

BUILDING ON A VISION – On Jan. 17 and 18, the CSU Administration Building was the backdrop for a projection of the theme of this year’s Martin Luther King Jr. Day observance. Although the traditional march from Old Town Square to the Lory Student Center was canceled due to the COVID-19 pandemic, the day included a whole range of virtual activities. February is Black History Month, with more online events scheduled, including a keynote address on Feb. 17 by Wesley Hamilton, presented in partnership with the Black/African American Cultural Center, Ram Events, and the Student Disability Center. See the full schedule and register for Zoom access at baacc.colostate.edu.

Rams food recovery program has relaunch

By President’s Sustainability Commission

The Ram Food Recovery program relaunched Tuesday, Jan. 19. The program is an initiative under the Rams Against Hunger umbrella, which aims to “support students, faculty, and staff experiencing food insecurity.”

The program embraces the three pillars of sustainability (economic, social, and environmental justice) by supporting those in the campus community facing resource barriers that limit their access to quality food, often underrepresented and lower income students and employees. The environmental impact of food waste is minimized by alerting CSU members of surplus food to pick-up rather than throwing it out or composting it.

COVID-19 has presented a unique challenge to many of CSU’s programs that support students, staff, and faculty, especially programs like Ram Food Recovery. Prior to the pandemic, CSU subscribers would receive text alerts for any leftover food from events catered in Housing & Dining Services to be picked up at a certain time and location. Because

most events have been virtual since Spring 2020, there have been no catered events.

Rams Against Hunger, along with Housing & Dining, submitted a proposal to the CSU Sustainability Fund to relaunch the program in a COVID-aware format this semester. Housing & Dining is producing and packaging meals for students in quarantine housing each day. The proposal to produce extra quarantine meals for Ram Food Recovery capitalized on existing resources and was selected for funding. The funds will allow the program to provide 25 to-go meals Tuesday through Friday each week from now until spring break, when classes will go virtual. A student intern to manage the program, coordinate distribution, and provide assessment was funded separately by the Teaching and Learning Continuity Work Group.

“When catered events were paused last spring, it was hard to put the Ram Food Recovery program on hold because we knew it made an impact,” said Tonie Miyamoto, who helped launch the program two years ago. “Thanks to

creative thinking from Housing & Dining, coordination from Rams Against Hunger, and support from the President’s Sustainability Commission, it’s great to see it return this semester.”

Data from the RealCollege 2019 CSU Institutional Report demonstrates that an alarming 32% of CSU’s students experience food insecurity. Sadly, this number is in line with national averages, and the COVID 19 pandemic has only exacerbated the issue. Since the onset of the pandemic, Rams Hunger has doubled down on the food security programming they offer. The RAH Food Pantry serves an average of 325 Rams each week; over 350 students have received meal swipes as a part of the RAH Meal Swipe Program; and a collaboration with Case Management has assisted over 200 Rams in navigating SNAP Federal Aid Benefits. The Ram Food

Recovery is a sustainability focused and important addition to this multi-pronged approach, which acknowledges the broad scope of the issue and seeks to normalize this difficult conversation for the individuals affected, as well as for the institution as a whole.

The CSU Sustainability Fund is a new initiative introduced in Fall 2020 by the President’s Sustainability Commission to support new sustainability initiatives across the university. The Ram Food Recovery program was one of several projects awarded this fiscal year.

To learn more about the Ram Food Recovery Program and Rams Against Hunger, visit ramfoodrecovery.colostate.edu and ramsagainsthunger.colostate.edu.

To learn more about the CSU Sustainability Fund, visit green.colostate.edu/csu-sustainability-fund.



APPLAUSE

College of Natural Sciences

Two assistant professors in the Department of Chemistry, Justin Sambur and Joseph Zadrozny, have been awarded a combined total of \$1.36 million as part of the National Science Foundation's Faculty Early Career Development Program. The CAREER Program provides the NSF's most prestigious awards for early-career faculty who can serve as academic role models in research and education while leading advances in the mission of their department or organization.

Graduate School/Office of the Vice President for Research

The 2020 GradShow presented 56 scholarships to graduate students from all eight CSU colleges who showcased their research, entrepreneurship, and creative arts online this year. Each presenter prerecorded a 30-second elevator pitch and a 3-minute talk for the virtual audience and also prepared a digital poster for the new presentation platform. Award winners were announced Nov. 18 following three days of professional development events, a keynote, and a virtual networking session. All members of the university community are invited to view all presentations at my.csuinnovates.org.

University Communications

The Division of University Communications, which won honors for 10 projects in the Colorado Public Relations Society of America's 2020 Gold Pick Awards, now has had two entries selected as finalists in the CASE District VI Platinum Awards. Both CASE entries showcased CSU's work on

the COVID-19 coronavirus and its response to maintaining teaching, learning and working during the pandemic. The SOURCE page "Life in the Time of Corona" is a finalist in the category of Best Practices in Digital Communications, and STATE Magazine stories detailing infectious disease research at CSU are in the category of Best Article.

The division also picked up three Gold, four Silver, two Bronze and a Grand Gold awards from CASE District IV.

The division has now received more than 120 awards since 2014 from professional organizations at the state, regional and national levels.

Walter Scott, Jr. College of Engineering

The world's largest computing society has recognized Sudeep Pasricha for "contributions that propel the digital age." The professor of electrical and computer engineering leads research on core technologies that enable our hyper-connected world, from self-driving cars to smart cities. He was named a 2020 Distinguished Member of the Association for Computing Machinery, or ACM.

Experience more of CSU Life online

Print editions of *CSU Life* are being delivered in smaller batches to campus buildings this semester as some university community members are working remotely. Additional copies are available in the Lory Student Center. Read more stories about faculty, staff and the CSU community, online at csulife.source.colostate.edu.

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CPC needs you: Who we are and why it matters

By CPC Communications

Have you wondered how you can get more involved at CSU as a State Classified employee? Have you thought about meeting new people and working with people from all over the CSU campus? Are you reading this and thinking you want to learn more? Then, you are not alone because many before you have answered the call and become a Classified Personnel Council member.

The mission of the CPC is to promote, improve and protect the role of State Classified employees within the University. The Council advocates for employees on issues such as raises, parking, work-life balance, supervisor training, employee recognition, while also contributing to many of the university committees across campus.

CPC has six committees responsible for furthering the mission of the Council:

- The Executive Committee is comprised of the chair, vice chair, secretary and treasurer, and acts on behalf of the Council between regular meetings.
- The Communications

Committee shares information about the council, university and State Classified employees through various media channels including our newest Facebook page.

