The Ram Food Recovery program relaunched Tuesday, Jan. 19. The program is an initiative under the Rams Against Hunger umbrella, which aims to “support students, faculty, and staff experiencing food insecurity.”

The program embraces the three pillars of sustainability (economic, social, and environmental justice) by supporting those in the campus community facing resource barriers that limit their access to quality food, often underrepresented and lower income students and employees. The environmental impact of food waste is minimized by alerting CSU members of surplus food to pick-up rather than throwing it out or composting it.

COVID-19 has presented a unique challenge to many of CSU’s programs that support students, staff, and faculty, especially programs like Ram Food Recovery. Prior to the pandemic, CSU subscribers would receive text alerts for any leftover food from events catered in Housing & Dining Services to be picked up at a certain time and location. Because most events have been virtual since Spring 2020, there have been no catered events.

Rams Against Hunger, along with Housing & Dining, submitted a proposal to the CSU Sustainability Fund to relaunch the program in a COVID-aware format this semester. Housing & Dining is producing and packaging meals for students in quarantine housing each day. The proposal to produce extra quarantine meals for Ram Food Recovery capitalized on existing resources and was selected for funding. The funds will allow the program to provide 25 to-go meals Tuesday through Friday each week from now until spring break, when classes will go virtual. A student intern to manage the program, coordinate distribution, and provide assessment was funded separately by the Teaching and Learning Continuity Work Group.

“When catered events were paused last spring, it was hard to put the Ram Food Recovery program on hold because we knew it made an impact,” said Tonie Miyamoto, who helped launch the program two years ago. “Thanks to creative thinking from Housing & Dining, coordination from Rams Against Hunger, and support from the President’s Sustainability Commission, it’s great to see it return this semester.”

Data from the RealCollege 2019 CSU Institutional Report demonstrates that an alarming 32% of CSU’s students experience food insecurity. Sadly, this number is in line with national averages, and the COVID-19 pandemic has only exacerbated the issue. Since the onset of the pandemic, Rams Hunger has doubled down on the food security programming they offer. The RAH Food Pantry serves an average of 325 Rams each week; over 350 students have received meal swipes as a part of the RAH Meal Swipe Program; and a collaboration with Case Management has assisted over 200 Rams in navigating SNAP Federal Aid Benefits. The Ram Food Recovery is a sustainability focused and important addition to this multi-pronged approach, which acknowledges the broad scope of the issue and seeks to normalize this difficult conversation for the individuals affected, as well as for the institution as a whole.

The CSU Sustainability Fund is a new initiative introduced in Fall 2020 by the President’s Sustainability Commission to support new sustainability initiatives across the university. The Ram Food Recovery program was one of several projects awarded this fiscal year.

To learn more about the Ram Food Recovery Program and Rams Against Hunger, visit ramfoodrecovery.colostate.edu and ramsagainsthunger.colostate.edu. To learn more about the CSU Sustainability Fund, visit green.colostate.edu/csu-sustainability-fund.
In the COVID-19 coronavirus and its response to maintaining teaching, learning and working during the pandemic. The SOURCE page “Life in the Time of Corona” is featured in the category of Best Practices in Digital Communications, and STATE Magazine stories detailing infectious diseases research at CSU are in the category of Best Article.

The division also picked up three Gold, four Silver, two Bronze and a Grand Gold awards from CASE District IV.

The division has now received more than 120 awards since 2014 from professional development organizations across the state, regional and national levels.

Experience more of CSU Life online

The world’s largest computing society has recognized Sodipipe for “contributions that propel the digital age.” The professor of electrical and computer engineering leads research on core technologies that enable our hyper connected world, from self-driving cars to smart cities. He was named a 2020 Distinguished Member of the Association for Computing Machinery, or ACM.

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Contact us at CSULIFE@COLOSTATE.EDU

By Julia Stens
Steve McCarthy has been a State Classified employee at Colorado State University for the past 10 years, working as an arborist for Facilities Management in Outdoor Services (Greeley).

