Earth Month 2022 at Colorado State: ‘Invest in our planet’

By Kadyn Thorpe

Earth Month 2022’s slogan is “Invest in our planet.” There’s no better place to start than right here at Colorado State University.

For CSU, green isn’t just a color to represent Ram Pride, it’s a way of life for students, staff, and faculty. CSU is ranked as one of the country’s most sustainable academic institutions, and they don’t shy away when they get a chance to show off all of their sustainable initiatives.

As of right now, CSU is working on its Climate Action Plan, a plan that will allow CSU to run on 100% renewable energy by 2030. That’s not where CSU’s sustainable initiatives stop. Throughout April, there are many opportunities for you to learn more about what CSU is doing now and, in the future, to be a sustainable institution.

As Earth Month approaches, CSU has begun planning its “Earth Day Festival.” This year, Earth Day will be on April 20, but CSU has planned weeks of educational events to learn more about what they are doing as well as what you can do to help protect our planet.

“Zero Waste Week,” lasting from April 4-8, gives you the opportunity to learn more about composting. Visit CSU’s Windrows Compost Facility on April 5 to take a tour of the facility and meet “Oscar” the 30-yard compost bin that comports around 300,000 pounds of pre-consumer food per year.

If you need some extra fertilizer for your spring flowers, stop by the Moby Arena Parking Lot on April 8 for their compost giveaway and e-waste collection. If you have any extra electronics you don’t want anymore, hand it over to the CSU surplus property and they will dispose of it in a safe way.

The third week, “Mobility Week,” is through April 11-15. If you want to learn more about how CSU paves the way in sustainability for academic institutions, stop by the sustainability fund presentations on April 12, hosted virtually. Here, you can learn more about how the CSU Sustainability Fund of $25,000 is used to support CSU’s sustainability efforts.

On April 13, head over to Avogadro’s Number, on South Mason Street to hear the panel filled with School of Global Environmental Sustainability hosts as they talk about topics related to sustainability issues. From April 18-22, it’s “Sustainability Week.” Celebrate the different ways that CU has made achievements in sustainability on April 19.

On April 20, celebrate Earth Day with the CSU Earth Day Festival. Located in the LSC West Lawn, student organizations, academic departments and sustainable organizations throughout Fort Collins will be there to help you learn more about sustainable practices.

The last week, “Food Justice Week,” will give you the opportunity to attend “AGU Hydrology Days,” lasting from April 25-27 at the Lory Student Center. Explore how engineering relates to water conservation, but make sure to sign up and register by April 8 to secure a spot.

There are so many events surrounding sustainable practices and sustainability awards throughout April. Make sure to stop by and learn how not only CSU has made a difference when it comes to sustainability but how you can as well.

Check out Colorado State University’s Earth Month schedule at green.colostate.edu/earth-month/ to find the times and locations for all events happening.
CSU marches toward becoming a prodigious basketball school

By Ethan Dvorak

The words CSU and basketball were not always a feared dyad. That all changed this year. Colorado State made its first appearance in March Madness since 2013, and while the results were disappointing, this season certainly was anything but.

If you walk around campus or in Fort Collins you can feel it. That buzz. The words CSU and basketball were not always a feared dyad. That all changed this year. Colorado State made its first appearance in March Madness since 2013, and while the results were disappointing, this season certainly was anything but.

Colorado State has become a basketball school since the 1995-96 season, the average attendance has never reached the totals of those early years. From alumni to current students, faculty and staff, Rams could not stay away from Moby Arena this season. And for good reason. CSU Men’s Basketball finished with an extraordinary record of 25-6, good enough to settle in as a south seed in March Madness. Headlined by second-year point guard Isaiah Stevens and junior forward David Roddy, the Rams struck fear into the hearts of the Mountain West Division.