- The Employee Recognition Committee oversees all aspects of awards.
- The Legislative Committee reviews and reports on legislation that may affect the university, and specifically those measures that could affect State Classified employees.

Responsible for visibility and engagement is Employee Engagement and Experience who oversees the planning and execution of council outreach and events, and finding ways to improve the work lives of employees.

Employee councils, like CPC, the Administrative Professionals Council (APC), and Faculty Council are the key elements in the practice of shared governance at CSU, allowing us all to be active participants in changes taking place.

First-year CPC member Eva reflects on signing up and her first year: "At first, I was worried



because I had only worked at CSU for one year and wasn't sure how I could contribute but I attended a CPC meeting as a guest, and I was hooked. Members were friendly, encouraging and focused on creating a better environment for me and all state classified employees. In my first year, I met many new people but more important for me, I have been able to collaborate and create resources that benefits employees as part of the Communications Committee. Being able to share new ideas and employee concerns, and know that my input is valued, is an amazing part of what makes CPC so great and the reason I would encourage others to join."

Are you interested in getting involved yet? Then consider joining

in March. All State Classified employees who have been employed by CSU for at least one year are eligible for membership. There are also opportunities to volunteer with the council. For more information on becoming a CPC representative and the self-nomination process, please visit the CPC website: cpc.colostate.edu/ interested-in-joining-cpc.

If you want a better idea of what membership looks like, know that all CPC meetings are open to the public. This is a great opportunity to discover more of what we are all about. Meeting dates and times are located on the website cpc.colostate.edu. Hope to see you soon! Follow us on Facebook at facebook.com/ColoradoStateUniversityCPC.

A day in the life: Meet arborist Steve McCarthy

By Julia Innes

Steve McCarthy has been a State Classified employee at Colorado State University for the past 10 years, working as an arborist for Facilities Management in Outdoor Services (Grounds).

McCarthy's days are spent keeping the trees healthy and safe for the campus community, structurally pruning and "raising" trees — the process of taking off the lower limbs. McCarthy — one of three State Classified employees who are International Society of Arboriculture certified arborists at CSU Facilities Management — also removes dangerous tree limbs caused by storm damage.

The best part of McCarthy's job he said involves grinding stumps to make space for tree replacements and planting trees. He said he finds it rewarding to introduce new tree species onto campus, helping to fulfill the CSU Campus Arboretum's main goal of expanding tree diversity.

As part of this, he assists with the response to Emerald Ash Borer, as Outdoor Services replaces smaller ash trees with more diverse options. One of his proudest projects at CSU involved

planting over 170 trees this past spring in celebration of CSU's sesquicentennial.

For McCarthy, who has been involved with tree care, forestry, and logging since he was in junior high school, the job also has its surprises.

From time to time, CSU's arborists have assisted with swarms on campus, helping beekeepers remove hives down from trees to be relocated to a safer spot.

"I never look at my job as work," said McCarthy, a CSU alumnus with a degree in watershed science. "Rather, I feel lucky to be able to consider it fun."

Because of his job, it may not be surprising to learn that his favorite places on campus are the Oval and the former site of Old Main. That's where the trees are the oldest — many are over a century in age. It also is where CSU has one of the tallest of its oldest trees — a spruce at around 110 feet in height.

The rock elms by the Danforth Chapel and Laurel Avenue approach a similar height, and one is the state champion. Comparatively, he explained, the first branch of a fully mature



redwood tree starts around 200 feet. He encourages the campus community to take time to visit these trees and see their height, magnificence, and beauty in person.

Then he's not at work, McCarthy has hiked the Grand Canyon over a dozen times, and once had to be helicoptered out due to a ruptured disc. "It was quite the ride," he said. In his spare time, he also enjoys

cooking, baking, and reading. His favorite authors are Jim Harrison and Hermann Hesse.

Sharing this quote by Hesse, McCarthy reminds us: "Trees are sanctuaries. Whoever knows how to speak to them, whoever knows how to listen to them, can learn the truth. They do not preach learning and precepts, they preach, undeterred by particulars, the ancient law of life."



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KRNC recognizes National Diabetes Awareness Month

By Kendall Reagan Nutrition Center Staff

More than 10% of the U.S. population has diabetes (more than 34 million Americans), and it is estimated that much more (88 million U.S. adults) have prediabetes. Diabetes is considered a chronic disease, and if not treated, can have deadly complications. Today, diabetes is the seventh leading cause of death in the United States.

Although there is no cure for diabetes, the early stages of Type 2 Diabetes (T2D) – or “prediabetes” – can be reversed. When detected early, both prediabetes and diabetes can have hopeful health outcomes. November was Diabetes Awareness Month – a time to recognize diabetes risk for early detection and intervention.

What is prediabetes?

Prediabetes is characterized by having higher-than-normal blood sugars, but not high enough to be diagnosed as diabetes. Although “pre” diabetes doesn’t sound like a big deal, it is considered a serious health condition that increases risk for developing T2D, heart disease and stroke. There are

many risk factors for prediabetes, including age, genetics and physical inactivity. Prediabetes exists on the same continuum as T2D, and if unaddressed, could develop into T2D within five years, according to the CDC. Most people live with prediabetes well before they develop T2D, posing a critical opportunity to intervene and change the course of the disease before it becomes more serious. Small lifestyle changes can have a huge impact on delaying or preventing diabetes altogether. When prediabetes becomes T2D, it cannot be cured, but early detection remains critical to prevent complications.

How do I know if I have prediabetes?

Prediabetes often does not have clear symptoms, which is why it can be overlooked for years. Of those with prediabetes, 8 out of 10 don’t know they have the condition. You can get a simple blood sugar test to find out if you have prediabetes. Ask your doctor to get a “Glycated Hemoglobin (A1C) test”, which

indicates your average blood sugar for the past 2 to 3 months. Think of a fasting blood glucose test like a single baseball game – this tells you about your blood sugars just in that moment of time. Rather, an A1C is much more like a batting average for the whole season – what blood sugars have looked like for the past few months. In general, an A1C level between 5.7% and 6.4% is considered prediabetes. A1C levels at 6.5% or higher are considered in the diabetes range. If you have diagnosed diabetes, work with your healthcare provider to establish a goal for your A1C.

What can I do to prevent diabetes?

Proper nutrition, physical activity, stress management, weight management and sleep hygiene can help keep prediabetes from developing into T2D. It can be challenging to navigate lifestyle changes on your own. The National Diabetes Prevention Program at CSU’s Kendall Reagan Nutrition Center provides resources and support for making those lifestyle

changes to lower your diabetes risk. NDPP helps participants practice healthy eating and regular physical activity. Classes are led by KRNC certified lifestyle coaches who are also master’s-level registered dietitians.

