



The campus community enjoyed lunch and music at the annual University Picnic following President Frank's remarks. *Photos by Kyle Deuschle*

Staff walk in Community Welcome

by Veronica Baas

Despite the gloomy weather, the 14th annual Community Welcome took place Wednesday, Aug. 24. Students, staff, faculty, police officers and other volunteers grouped up to welcome the Fort Collins community into a new school year.

There were several organizations that volunteered to help. The Fort Collins Police Department, the CSU Police Department, City of Fort Collins staff, CSU faculty and staff and then over 150 student volunteers.

A majority of the students who volunteered are involved with athletics, and the Associated Students of Colorado

See Community Welcome on 21

Frank: Continue to push for excellence

by Tony Phifer

CSU President Tony Frank's message to the campus and greater Ram community during this year's Fall Address was simple: This is a place where action will always take precedence over inaction.

Frank, addressing a sun-drenched gathering of students, faculty, staff and city dignitaries on the historic CSU Oval Aug. 31, discussed two possible courses of action for the University: Satisfaction with the status quo, or a constant push for excellence. For Frank,

pat simply is not an option.

“When we pause, we tend to wipe our brow, take a breath, smile and then put our shoulder back to the wheel – because we know there is so much more to do, and CSU does things,” he said.

Citing CSU's eight consecutive years of record enrollment, constant push to boost research funding, record fundraising, nearly \$1 billion spent on campus infrastructure in recent years, and numerous other issues, Frank said standing

“It would be easier – some might even say wiser – to take on fewer issues in the face of so many challenges,” he said. “We were created to serve others – to push ourselves, to stretch and strain, and then do it again.”

Frank pointed to several noteworthy programs and accomplishments that move beyond traditional efforts to help define CSU.

- CSU was named in 2015 as the most sustainable university in the country.
- CSU's commitment

to create equitable work environments for women.

- CSU's efforts to take on the issue of race to make sure the next generation doesn't deal with the disease of racism.

• CSU's efforts to “reframe” views on sexual violence, noting that the men of CSU must hold themselves accountable for their actions.

- CSU's efforts to make housing and living wages attainable for faculty and staff.

“CSU doesn't wait – she acts,” he said.

Frank, who recently

returned from his annual tour of the state, during which he meets with alumni, extension and forest service staff, service groups and others interested in campus goings-on, said he's proud to tell CSU's story as it approaches its 150th anniversary in 2020.

“I hope you're proud of your university – not satisfied,” he said. “Not thinking we do everything perfectly, but proud of our direction, our effort, our action. I hope you're proud because you – the sum of your actions – are CSU.”

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at CSU?
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Sea sets sail
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APPLAUSE

COLLEGE OF LIBERAL ARTS

Carole Makela, a professor in the School of Education, is the first recipient of the newly established Faculty Council Harry Rosenberg Distinguished Service Award, an award that recognizes outstanding individual service to Faculty Council. Makela has served on the Council since the 1970s, most recently on the University Curriculum Committee. The award was established to honor Harry Rosenberg, the first elected Faculty Council Chair. In recognition of her distinguished service, Makela was presented with a plaque and an honorarium during the 2016 Spring Faculty Council meeting.

Jangyul Kim, a professor in the Department of Journalism and Media Communication, has been elected to the Public Relations Society's College of Fellows, an honorary organization of more than 350 senior practitioners and educators, each of whom has left a significant footprint on the public relations profession.

COLLEGE OF NATURAL SCIENCES

University Distinguished Professor **Diana Wall** has been

named an Honorary Member of the British Ecological Society. Wall is a College of Natural Sciences biology faculty member and director of CSU's School of Global Environmental Sustainability. The honor, given to reflect a lifetime's achievement in the science of ecology or its application, goes to fewer than 1 percent of the group's members.

Dean **Janice Nerger** has been named, along with Gillian Bowser, a 2016 Woman of Vision by Colorado Women of Influence. Nerger has long been a champion of, and an innovative advocate for, diversity in the sciences – particularly for women. She is a co-founder of the influential Women in Natural Sciences organization, a group with more than 50 CSU faculty that supports women in the sciences. **Gillian Bowser** is a research scientist in the Department of Ecosystem Science and Sustainability, in the Warner College of Natural Resources. Bowser has devoted her career to increasing opportunities for women and minorities in science. The awards were presented July 20 at the Colorado Women of Vision gala.

