forward an hour, and in the fall, they fall back an hour. Why do we do this?

DST was first implemented in Germany in 1916, with the military hoping it would help conserve energy during World War I. The United States promptly followed suit in 1918, although it was repealed a year later. It would make a comeback in 1942, once again implemented as a wartime measure to conserve energy.

While most locales chose to abandon it post-war, New York City went against the grain and continued observing it, influencing other areas to do the same. This led to a patchwork scenario where some towns observed DST and others didn’t. It was not until 1966 that DST was universally adopted in the United States.

Today, E.J. Levy is a writer, mother, feminist and queer activist. Levy’s work has earned numerous awards, including a Pushcart Prize, a Lambda Literary Award, a Flannery O’Connor Award, a 2004 Fox/Wend Book of the Year Award, the 2013 Best Indie Book of the Year by Kirkus, and the 2014 GLCA New Writers Award. She teaches the Colorado State University’s MFA program and has served as an associate professor since 2012.

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In this time of partisanship, Joe would help us see that there is not ‘the other side’ to problems we face; rather there are friends to be made who’ll help find solutions,” he said. “That is a foundation to build on.”

CSU President Amy Parsons said Blake had a lasting positive effect on the University. “CSU has been forever impacted by Joe’s contributions,” she said. “Through his work, his advancement and his generosity, he advanced excellence across our community, from students to faculty and staff. Joe made an amazing difference in so many lives, including my own. His advocacy had broad ripples, and he connected countless friends and supporters to our university. The Founders Day Medal is a fitting recognition of Joe’s legacy, which will continue to support generations of students.”

“Many, many people contribute to the success and advancement of CSU, and Joe was always right out front celebrating that spirit and commitment,” CSU Chancellor Tony Frank added. “The Founders Day Medal honors those remarkable people who have a transformational influence and example become part of the fabric of who we are. Joe was that person.”

“CSU has been forever impacted by Joe’s contributions,” she said. “Through his work, Joe’s advocacy had broad ripples, and he connected countless friends and supporters to our university. The Founders Day Medal honors extraordinary people who have a transformational impact that truly shifts the trajectory of the institution in important ways – whose leadership, influence and example become part of the fabric of who we are. Joe was that person.”

Frank added that Blake was always working to improve education. “He was the first full-time chancellor of our System, a tireless advocate for education at all levels and an unabashed champion of CSU’s land-grant mission,” he said. “He was a model of grace, goodwill and good humor, and up until he died, he was hard at work behind the scenes, working to create opportunities for our students and faculty. This is a wonderful way to honor his lasting impact.”

Post recipients of the Founders Day Medal

2017: Alumnus and Tuskegee Airman John Mosley (posthumously)
2016: Veterinary oncology pioneer Dr. Stephen Withrow
2012: Philanthropist Pat Stryker
2011: Peace Corps visionary and Professor Maurice Albertson
2010: The Merlot family
2009: CSU’s 12th president, Albert C. Yates
2008: The first woman to graduate from college in Colorado, Libbie Coy (posthumously)
2007: Advocate Temple Grandin
2006: Legendary beef-cattle nutrition scientist and Professor Emeritus John Matuschka
2005: Internationally known reproductive physiology expert George Seidel Jr. (posthumously)
2004: Renowned animal behaviorist and autism advocate Temple Grandin
2003: Former Colorado governor Richard Lamm
2002: Legendary sheep and lamb scientist and Professor Emeritus Melinda Smith
2001: International wool handler and former Director of the CSU International Wool Seminar, Bill Fawcett
2000: Distinguished leader and benefactor Phillip and William Doub
1999: CSU’s 11th president, Larry counter with respect while offering dispute resolution services tailored to each individual.

The office, located in Room 316 in the General Services Building, serves all CSU employees who voluntarily seek confidential assistance in resolving conflicts with others or addressing concerns about a university policy, for instance. The issues and concerns handled by the ombuds office include relationships between employees and supervisors or peers, performance appraisals, bullying/invisibility, compensation/ benefits, career progression, diversity/equity, organizational climate, policy/legal compliance and health/wellness/safety.

Rise in usage

The need to expand staffing in the office was prompted by steadily increasing requests for services, according to Emerson and Ricke. Fiscal year 2022–23 saw the highest number of requests from visitors seeking consultations and proactive conflict management training for departments/units.