KRNC’s next session of the yearlong NDPP started Jan. 22. If qualified, your health insurance may cover the entire cost of the program. CSU employees not covered by their insurance will receive a 50% discount on registration thanks to Commitment 2 Campus. Students also receive a 50% discount. For those with diagnosed diabetes, KRNC also offers its 8-week Diabetes Empowerment nutrition-focused cooking program. This program provides the comprehensive information and hands-on cooking to help manage diabetes. Join our interest list to get notifications for our next offering.

For more information, call (970) 495-5916 or email nutritioncenter@colostate.edu. Take this 1-minute quiz to know your diabetes risk: cdc.gov/diabetes/risktest/index.html.

How to make your fitness resolutions stick

By Kimberly Burke

Physical activity goals are often one of the top resolutions made every year. Some of the goals people commit to revolve around weight loss, being more active, running a 10K and more. But for one of the most common resolutions, it’s often one of the hardest to maintain.

Here are a few tips for making and sticking to a New Year’s Resolution that relates to your physical activity habits.

1. Be specific and realistic

A common mistake in goal setting is being too broad. Say the goal is weight loss or being more active – how much weight are you going to lose, or how active are you hoping to be? It’s important not to get too caught up in numbers, especially on the scale, and I have other tips to help to address that. However, it is important to set some boundaries so you have something to work with and goal posts to strive for. If you want to take the pressure off the scale and weight loss, focus on upping your activity – sign up for a 5K, aim for three days a week of 30 minutes of moderate activity, or take a group fitness class once a week. Picking something with a date will help you get specific and be realistic about what you can do in that timeframe. With being specific, being realistic is also important. Weight loss can be a great goal with the right plan, but looking for weight loss to be immediate doesn’t help to set you up for success. Likewise, upping your exercise is great, but starting out at one hour five days a week is going to feel unmountable. Tips #2 and #5 can help with this.

2. Start small

Starting small can be related to being realistic. If your new goal is to run a 10k and you currently don’t run at all, starting a five day a week training plan is generally not going to be a good idea. You’ll likely be overly sore and put yourself at higher risk of injury. Setting smaller, manageable goals is a great way to start, and if you are currently inactive, starting at two days a week with 15 minutes of activity is already a big jump. You’ll also progress faster by starting smaller. You can add more time or more days of activity as it’s starting to feel easier. Tip #5 addresses this as well – there is a benefit to every single time you exercise, so think of each bout and what it does for you, not just the end goal.

3. Try something new and find what you enjoy

If you’ve always wanted to take a spin class, try a spin class. If you love to dance, take lessons or do a Zumba class. If you feel like yoga is the best at helping you to relax, take the yoga class. Don’t do the form of exercise you think, or others think, you need to do, do the exercise you want to do and will continue to do. There is no benefit from exercise if you don’t do it. Sometimes we’re limited by what we think we can do, before knowing what we can actually do. So try the new class or form of exercise that you’ve always wanted to do (starting small), or do the exercises you already know you enjoy.

4. Bring a friend

Having a family member or friend involved in your goal can help on multiple fronts. It helps to hold you accountable, it’s improving two people’s health, and you get to spend more time with someone you enjoy the company of (which can be hard to come by, especially now). Whether it is doing every workout together, once a week, or just checking in with each other, it all counts. Having a partner to workout with can help to motivate you and push a little harder than you might working out on your own. Plus, you can do all the previous tips with a friend.

5. Think short term over long term

This relates back to being specific and realistic – many people don’t start the goal or keep up with the goal of fitness because it feels too daunting and it will take too long. If the goal is 20 pounds of weight loss, it could realistically take four to five months, and if you’re not celebrating the increased activity, how you feel, and more, it can feel like the small changes and habits aren’t adding up.

This also brings us back to the point of the benefit of every single time you exercise. Yes, there is a cumulative effect to all the work you do (that only happens if you accumulate the habit and stick to it), but there are changes that occur during and after every bout of exercise. You feel better, stronger, and each day puts you closer to your goal. Exercise has many immediate scientific benefits, even if it is just making you feel happier. So enjoy each time you exercise and realize it all adds up.

INTERNATIONAL COOKS

With Chef Guarav

Puran Poli

Ingredients:

- 250 grams or 1 1/4 cups of Chana Daal
- 250 grams or 1 1/4 cups of sugar
- 500 grams or 4 cups all-purpose flour (plus some for dusting)
- 6 teaspoons cardamom (as needed)
- 2 teaspoons nutmeg
- Water (as needed)
- Ghee or Oil (as needed)

Directions:

For Puran (sweet filling):

1. Rinse chana dal in hot water. Soak chana dal for an hour, then drain. Soaking is optional but suggested.
2. In a pressure cooker, cook chana dal for about 20 minutes. Chana daal is hard to cook, so be patient with it. Once the pressure settles on its own, strain the cooked dal well.
3. Add chana dal and sugar in a non-stick stockpot. Stir continuously and let this puran mixture cook on low flame till mixture becomes dry and one piece.
4. Once puran stuffing becomes dry and thick, turn off heat.
5. Let cool, then mash puran mixture with a potato masher (or grind it in a fine paste/powder with a blender). Set aside.



For Poli Dough:

1. While puran is cooling, put flour and a pinch of salt in a bowl, and mix well.
 2. Mix a bit of water and ghee/oil into flour. Begin to knead dough slowly, adding water as required.
 3. The dough should be smooth and soft. Cover and keep dough aside for 30 minutes if soft.
- For making the Puran Poli:
5. Take a 2-inch diameter size ball from the dough. Make a small dent in the ball so that you can place the filling in.
 6. Place a 2-inch diameter rounded portion of puran mixture in center of rolled dough.
 7. Bring edges together toward center. Join all the edges and pinch them on the top. Evenly surround filling with dough.
 8. Keep dusting with flour while bringing the edges together so the dough doesn't stick to your hands as much.
 9. Generously dust area where you'll roll out the ball with flour and place the ball down, gently pressing the center with two fingers.
 10. Start flattening ball using a rolling pin in one direction while shifting the direction and making a + sign. The ball will start looking more like a rounded shape.
 11. Make a medium or large circle depending on the size of dough and puran filling you took. The thickness should be the same as a tortilla.
 12. Gently pick up circle and place it on pan or griddle on medium heat.
 13. When one side has bubbles in it, turn over once and cook other side until you see brown spots. The poli doesn't take a lot of time to cook so be careful. The poli is very delicate, flipping more than once can lead to breakage/overcooking.
 14. When second side is cooked, remove it from pan and place on plate. Smear ghee/butter generously.