David Roddy led the team in scoring, rebounding, and pressure, with 17.2 PPG and 6.9 RPG. Stevens excelled with his ball movement and his ability to finish scoring adding 4.7 APG on 90.2% from the free throw line. And, this one two punch still has another year together. Their chemistry has become unmatched and their pick and roll games essential as food and water in every victory.

Sure, this season didn’t end how the Rams had hoped, but that should not discount what was accomplished. CSU is a basketball school. The team that at year’s end was supposed to finish near the bottom of the Mountain West Division, was nominated, reviewed, and selected to the Mountain West All-Freshman team. Vicksburg’s performance was recognized with the Mountain West Freshman of the Year. That kind of confidence can take a young team very far. With solidified head coach Niko Medved, who has been elected for Faculty Affairs and dean of the College of Liberal Arts, in a Q & A session that detailed aspects of the plan and its implementation.

“We have engaged over the past year in an inclusive effort unknown to universities our size,” McConnell told the crowd. “You all have participated in a rate unseen in the United States at a land-grant university.”

McConnell shared a series of implementation steps that will take place this spring, including plans for a Courageous Strategic Transformation milestone tracker.

Watch the video at source.colostate.edu/courageous-strategic-transformation-video-shared-with-csu-community.
Connecting generations with the Virtuoso Series

By Ethan Dvorak

Music has a wonderful tendency to bring people together. The lights begin to dim and the stage is illuminated in the beautiful Organ Recital Room. Anticipation fills the crowd as hushed murmurs fill the few vacant seats. A performance is soon to commence.

At the Virtuoso Series Concert: Faculty Chamber Music, the hall resonated with an outstanding harmony and aliveness of music. During the concert, there were five different pieces played, each with their own individual melody and artistic touch. Watching the speed of the musicians’ fingers and the focus on their faces was a spectacle to behold. The amazing performance, however, was from those that are Rams. This made the performance even more special.

Beginning on Monday, March 28, CSU faculty members combined their masterful musical skills to create an ensemble of music. This night was the first of two performances with the other concert taking place on March 29.

Those that teach music and have a love for it are not always able to showcase their talents on the stage, other than composing or teaching others. These performances were a great reminder why music matters and the power that it can hold.

During the concert, there were five different pieces played, each with their own individual melody and artistic touch. Watching the speed of the musicians’ fingers and the focus on their faces was a spectacle to behold. The amazing performance, however, was from those that are Rams. This made the performances even more special.

Within the audience, CSU alumni, current students and staff all sat together in a moment of bliss. The effect that music can have on not just the lives of those on stage but the average viewer is one that cannot be overlooked. Hearing a myriad of sounds and performers thoroughly combine into one sound and one entity is truly extraordinary.

These Virtuoso Concerts were profound because of the music that was played, but also because of the devotion that those on stage have to their university and their students. The faces of students that saw their teacher play on stage for the first time cannot be replicated. You can only appreciate the time and dedication that is required to reach this level of musical excellence.

Music is a powerful tool in this world and across Colorado State University. It brings generations together and has the influence to change lives. Just as emotional music has changed the lives of so many at CSU, let us not forget the immense impact that CSU faculty and staff have had on students, audience members and any individual that is lucky enough to hear a composition of music as incredible as those concerts have been.

Commemorative MAIL-HOME Graduation Edition
Honoring the Spring Class of 2022

Each semester Rocky Mountain Student Media produces a commemorative graduation edition for seniors and their families and this spring will be no exception. The Spring 2022 Graduation Edition will be printed and mailed directly to the homes of more than 4200 graduating seniors. These commemorative editions are enjoyed not only by graduates but also their families, creating a warm, lasting impression with our CSU family and soon-to-be alums.

Reserve ad space now for a congratulatory message to graduates from your department or organization.

