

CSU LIFE



THE OFFICE OF INTERNATIONAL PROGRAMS HOSTED THE 2024 WORLD UNITY FAIR AT THE LORY STUDENT CENTER IN FEBRUARY, FEATURING WORLDWIDE CUISINE, STAGE PERFORMANCES AND AN INTERNATIONAL BAZAAR. PHOTO BY JOHN EISELE/ CSU PHOTOGRAPHY.

Founders Day Medal awarded to the late Joe Blake, prominent donor and first chancellor of the CSU System

By Jeff Dodge

This year's Colorado State University Founders Day Medal is being awarded posthumously to Joe Blake, who was the first chancellor of the CSU System, a former member of the Board of Governors and a prominent donor to the College of Liberal Arts.

The Founders Day Medal was launched in 2010 to commemorate CSU's birthday on Feb. 11. The medal recognizes an individual, family or group whose service and contributions have created a significant, lasting impact on the University's history and progress toward future goals. The medal will be presented to Blake's family later this year.

Blake, who passed away in February 2022, became an enthusiastic advocate for the CSU System and its campuses when former Gov. Bill Owens appointed him to serve on the Board of Governors in 2006. Blake became the System's first full-time chancellor in 2009, a post he held until 2011. He continued to work for the System as chancellor emeritus and as a highly successful fundraiser for campus programs and scholarships up until he died.

His love for the liberal arts spurred him to donate \$5 million to the College of Liberal Arts to recognize and elevate the college's faculty and

academic excellence. It was the largest gift in the history of the college at the time. He also created the Blake Leadership Scholars program to support high-achieving students in developing their skills as critical thinkers so they could be well-prepared as future leaders and citizens.

"It is such a pleasure to see Joe Blake recognized on Founders Day," said Benjamin C. Withers, dean of the College of Liberal Arts. "Among his many achievements, Joe's contributions to CLA allowed us to found two signature programs: the Blake Leadership Scholars and the Blake Center for Engaged Humanities. Not just his generosity but his personal example are behind both: his interest in each person he encountered, his understanding that we as people have more in common than we have differences."

Withers added that Blake's legacy is especially important to remember in today's divided political climate and during CSU's Thematic Year of Democracy.

Continued on pg. 6



COLORADO STATE UNIVERSITY

**THIS
MONTH**

WOMEN'S HISTORY MONTH

March 1-31

SPRING BREAK

March 9-17

ACT FILM FESTIVAL

April 2-7

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CSU LIFE IS PUBLISHED MONTHLY DURING THE ACADEMIC YEAR THROUGH A PARTNERSHIP WITH THE CSU DIVISION OF MARKETING AND COMMUNICATIONS AND ROCKY MOUNTAIN STUDENT MEDIA.

CONTACT US AT CSULIFE@COLOSTATE.EDU

APPLAUSE

Division of Student Affairs

CSU graduate student Haley McAveney has received the NASPA NOW Professional Recognition. NASPA, Student Affairs Administrators in Higher Education, is a national association that recognizes exceptional contributions among graduate students. McAveney is finishing her master's degree this semester in CSU's Student Affairs in Higher Education (SAHE) program and works as a graduate assistant for CSU's Off-Campus Life team. She has been tasked with overseeing the RamRide program, CSU's safe ride program. She was nominated by her supervisor, Lindsay Mason. "Haley impresses me daily with her integrity, her work ethic and her commitment to serving students and our community," said Mason. McAveney will be recognized at the upcoming CSU reception at the NASPA conference set for Monday, March 11, in Seattle.

Warner College of Natural Resources

Ecosystem Science and Sustainability student Haydyn Deason is the inaugural recipient of

the Mollie H. Beattie Congressional Award for Distinguished Environmental Scholarship. Deason, who received the scholarship in December, is a fourth-year ESS major, with a minor in global environmental sustainability. She serves as director of the Department of Environmental Affairs for the Associated Students of Colorado State University.

Walter Scott, Jr. College of Engineering

Civil and environmental engineering Assistant Professor Yanlin Guo has received a five-year National Science Foundation Faculty Early Career Development Program award of \$542,000 to develop new methodologies for assessing wind damage risks to building exteriors. Guo has spent most of her career studying high-wind damage to infrastructure. She currently has a separate grant from the U.S. Department of Energy to increase the resilience of solar trackers under high winds.

EXPERIENCE MORE OF CSU LIFE ONLINE

Print editions of CSU Life are being delivered in smaller batches to campus buildings this semester as some university community members are working remotely. Additional copies are available in the Lory Student Center. Read more stories about faculty, staff and the CSU community online at csulife.source.colostate.edu.

'Inspiring Women of Northern Colorado' exhibit features many from CSU

By MarComm staff

"Inspiring Women of Northern Colorado" – which features many members of the CSU community – opened March 1 at the Global Village Museum of Arts and Cultures in Fort Collins.

The Hall Gallery exhibit is curated by members of Living Her Legacy, a Fort Collins organization dedicated to recognizing the contributions of local women.