During this episode of the Cooking with International Programs series, CSU alum Guarav Harshe shares one of his favorite Indian sweet treats: puran poli, which is a flatbread stuffed with sweet lentil filling. If you're looking for desserts from around the world, this is sure to satisfy your sweet tooth! Launched in April 2020, the cooking demo series provides staff and students in the Office of International Programs a chance to share a bit of their culture with the Ram family. Currently, there are eight videos ranging from making pasta in Italy to Chinese sweet and sour pork. If you'd like to watch any of the videos in the series, check out youtube.com/user/CSUInternational.

International Symposium to be held on Feb. 23-24

By Ayelet Golz

This year's International Symposium, held virtually Feb. 23-24, will feature panel discussions on topical international issues which impact the United States and the world in increasingly palpable ways. The two keynote speakers and six sessions at the symposium will cover climate change, pandemics and emerging infectious disease, foreign relations, diversity and international education, innovation, and global engagement in higher education. All sessions will be free and open to the public, but registration is required.

The International Symposium, organized by the Office of International Programs, will feature two excellent keynote presentations. The first will be on Tuesday, Feb. 23, 2-3 p.m., with Mexican Ambassador to China Jorge Guajardo speaking with reporter Julián Aguilar. From 2007 to 2013, as ambassador, Guajardo visited every province and established close relationships with China's

business community. Through his reporting, moderator Julián Aguilar focuses on immigration reform and enforcement, politics, international trade, border security, and the drug trade. You can register for this keynote on Zoom.

The second keynote speaker will be U.S. Ambassador Ryan Crocker about the future of diplomacy. Wednesday, Feb. 24, 1:30-2:30 p.m. In this talk, Ambassador Crocker will cover where U.S. diplomacy is headed under the Biden administration. Crocker is currently a diplomat in residence at Princeton University and has served as U.S. ambassador six times: Afghanistan, Iraq, Pakistan, Syria, Kuwait, and Lebanon. In 2009, Crocker received the Presidential Medal of Freedom, the nation's highest civilian award. You can register for this keynote on Zoom.

A full schedule of all sessions and registration is available at international.colostatesymposium.edu.



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Valentine's Dates

By Makenna Green

For many people this year, Valentine's Day may be looking a little different. However, there are plenty of fun and safe activities happening virtually and in-person around Fort Collins. Check out these six Valentine's Day adventures to spoil you, your partner, or your four-legged canine love.

Valentine's Date Night Workshop

On Feb. 12, kick off the holiday with your honey early by heading down to the Board & Brush in Old Town. Or if you want to celebrate with friends, get your favorite ladies together for a fun night out and head to the Board & Brush on Feb. 13 for Galantines Night! For more information: boardandbrush.com/fortcollins.



The Dog Pawlor

If your pet is your number one, bring them down to the Dog Pawlor on Feb. 12, for a Valentine's Day party. Let your pet hang out with their furry friends and be pampered by staff for the holiday! The Dog Pawlor is only a half hour drive from Fort Collins, which gives you more special time with your special four-legged canine. Spoil your pup! For more information: facebook.com/events/994525411066029.



Cupid's 12 Roses of Valentine's Day Run Challenge

Couples that run together stay together! Grab your special someone and conquer the 12 miles. It includes an optional 13th mile for the ambitious romantics out there. Be sure not to slow down there. Register soon, as only 2,500 spots are available for this virtual challenge and spots are filling up fast. There are medals and pins for completion. Register, choose your location, and go! For more information: eventbrite.com/e/2021-cupids-12-roses-of-valentines-day-run-challenge-fort-collins-registration-136076587737.



Buy Local for Your Love Market

Come in on Feb. 13 and find food and other gifts for your special someone! All items sold at the Love Market are local and unique. The Love Market will be located at the Foothills Mall and is open from 10 a.m. to 2 p.m. This special market event is hosted by the Fort Collins Winter Farmers Market. Please bring a mask and follow all public health guidelines that are currently in place.



Starry Valentine Kiss

Another great local and creative activity for the special day is a painting date at Pinot's Palette in Old Town. Come on down for a paint and sip with the theme of a reimagined kiss with a Van Gogh-style Valentine background to set the mood. Pastries and drinks included! Guests enjoy a no-experience-required art class—all supplies included—directed by local artists, who guide guests step-by-step through a painting. For more information: pinotpalette.com/fortcollins/event/515082.



Valentine Weekend

If you're looking for a weekend getaway, the Lakeside KOA in Fort Collins has a romantic weekend planned for you! Full of s'mores, campfires, crafts and more, it's a great way to step away and take a break. Even better, bring your RV or stay in Lakeside KOA in Fort Collins lodging for the weekend. With beautiful views and a short commute in Fort Collins, this weekend getaway is a great way to keep the spark alive. For more information: koa.com/campgrounds/fort-collins-lakeside.



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CSU announces roadmap for required COVID-19 screenings during Spring 2021

By Dell Rae Ciaravola



The information in this story was correct at the time of publication, but for the latest updates, go to [covid.colostate.edu](https://www.colostate.edu/covid)

Colorado State University leaders have announced plans for screening students, faculty and staff for COVID-19 as the spring semester gets underway.

The University relies on the members of the community to do their part in keeping each other healthy. This includes participating in mandatory routine screenings for COVID, following all public health requirements, and diligently reporting concerns – COVID symptoms, potential exposures, or concerns about the health of others, through the COVID Reporter.

“The Pandemic Preparedness Team and testing team have built capacity to screen as many students, faculty and staff as possible at the start of the semester and to mandate screening on a weekly schedule,” said Marc Barker, assistant vice president for safety and risk services. “We are working through final details to build additional capacity to screen more faculty, staff and students who will be on university grounds within the next few weeks. The Pandemic Preparedness Team will continue to update the university community with more information about screening requirements in the coming days and weeks.”

“Mandatory screening for COVID is the foundation of any successful effort to mitigate the spread of the virus, especially in a community as large as ours,” added CSU President Joyce McConnell. “After our successful fall semester, when our entire community demonstrated their commitment to keeping one another healthy and safe, I am confident that we will see continued commitment from our students, faculty and staff, including participation in mandatory screenings by those who are regularly on campus.”

To support the university’s goal of maintaining in-person operations and academic activities, Colorado State University has made COVID screening available to students, faculty and staff free of charge.