Spring Graduation 2022 will be mailed the week of May 9
(editions will also be available at cap and gown pickup and in the Lory Student Center)
Deadline to reserve space for congratulations ads: Wednesday, April 27
Deadline for ready-to-print PDF files: Tuesday, May 3

For more information on Spring Graduation 2022 contact
Kim Blumhardt • kim.blumhardt@colostate.edu or
Emma Reed • ereed@rockymountainsstudentmedia.com.
**Savory herb veggie crepes**

Impress your guests this holiday season with a skillfully crafted savory crepe! This recipe packs a punch of flavor with herbs and loads of vegetables you are sure to love.

**Ingredients:**
- 2 eggs
- 1 tablespoon melted butter
- 1/4 cup 2% milk
- 1 tablespoon fresh rosemary, finely chopped
- 1/2 teaspoon garlic powder
- 1/4 teaspoon salt
- 1/4 teaspoon pepper
- 2 tablespoons canola oil
- 1/2 cup roasted red bell pepper (low-sodium), diced
- 1/4 cup white all-purpose flour
- 1/8 teaspoon salt
- 2 tablespoons fresh sage, finely chopped
- 2 tablespoons fresh rosemary, finely chopped
- 1/2 cup 2% milk
- 1/8 teaspoon salt – add to egg, milk and butter mixture until well combined.

**Crepe:**
1. Crack 4 eggs into a pan with vegetables, scramble and cook through, then season mixture with pepper and 1/8 teaspoon salt.
2. In a large, shallow, non-stick pan with cooking spray and bring to medium heat – add 1/8 teaspoon crepe batter and swirl the batter around to evenly coat the bottom of the pan.
3. Cook crepe until golden brown underneath, then flip (about 1 minute per side).
4. Add vegetable, egg filling to the center of the crepe – fold crepe over the filling and roll tightly.

**Nutrition information / amount per serving:**
- Calories: 225
- Protein: 8 g
- Total fat: 13.5 g
- Total Carbohydrates: 19 g
- Dietary Fiber: 2.5 g
- Cholesterol: 108 mg
- Sodium: 323 mg
- Sugar: 4 g
- Added Sugars: 0 g

**Filling:**
1. Crack 4 eggs into the pan with vegetables, stir, and scramble until well-cooked.
2. Add canola oil to a large pan on medium heat – add green onion, roasted red bell pepper, garlic and spinach to pan and cook until spinach reduces.
3. Crack 4 eggs into the pan with vegetables, scramble and cook through, then season mixture with pepper and 1/8 teaspoon salt.
4. For each crepe, spray a large, shallow, non-stick pan with cooking spray and bring to medium heat – add 1/8 teaspoon crepe batter and swirl the batter around to evenly coat the bottom of the pan.
5. Cook crepe until golden brown underneath, then flip (about 1 minute per side).
6. Add vegetable, egg filling to the center of the crepe – fold crepe over the filling and roll tightly.

**Directions:**
1. Whisk 2 eggs with milk and butter in a large mixing bowl.
2. Combine herbs with flour, garlic powder and 1/8 teaspoon salt – add to egg, milk and butter mixture until well combined.
3. Cover and refrigerate batter for 20 minutes.
4. Add canola oil to a large pan on medium heat – add green onion, roasted red bell pepper, garlic and spinach to pan and cook until spinach reduces.
5. Crack 4 eggs into the pan with vegetables, scramble and cook through, then season mixture with pepper and 1/8 teaspoon salt.
6. For each crepe, spray a large, shallow, non-stick pan with cooking spray and bring to medium heat – add 1/8 teaspoon crepe batter and swirl the batter around to evenly coat the bottom of the pan.
7. Cook crepe until golden brown underneath, then flip (about 1 minute per side).
8. Add vegetable, egg filling to the center of the crepe – fold crepe over the filling and roll tightly.

---

**No bake coconut and flaxseed energy bites**

These bites are an easy, tasty snack that tastes like dessert! This recipe has a video! Watch the No Bake Coconut and Flaxseed Energy Bites video at youtube.com/watch?v=kH2a5u_S5Go.