"The mission of Living Her Legacy is to inspire women and girls to discover themselves in the many talents, contributions and achievements of women, both past and present," said Patti A. Smith, founder and executive director of the nonprofit organization. "This exhibit showcases 48 women who have made a difference in our community by demonstrating commitment, courage and resilience."

As visionaries for change, the 48 honorees serve as role models for both women and girls, and nearly half of the women have ties to Colorado State University. The exhibition runs through May 25.

In conjunction with the display, "Meet Impactful Women of Fort Collins" will be presented by Smith from 6-7:30 p.m. on Thursday, March

Living Her Legacy – CSU honorees

+ Becky Hammon

CSU basketball star

First woman hired by NBA as assistant coach of the San Antonio Spurs

+ Beryl "Brownie" McGraw

Widow of CSU athletic legend Thurman "Fum" McGraw

Bachelor's and master's degrees from CSU

+ Gladys Louise Eddy (1915-2010)

70+ years at CSU and education leader

Instrumental in development of the CSU College of Business

CSU scholarship in her name

+ Joan King (1938-2014)

Neurosciences research

21. The program will outline women's impact in the community, and attendees will hear from Legacy honorees as well as girls who have participated in the education programs.

Admission to the presentation is \$5 per person, and reservations are requested at globalvillagemuseum.org. Refreshments will be served, and registrants will enjoy free admission to the Hall Gallery exhibit as well as the museum's other three galleries.

For more information about Living Her Legacy, visit LivingHerLegacy.org or email info@LivingHerLegacy.org.

The Global Village Museum is located at 200 W. Mountain Ave., and museum hours are 11 a.m. to 5 p.m. Tuesday through Saturday. Regular admission is \$5 for adults, \$3 for seniors and students, \$1 for ages 4-12, and free for children 3 and under. Adult tours receive discounted admission of \$3/person. For more information and closure dates during the change of exhibits, visit globalvillagemuseum.org or call 970-221-4600.

Lectured, mentored, and gave workshops at CSU

Joan C. King-Tobet scholarship at CSU

+ Martha Trimble (1914-1994)

CSU English instructor and Professor

Received 1983 CSU Outstanding Alumni Award

+ Temple Grandin

Professor in CSU Department of Animal Sciences

Temple Grandin Equine Center

+ Blanche M. Hughes

CSU Vice President for Student Affairs

+ Diana H. Wall

Inaugural director of CSU School of Global Environmental Sustainability

University Distinguished Professor

Professor in Department of Biology

+ Guadalupe Salazar

At CSU for over 30 years, mostly as director of El Centro

+ Jovita Lobato (1908-2005)

First Hispanic graduate of CSU in 1936

+ Theodosia Ammons (circa 1862-1907)

First dean of CSU Department of Domestic Economy

+ Carole Makela

Collegiate innovator; professor in School of Education

+ Jan Carroll

CSU and state roles in support of families

+ Marcile Wood (deceased)

Developed and directed CSU's adult education programs

+ Margit Hentschel

Co-founder and co-director of CSU Center for Mindfulness

+ Mary Carraher

Worked at CSU as field education coordinator at College of Health and Human Sciences

+ Pauline Birky-Kreutzer (deceased)

Helped to develop and establish Peace Corps, which was founded in 1961

+ Betty Moseley

Retired CSU math teacher

+ Janice L. Nerger

Dean of CSU College of Natural Sciences (for 13 years)

Helped establish CSU STEM Center

+ Mildred Johnson (deceased 2017)