Required screening

Beginning Monday, Jan. 18, the following students, faculty and staff are required, per University policy, to screen weekly:

- All students living in University housing
- All students living in a fraternity or sorority house
- All freshmen and sophomores in one or more face-to-face or lab courses
- All staff who are regularly physically on a CSU campus or other university grounds in Larimer County, including staff involved in research
- All faculty, instructors and graduate teaching assistants who are teaching a face-to-face class or laboratory who are regularly physically on a CSU campus or other university grounds in Larimer County

- Any student, faculty or staff member who is not required to screen may still participate in screening as often as they wish, including employees who do not work in Larimer County, such as Extension, Forest Service and Agricultural Experiment Station employees.

Additional students, faculty and staff will be added to a mandatory schedule in the coming weeks that will include all junior, senior, graduate, professional or second bachelor students in one or more face-to-face or lab courses, all students in one or more hybrid class who are not already screening, and all faculty, instructors and graduate teaching assistants who are teaching a hybrid class and are not already screening.

To get screened, all students, faculty and staff must first register and then schedule a screening time; links to the registration and scheduling forms were sent to all students, faculty and staff in a Jan. 14 email from the Pandemic Preparedness Team.

Screening exemptions

Groups currently exempt from mandatory screening:

- Students who are taking online classes only and who are not living in University housing or a fraternity or sorority house, and employees who are working remotely exclusively and are not regularly on a campus or CSU worksite in Larimer County are not expected to screen on this schedule. It is, however, permissible for individuals in these later groups to occasionally visit university grounds for very brief periods of time, such as to pick up mail, a file or library materials, and not be screened weekly.

• Anyone who has tested positive in the last 90 days by testing at a CSU testing site OR who has submitted proof of that positive test to CSU Public Health should not screen until 90 days have passed since their positive test. Screening within 90 days of a positive test often results in another positive test result (and the individual is no longer considered COVID positive).

• Anyone who is experiencing symptoms, believes they may have been exposed, or is concerned about their work, living or academic environment should report through the COVID Reporter.

• Any student, faculty or staff member may choose to screen as often as they want to at a CSU screening site. Testing is also available at non-university sites

CSU saliva screening or nasal swab testing is only available to students, faculty and staff with a current and valid CSU ID. Family members of students, faculty and staff are not eligible for saliva screening, with the exception of immediate adult family members living in University housing; those family members must bring a photo ID and submit proof of a University housing address at the screening site.

Hughes property plan addresses equity

By Mike Hooker and Cara Neth

The site that once housed Hughes Stadium could soon provide much-needed affordable housing for Colorado State University employees, as well as community health care and child care services, in a project that will also have a positive environmental impact by putting affordable homes, trail connections and open space closer to where people work.

The project is an example of CSU’s efforts over the decades to use its property – in partnership with the City of Fort Collins and private developers – for multifaceted projects that benefit both the campus and the larger community.

In addition to the community and housing benefits planned on the site, almost half of the Hughes acreage would remain open and green space, with connectivity to existing trail infrastructure.

The project CSU has designed includes more than 70 acres of open green space and connections to the city’s trail system – nearly half the parcel’s total acreage.

In addition to affordable and attainable housing, child care and health care facilities, the project has evolved to also include a transit station to allow employees to easily commute to campus while reducing the university’s overall carbon footprint. Estimates indicate the project would eliminate 1.5 million commuting miles annually, eliminating about 430 metric tons of carbon dioxide emission per

WHAT IS PLANNED?

242
Single family homes

112
Single family attached

108
Townhomes

1
Apartment complex
with affordable rent options

A
B
C
Childcare facility

Transit center

Urgent care/health care center

70 acres of open and greenspace

Existing 18-hole disc golf course

Commercial space

100% of rental units will qualify as affordable housing – and attainable housing for purchase will be available at or below market prices.

year – a 7% reduction in CSU’s commuting carbon impact. In addition, the homes planned for the site include solar-energy and water-saving technology options.

The plan includes a mix of apartments and single-family homes on the site, with 100% of the rental units meeting the federal standard for affordable housing. There will also be homes available for purchase, a portion of which will be “attainable” – priced at or below the market rate in Fort Collins.

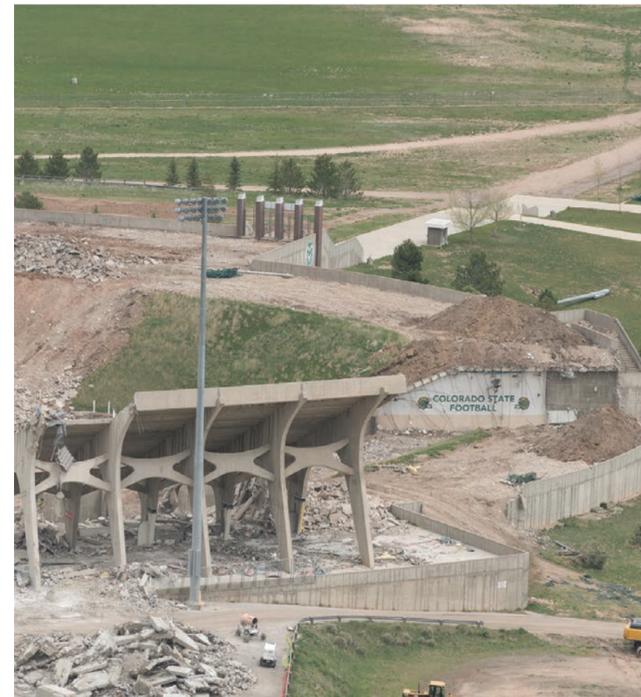
All of the housing will give CSU employees preference. The apartments will be rented exclusively to CSU employees until that demand is satisfied and then become available to the community. Homes for sale will have an early-priority period

during which CSU employees will have the first chance to buy them. If not all homes are purchased within this window, the remaining ones will be available to the community.

“Our faculty and staff tell us that finding an affordable place to live in Fort Collins is one of their top concerns, so we must pursue every avenue to create housing in our community that’s truly within reach for CSU employees,” said CSU President Joyce McConnell.

“With the Hughes redevelopment project, we will take an important step in making Fort Collins a place where our people can afford to live where they work. When we do that, we make both Fort Collins and CSU stronger and more sustainable.”

Read more at source.colostate.edu/hughes-property-plan-addresses-equity-in-housing-transportation-child-care-and-health.



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Black History Month at CSU features national speaker on race and disability

By Joe Giordano

Colorado State University's Black/African American Cultural Center and campus partners are hosting a variety of events in February for Black History Month, including a keynote presentation on race and disability from a nationally recognized speaker.