DIVISION OF EXTERNAL RELATIONS

The Kathy Phifer School is Cool

Legacy Scholarship was created to honor **Kathy Phifer**, director of strategic communications, who founded the School is Cool backpack program as a volunteer 25 years ago. The \$1,000 scholarship will be given to a Poudre School District graduate attending CSU, with priority given to students who were helped by School is Cool. Donations are welcome at advancing.colostate.edu/SCHOOLISCOOLSCHOLARSHIP.

WARNER COLLEGE OF NATURAL RESOURCES

Maria Fernández-Giménez, professor in the Department of Forest and Rangelands Stewardship, has received the Order of the Polar Star from the government of Mongolia, the highest civilian honor the country presents to foreign nationals. According to a decree from President Tsakhiagiin Elbegdorj, Fernández-Giménez received the honor for her contributions to improving the knowledge of experts concerning animal husbandry in steppe regions, protection of natural resources, and capacity-building.

FACILITIES MANAGEMENT

Bruce Mortimore, custodian at the Foothills Campus, has been named an Everyday Hero by the Classified Personnel Council. He was nominated by Kevan Cameron for a very nice favor that Mortimore did for him on Dec. 29, 2015. "While pulling into the parking lot that morning, I had a bolt fall out of the shift linkage on my truck," he said. "I was telling Bruce about it, and when he got off work, he asked

if he could look at it. Long story short, he came back a little while later, and with a smile on his face he said, 'It's fixed.' He showed me what the problem was and we went for a short drive. It worked perfectly. All done in very cold weather, I will add.

"I've said this before, but without the hard work of the custodial group, we would never



be able to do our jobs here at the Engineering Research Center, and Bruce's kindness is a reflection of the entire group," Cameron added. A native of Fort Collins, Mortimore has been with Colorado State University for five and a half years.

The Everyday Hero is a special program sponsored by the Classified Personnel Council to recognize the day-to-day achievements of all CSU employees (state classified, administrative professionals, and faculty). To learn more and to nominate a deserving co-worker, go to cpc.colostate.edu/annual-cpc-awards/everyday-hero-award/

To read more about any of these outstanding members of the Ram Family, go to source.colostate.edu



CSU LIFE ADVERTISING

Want to promote your business through CSU Life? Contact Kim Blumhardt at kim.blumhardt@collegian.com or (970) 491-1146

SEND IN YOUR APPLAUSE

Do you have news from your department or unit you would like to share with the rest of the CSU community? Send it to CSULife@colostate.edu for inclusion in our Applause section.

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21ST CENTURY ENERGY 2016 TRANSITION SYMPOSIUM

Opportunities and Challenges

Wednesday, September 28

- 10:30-12:30 Women in Clean Energy Luncheon
"Unleashing the Power of Women in Energy"
Keynote: Ellen Williams, ARPA-e Director
- 1:00-5:00 Pre-Symposium 101 Panels including: Climate Science 101, Paris Agreement on Climate Change 101, Clean Power Plan 101, Grid Structure 101, Electric Vehicle Charging Challenge
- 5:00-7:00 Public reception and evening keynote

Thursday, September 29, 8 a.m. - 5 p.m.

- Session 1: Mega Trends
- Session 2: Energy Transitions in the Western United States
- Session 3: CSU Energy Solutions
- Luncheon: Keynote address, **Vice Admiral Dennis McGinn**
"Energy, Installations and Environment"
- Session 5: What is the Role of Fossil Fuels in the 21st Century Energy Transitions?
- Session 6: Global Challenges to Meeting Climate Change Goals When it is Not Just About the United States
- Session 7: Capstone with former Colorado Governor Bill Ritter

Location: Colorado State University, Lory Student Center Ballroom
Cost is free, registration required, live streaming available.

energytransition.colostate.edu



Colorado State University

GET YOUR RETIREMENT BACK ON COURSE

ADVICE MATTERS

Recent studies emphasize the importance of client-advisor conversations. These reports prove that advisors can add 3% to clients' net returns¹ and retirement savers who sought investing advice enjoyed a median annual return almost 3% higher than those who didn't – even after the fees they paid for that advice².

Target Date Funds vs Personal Advice

Target Date Funds (TDFs) shift investors from stocks to bonds over time in an effort to become more conservative as retirement approaches. This transition is referred to as a "glide path" and while the basic concept seems reasonable, TDFs are widely criticized for the limits of their mass market approach. TDFs cannot incorporate all the relevant personal facts that determine the ideal allocation for one's retirement investments, and investors can find themselves either forfeiting needed growth or accepting unnecessary exposure to an increasingly volatile market.