Business professor at CSU

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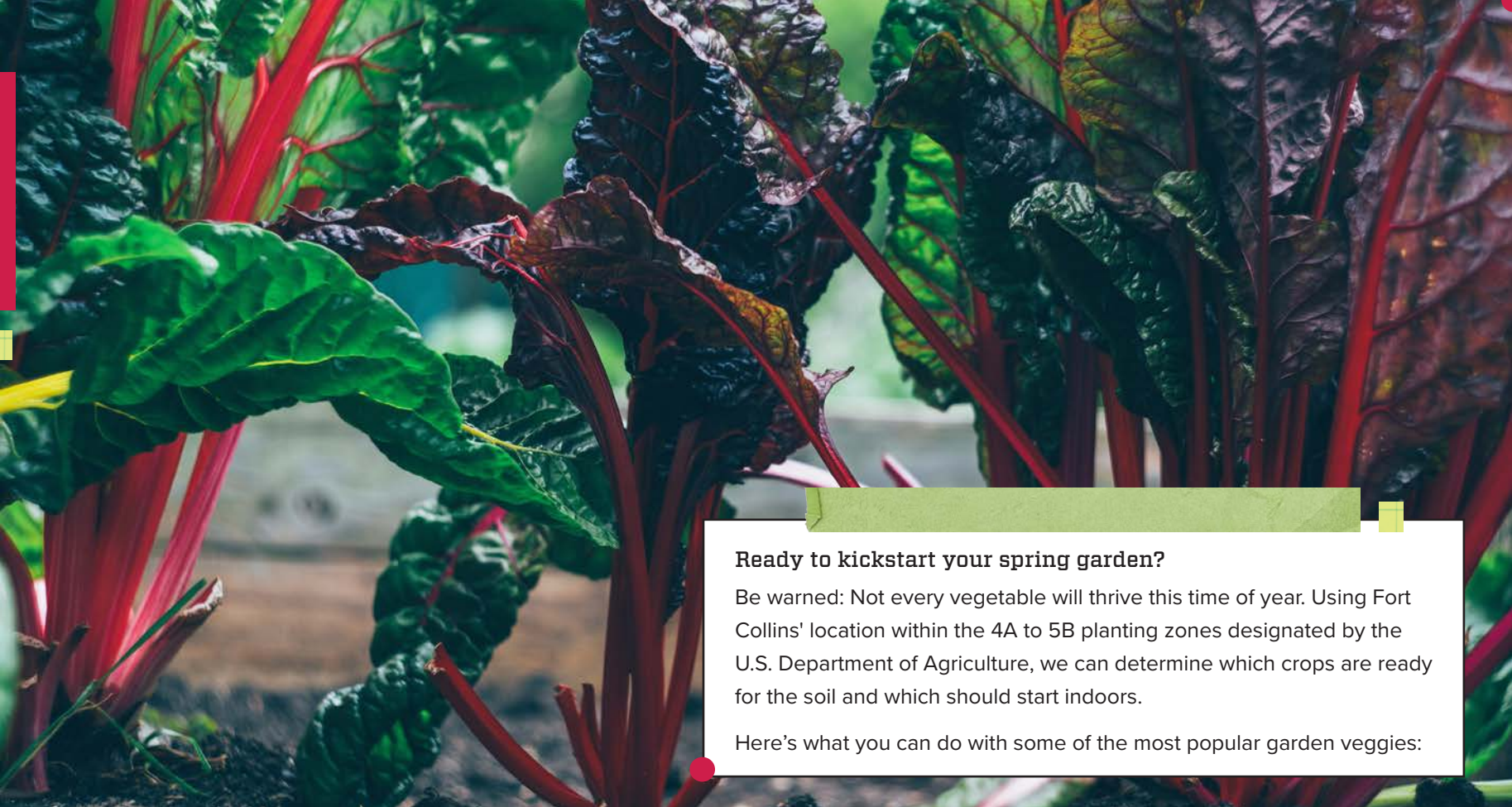
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	<p>\$169 Feeds 20-24 6 LARGE 2 topping PIZZAS 2 dozen COOKIES 4 GALLONS lemonade/iced tea</p>
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It’s time to start planning – and planting – that vegetable garden

By Annie Weiler



Ready to kickstart your spring garden?

Be warned: Not every vegetable will thrive this time of year. Using Fort Collins' location within the 4A to 5B planting zones designated by the U.S. Department of Agriculture, we can determine which crops are ready for the soil and which should start indoors.

Here’s what you can do with some of the most popular garden veggies:

Tomatoes

Tomatoes remain a crowd-favorite garden veggie, but they’re not yet ready. Instead of planting them outdoors, start sowing them indoors about two months before the last frost is expected. This will make sure your seedlings are ready once winter subsides.



Carrots

Carrots love sunshine and cool soil, making them well suited for planting in Colorado’s early to mid-March soil. Add fellow root veggies, like beets or radishes, to the garden if your carrots look lonely.

Potatoes

The Pennsylvania Dutch community believes that St. Gertrude’s Day, now recognized as

St. Patrick’s Day, was the official potato-planting day. This idea has some merit, as mid-March provides perfect conditions for planting these cold-loving crops.

Peppers

Whoa, hold on! Peppers aren’t fans of cold soil, so refrain from planting them until the risk of frost has passed. Kickstart their growth indoors about eight weeks before

the last frost date, then transfer them outside once nighttime temperatures consistently exceed 50 degrees.

Spinach

Spinach is one of the most eager vegetables out there. As soon as you can work the soil in March, you can sow these seeds directly outside – remember, if you can work it, you can grow it!

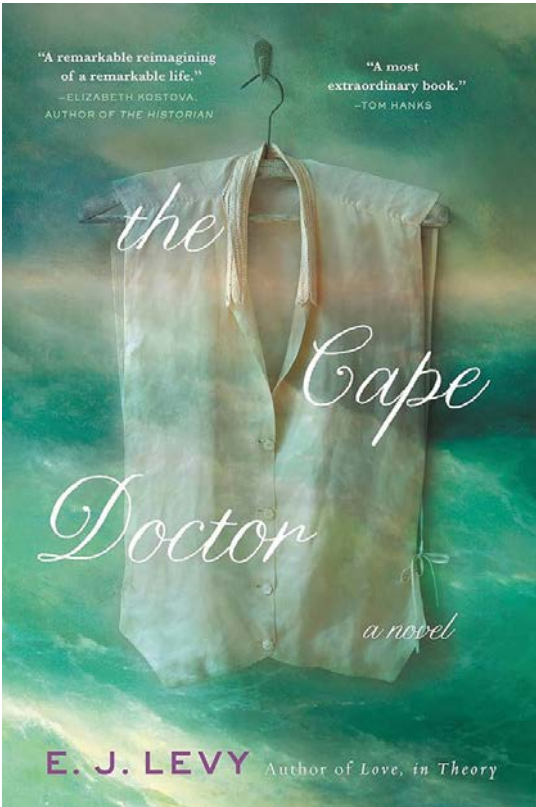
‘Gorgeous, thoughtful, heartbreaking:’ The Cape Doctor by E.J. Levy