Wesley Hamilton, a philanthropist, speaker, athlete and model, headlines festivities with a virtual keynote presentation on Feb. 17 at 6 p.m. He will be sharing his story on how he transformed his life from victim to victor after surviving multiple gunshot wounds that left him paralyzed from the waist down.

Hamilton appeared on Season 4 of Netflix's *Queer Eye* in which he met face to face with the shooter who paralyzed him.

"I am grateful for the life I was given," Hamilton said of the experience on his website. "It has opened up doors that would've remained closed if not for being shot. I now have the ability to empower the youth coming from my boyhood community,

showing them that opportunities come to whoever creates them and showing them how to be more than their circumstances."

The talk is presented in partnership with B/AACC, RamEvents and the Student Disability Center.



Learn more

The month-long festivities include more than a dozen events and activities designed to educate, enlighten and celebrate Black culture at CSU. More information and Zoom access on all events is available at baacc.colostate.edu.

CSU employees targeted by fraudulent online unemployment benefits claims

By Jeff Dodge

More than 1 million claims for unemployment benefits have been filed with the state of Colorado since the beginning of the coronavirus pandemic last March. Now the Colorado Department of Labor and Employment is seeing a sharp spike in fraudulent claims filed by identity thieves on behalf of people who are still working.

Colorado State University is not immune to the scam. Human Resources is seeing a rise in fraudulent unemployment benefits claims filed using the identities of CSU employees, and is helping faculty and staff who suspect they have been targeted report the scam.

Reports of unemployment insurance fraud have been surging nationally. State officials say that the number of Coloradans being targeted by scammers in an effort to collect unemployment benefits under their names is anticipated to be nearing 800,000. Robyn Fergus, CSU's chief human resources officer, said her team began seeing a significant rise in fraudulent claims

in late December, with about 250 cases reported in the first week of the new year. She estimated that CSU has seen about 500 fraudulent claims since Dec. 1.

The CDLE notifies CSU through a third-party vendor when it receives a claim for unemployment benefits for a University employee. Fergus said the current spike consists of claims filed on behalf of CSU employees who are currently employed.

How the scam works

Employees may receive a letter from the CDLE containing a personal identification number for a U.S. Bank ReliaCard, the debit card used by those who are on unemployment, or may receive the card itself. Other victims may not receive anything in the mail, but will be alerted as the state and CSU identify fraudulent claims. The scam may involve people impersonating state officials and contacting employees about the debit card and the associated PIN.

The scammers may try to convince an employee to send them that information, and that's when they are able to complete the filing of the unemployment benefits in the employee's name.

The CDLE is monitoring the situation and working closely with the Colorado Department of Personnel and Administration and human resources departments to notify victims that their identities have been compromised.

In addition, CSU has created a new website that provides guidance to employees who believe they have been a victim of a fraudulent claim. That site features guidelines for employees who find out that a fraudulent unemployment claim has been filed in their name.

How to report it

Here are the steps that employees should take if they believe someone is using their identity to collect unemployment benefits:

- If you received a U.S. Bank ReliaCard but did not file a claim,

fill out the U.S. Bank Form and contact U.S. Bank immediately at 1-855-282-6161. Inform them that a fraudulent unemployment claim was filed on your behalf and ask them to deactivate the card.

- Report the fraud to the Colorado Department of Labor and Employment or the appropriate agency for another state.

- Contact the three consumer credit bureaus and put a fraud alert on your name and Social Security Number: Equifax (888-766-0008), Experian (888-397-3742) and TransUnion (800-680-7289)

- File a police report with your local law enforcement agency
- Report identity theft to the Federal Trade Commission at identitytheft.gov

- Keep all records and documentation of fraud, including notes and emails

- Never give out any personally identifiable information over the phone, including Social Security Numbers, account passwords and PINs.

CALENDAR OF EVENTS

CSU:

International Symposium

Feb. 23 - 24, 9 a.m. - 4 p.m.

Zoom

The International Symposium is organized by the Office of International Programs and will feature panel discussions on topical international issues, which impact the US and the world. Sessions will include climate change, immigration and the refugee crisis in Central and South America, diversity from an international perspective, pandemics and emerging infectious disease, foreign relations, and innovation. Former Mexican Ambassador to China, Jorge Guajardo, will be the keynote speaker.

University Symphony Orchestra Strings and Percussion Concert

Feb. 25, 7:30 - 9:30 p.m.

Virtual

The University Symphony Orchestra strings and percussion perform Gustav Mahler. The program is rounded out by a further exploration of Black composers, William Grant Still being one of the most famous. While there are no in person events this spring, livestreams will be hosted on our Vimeo account and access will be provided through csuartstickets.com. Ticket sales for live-streamed events end 15-minutes prior to the start of the performance.

Little Shop of Physics Open House

Feb. 27, 10 a.m. - 4 p.m.

Free and open to the public, science fun for all ages! Come join the Little Shop of Physics and the partner organizations from all over CSU for a Saturday of science fun!

FORT COLLINS:

Threads of our Community: A History of the Avenir Museum

Oct. 5 - May 28

Learn about the people who helped grow our collection and build our museum in this exhibition about the collective, community-supported history of a museum whose name, in French, means "future." A virtual exhibit in collaboration with CSU Libraries.

Valentine's Date Night Workshop

Feb. 12, 6:30 - 9:30 p.m.

Board & Brush

Join our most popular DIY workshop and create your own unique wood sign! Select a wood project from our gallery. We provide all the materials and instruct you step-by-step to create a beautiful piece. Choose from a variety of paint and wood stain colors in the workshop. Pre-registration is required.

Fort Collins Symphony Presents "Love Notes" Virtual Concert

Feb. 12 - 14 at 7 p.m.

The Fort Collins Symphony presents Love

Notes, a virtual streaming concert. The performance features four 19th Century Classical and Romantic composers.

Beginning Watercolor Two-Part Virtual Class

Feb. 15, 2 - 4 p.m.

Blue Moose Art Gallery

This class is a virtual class. If you order kits or supplies, we will notify you via email when the items are ready to be picked up. We look forward to you joining us from the comfort of your home.

Fort Collins Foodie Walk

Monthly on the 3rd Friday, 5 - 8 p.m.

Downtown Fort Collins

The Fort Collins Foodie Walk is "a culinary tour of tasty proportions!" Come educate your taste buds during this monthly self-guided Old Town foodie tour featuring new and exciting taste experiences on the 3rd Friday of each month. It's free and everyone is welcome! The Fort Collins Foodie Walk offers a way for people to explore and enjoy the world of food and spices! Visit downtownfortcollins.com/events/foodie-walk to view participants and monthly specials!