One of his proudest projects at CSU involved planting over 170 trees this past spring in celebration of CSU’s sesquicentennial.

For McCarthy, who has been involved with tree care, forestry, and logging since he was in junior high school, the job also has its surprises. From time to time, CSU’s arborists have assisted with stumps on campus, helping beekeepers remove hives down from trees to be relocated to a safer spot.

“I never look at my job as work,” said McCarthy, a CSU alumnus with a degree in watershed science. “Rather, I feel lucky to be able to do something I love. It’s rewarding.”

By Jane Stravitz
Ivan Yana is a 6th grade student at Glenwood Elementary School, where he has answered the call and become a Classified Personnel Council member.

To apply for membership, please visit the CPC’s new and improved website, cpc.colostate.edu.

The mission of the CPC is to participate in and actively support the role of State Classified employees within the University. The Council advocates for employees on issues such as raises, parking, work life balance, supervisor training, employee development, while also contributing to many of the university committees across campus.

CPC has six committees responsible for furthering the mission of the Council:

• The Executive Committee is comprised of the chair, vice chair, secretary and treasurer, and acts on behalf of the Council between regular meetings.
• The Communications Committee shares information and reviews and reports on legislation that may affect the university, and identifies those measures that could affect State Classification policies.
• The Committee on Employee Engagement and Experience oversees the planning and execution of council outreach and events, and finding ways to improve the work lives of employees.
• Employee councils, like CPC, the Administrative Professionals Council (APC), and Faculty Council are the key elements in the practice of shared governance at CSU, allowing all to be active participants in changing and making decisions.
• Every year, CPC member Ivan reflects on signing up and his first year: “At first, I was worried because I had only worked at CSU for one year and wasn’t sure how I could contribute but I attended a CPC meeting as a guest and I was hooked. Members were friendly, encouraging and focused on creating a better environment for me and all state classified employees. In my first year, I met many new people but more importantly for me, I have been able to collaborate and create resources that benefits employees as part of the Communications Committee. Being able to share new ideas and employee concerns, and know that my input is valued, is an amazing part of what makes CPC so great and the reason I would encourage others to join.”

Are you interested in getting involved? Then consider joining in March. All State Classified employees who have been employed by CSU for at least one year are eligible for membership. There are also opportunities to volunteer with the council. For more information on becoming a CPC representative and the self-nomination process, please visit the CPC website. We’re interested in joining CPC.

If you want a better idea of what membership looks like, know that all CPC meetings are open to the public. This is a great opportunity to discover more of what we are about. Meeting dates and times are located on the website cpc.colostate.edu. Hope to see you soon! Follow us on Facebook at facebook.com/coloradoStateUniversityCPC.
KRNC recognizes National Diabetes Awareness Month

By Kendall Reagan, Nutrition Center Staff

More than 10% of the U.S. population has diabetes (more than 34 million Americans), and it is estimated that much more (88 million U.S. adults) have prediabetes. Diabetes is considered a chronic disease, and if not treated, can have deadly complications. Today, diabetes is the seventh leading cause of death in the United States.

Although there is no cure for diabetes, the early stages of Type 2 Diabetes (T2D) — or “prediabetes” — can be reversed. When detected early, both prediabetes and diabetes can have hopeful health outcomes. November was Diabetes Awareness Month — a time to recognize diabetes risk for early detection and intervention.

What is prediabetes?
Prediabetes is characterized by having higher-than-normal blood sugars, but not high enough to be diagnosed as diabetes. Although “pre” diabetes doesn’t sound like a big deal, it is considered a serious health condition that increases risk for developing T2D, heart disease and stroke. There are many risk factors for prediabetes, including age, genetics and physical inactivity. Prediabetes exists on the same continuum as T2D, and if unaddressed, could develop into T2D within five years, according to the CDC. Most people live with prediabetes well before they develop T2D, losing a critical opportunity to intervene and change the course of the disease before it becomes more serious.