By Annie Weiler

In 2021, Lauren Fox, a bestselling author and writer for *The New York Times*, reviewed *The Cape Doctor* by E.J. Levy, an associate professor in Colorado State University’s Master of Fine Arts program.

Fox described the historical novel, inspired by Dr. James Miranda Barry’s life, as “gorgeous, thoughtful [and] heartbreaking,” stating that it “breaks open what we think we know about gender, identity and love and shines a light on the devastating limits of each.” Since then, *The Cape Doctor* has won the Colorado Book Award for historical fiction.

Beginning in Cork, Ireland, *The Cape Doctor* follows Jonathan Perry’s gender transition to enter medical school and provide for his family at a time when women were consistently denied access to education. Perry soon embraced the newfound freedom of living as a man. The story traces his journey from a medical student to a military physician, revolutionizing Western medicine in Cape Town, South Africa. The narrative explores his life through a feminist and queer lens.



E.J. Levy first learned about the brilliant 19th-century military physician Dr. James Barry, renamed Dr. Perry in the novel, on a flight to Cape Town in October 2011. It was only after Barry’s death that it was discovered that he had been female, having transitioned to James to enter medical school during a time when women were denied such education. She noted that “Barry’s life demonstrates what a person can achieve when freed from expectations of gender; it speaks to the transformative power of education often denied to girls and women.”

Today, E.J. Levy is a writer, mother, feminist and queer activist. Levy’s work has earned numerous awards, including a Pushcart Prize, a Lambda Literary Award, a Flannery O’Connor Award, a 2012 ForeWord Book of the Year Award, the 2013 Best Indie Book of the Year by Kirkus, and the 2014 GLCA New Writers Award. She teaches in Colorado State University’s MFA program and has served as an associate professor since 2012.

Rankings roundup: How CSU has been stacking up lately

By Annie Weiler

Colorado State University has been enjoying some lofty rankings recently. Here are a few of the big ones.

Top producer of Fulbright Scholars

For the third year running, CSU was recognized by the U.S. Department of State for its outstanding presence in the Fulbright U.S. Scholar Program. In the 2023-24 academic year, eight scholars from CSU were selected for Fulbright awards, placing CSU as a top producer of Fulbright scholars.

The Fulbright Program, a cornerstone of international academic exchange established in 1946, has provided over 400,000 individuals across disciplines and geography the opportunity to study, teach and research abroad. This program resonates globally, with its distinguished contributions spanning various fields. Among them are 41 heads of state or government, 62 Nobel Laureates, 89 Pulitzer Prize winners and 80 MacArthur Fellows. Their collective efforts have advanced knowledge, promoted cultural exchange and fostered enduring connections between the United States and nations worldwide.

Best workplace for commuters

CSU stands proudly as a 2024 Best Workplace for Commuters, a distinction reserved for those committed to delivering comprehensive and progressive commuter benefits to their workforce. With a dedication to enhancing the lives of its employees and the larger Northern Colorado community, CSU boasts an employee commuter benefits program to alleviate traffic congestion and promote sustainability.

With an array of commuter and eco-friendly transportation solutions, CSU offers an extensive range of options tailored to meet the needs of its staff. These include access to a rental fleet for work-related travel via Fleet Services, over 18,000 bicycle parking spaces with multiple bike repair stands, and e-scooters and e-bikes, courtesy of Spin.

“We want to ensure all employees have a safe and economical way to get to and from campus, whether they’re riding the bus, bicycling, walking, carpooling, vanpooling or driving,” said Nate Vander Broek, active transportation professional with Parking and Transportation Services. “We’re here to help find the best option that suits your needs.”

Why do we observe daylight savings time?

By Annie Weiler

Twice a year, you wake up to find that your circadian rhythm has been disrupted. Daylight savings time strikes again! In the spring, our clocks spring forward an hour, and in the fall, they fall back an hour. Why do we do this?

DST was first implemented in Germany in 1916, with the military hoping it would help conserve energy during World War I. The United States promptly followed suit in 1918, although it was repealed a year later. It would make a comeback in 1942, once again implemented as a wartime measure to conserve energy.

While most locales chose to abandon it post-war, New York City went against the grain and continued observing it, influencing other areas to do the same. This led to a patchwork scenario where some towns observed the time change while others didn’t. To bring order to the situation, Congress passed the Uniform Time Act in 1966, which standardized DST and its schedule nationwide—except for Hawaii and Arizona, which decided to stick with standard time year-round.