Emerson told Faculty Council on Feb. 16 that most of the 643 concerns brought forward by visitors last year involved evaluative relationships, specifically around communication, performance appraisal, respect and supervisory effectiveness. The second-highest number of concerns involved peer/colleague relationships (such as difficulties with communication and treatment/respect).

“We encourage faculty and staff to take advantage of this resource,” Faculty Council Chair Melinda Smith said after the presentation.

In addition to one-on-one consultations, the office offers mediation services, conflict coaching and training workshops to proactively prepare community members for effectively and constructively dealing with conflict.

Visit the CSU Office of the Ombuds website, ombuds.colostate.edu, to learn more about the ombuds office, services offered, how to contact the ombuds office, the process of resolving conflict and more.

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In addition to one-on-one consultations, the office offers mediation services, conflict coaching and training workshops to proactively prepare community members for effectively and constructively dealing with conflict.

Benefits of the ombuds office

The issues and concerns handled by the ombuds office include relationships between employees and supervisors or peers, performance appraisals, bullying/invisibility, compensation/benefits, career progression, diversity/equity, organizational climate, policy/legal compliance and health/wellness/safety.

Visits with an ombuds can be conducted in person, by phone or virtually. For more information, visit ombuds.colostate.edu.

Past recipients of the Founders Day Medal

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Beyond the routine: An employee’s master’s degree journey
By Cheyenne Dolin

Allison DeWaele, a mother of four, has been an employee of Colorado State University for 25 years and is now a graduate with a master’s in education.

For DeWaele, the M.Ed. in Education and Human Resource Studies — specialization in Organizational Learning, Performance, and Change was anything but theoretical. She experienced a lot of organizational changes throughout her career and knew the program would expand her knowledge in this area. The program was relevant to her day-to-day job, and her job enriched her academic journey.

DeWaele began working for CSU in 1991 as a resident assistant while attending as an undergraduate. She graduated, married, started a family, and worked in Housing and Dining Services for 25 years. She moved to her current position as an administrative manager in the Graduate School more than five years ago.

As an administrative manager, she provides support in all areas of the Graduate School, including human resources, supervision, office management and administrative support. She advises and guides staff, supervisors and managers through changes and personnel issues.

In the fall of 2019, DeWaele started the online Organizational Learning, Performance, and Change program utilizing CSU’s employee study privilege program. OLPC analyzes how large organizations function and how to identify opportunities to increase performance.

When DeWaele began her studies, the Graduate School was undergoing significant changes in leadership, staff organization and processes. Then the pandemic began when DeWaele was taking her second class. The class was assigned a project to identify a problem in an organization and discuss how to analyze, design and implement change. DeWaele had no idea what problem to pick, so she set up a meeting with her professor.

Meanwhile, CSU was telling employees to prepare for a transition to remote work. The Graduate School team had a problem – they needed to continue receiving signatures on forms so that degree completion for graduate students would not be stalled. The paper forms required ink signatures and had to be submitted in person to the Graduate School, and the team was not sure how to most efficiently process them remotely. So, DeWaele pulled the operations team into a meeting and together they figured out a solution and a process to circulate the forms via email.

“I wrapped up the meeting with the operations team and was running late to the meeting with my professor. When I arrived, I explained why I was late and that I wasn’t sure what problem to pick for the class project. My professor smiled and told me I had just done the project,” said DeWaele. “I was like: Oh, I already am doing this work; I just need formal training, so I’m more efficient and confident leading my team.”

With the support of Graduate School leadership, DeWaele was encouraged to continue identifying opportunities for improvement, developing strategies for change and designing ways to evaluate those changes.

DeWaele acknowledges the unwavering support of Mary Stromberger, the former dean of the Graduate School, Sonia Kreidenweis, the former interim dean of the Graduate School, and Colleen Webb, the current vice provost and dean of the Graduate School, as influential women leaders during her pursuit of an advanced degree.

“Watching Allison grow as a professional has been incredibly fulfilling,” said Colleen Webb, vice provost for graduate affairs and dean. “She is putting her new knowledge to work, benefitting not just the Graduate School, but the thousands of graduate students, faculty and staff that we interact with each year. Her willingness to invest in her education and use her employee study benefit has a significant impact on the university.”