Small lifestyle changes can have a huge impact on delaying or preventing diabetes altogether.

How do I know if I have prediabetes?
Prediabetes often does not have clear symptoms, which is why it can be overlooked for years. Of those with prediabetes, 8 out of 10 don’t know they have the condition. You can get a simple blood sugar test to find out if you have prediabetes. Ask your doctor to get a “Glycated Hemoglobin (AIC) test”, which indicates your average blood sugar for the past 2 to 3.5 months. Think of a fasting blood glucose test like a single baseball game — this tells you about your blood sugars just in that moment of time. AIC is much more like a batting average for the whole season — what blood sugars have looked like for the past four months. In general, an AIC level between 5.7% and 6.4% is considered prediabetes. A1C levels at 6.5% or higher are considered in the diabetes range. If you have diagnosed diabetes, work with your healthcare provider to establish a goal for your AIC.

What can I do to prevent diabetes?

Proper nutrition, physical activity, stress management, weight management and sleep hygiene can help keep prediabetes from developing into T2D. It can be challenging to navigate lifestyle changes on your own. The National Diabetes Prevention Program at CSU’s Kendall Reagan Nutrition Center provides resources and support for making those lifestyle changes to lower your diabetes risk.

NDPP helps participants practice healthy eating and regular physical activity. Classes are led by KRNC certified lifestyle coaches who also master’s level registered dietitians.

KRNC’s next session of the year begins on Jan. 22. If qualified, your health insurance may cover the entire cost of the program. CSU employees not covered by their insurance will receive a 50% discount on registration thanks to Commitment 2 Campus. Students also get a 50% discount. For those with diagnosed diabetes, KRNC also offers its 8-week Diabetes Empowerment nutrition-focused cooking program. This program provides the comprehensive information and hands-on cooking to help manage diabetes. Join our interest list to get notifications for our next offering.

For more information, call (970) 491-5996 or email nutritioncenter@colostate.edu. Take this 1-minute quiz to know your diabetes risk: cdc.gov/diabetes/risktest/index.html.

By Kimberly Burke

Physical activity goals are often one of the top resolutions people make every year. Some of the goals people commit to revolve around weight loss, being more active, running a 10K and more. But for one of the most common resolutions, it’s often one of the hardest to maintain.

Here are a few tips for making and sticking to a New Year’s Resolution that relates to your physical activity habits.

1. Be specific and realistic
A common mistake in goal setting is being too broad. Say the goal is weight loss or being more active – how much weight are you going to lose, or how active are you hoping to be? This is too broad. Say the goal is weight loss or being more active, how much weight are you going to lose, or how active are you hoping to be? This is too broad. Say the goal is weight loss or being more active, how much weight are you going to lose, or how active are you hoping to be? This is too broad. Say the goal is weight loss or being more active, how much weight are you going to lose, or how active are you hoping to be? This is too broad. Say the goal is weight loss or being more active, how much weight are you going to lose, or how active are you hoping to be? This is too broad.

2. Start small
Starting small can be related to being realistic. If your new goal is to run a 10K and you currently don’t run at all, starting after a day a week training plan is generally not going to be a good idea. You’ll likely be overly sore and put yourself at higher risk of injury. Setting smaller, manageable goals is a great way to start, and if you are currently inactive, starting at two days a week with 15 minutes of activity is already a big jump. You’ll also progress faster by starting smaller. You can add more time or more days of activity as it’s starting to feel easier. Tip #5 addresses this as well – there is a benefit to every single time you exercise, so think of each bout and what it does for you, not just the end goal.

3. Try something new and find what you enjoy
If you’ve always wanted to try a spin class, try a spin class. If you love to dance, take lessons or do a Zumba class. If you feel like yoga is the best at helping you to relax, try the yoga class. Don’t do the form of exercise you think others think you need to do, but the exercise you want to do and will continue to do.

There is no benefit from exercise if you don’t do it. Sometimes we’re limited by what we think we can do, before knowing what we can actually do.