In recent years, U.S. lawmakers, including Colorado Gov. Jared Polis, have expressed interest in transitioning to permanent DST. This discussion gained momentum when the U.S. Senate unanimously approved the Sunshine Protection Act of 2021, which aimed to eliminate the biannual clock adjustments. However, for permanent DST to become a reality, the Sunshine Protection Act must be approved by the House of Representatives and signed into law by President Joe Biden.

Until then, make sure to set your clocks ahead on March 10.

Best online MBA in Colorado

For the seventh consecutive year, the CSU College of Business Online MBA program has been recognized as Colorado’s best online MBA offering, as recognized by *U.S. News & World Report*. The flexible program further solidified its reputation by ranking No. 31 among public institutions and an impressive No. 42 nationwide across all programs.

“The era of a one-size-fits-all MBA is over,” said Travis Maynard, College of Business senior associate dean of academic programs. “Our Online MBA couples rigorous business education with a highly customizable curriculum that imparts both the topical insight and leadership perspective that turn today’s professionals into leaders in any field.”

Students tailor their learning experience by selecting courses from five core competencies and 20 electives. For those seeking a more immersive learning experience, the Mosaic MBA option allows students to actively participate in live classes, interact with instructors and collaborate with fellow students in real time. Meanwhile, online collaborations leverage the rich professional experiences of other students to enrich the learning environment and broaden perspectives.

CSU College of Business ranked one of the world’s best

The CSU College of Business has achieved global recognition, being honored as one of the five “Best Business Schools” worldwide by the Financial Times as part of its responsible business education awards. The college stood as the sole North American school on this esteemed list, highlighting its exceptional commitment to responsible business practices.

As an AACSB-accredited institution, the college ranks among the top 5% of business colleges globally, consistently demonstrating a propensity for professional success, innovation and creativity. With an undergraduate job offer and placement rate exceeding 90% within 90 days of graduation, the college’s reputation for producing talented and well-prepared graduates is unmistakable, solidifying its position as a premier institution in business education.



HR hosts financial wellness month in April to empower employees

By Brittny Phillips

In a bid to prioritize the financial well-being of CSU faculty and staff, Human Resources is spearheading a monthlong initiative called "Financial Well-Being Month" in April.

The approach underscores the university’s commitment to supporting employees beyond their professional duties and fostering a culture of holistic well-being.

Throughout the month of April, employees will have access to a diverse range of resources, workshops and educational materials aimed at enhancing their financial literacy and stability.

From budgeting basics to retirement planning strategies, the program offers something for everyone, regardless of their financial background or expertise. Additionally, employees will have access to online resources like budgeting templates and interactive assessments.

"Financial wellness is not just about earning a paycheck; it’s about feeling confident and empowered in managing one’s finances effectively," Chief Total Rewards Officer Teri Suhr said. "We recognize that financial stress can significantly impact overall well-being and productivity, so we want to help equip faculty and staff with the tools and knowledge they need to thrive financially."

Employees are advised to keep an eye on their CSU email for more information. In the meantime, explore other resources on the Well-Being Hub at bewell.colostate.edu.

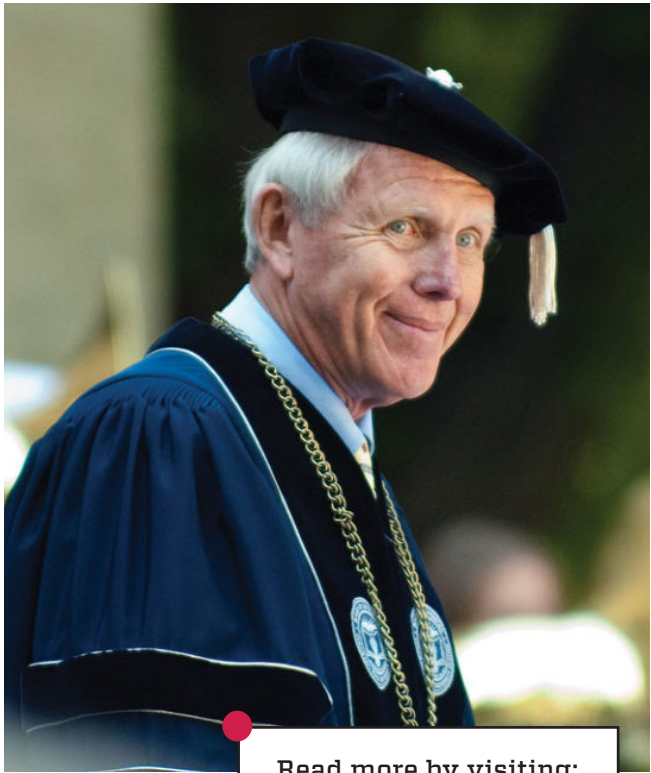
Continued from pg. 1

“In this time of partisanship, Joe would help us see that there is not ‘the other side’ to problems we face; rather there are friends to be made who’ll help find solutions,” he said. “That is a foundation to build on.”