Xi Jinping and China's Campaign for Wealth and Power

March 4, 6 - 8 p.m.

Global Village Museum of Arts and Cultures

Dr. Crabtree will examine the recent history of China, including the reform movements in the 1980/1990, the country's unprecedented

economic transformation, and China's long term strategy to replace the United State as the global superpower. Reservations are available at globalvillagemuseum.org.

High Plains Landscape Virtual Workshop

March 6, 8:30 a.m. - 12 p.m.

High Plains Landscape Workshop is an High Plains Landscape Workshop is an educational symposium inspiring smart home garden design, resulting in beautiful home landscapes. We examine adaptable plants and practices that you can bring to your own home garden in a changing environment. This virtual event will feature a keynote titled "Hot Colors, Dry Gardens" by Nan Sterman, an award-winning garden writer, gardening expert, and horticulturist. Register at fcgov.com/gardens.

Indoor SUP Yoga

Feb. 6 and March 6, noon - 1:30 p.m.

EPIC (Edora Pool Ice Center)

Try something fun and different by practicing yoga on a paddleboard. No experience needed. This all levels class starts with the most stable postures and adds on optional layers of difficulty to give you the right mix of challenge and success. Have fun, move, improve balance, and gain a greater awareness of your body as you connect to the muscles used in stabilization. All equipment is provided. More info and sign up at sunbreathyoga.com/indoor-sup-yoga.



Classified Personnel Council announces four Everyday Heroes

By Classified Personnel Council



Kayde Low and family

The Everyday Hero Award is a program sponsored by the Classified Personnel Council to recognize day-to-day achievements of all CSU employees (state classified, administrative professionals, and faculty). The council would like you to join us in congratulating these Everyday Heroes

Paul Knowles

Paul Knowles works for Facilities Management in Structural Trades. His nominator explained that their office had been experiencing water leaks due to cracks on the roof, but the roof could not be sealed until outside temperatures were above a certain point.

“Paul was kind enough to go up on the roof when we had a snow day and shoveled it before it melted and traveled down to our office. Multiple staff at our office have witnessed a handful of days Paul went up on the roof with a shovel. He also came to our office regularly to check and empty the bins [of water]. When he proactively shoveled the snow, [the] leak was very minimum. He kept doing it for us until it was warm enough to seal the roof. We really appreciated Paul’s dedication to keep damage to a minimum until the permanent fix was in.”

CSU is so thankful to have such dedicated, selfless staff who go above and beyond!

Kayde Low

Kayde Low is the Apartment Maintenance Supervisor for Housing and Dining Services – Facilities. She was nominated for her patience, thoroughness, and leadership. “The amazing apartment maintenance team in collaboration with custodial, university housing, and project planning, along with the support I get from our leadership, allows me to be successful in my job and continue providing the best support and service to our residents and guests,” Kayde said when told of the award. “Without them, I would not be receiving this award.”

Kayde started at CSU in August 2012 as a custodian for Housing and Dining. In 2017, she got a Structural Trades job in maintenance, and in June 2019, she became supervisor



Keith Abercrombie

over apartment maintenance. What Kayde loves most about her current position is the collaboration of people, cultures, and experience. Working in the apartments allows her to have diverse interactions with people from many cultures and traditions. “I am blessed with the opportunity to get to know many of these residents and their families and enjoy helping them succeed during their time at CSU.” Kayde also serves on the Move-In Committee and the Communications and Morale (CAM) committee. Move-in is her favorite event!

Kayde’s interests outside of work include camping, traveling, and spending time with her family and pets. She and her wife have a 13-year-old; two Great Danes; two cats; one fish; and one bunny. They call it “The Zoo.”

Keith Abercrombie

Keith Abercrombie works for Housing and Dining Services – Facilities as a Materials Handler III. He has been in his current position for 5 years, and at CSU for 10 years. He enjoys working with the members of the movable assets crew, or MAC, and taking care of campus. In his free time, he golfs and rides motocross.

His nominator said, “Keith is responsible for heading up the day-to-day work orders within MAC. He is always available when he is called to perform an emergency work order and does so in a very positive manner. Recently, we met with Conference and Events Services and they mentioned how much they appreciated our MAC staff sending pictures after a setup is complete. Keith has been one of the key people ensuring this gets done. During Move-In 2019 when it was found that MAC needed to quickly do more lofting requests, Keith worked with the team on getting it done. Keith has always had a great work ethic and puts in the time needed to complete the work. We are very lucky to have Keith on the team and at CSU to make our students living on campus experience as positive as possible.”

Simone Listmann

Simone Listmann also works for Housing and



Simone Listmann

Dining Services – Facilities, as the Assistant Director for the Environmental Services team. She has been in her current position since 2015 and with CSU for 13 years. She most enjoys taking on the responsibility of her position, and being able to make a difference. “Because of all the different cultures that come together here on campus, I believe we are part of world peace and the world’s future,” she said.

Simone has been fortunate to live in many different countries and has assisted with the Ambassador Program, in which she gets invited to CSU classes to talk about traditions like food and holidays or health systems and school systems in different countries.

Her nominator said, “Simone leads by example and is there with her team, including many weekend days after working a full business week. One of Simone’s greatest strengths is her creativity. She has innovatively worked with her managers and supervisors to continue to cover all tasks with fewer staff resources. Simone does this work with an upbeat attitude and sees the challenges as opportunities through which to grow in our work, and she continues to successfully lead her team in being flexible and accomplishing more than we thought possible.” This award represents the entire Environmental Services team in Housing & Dining Services – Facilities, “who have been true heroes during this global pandemic.”

Speaking of the award, Simone echoed this sentiment, praising her team. “You can’t imagine how much my employees do and how dedicated they are. This nomination is for all my team members.”

During her free time, Simone likes to read and travel. Her favorite book is *Mutant Message Down Under* by Marlo Morgan. People may be surprised to learn that Simone loves Winnie The Pooh. And if she could choose anyone with whom to share a meal, she said she would pick the Dalai Lama.

If you’d like to nominate an Everyday Hero, please visit the CPC website. You can also follow the Classified Personnel Council on Facebook.

All-campus town hall outlines what to expect for spring

By Anne Manning

During a virtual town hall Jan. 15, Colorado State University leaders welcomed students and faculty to the Spring 2021 semester and outlined the university’s sustained efforts around teaching and learning, even as year 2 of the COVID-19 pandemic arrives.

The meeting, open to all but limited to 500 participants by Zoom capacity, was hosted by the Office of the President.