4. Bring a friend
Having a family member or friend involved in your goal can help on multiple fronts. It helps to hold you accountable, it’s improving two people’s health, and you get to spend more time with someone you enjoy the company of (which can be hard to come by, especially now). Whether you’re doing an entire workout together once a week, or just checking in with each other, it all counts. Having a partner to work with can help to motivate you and push a little harder than you might working out on your own. Plus, you can do all the previous tips with a friend.

5. Think short term over long term
This relates back to being specific and realistic – many people don’t start the goal or keep up with the goal of fitness because it feels too daunting and it will take too long. If the goal is 20 pounds of weight loss, it could realistically take four to five months, and if you’re celebrating the increased activity, how you feel, and more, it can feel like the small changes and habits aren’t adding up.

This also brings us back to the point of the benefit of every single time you exercise. Yes, there is a cumulative effect to all the work you do (that only happens if you accumulate the habit and stick to it), but there are changes that occur during and after every bout of exercise. You feel better, stronger, and each day puts you closer to your goal. Exercise has many immediate scientific benefits, even if it is just making you feel happier. So enjoy each time you exercise and realize it all adds up.
This year, International Symposium, held virtually Feb. 23-24, will feature panel discussions on topical international issues which impact the United States and the world in increasingly palpable ways. The two keynote speakers and six sessions at the symposium will cover climate change, pandemics and emerging infectious diseases, foreign relations, diversity and international education, innovation, and global engagement in higher education. All sessions will be free and open to the public, but registration is required.

The International Symposium, organized by the Office of International Programs, will feature two excellent keynote presentations. The first will be on Tuesday, Feb. 23, 2-3 p.m. with Mexican Ambassador to China Jorge Guajardo speaking with reporter Julian Aguilar. From 2007 to 2013, as ambassador, Guajardo visited every province and established close relationships with China’s business community. Through his reporting, moderator Julian Aguilar focuses on immigration reform and enforcement, politics, international trade, border security, and the drug trade. You can register for this keynote on Zoom.

The second keynote speaker will be U.S. Ambassador Ryan Crocker about the future of diplomacy. Wednesday, Feb. 24, 1:30-2:30 p.m. In this talk, Ambassador Crocker will cover where U.S. diplomacy is headed under the Biden administration. Crocker is currently a diplomat in residence at Princeton University and has served as U.S. ambassador six times including Afghanistan, Iraq, Pakistan, Syria, Kuwait, and Lebanon. In 2009, Crocker received the Presidential Medal of Freedom, the nation’s highest civilian award. You can register for this keynote on Zoom.

A full schedule of all sessions and registration is available at international.colostatesymposium.edu.
Valentine’s Dates
By Makenna Green
For many people this year, Valentine’s Day may be looking a little different. However, there are plenty of fun and safe activities happening virtually and in-person around Fort Collins. Check out these six Valentine’s Day adventures to spoil you, your partner, or your four-legged canine love.

Valentine’s Date Night Workshop
On Feb. 12, kick off the holiday with your honey early by heading down to the Board & Brush in Old Town. Or if you want to celebrate with friends, get your favorite ladies together for a fun night out and head to the Board & Brush on Feb. 13 for Galantines Night!
For more information: boardandbrush.com/fortcollins.

Cupid’s 12 Roses of Valentine’s Day Run Challenge
Couples that run together stay together! Grab your special someone and conquer the 12 miles. It includes an optional 13th mile for the ambitious romantics out there. Be sure not to slow down there. Register soon, as only 2,500 spots are available for this virtual challenge and spots are filling up fast.
There are medals and pins for completion. Register, choose your location, and go! For more information: eventbrite.com/e/2021-cupids-12-roses-of-valentine-s-day-run-challenge-fort-collins-registration-136076387757.