**Ingredients:**
- 1/2 cup creamy peanut butter
- 1/3 cup honey
- 1/3 cup ground flaxseed meal
- 6 tablespoons chocolate chips
- 1 cup old-fashioned oats (uncooked)
- 1/2 cup ground flaxseed meal
- 6 tablespoons chocolate chips

**Directions:**
1. In a mixing bowl, stir together peanut butter, honey, and vanilla extract.
2. Add remaining ingredients and stir until evenly coated.
3. Transfer mixture to refrigerator or freezer and chill until set.
4. Remove from refrigerator and shape into 1-inch balls.
5. Store in the refrigerator in an airtight container.

**Nutrition information / amount per serving**
- Calories: 449
- Protein: 44 g
- Total fat: 9.2 g
- Total Carbohydrates: 14.5 g
- Saturated fat: 2.6 g
- Dietary Fiber: 3.5 g
- Cholesterol: 0 mg
- Sodium: 38.0 mg

---

**Vice Provost Long to retire this coming fall**

By Pam Jackson

After a career in education that has spanned more than four decades, including as a high school teacher and associate dean and current vice provost for undergraduate affairs, Kelly Long has announced that she will be retiring in the fall.

Provost and Executive Vice President Mary Pedersen and CSU has benefitted greatly from Long’s deep passion, dedicated leadership and critical intellect as vice provost.

“Kelly has supported several important academic initiatives including co-leading the Student Success Initiative, overseeing implementation of Student Learning Outcomes for the general education curriculum, guiding a curriculum think tank, working closely with the University Curriculum Committee, and leading the Teaching Continuity and Recovery Team from the onset of the pandemic through last fall,” said Provost Mary Pedersen. “She has served with passion and pride, and CSU is a better place for students to learn and succeed thanks to Kelly’s tireless dedication.

Long said she knew at an early age that a career in education was her destiny, a path inspired by caring teachers who made a great difference in her life. She knew that becoming a teacher not only would feed her inclination to serve and support others, but also would provide her the opportunity to continue learning in order to impact the lives of others through education.

“Education broadens us and can foster positive change in the world,” said Long. “Well before universities began using the term ‘first-generation’ student, when I arrived at CSU as a first-year undergraduate, I was the first in my family to go to college and would be the first to complete a college degree. Eventually, all my four siblings followed suit and earned degrees. Like many first-generation students, we succeeded against a lot of odds.”

Long taught for more than 17 years at Peabody High School in Fort Collins, AP Sensor Humanities, IB English and history, theatre and social studies. During her time there, she received a Fulbright Summer Abroad Scholarship from the U.S. Department of Education to study in China. A prestigious Dewitt Wallace National Endowment for the Humanities Scholar, Long led a study abroad program in China that focused on the history of music, drama, literature, and medicine in the ancient Chinese tradition.

Long said she was “determined to continue my study and traveled extensively in China, Japan, Korea, and the Philippines, where I continued to study Chinese. In addition to my academic work, Long’s dedication to her students, particularly low-income and first-generation students, has been the cornerstone of her career at CSU.”

Long recognized her work and what lies ahead for her.

“Whether in the classroom or in a leadership role, I’ve found it most gratifying and important to celebrate others and their successes that I may have helped to foster. I am grateful to have had the opportunity to serve a senior leadership role that allowed me the opportunity to do just that,” said Long. “I’ll remain a champion of CSU and will seek ways to support programs and students into the future. I also look forward to teaching on Semester at Sea in Spring 2023, more time for playing my trumpet and making music with others, and traveling.”

Read more at colostate.edu/vice-provost-kelly-long-to-retire-this-coming-fall after 42-years-in-education.
‘What the Eyes Don’t See’ is new Rams Read book

By CSU MarComm Staff

Beginning next fall, Colorado State University is expanding its existing Rams Read program into an inclusive, university-wide Thematic Year aligned with Courageous Strategic Transformation. The theme for 2022-23 will be health and the university is bringing Flint, Michigan pediatrician Mona Hanna-Attisha back to Fort Collins as the Rams Read author and as a visiting scholar with an expertise in health.