Moving forward, plans to apply what she learned every day. DeWaele shares that it was no easy feat obtaining her degree while working full-time and raising a family. “I couldn’t have done it without my supportive network, both at work and at home,” said DeWaele.

Stay secure: Understanding CSU’s annual password reset
By Katie Hightower

Colorado State University takes cybersecurity seriously. That’s why all students, faculty and staff must update their NetID password every year. As we enter a new semester, it’s important for students, faculty and staff to understand this policy and why it matters for protecting university data and accounts.

What is the NetID Password Policy?
CSU requires all NetID account holders to reset their password once per year. Users will receive an email notification when their annual password reset is due. This policy ensures passwords don’t remain static and vulnerable for long periods. It’s a best practice recommended by cybersecurity experts.

How to Identify Legitimate Update Requests
When your annual password expiration email arrives, how do you know it’s legitimate? Here’s what to look for:

• The email will come from the NetID@colostate.edu email address.
• The message will include your name, NetID and password expiration date, along with instructions to update your password.
• Links will go to valid CSU sites like netid.colostate.edu, it.colostate.edu, and csupueblo.edu. Hover over links to preview destinations. You can also type these into your address bar rather than clicking a link.
• The first email is sent 30 days before the expiration date. We send reminder emails until the password is changed or expires. If you have a recovery email linked, expiration notices go there as well.

You can also verify the password request by visiting the NetID website:
• Go to the NetID website, and select View/Update > Show My Information. In the NetID Account section, look for Password Changed and Password Expires.

Account Activity Alerts
In addition to the password expiration emails, you will automatically get emails whenever you make changes to your NetID account details, like:

• Activating your NetID
• Resetting your password
• Updating your email address
• Changing your recovery email
• Modifying your preferred first name
• Setting up Duo two-factor authentication.

This way you stay informed about activity on your account.

Keeping university accounts and data secure takes teamwork. CSU has policies like the yearly NetID password reset to help. But policies are most effective when users understand them and do their part.

Colorado State University takes cybersecurity seriously. That’s why all students, faculty and staff must update their NetID password every year. As we enter a new semester, it’s important for students, faculty and staff to understand this policy and why it matters for protecting university data and accounts.

What is the NetID Password Policy?
CSU requires all NetID account holders to reset their password once per year. Users will receive an email notification when their annual password reset is due. This policy ensures passwords don’t remain static and vulnerable for long periods. It’s a best practice recommended by cybersecurity experts.

How to Identify Legitimate Update Requests
When your annual password expiration email arrives, how do you know it’s legitimate? Here’s what to look for:

• The email will come from the NetID@colostate.edu email address.
• The message will include your name, NetID and password expiration date, along with instructions to update your password.
• Links will go to valid CSU sites like netid.colostate.edu, it.colostate.edu, and csupueblo.edu. Hover over links to preview destinations. You can also type these into your address bar rather than clicking a link.
• The first email is sent 30 days before the expiration date. We send reminder emails until the password is changed or expires. If you have a recovery email linked, expiration notices go there as well.

You can also verify the password request by visiting the NetID website:
• Go to the NetID website, and select View/Update > Show My Information. In the NetID Account section, look for Password Changed and Password Expires.

Account Activity Alerts
In addition to the password expiration emails, you will automatically get emails whenever you make changes to your NetID account details, like:

• Activating your NetID
• Resetting your password
• Updating your email address
• Changing your recovery email
• Modifying your preferred first name
• Setting up Duo two-factor authentication.

This way you stay informed about activity on your account.

Keeping university accounts and data secure takes teamwork. CSU has policies like the yearly NetID password reset to help. But policies are most effective when users understand them and do their part.
CALENDAR

Spring Break
Saturday, March 9, to Sunday, March 17

Mountain West Conference 2024 Basketball Tournament
Las Vegas
Women: March 10–13
Men: March 13–16
+ themisum.colostate.edu/calendarmari

Daylight Savings Time
March 12, 2 a.m.
Turn your clocks ahead before you go to bed.
Also, read our story on Page 5.