Starry Valentine Kiss
Another great local and creative activity for the special day is a painting date at Pinot’s Palette in Old Town. Come on down for a paint and sip with the theme of a reimagined kiss with a Van Gogh-style Valentine background to set the mood. Pastries and drinks included! Guests enjoy a no-experience-required art class—all supplies included—directed by local artists, who guide guests step-by-step through a painting. For more information: pinotspalette.com/fortcollins/event/315082.

Buy Local for Your Love Market
Come in on Feb. 13 and find food and other gifts for your special someone! All items sold at the Love Market are local and unique. The Love Market will be located at the Foothills Mall and is open from 10 a.m. to 2 p.m. This special market event is hosted by the Fort Collins Winter Farmers Market. Please bring a mask and follow all public health guidelines that are currently in place.

Valentine Weekend
If you’re looking for a weekend getaway, the Lakeside KOA in Fort Collins has a romantic weekend planned for you. Full of s’mores, campfires, crafts and more, it’s a great way to step away and take a break. Even better, bring your RV or stay in Lakeside KOA in Fort collins lodging for the weekend. With beautiful views and a short commute in Fort Collins, this weekend getaway is a great way to keep the spark alive. For more information: koa.com/campgrounds/fort-collins-lakeside.

The Dog Pawlor
If your pet is your number one, bring them down to the Dog Pawlor on Feb. 12, for a Valentine’s Day party. Let your pet hang out with their furry friends and be pampered by staff for the holiday! The Dog Pawlor is only a half hour drive from Fort Collins, which gives you more special time with your special four-legged canine. Spoil your pup! For more information: facebook.com/events/5941252411066029.

Cupid’s 15 Roses of Valentine’s Day Run Challenge
If your pet is your number one, bring them down to the Dog Pawlor on Feb. 12, for a Valentine’s Day party. Let your pet hang out with their furry friends and be pampered by staff for the holiday! The Dog Pawlor is only a half hour drive from Fort Collins, which gives you more special time with your special four-legged canine. Spoil your pup! For more information: facebook.com/events/5941252411066029.

WILBUR’S TOTAL BEVERAGE
Celebrate with something special from Wilbur’s unique selection of champagnes and wines.

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<th>Champagnes and Wines</th>
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<tr>
<td>Perrier Jouet Brut Grand NV 750ml</td>
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<td>Cupcake Moscato d’Asti, Prosecco 750ml</td>
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Order online for curbside pick up or delivery to your door.
Colorado State University leaders have announced plans for screening students, faculty and staff for COVID-19 as the spring semester gets underway.

The University relies on the members of the community to do their part in keeping each other healthy. This includes participating in mandatory routine screenings for COVID, following all public health requirements, and diligently reporting concerns - COVID symptoms, potential exposures, or concerns about the health of others, through the COVID Reporter.

“The Pandemic Preparedness Team and testing team have built capacity to screen as many students, faculty and staff as possible at the start of the semester and to mandate screening on a weekly schedule,” said Marc Burck, assistant vice president for safety and risk services. “We are working through final details to build additional capacity to screen more faculty, staff and students who will be on university grounds within the next few weeks. The Pandemic Preparedness Team will continue to update the university community with more information about screening requirements in the coming days and weeks.”

“Mandatory screening for COVID is the foundation of any successful effort to mitigate the spread of the virus, especially in a community as large as ours,” added CSU President Joyce McConnell. “After our successful fall semester, when our entire community demonstrated their commitment to keeping one another healthy and safe, I am confident that we will see continued commitment from our students, faculty and staff, including participation in mandatory screenings by those who are regularly on campus.”

To support the university’s goal of maintaining in-person operations and academic activities, Colorado State University has made COVID screening available to students, faculty and staff free of charge.