In What the Eyes Don’t See: A Story of Crisis, Resistance, and Hope in an American City, Hanna-Attisha tells the story of her own role in exposing the Flint water crisis, as well as the roles played by many Flint parents and activists and by whistleblowers in local and federal government. The book will be distributed free to all incoming CSU students at New Student Orientation in June and at Ram Welcome in August. It will also be available for purchase at the CSU Bookstore and for loan from the CSU Libraries.

Hanna-Attisha will come to campus as a visiting scholar Wednesday, Sept. 28. She will spend time in conversation with students, visit a class, and participate in a live, in-person public conversation with President Joyce McConnell. More information about her visit will be forthcoming.

As an expansion of the current Rams Read program, the thematic year will accomplish several exciting goals. "Establishing a thematic year makes it possible for everyone at CSU – as well as many members of the larger community – to engage with the theme, through events and programs that will take place on campus, virtually and around the state throughout the academic year," said Marissa Dienstag, the leadership chair of the thematic year planning and implementation of the project. "And it will be an amazing platform for us to highlight a Courageous Strategic Transformation priority every year, in a collaborative, inclusive way."

In planning for the year of health, the Office of the President asked for input from hundreds of leaders across CSU. They sought ideas and feedback that included everything from what resources would be most valuable, the ways units and departments would prefer to get involved, to which specific definitions of health resonated most. As a result of this initial input, the CSU year of health will focus specifically on animal health, human physical and mental health and public health, with an emphasis on health disparities.

Faculty, staff and community members will be invited to participate directly in the year of health not just by attending events but by organizing events themselves, adding relevant events to the yearlong calendar on the year of health website, highlighting the expertise of their team throughout the year and engaging with the theme on social media and other platforms. Dienstag said that more information about how to get involved will be forthcoming this spring, including how to add events and programs to the calendar and how to apply for funding to support health-themed initiatives in 2022-2023. Anyone interested in joining the steering committee for or otherwise contributing to the year of health should email theme@year.colorado.edu.

Meanwhile, the CSU community is invited to read What the Eyes Don’t See in preparation for the year of health, and anyone interested in curricular support for using the book should email for more information. The Rams Read program will remain cornerstone of CSU’s thematic year, according to Ann Clark, chief of staff and director of communications in the Office of the President, who was initially charged with launching the Rams Read and is working with Dienstag on the year of health.

Faculty Council elects 2022-23 leadership at CSU

By Amy Barkley

Faculty Council members voted on the leadership positions for the 2022-23 academic year at their March meeting.

Sue Doe

Sue Doe was reelected for a third term as Faculty Council Chair. Doe is a professor of English, former director of composition (2015-20), director of the Center for the Study of Academic Labor, and lead editor for the journal Academic Labor: Research and Activity. She teaches courses in composition, autoethnographic theory and method, reading and writing connections, research methods, and graduate teaching assistant preparation for writing instruction. Additionally, she does research in three distinct areas: academic labor and the faculty career, writing across the curriculum, and student-veteran transition in the post-9/11 era. Doe is a co-founder of the faculty development book, Concepts and Choices: Meeting the Challenges in Higher Education. Doe has published articles in College English, The WAC Journal, Reflections, and Writing Program Administration, among others. Her collection on student-veterans in the Composition classroom, Generation Vet: Composition, Veterans, and the Post-9/11 University, co-authored with Professor Lisa Gongol, was published by Utah State Press (an imprint of the University Press of Colorado) in 2014.