CSU President Amy Parsons said Blake had a lasting positive effect on the University. “CSU has been forever impacted by Joe’s contributions,” she said. “Through his work, his advisement and his generosity, he advanced excellence across our community, from students to faculty and staff. Joe made an amazing difference in so many lives, including my own. His advocacy had broad ripples, and he connected countless friends and supporters to our university. The Founders Day Medal is a fitting recognition of Joe’s legacy, which will continue to support generations of students.”

“Many, many people contribute to the success and advancement of CSU, and Joe was always right out front celebrating that spirit and commitment,” CSU Chancellor Tony Frank added. “The Founders Day Medal honors those remarkable people who have a transformational impact that truly shifts the trajectory of the institution in important ways – whose leadership, influence and example become part of the fabric of who we are. Joe was that person.”

Frank added that Blake was always working to improve education. “He was the first full-time chancellor of our System, a tireless advocate for education at all levels and an unabashed champion of CSU’s land-grant mission,” he said. “He was a model of grace, goodwill and good humor, and up until he died, he was hard at work behind the scenes, working to create opportunities for our students and faculty. This is a wonderful way to honor his lasting impact.”



Read more by visiting:
<https://col.st/DWwYn>

Past recipients of the Founders Day Medal

- 2010: The Monfort family

2011: Peace Corps visionary and Professor Maurice Albertson

2012: Philanthropist Pat Stryker

2013: CSU’s eighth president, William Morgan, and his wife, Lilla

2014: Longtime professor Tom Sutherland and his wife, Jean

2015: Decades-long CSU supporters Bob and Joyce Everitt

2016: Veterinary oncology pioneer Dr. Stephen Withrow

2017: Alumnus and Tuskegee Airman John Mosley (posthumously)

2018: Alumnus and business icon Walter Scott, Jr.
- 2019: CSU’s 12th president, Albert C. Yates

2020: The first woman to graduate from college in Colorado, Libbie Coy (posthumously)

2021: Legendary beef-cattle nutrition scientist and Professor Emeritus John Matsushima

2022: Internationally known reproductive physiology expert George Seidel Jr. (posthumously)

2023: Renowned animal behaviorist and autism advocate Temple Grandin



Pres. Amy Parsons



Donna Brazile



APRIL 30

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Conversations to Inspire

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WOMEN AND
PHILANTHROPY
COLORADO STATE UNIVERSITY



CSU

YEAR OF
DEMOCRACY

Ombuds expands, offers confidential support for employees

By Jeff Dodge

The CSU Office of the Ombuds has expanded its staff and has been making the rounds to shared governance groups recently to remind employees about its free conflict resolution services.

After a competitive national search, Matthew Ricke joined the ombuds team in January, giving the office a second full-time employee. He joins Melissa Emerson, who has been university ombuds the past four years. Kathy Rickard, who had served as a part-time faculty ombuds since 2016, retired in December.

The university ombuds office is a confidential, impartial, informal and independent resource for all faculty and staff who are seeking solutions to workplace conflict, concerns or issues. The ombuds strive to ensure that employees are treated with respect while offering dispute resolution services tailored to each individual.

The office, located in Room 316 in the General Services Building, serves all CSU employees who voluntarily seek confidential assistance in resolving conflicts with others or addressing concerns about a university policy, for instance. The issues and concerns handled by the ombuds office include relationships between employees and supervisors or peers, performance appraisals, bullying/incivility, compensation/

benefits, career progression, diversity/equity, organizational climate, policy/legal compliance and health/wellness/safety.

Rise in usage

The need to expand staffing in the office was prompted by steadily increasing requests for services, according to Emerson and Ricke. Fiscal year 2022-23 saw the highest number of requests from visitors seeking consultations and proactive conflict management training for departments/units.

Emerson told Faculty Council on Feb. 6 that most of the 603 concerns brought forward by visitors last year involved evaluative relationships, specifically around communication, performance appraisal, respect and supervisory effectiveness. The second-highest number of concerns involved peer/colleague relationships (such as difficulties with communication and treatment/respect).

“We encourage faculty and staff to take advantage of this resource,” Faculty Council Chair Melinda Smith said after the presentation.

In addition to one-on-one consultations, the office offers mediation services, conflict coaching and training workshops to proactively prepare community members for effectively and constructively dealing with conflict.

About Ricke

Ricke comes to CSU from the University of Northern Colorado, where he was Title IX coordinator and equity officer. Ricke, who worked in a similar role at the University of Central Florida, holds a Ph.D. and has a background in both student affairs and classroom instruction. He also previously served as director of student success at Front Range Community College-Larimer County.

“When this position opened up, I was very excited about it,” Ricke said in an interview.

Emerson has been at CSU for 18 years. Prior to joining the Office of the Ombuds, she worked in the Student Resolution Center, which provides similar services to CSU students.

While Emerson and Ricke do not participate in formal university processes, they can serve as a thought partner to explore all possible options available to the employee and can make referrals accordingly. Additionally, when they see any trends that are having an impact on employees, they can share concerns with upper levels of the administration, while preserving employees’ confidentiality.