### Required screening

Beginning Monday, Jan. 18, the following students, faculty and staff are required, per University policy, to screen weekly:

- All students living in University housing
- All students living in a fraternity or sorority house
- All freshmen and sophomores in one or more face-to-face or lab courses
- All staff who are regularly physically on a CSU campus or other university grounds in Larimer County
- All faculty, instructors and graduate teaching assistants who are teaching a face-to-face or laboratory course
- All students, faculty or staff member who is not required to screen may still participate in screening as often as they wish, including employees who do not work in Larimer County, such as Extension, Forest Service and Agricultural Experiment Station employees
- All students living in a fraternity or sorority house
- All students living in University housing
- All students taking online classes only and who are not living in University housing or a fraternity or sorority house, and employees who are working remotely exclusively and are not regularly on a campus or CSU workforce in Larimer County are not expected to screen on this schedule. It is, however, permissible for individuals in these later groups to occasionally visit university grounds for very brief periods of time, such as to pick up mail, a file or library materials, and not be screened weekly.
- Any student, faculty or staff member who is not required to screen may still participate in screening as often as they wish, including employees who do not work in Larimer County, such as Extension, Forest Service and Agricultural Experiment Station employees.
- Additional students, faculty and staff will be added to a mandatory schedule in the coming weeks that will include all junior, senior, graduate, professional or second bachelor students in one or more face-to-face or lab courses, all students in one or more hybrid class who are not already screening, and all faculty, instructors and graduate teaching assistants who are teaching a hybrid class and are not already screening.
- To get screened, all students, faculty and staff must first register and then schedule a screening time: links to the registration and scheduling forms were sent to all students, faculty and staff in a Jan. 14 email from the Pandemic Preparedness Team.

### Screening exemptions

- Students who are taking online classes only and who are not living in University housing or a fraternity or sorority house, and employees who are working remotely exclusively and are not regularly on a campus or CSU workforce in Larimer County are not expected to screen on this schedule. It is, however, permissible for individuals in these later groups to occasionally visit university grounds for very brief periods of time, such as to pick up mail, a file or library materials, and not be screened weekly.
- Anyone who has tested positive in the last 90 days by testing at a CSU saliva screening or nasal swab testing is only available to students, faculty and staff with a current and valid CSU ID. Family members of students, faculty and staff are not eligible for saliva screening.
- CSU saliva screening or nasal swab testing is only available to students, faculty and staff with a current and valid CSU ID.
- Families and students who are teaching a hybrid class and are not already screening.
- Staff, including participation in mandatory screenings by those who are regularly on university grounds, including staff involved in research, will be added to a mandatory schedule in the coming weeks that will include all junior, senior, graduate, professional or second bachelor students in one or more face-to-face or lab courses, all students in one or more hybrid class who are not already screening, and all faculty, instructors and graduate teaching assistants who are teaching a hybrid class and are not already screening.
- To get screened, all students, faculty and staff must first register and then schedule a screening time: links to the registration and scheduling forms were sent to all students, faculty and staff in a Jan. 14 email from the Pandemic Preparedness Team.

### What is planned?

- **242 single-family homes**
- **112 single-family cottages**
- **108 townhomes**
- **1 apartment complex**

The site that once housed Hughes Stadium could soon provide much-needed affordable housing for Colorado State University employees, as well as community health care and child care services, in a project that will also have a positive environmental impact by putting affordable homes, trail connections and open space closer to where people work.

The project is an example of CSU’s efforts over the decades to use its property - in partnership with the City of Fort Collins and private developers - for multifaceted projects that benefit both the campus and the larger community.

In addition to the community and housing benefits planned on the site, almost half of the Hughes acreage would remain open and green space, with connectivity to existing trail infrastructure.

The project CSU has designed includes more than 70 acres of open green space and connects to the city’s trail system - nearly half the park’s total acreage.

In addition to affordable and attainable housing, child care and health care facilities, the project has evolved to also include a transit station to allow employees to easily commute to campus while reducing the university’s overall carbon footprint.

Estimates indicate the project would eliminate 1.5 million commuting miles annually, eliminating about 4,500 metric tons of carbon dioxide emissions per year - a 7% reduction in CSU’s commuting carbon impact.

In addition, the homes planned for the site include solar energy and water-saving technology options. The plan includes a mix of apartments and single-family homes on the site, with 100% of the rental units meeting the federal standard for affordable housing.