Melinda Smith

Melinda Smith was elected by members as next year’s Faculty Council vice chair. Smith joined CSU in 2012. She is a professor in the Department of Biological and former director of CSU’s Seminol and Grassland Research Center (2013-18). Her teaching includes an undergraduate course in plant ecology, a graduate course in community ecology, and seminar courses in drought impacts on ecosystem. She has published 190 peer-reviewed journal articles and has about $2.5 in extramural funding. She currently serves as the faculty representative to the Board of Governors and chair of the Committee on Research, Scholarship and Graduate Education. Smith’s research examines the impacts of global changes, particularly climate change and climate extremes (droughts, deluges and heatwaves), on grassland ecosystems in the Central U.S. (Colorado, Kansas, Wyoming), South Africa and China.

Andrew Norton

Andrew Norton will be the new Board of Governors Representative for the 2022-23 academic year. Norton joined CSU in 2000 and is a professor in the Department of Agricultural Biology. His teaching has included courses such as applied and general entomology, plants and civilization, introduction to bioagricultural sciences, and plant insect interactions. He currently serves as the master teacher initiative coordinator in the College of Agricultural Sciences. Norton’s research is centered on post-ecology and management, with a focus on non-native plant ecology in natural areas.
Day in the life of Jeremy Dawson at Colorado State University's College of Health and Human Science Matters season two guests:

- Construction Management, Rodolfo Valdez-Vazquez
- Design and Merchandising, Laura Malvin
- Food Science and Human Nutrition, Chris Melby
- Health and Exercise Science, Heathier Leach
- Human Development and Family Studies, Gloria Lawang
- Occupational Therapy, Patti Daniels
- School of Education, Vincent Basile
- School of Social Work, Paula Tuma
- Special Guest, Sue Vande Woude, One Health Institute Director

Outside of work, Dawson is often on the go, traveling to different locations for events and meetings. His work involves collaborating with other universities and organizations to improve the lives of individuals and communities. Dawson is passionate about his work and is always looking for ways to make a positive impact on those around him. He is committed to continuing his education and professional development to stay up-to-date with the latest research and trends in the field.

Welcome to Wilbur’s Total Beverage, the number one Fort Collins liquor store for wine, beer & spirits. For over 20 years, we have provided the Fort Collins area with a wide selection of wines, beers, and spirits. Whether you’re looking for a great bottle of wine to pair with dinner, a cold beer for a summer day, or a refreshing glass of spirits, Wilbur’s Total Beverage has you covered.

Wilbur’s Total Beverage has a variety of wines, beers, and spirits to choose from, including wines from all over the world, from California to Italy. We have a wide selection of craft beers, including local favorites like New West Brewing, and a variety of spirits, including vodka, whiskey, and liqueurs.

Our knowledgeable staff is always available to help you find the perfect bottle of wine, beer, or spirit to suit your tastes. Whether you’re a wine connoisseur or just looking for a new flavor to try, Wilbur’s Total Beverage has the perfect selection for you.

Whether your celebrating Easter, toast- ing to spring, or just looking for a little sparkle in your life, you’ve come to the right place. Wilbur’s Total Beverage has a variety of sparkling wines that pair perfectly with a spring brunch, elegant dinner on an occasion that calls for a refreshing bubbly.

Here are a few recommendations:

- La Marca Prosecco: Crafted in the heart of Italy, La Marca Prosecco comes in three styles. It’s light, classic characteristics of citrus and floral are backed by notes of green apple and juicy ripe lemon with a tantalizing hint of sweetness.
- Mumm Napa: This Napa Valley wine is one of California’s top sparkling wines and follows traditional wine making techniques of its French heritage. The signature Brut Prestige features bright citrus red apple stone fruit and creamy vanilla aromas with hints of toast honey and gingerbread spice. It’s relaxed yet elegant taste has won numerous accolades from both critics and connoisseurs.
- Bisol: The rich history of Bisol dates back to 1542, when the Bisol family first began cultivating grapes in the Cartizze hills of Italy. Today, Bisol produces a range of organically farmed and internationally recognized wines. The prosecco grapes used in the ‘Jeio’ are from Bisol’s best estate vineyards. The aromas are fresh with light citrus and floral notes of green apple and juicy ripe fruit.