“We are committed to elevating trends to improve the quality of the employee experience,” Emerson said.

Visits with an ombuds can be conducted in person, by phone or virtually. For more information, visit ombuds.colostate.edu.



THE OMBUDS TEAM, MELISSA EMERSON AND MATTHEW RICKE, IS A CONFIDENTIAL, IMPARTIAL, INFORMAL AND INDEPENDENT RESOURCE FOR ALL FACULTY AND STAFF WHO ARE SEEKING SOLUTIONS TO WORKPLACE CONFLICT, CONCERNS OR ISSUES.

2024

international 5K COLOR RUN



MARCH 23, 2024

- 10 a.m. start — Laurel Hall, CSU
- \$25 entry (\$10 for CSU students!)
- T-shirt and color packets provided
- Proceeds benefit international student scholarships



INTERNATIONAL PROGRAMS
COLORADO STATE UNIVERSITY



international.colostate.edu/iec/5k

Beyond the routine: An employee’s master's degree journey

By Cheyenne Dolin



experienced a lot of organizational changes throughout her career and knew the program would expand her knowledge in this area. The program was relevant to her day-to-day job, and her job enriched her academic journey.

DeWaele began working for CSU in 1991 as a resident assistant while attending as an undergraduate. She graduated, married, started a family, and worked in Housing and Dining Services for 25 years. She moved to her current position as an administrative manager in the Graduate School more than five years ago.

As an administrative manager, she provides support in all areas of the Graduate School, including human resources, supervision, office management and administrative support. She advises and guides staff, supervisors and managers through changes and personnel issues.

In the fall of 2019, DeWaele started the online Organizational Learning, Performance, and Change program utilizing CSU’s employee study privilege program. OLPC analyzes how large organizations function and how to identify opportunities to increase performance.

When DeWaele began her studies, the Graduate School was undergoing significant changes in leadership, staff organization and processes. Then the pandemic began when DeWaele was taking her second class. The class was assigned a project to identify a problem in an organization and discuss how to analyze, design and implement change. DeWaele had no idea what problem to pick, so she set up a meeting with her professor.

Meanwhile, CSU was telling employees to prepare for a transition to remote work. The Graduate School team had a problem – they needed to continue receiving signatures on forms so that degree completion for graduate students would not be stalled. The paper forms required ink signatures and had to be submitted in person to the Graduate School, and the team was not sure how to most efficiently process them remotely. So, DeWaele pulled the operations team into a meeting and together they figured out a solution and a process to circulate the forms via email.

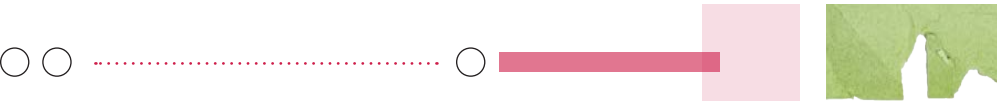
“I wrapped up the meeting with the operations team and was running late to the meeting with my professor. When I arrived, I explained why I was late and that I wasn't sure what problem to pick for the class project. My professor smiled and told me I had just done the project,” said DeWaele. “I was like: Oh, I already am doing this work; I just need formal training, so I’m more efficient and confident leading my team.”

With the support of Graduate School leadership, DeWaele was encouraged to continue identifying opportunities for improvement, developing strategies for change and designing ways to evaluate those changes.

DeWaele acknowledges the unwavering support of Mary Stromberger, the former dean of the Graduate School, Sonia Kreidenweis, the former interim dean of the Graduate School, and Colleen Webb, the current vice provost and dean of the Graduate School, as influential women leaders during her pursuit of an advanced degree.

“Watching Allison grow as a professional has been incredibly fulfilling,” said Colleen Webb, vice provost for graduate affairs and dean. “She is putting her new knowledge to work to benefit not just the Graduate School, but the thousands of graduate students, faculty and staff that we interact with each year. Her willingness to invest in her education and use her employee study benefit has a significant impact on the university.”

Moving forward, she plans to apply what she learned every day. DeWaele shares that it was no easy feat obtaining her degree while working full-time and raising a family. “I couldn’t have done it without my supportive network, both at work and at home,” said DeWaele.



Stay secure: Understanding CSU’s annual password reset

By Katie Hightower



Colorado State University takes cybersecurity seriously. That’s why all students, faculty and staff must update their NetID password every year. As we enter a new semester, it’s important for students, faculty and staff to understand this policy and why it matters for protecting university data and accounts.

What is the NetID Password Policy?

CSU requires all NetID account holders to reset their password once per year. Users will receive an email notification when their annual password reset is due. This policy ensures passwords don’t remain static and vulnerable for long periods. It’s a best practice recommended by cybersecurity experts.

How to Identify Legitimate Update Requests

When your annual password expiration email arrives, how do you know it’s legitimate? Here’s what to look for:

- The email will come from the NetID@colostate.edu email address.
- The message will include your name, NetID and password expiration date, along with instructions to update your password.
- Links will go to valid CSU sites like netid.colostate.edu, it.colostate.edu, and csupueblo.edu. Hover over links to preview destinations. You can also type these into your address bar rather than clicking a link.
- The first email is sent 30 days before the expiration date. We send reminder emails until the password is changed or expires. If you have a recovery email listed, expiration notices go there as well.