There will also be homes available for purchase, a portion of which will be “affordable” priced at or below the market rate in Fort Collins.

All of the housing will give CSU employees preference. The apartments will be rented exclusively to CSU employees until that demand is satisfied and then become available to the community. Homes for sale will have an early priority period during which CSU employees will have the first chance to buy them. If not all homes are purchased within this window, the remaining ones will be available to the community.

“Our faculty and staff tell us that finding an affordable place to live in Fort Collins is one of their top concerns, so we must pursue every avenue to create housing in our community that’s truly within reach for CSU employees,” said CSU President Joyce McConnell.

“With the Hughes redevelopment project, we will take an important step in making Fort Collins a place where our people can afford to live where they work. When we do that, we make both Fort Collins and CSU stronger and more sustainable.”

Black History Month at CSU features national speaker on race and disability

By Joc Gordon

Colorado State University’s Black/African American Cultural Center and campus partners are hosting a variety of events in February for Black History Month, including a keynote presentation on race and disability from a nationally recognized speaker.

Welsh Hamilton, a philanthropist, speaker, athlete and model, headlined festivities with a virtual keynote presentation on Feb. 17 at 6 p.m. He will be sharing his story of how he transformed his life from victim to victor after surviving multiple gunshot wounds that left him paralyzed from the waist down.

Hamilton appeared on Season 4 of Netflix's Queer Eye in which he met his future husband and face to face with the shooter who parcelized him.

“I am grateful for the life I was given,” Hamilton said of the experience on his face with the shooter who paralyzed him.

“CSU is not immune to the scan. Human Resources is seeing a rise in fraudulent unemployment benefits claims filed using the identities of CSU employees, and is helping faculty and staff who suspect they have been targeted report the scam.

Reports of unemployment insurance fraud have been surging nationally. State officials say that the number of Coloradans being targeted by scammers in an effort to collect unemployment benefits under their names is anticipated to be nearing 900,000.

Four CSU faculty and staff have been targeted by fraudulent unemployment claims, according to the Colorado Department of Labor and Employment (CDLE).

The CDLE is monitoring the situation and working closely with the Colorado Department of Personnel and Administration and human resources departments to notify victims that their identities have been compromised.

In addition, CSU has created a new website that provides guidance to employees who believe they have been a victim of a fraudulent claim. That site features guidelines for employees who find out that a fraudulent unemployment claim has been filed in their name.

The scams may try to convince an employee to send them information, and that’s when they are able to complete the filing of the unemployment benefits in the employee’s name.

The CDLE is monitoring the situation and working closely with the Colorado Department of Personnel and Administration and human resources departments to notify victims that their identities have been compromised.

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Classified Personnel Council announces four Everyday Heroes

By Classified Personnel Council

The Everyday Hero Award is sponsored by the Classified Personnel Council to recognize day-to-day achievements of all CSU employees. Working in the classified, administrative, professionals, and faculty. The council would like you to join in congratulating these Everyday Heroes.

Paul Knowles

Paul Knowles works for Facilities Management in Structural Trades. His supervisor explained that their office had been experiencing water leaks due to cracks on the roof, but the roof could not be sealed until outside temperatures were above a certain point. 

Paul was kind enough to go up on the roof as we had a snow day and showed it before it melted and traveled down to our office. Multiple staff at our office have witnessed a handful of days Paul went up on the roof with a ladder. He also came to our office regularly to check and empty the bins of water.

Kayde Abercrombie

Kayde Abercrombie works for Housing and Dining Services – Facilities, as the Assistant Director for the Environmental Services team. She has been in her current position since 2015 and manages the housekeeping crew. She has taken on the responsibility of her position, and being able to make a difference. “Because of all the different cultures that come together here on campus, I believe we are part of world peace and the world’s future,” she said.

Simone Listmann

Simone Listmann is a staff member who is not required to screen for COVID-19, Hughes said those employees who are not required to be screened should report them to the DOH.