It’s Time to Sparkle.

Order online for easy front door pickup or have us deliver to your door! Download our app and get to know your local Fort Collins liquor store.
CHHS Research Day back in person for 2022

By Gretchen Gerding

After last year’s move to a virtual poster show and presentations, this year’s third annual College of Health and Human Sciences Research Day was back in person—and the excitement was evident among both participants and visitors.

CHHS Research Day is the brainchild of Dean Lise Younblat, who launched the event as a way to bring people together to spark potential collaborations, celebrate innovation and discovery, and feature the outstanding research and scholarship conducted by the talented faculty, postdocs, and students across the College.

“This was a welcome event for all of us to get together,” said Dean Lise Younblat. “These researchers are improving our lives on the personal level, with direct patient care, and on the macro level, including imagining the health of our planet in the year 2070. Each presenter brought their research to life and shared groundbreaking ideas and the spark of creativity that happens when we get everyone together in a room. The energy was simply amazing!”

At the morning Poster Show, 85 presenters made up of undergraduates, graduate students, faculty, staff, and post-docs explained their research in short talks to visitors and judges with the help of their posters and creative work on display. No matter what the discipline, the thread that ran through all of the work was the incredible work College researchers are improving physical, mental, and social well-being and transforming lives.

Winning poster presentations came from each of the College’s academic units and featured a broad array of topics including the effects of cannabis on kidney and liver function; causes and implications for dementia; and an adaptive rain kit for students; positive human and animal interactions addressing food insecurity among CSU students; and the impact of functional foods like blueberries on healthy aging, to the micro level, such as nanofiber therapies and the lack of culturally comprehensive counseling for underserved populations, and accessibility to healthcare all have in common? They are just a few of the research areas covered in the six-minute Lightning Talks at CHHS Research Day.

This year’s Lightning Talks featured one speaker each from academic units along with the two Dean’s Fellows whose research is most impactful for students’ health equity, diversity, and social justice. They have each been selected for their research that addresses equity, diversity, and social justice and their commitment to health equity during the COVID-19 pandemic.

“Rebecca’s commitment to health equity, diversity, and social justice has been relentless and firm. Her talk was centered on developing and implementing physical activity interventions in great school environments, but she managed to incorporate aspects of all eight academic units in the College – a triumph of multi-disciplinary thinking!”

Lightning Talks

What do the brain’s role in controlling movement, supporting children with intellectual disabilities, the lack of culturally competent care for underserved populations, and accessibility to healthcare all have in common? They are a few of the research areas covered in the six-minute Lightning Talks at CHHS Research Day.

This year’s Lightning Talks again featured one speaker from each academic unit along with the two Dean’s Fellows whose research is most impactful for students’ health equity, diversity, and social justice. They are just a few of the research areas covered in the six-minute Lightning Talks at CHHS Research Day.

Rebecca Hasson delivered the keynote address during the CHHS Research Day. Watch Dr. Hasson’s keynote address at youtube.com/watch?v=_rGYFozvHV4.

Keynote speaker

This year’s keynote address was given by Rebecca Hasson, associate professor in the School of Kinesiology and director of the Childhood Disparities Research Laboratory at the University of Michigan. Hasson’s talk, supported by the College of Health and Human Sciences Mary Scott Lecture Series, was titled “Moving Implementation Science and Health Equity Research to Eliminate Youth Physical Activity Disparities.”

Hasson has examined the effects of built and social environments on pediatric physical activity and child health disparities. Her research has focused on the development and implementation of physical activity interventions in school and home environments, especially for low-income and ethnic minority children.

Through her research on the “Interrupting Prolonged sitting with ACTivity” or InPACT program, she has tested the feasibility of implementing activity breaks in classroom settings. She also adapted InPACT for dissemination in the home environment during the COVID-19 pandemic.