ACT Film Festival Kickoff
Tuesday, March 19, 7 p.m.
Odell Brewing Company
You’re invited to celebrate the ninth annual ACT Human Rights Film Festival at Odell Brewing in Fort Collins. Free and open to all, ACT’s Kickoff Party celebrates the festival schedule and film lineup and tapt the ACT Screening Session al.
+ actfilmfest.colostate.edu/9th-annual-festival-kickoff

Divide Democracy: Polarization, Hate Speech, and the Future of America
Tuesday, March 19, 4 p.m.
Lory Student Center Theatre
As part of the Thematic Year of Democracy, join the Department of Philosophy and visiting scholars Robert Talsisse, the Alton Jones Professor of Philosophy at Vanderbilt University, and Stefan Shiffman, philosophy professor and the Pete Kameron Professor of Law and Social Justice at UCLA. They will discuss the promises and challenges to U.S. democracy.
+ themisum.colostate.edu/calendar-of-events-and-programs

International 5K Color Run
Saturday, March 23, 10 a.m., Laurel Hall
The 2024 International Color run will be partnering with CSU’s Indian Student Association for a colorful 5K run. All proceeds benefit international scholarships. Runners get a race T-shirt, snacks and colorful packets.
+ international.colostate.edu/5k-run

Conversation on the First Amendment and Higher Education
Monday, March 25, 12–1:30 p.m.
Lory Student Center Ballroom
As part of Colorado State University’s Thematic Year on Democracy and Civic Engagement, CSU President Amy Parsons will moderate a conversation with CSU panelists on free speech on campus.
+ themisum.colostate.edu/calendar-of-events-and-programs

Multicultural Undergraduate Research Art and Leadership Symposium (MURALS)
Friday, March 29, 7:30 a.m.–4:30 p.m.
MURALS is an inclusive undergraduate research and artistry symposium where students from marginalized backgrounds present their scholarly work from diverse disciplines such as creative writing, arts, entrepreneurship and sciences.
+ murals.colostate.edu

International Symposium
Tuesday, April 2, and Wednesday, April 3, 9:30 a.m.–5 p.m.
Lory Student Center
Join the Office of International Programs for the fifth annual International Symposium. All sessions and speakers will be both in person in the Lory Student Center and available virtually online. The International Symposium highlights the ways CSU students, faculty, staff and partners add global dimensions to their teaching and learning, research, scholarship and community engagement.
+ international.colostate.edu

ACT Human Rights Film Festival
April 3–7 Lory Student Center Theatre
Join filmmakers and community activists for the ninth annual ACT Film Festival, featuring films that share stories of resistance and resilience. Tickets are available online for the festival.
+ actfilmfest.colostate.edu

Top 5 Irish Imported Whiskeys and Creams for your St. Paddy's Day Celebration

1) Glengadoulish Double Barrel Whiskey
A craft distilled whiskey guaranteed to blow you away with both barrels. Sweet honey and smooth vanilla notes will float you up to heaven, then ginger spice and a touch of almond will bring you back down with an earthy finish. Double barrel aged means double aged, first in American bourbon barrels, second in oak wine casks from the small Spanish town of Montilla.

2) Saint Brendan’s Irish Cream
A wonderful choice for discerning Irish cream lovers. It’s crafted in one of the oldest dairies in Derry, Ireland by combining Irish cream and Irish whiskey. Perfect for enjoying on the rocks or with whisky. Named after Saint Brendan the navigator, this choice will see you safely to a good time on St. Paddy’s Day.

3) Tullamore Dew
This Irish whiskey is aged to perfection in bourbon and sherry barrels and has been a defining spirit of Ireland since 1829. Tullamore boasts the reputation of being the world’s only triple distilled, triple blended, triple matured whiskey, and its fine taste has won the brand some major awards.

4) Bailey’s Irish Cream
An Irish Cream classic, Baileys has the added bonus of having a variety of flavors to choose from— including espresso creme, almond, and caramel. An Irish coffee with Bailey’s is the perfect way to cozy up on a rainy March Day, the Irish have been doing it for centuries.

5) Jameson
No list of Irish liquor would be complete without the iconic Jameson line of whiskies. The whiskey is aged for a minimum of four years in oak casks and is renowned for its smoothness. Try the new IPA edition (aged in stout beer barrels), or the Jameson Cold Brew (whiskey blended with cold brew coffee).

Wilbur’s has more than 80 Irish liquors and liqueurs to choose from.

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