Academics

A student, wearing a mask in keeping with the university’s COVID-19 protocols, attends a socially distanced forestry class at CSU in Fort Collins earlier this month. Photo: John Eisele / Colorado State University

For more information from the Office of Student Affairs, visit students.colostate.edu/covid-19.

Faculty and staff

Addressing the needs of students, McCollum encouraged concerned, compassionate care toward employees who are working through childcare concerns or caring for sick loved ones.

“The good news is that this is incredibly challenging time,” McCollum said. “We want our faculty and staff who come to us committed to us as your welfare, whether it’s physical or mental.”

Vaccination

Colorado State University’s chief of the CSU Health Network and co-chair of the Pandemic Preparedness Team, updated the community on the COVID-19 vaccination efforts around campus and short supply nationwide.

McCollum said there is currently no available on-campus vaccination option for employees who have been or will soon be vaccinated through Larimer County. Lynd and other leaders are working now to establish vaccine prioritization and administration on campus. They anticipate several months before enough vaccine is available for the entire campus, likely after the end of the semester.

For more information on the CSU Health Network and Resources website for more announcements and information about the vaccine continues at colostate.edu/covid-19.

More Town Halls

There will be more town halls presented throughout the semester. The next one is scheduled for Friday, Feb. 12, at 10:30 a.m. on the topic of Vaccines. The University has increased its Zoom call capacity from 125 attendees to 250 and short supply nationwide. No vaccine is currently available on-campus. Employees who have been or will soon be vaccinated through Larimer County.

Students will have the option to continue to attend classes to talk about traditions like the Dalai Lama.

CSU adds new parking app for contactless payment

By Maggie Hall Walsh

Colorado State University has contracted with ParkMobile to provide contactless parking payment for students, employees and visitors on all campuses through a mobile parking app. ParkMobile is now available for both iPhone and Android devices.

“The CSU is excited to welcome our students and faculty back from winter break and offer a new convenient way to pay for parking around campus,” said Marc Barker, assistant vice president for safety and risk management. “CSU’s new partnership with ParkMobile offers 24/7/365 customer service, a lower transaction fee while parking on CSU campuses and is available in many locations across the country.”

“With ParkMobile, we are improving the overall parking experience for our students.”

Students can download the mobile app by searching for “ParkMobile” on their device and follow the directions to set up an account. The app is available for Apple and Android devices.

Students can also access the app using the link https://go.parkmobile.com/28465.

How it works

When downloading the app, a user enters the zone number posted on signage in the parking area, selects the amount of time needed, and touches the “Start Parking” button to begin the session. Users can continue to park in designated spaces around campus, whether it’s physical or mental.”

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The previous mobile parking app used by CSU, Way2Park, will also be available for campus parking until June 30.

Testing

Marc Barker, assistant vice president for safety and risk management, reviewed new protocols for testing and screening. Management is reviewing new protocols for testing and screening. Management is required to keep CSU open, with no known transmission of the virus in the last two weeks.

FACULTY & STAFF CSU LIFE

Online classes – with both in-person and online modalities – will receive instruction for select courses this month. Photo: John Eisele / Colorado State University

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We Need Your Help: TRASH IT. DON’T FLUSH IT.

Wipes, facial tissues, trash, cotton balls, paper towels, feminine hygiene products, condoms, dental floss, cotton swabs, hair and cigarette butts belong in the trash, not the sewer system.

Even if these products claim to be ‘flushable,’ they don’t break down like toilet paper and can clog pipes.

HOW CAN YOU HELP?
Remember, only flush the three Ps: pee, poo and toilet paper. All other items should be thrown in the trash (not the recycle bin).

Spread this message to help avoid messy, costly sewer backups and property damage.

WHO’S RESPONSIBLE?
Learn more about customer responsibility and service line repairs at tco.gov.com/sewer-line-repairs.

FOR MORE INFORMATION

tco.gov.com/sewer-blockages | wastewater-sewer@tco.gov.com | 970-212-2900 | V/TDD 711