You can also verify the password request by visiting the NetID website:

- Go to the NetID website, and select View/Update > Show My Information. In the NetID Account section, look for Password Changed and Password Expires.

Account Activity Alerts

In addition to the password expiration emails, you will automatically get emails whenever you make changes to your NetID account details, like:

- Activating your NetID.
- Resetting your password.
- Updating your email address.
- Changing your recovery email.
- Modifying your preferred first name.
- Setting up Duo two-factor authentication.
- This way you stay informed about activity on your account.

Keeping university accounts and data secure takes teamwork. CSU has policies like the yearly NetID password reset to help. But policies are most effective when users understand them and do their part.

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PROJECT FINANCING AVAILABLE

CALENDAR

Spring Break
Saturday, March 9, to Sunday, March 17

Mountain West Conference 2024 Basketball Tournament
Las Vegas
Women: March 10–13
Men: March 13–16
+ themw.com/2024-basketball-championships/

Daylight Savings Time
March 10, 2 a.m.
Turn your clocks ahead before you go to bed. Also, read our story on Page 5.

ACT Film Festival Kickoff
Tuesday, March 19, 7 p.m.
Odell Brewing Company
You're invited to celebrate the ninth annual ACT Human Rights Film Festival at Odell Brewing in Fort Collins. Free and open to all, ACT's Kickoff Party celebrates the festival schedule and film lineup and tap the ACT Screening Session ale.
+ actfilmfest.colostate.edu/9th-annual-festival-kickoff-at-odell-brewing/

Divide Democracy: Polarization, Hate Speech, and the Future of America
Tuesday, March 19, 4 p.m.
Lory Student Center Theatre
As part of the Thematic Year of Democracy, join the Department of Philosophy and

visiting scholars Robert Talisse, the Alton Jones Professor of Philosophy at Vanderbilt University, and Seana Shiffrin, philosophy professor and the Pete Kameron Professor of Law and Social Justice at UCLA. They will discuss the promises and challenges to U.S. democracy.
+ thematicyear.colostate.edu/calendar-of-events-and-programs/

International 5K Color Run
Saturday, March 23 | 10 a.m., Laurel Hall
The 2024 International Color run will be partnering with CSU's Indian Student Association for a colorful 5K run. All proceeds benefit international scholarships. Runners get a race T-shirt, snacks and colorful packets.
+ international.colostate.edu/lec/5k-run

Conversation on the First Amendment and Higher Education
Monday, March 25, 12–1:30 p.m.
Lory Student Center Ballroom
As part of Colorado State University's Thematic Year on Democracy and Civic Engagement, CSU President Amy Parsons will moderate a conversation with CSU panelists on free speech on campus.
+ thematicyear.colostate.edu/calendar-of-events-and-programs/

Multicultural Undergraduate Research Art and Leadership Symposium (MURALS)
Friday, March 29 | 7:30 a.m.–4:30 p.m.

MURALS is an inclusive undergraduate research and artistry symposium where students from marginalized backgrounds present their scholarly work from diverse disciplines such as creative writing, arts, entrepreneurship and sciences.
+ murals.colostate.edu

International Symposium
Tuesday, April 2, and Wednesday, April 3, 9:30 a.m.–5 p.m. | Lory Student Center
Join the Office of International Programs for the fifth annual International Symposium. All sessions and speakers will be both in person in the Lory Student Center and available virtually online. The International Symposium highlights the ways CSU students, faculty, staff and partners add global dimensions to their teaching and learning, research, scholarship and community engagement.
+ international.colostate.edu

ACT Human Rights Film Festival
April 3–7 | Lory Student Center Theatre
Join filmmakers and community activists for the ninth annual ACT Film Festival, featuring films that share stories of resistance and resilience. Tickets are available online for the festival.
+ actfilmfest.colostate.edu





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- 2) Saint Brendan's Irish Cream-** A wonderful choice for discerning Irish cream lovers. It's crafted in one of the oldest dairies (in Derry, Ireland) by combining fresh cream and Irish whiskey. Perfect for enjoying on the rocks or with whiskey. Named after Saint. Brendan the navigator, this choice will see you safely to a good time on St. Paddy's Day.

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- 4) Bailey's Irish Cream-** An Irish Cream classic, Baileys has the added bonus of having a variety of flavors to choose from- including espresso creme, almond, and caramel. An Irish coffee with Bailey's is the perfect way to cozy up on a rainy March day, the Irish have been doing it for centuries.
- 5) Jameson-** No list of Irish liquor would be complete without the iconic Jameson line of whiskeys. The whiskey is aged for a minimum of four years in oak casks and is renowned for its smoothness. Try the new IPA edition (aged in stout beer barrels), or the Jameson Cold Brew (whiskey blended with cold brew coffee).

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