“Rebecca’s commitment to health equity, diversity, and social justice has been relentless and firm,” Braun said. “Her talk was centered on developing and implementing physical activity interventions in great school environments, but she managed to incorporate aspects of all eight academic units in the College – a triumph of multi-disciplinary thinking!”

During the week of April 24-30, all CSU employees can enjoy 1 free 20-oz. beverage at one of the below participating cafes!

There are 5 participating CSU student-run cafe locations:

Bean Counter, inside Rockwell Hall West
Morgan’s Grind, inside Morgan Library

Sweet Temptations, inside Behavioral Sciences Building - 1st floor
Sweet Sinsations, inside Lory Student Center - level 200 - east entrance

There are ten participating Human Bean locations:

The Human Bean Coffee Truck in Moby Arena - Lot 195 (M-Th, 7-4 p.m.)
The Human Bean, 1822 S. College Ave., Fort Collins
The Human Bean, 821 N. College Ave., Fort Collins
The Human Bean, 6505 W. 29th St., Greeley
The Human Bean, 2610 W. 10th St., Greeley
The Human Bean, 3665 W. 10th St., Greeley
The Human Bean, 2610 W. 10th St., Greeley
The Human Bean, 6505 W. 29th St., Greeley
The Human Bean, 405 E. Main St., Windsor
The Human Bean, 3310 23rd St., Evans

Details: Employees may only use this offer once during the week of April 24-30. When ordering, employees must show this flyer, email, or state they are a CSU employee. (Offer not valid for student staff)

Coordinated by: The Office of the President, Classified Personnel Council, Administrative Professional Council, Faculty Council, and Employee Appreciation Board
CALENDAR OF EVENTS

CSU:
CSU Agronomy Club Plant Sale Fundraiser
March 25 - June 1
Plant Sciences
Help support CSU Agronomy Club to attend local and national competitions, judgings, and leadership conferences by purchasing your spring flowers. Visit the Soil and Crop Sciences main office in Plant Science C127 to get your certificates.

New Music Ensemble Recital
Wednesday, April 6, 6 - 8 p.m.
University Center for the Arts
Students of the woodwind studios at Colorado State University present an evening of chamber music, including trios, quartets, and quintets from 1700s to present.

Meet the Designer: Girl Powder presented by Katelyn Schmidt - Discussion
Thursday, April 7, 7 - 8 p.m.
Avenir Museum Classroom 157
Girl Powder is a portfolio and capsule collection of seven complete snow sport looks that embrace athleticism and functionality while holding femininity at the core.

Spring Dance Concert
Friday, April 15, 7:30 – 9:30 p.m.
University Center for the Arts
Join us as we celebrate our return to live dance performances with artistic and theatrical creations by CSU Dance faculty Judy Bejarano, Chung Fu Chang and Madeline Harvey. Student choreographed selections will be featured as well as the work of internationally revered choreographer and guest artist Thomas Vincent.

Earth Day festival
Wednesday, April 20, 10 a.m. – 2 p.m.
LSC Sutherland Sculpture Garden
Join us in celebration of Earth Day at the LSC Sutherland Sculpture Garden. While you're enjoying the live music by Mountain Duo, peruse the many booths to learn about sustainability on campus and how you can get involved.

CSU Life
FACULTY & STAFF

FORT COLLINS:
Haunted History After Dark
Recurring weekly on Friday, Saturday, 5 - 6:30 p.m.
Old Town Fort Collins
Explore the dark side, the other side and underneath Fort Collins on a guided 90-minute walking ghost tour. Let our tour guides delight your dark side with true tales of Fort Collins haunted past.
WHERE WE BELONG
#LoryStudentCenter

Find What You Need:
For up-to-the-minute information for specific programs and services, including hours of operation, visit:
LSC.COLOSTATE.EDU