CSU President Joyce McConnell repeatedly acknowledged the legions of administrators, faculty and staff – from the Pandemic Preparedness Team to the Research Continuity and Recovery Team – for their round-the-clock efforts since the pandemic began. From adapting to online teaching to managing COVID-19 screening and ramping up surveillance testing, the efforts have been coordinated and collaborative between units.

McConnell also thanked the students for their near-universal compliance with public health, quarantining and social distancing guidelines last semester. Students’ commitment was critical to keeping CSU open, with no known transmission of the virus in classroom settings.

“We have a lot to be proud of,” McConnell said.

Here are highlights from the town hall, and links to more information on each topic covered.

Testing

Marc Barker, assistant vice president for safety and risk services and co-chair of the Pandemic Preparedness Team, reviewed new protocols for testing and screening. (Free) weekly saliva screening is now mandatory for all students in residence halls, as well as a large swath of the faculty and staff population.

Any student, faculty or staff member who is not required to screen may still participate in screening as often as they wish, including Extension, Forest Service and Agricultural Experiment Station employees.

Those experiencing symptoms or who believe they have been exposed should report them through the COVID Reporter.

For more information on CSU announcing plans for required COVID-19 screenings during spring semester, visit source.colostate.edu/csu-announces-plan-for-required-covid-19-screenings-during-spring-semester.

Academics

A student, wearing a mask in keeping with health policies, attends a socially distanced forestry class at CSU in Fort Collins earlier this month. Photo: John Eisele / Colorado State University

Mary Pedersen, provost and executive vice president, shared plans for phased re-introduction of in-person learning this semester, which began entirely online Jan. 19 and will move to in-person instruction for select courses on Jan. 25. On or around Feb. 5, faculty scheduled to teach hybrid classes – with both in-person and online modalities – will receive updates on those plans, based on Larimer County public health guidelines.

Spring break is later than normal, April 10-18, and all courses will move online for the remainder of the semester after break.

Kelly Long, vice provost for undergraduate affairs, outlined efforts at teaching continuity. Faculty should communicate with students before courses convene, regardless of their modalities, and students should check RamWeb for information on instruction methods. Like last semester, students will have the option of satisfactory/unsatisfactory grades, as well as course withdrawal extensions. To support ongoing contact tracing, faculty should also complete seating charts with a new online tool through the Office of the Registrar.

For more information from the Teaching Continuity and Recovery Team, visit source.colostate.edu/wp-content/uploads/sites/41/2021/01/1-Communication-to-Faculty.pdf.

Student resources

Blanche Hughes, vice president for student affairs, encouraged students to stay engaged with their academics and extracurricular activities and reviewed offices and programs available to help them navigate the semester, including mental health resources. For students required to quarantine if they’re exposed to or have COVID-19, Hughes said those residents will continue to receive services like transportation and delivery of meals.

Although all coursework will move online after spring break, students will have the option to stay in their residence halls from April 19-May 14 but must receive approval.

For more information from the Office of Student Affairs, visit studentaffairs.colostate.edu/covid-19.

Faculty and staff

Addressing the needs of staff, McConnell encouraged supervisors to remain “flexible and compassionate” toward employees who are working through childcare concerns or caring for sick loved ones.

“We know this has been an incredibly challenging time,” McConnell said. “We want our faculty and staff to know how committed we are to your welfare, whether it’s physical or mental.”

Vaccination

Lori Lynn, executive director of the CSU Health Network and co-chair of the Pandemic Preparedness Team, updated the community on the COVID-19 vaccine, which is in high demand and short supply nationwide. No vaccine is currently available on campus, but some key essential employees have been or will soon be vaccinated through Larimer County. Lynn and other leaders are

working now to establish vaccine prioritization and administration on campus. They anticipate several months before enough vaccine is available for the entire campus, likely after the end of the semester.

For more information on the vaccine rollout, visit source.colostate.edu/covid-19-vaccinations-begin-for-csu-community.

COVID-19 resources

Check the COVID Information and Resources website for more announcements and information as the semester continues at source.colostate.edu.

More Town Halls

There will be more town halls presented throughout the semester. The next one is scheduled for Friday, Feb. 12, at 10:30 a.m., on the topic of vaccines. The University has increased its Zoom call capacity to accommodate more members of the CSU community. Watch SOURCE for a link to the next town hall.

CSU adds new parking app for contactless payment

By Maggie Hall Walsh

Colorado State University has contracted with ParkMobile to provide contactless parking payment for students, employees and visitors on all campuses through a mobile parking app. ParkMobile is now available for both iPhone and Android devices.

“CSU is excited to welcome our students and faculty back from winter break and offer a new convenient way to pay for parking around campus,” said Dave Bradford, director of CSU Parking and Transportation Services. “With ParkMobile, we are improving the overall parking experience at the University.”

CSU’s new partnership with ParkMobile offers 24/7/365 customer service, a lower transaction fee while parking on CSU campuses and is available in many locations across the country.

The previous mobile parking app used by CSU, Way2Park, will also be available for campus parking until June 30.

How it works

To pay for campus parking with the app, a user enters the zone number posted on signage in the parking area, selects the amount of time needed, and touches the “Start Parking” button to begin the session. Users can also extend the time of the parking session on their mobile device without going back to the pay station.

The ParkMobile app will not accept payment outside of designated paid parking hours, preventing users from mistakenly paying for parking when it is not required.

The launch of ParkMobile at CSU expands the company’s footprint in the state. There are currently almost 800,000 users in Colorado with availability in Denver, Boulder, Winter Park, Telluride, Manitou Springs, Steamboat Springs and Colorado Springs. The app can be used at the University of Colorado Boulder and Colorado Springs campuses, University of Denver, and Auraria Higher Education Center.

The app is accepted in over 400 cities across the United States.



TOILET RULES

ONLY FLUSH THE **3Ps** PEE POO TOILET PAPER

We Need Your Help:
**TRASH IT.
DON'T
FLUSH IT.**

Wipes, facial tissues, trash, cotton balls, paper towels, feminine hygiene products, condoms, dental floss, cotton swabs, hair and cigarette butts belong in the trash, not the sewer system.

Even if these products claim to be 'flushable,' they don't break down like toilet paper and can clog pipes.

HOW CAN YOU HELP?

Remember, only flush the three Ps: pee, poo and toilet paper. All other items should be thrown in the trash (not the recycle bin).

Spread this message to help avoid messy, costly sewer backups and property damage.

WHO'S RESPONSIBLE?

Learn more about customer responsibility and service line repairs at fcgov.com/sewer-line-repairs.

FOR MORE INFORMATION

fcgov.com/sewer-blockages | wastewater-sewer@fcgov.com | 970-212-2900 | V/TDD 711