By definition, a TDF is a fund of fund model that invests predominantly or exclusively in mutual funds with a certain maturity or specified date in mind, typically the time at which a participant is planning on retiring. Because TDFs are designed to change their allocation and objectives overtime, it is important for investors to revisit their investment selection periodically to make sure that the investment selected is consistent with their goals and objectives. TDFs are not guaranteed and past performance does not guarantee future results.

Don't settle for a generic TDF that was designed for millions of participants when you can determine and create your personal retirement date portfolio. With advice from the advisor you trust, you can have comprehensive investment management and cohesive financial planning in your company retirement plan.

**Don't let Wall Street determine *your* future.
Take back control of your retirement.**

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Sources: ¹Vanguard's study based on their Alpha framework. *Putting a value on your value: Quantifying Vanguard Advisor's Alpha*, Vanguard Research, 2014.
²The study of 14 large retirement plans with more than 723,000 individual participants and over 55 billion in assets, by Aon Hewitt, a consulting firm, and Financial Engines, an investment advisory firm, between 2006-2012.



WITH ADVICE

ADVISORS CAN ADD VALUE¹:

- As effective behavioral coaches (up to 1.5%)
- Applying asset allocation strategy (up to 0.75%)
- Employing cost effective investments (up to 0.45%)
- Managing allocations and rebalancing (up to 0.35%)
- Managing a spending strategy (up to 0.70%)

WITHOUT ADVICE

Portfolios of people who didn't get help suffered from²:

- Inappropriate risk levels
- Market timing mistakes
- Misunderstanding risks and market volatility



CSU Health and Medical Center

- \$59 million project
- CSU Health Network – full range of student health services
- Kendall Reagan Nutrition Center
- UHealth partnership, walk-in clinic
- Columbine Health Systems Center for Healthy Aging



Biology Building

- \$70 million project
- Funded by students and College of Natural Sciences
- Classroom space
- State-of-the-art flexible research and teaching labs

Construction Update

Big change is on the horizon at CSU's main campus and you only need to look to the south to see it coming. CSU is now more than halfway through the \$700 million, three-year building boom that is transforming campus and creating exciting new spaces for living, learning, and discovery. These four major projects will be completed in 2017.

Chemistry Research Building

- \$60 million project
- Most of the space dedicated to synthetic chemistry research
- State-of-the-art flexible research teaching space
- Part of CSU Science Mall with Biology Building



Multipurpose Stadium

- \$220 million project
- Rams football, other university events
- State-of-the-art flexible academic space
- Home to Center for Advising & Student Achievement
- Home to Michael & Iris Smith Alumni Center



SHEDDING LIGHT ON SHO (SOCIAL HOST ORDINANCE)



The social host ordinance is now being enforced in Fort Collins. The ordinance:

- Holds host(s) responsible for providing a space in which underage possession/consumption of alcohol or marijuana is occurring.
- Host(s) do(es) not have to provide the alcohol/marijuana to be held responsible.
- Non-criminal (civil) infraction.
- \$100+ fine.
- One or multiple citations can be issued.

For more information about unreasonable noise, nuisance gathering and other violations, please visit: www.fcgov.com/neighborhoodservices/socialhost.php.

SHO: BE IN THE KNOW

COMMUNITY EVENTS

Virtual Reality Demonstrations

11 a.m.– 3 p.m.

Attend a virtual reality demonstration to learn about the VR lab, the VR hackathon coming in October and to try out the technology. These events are free and open to the public.

Wednesday, Sept. 7
Engineering Building Infill Lounge
Thursday, Sept. 8
Parmelee Hall Atrium

Cans Around the Oval

The 30th annual Cans Around the Oval Food Drive kicks off Sept. 7; collection day is Oct. 12. Join the Fort Collins and CSU community by collecting cans to donate to the Food Bank for Larimer County.



Mindful Drop-In Group

Every Wednesday, 12:10-1 p.m.
LSC Room 376

All CSU students, staff and faculty are welcome to join the Weekly Mindful Drop-In Group to learn healthy methods to cope with stress. The event will take place weekly beginning Sept. 7. The group is sponsored by the CSU Health Network, CSU Center for Mindfulness and the CSU Training and Organization Development.

School of Global Environmental Sustainability Panel

Sept. 13, 5-6:15 p.m., LSC Room 386

Science journalists Nancy Baron, Ashley Ahearn, David Malakoff, Chris Joyce and Hillary Rosner will be hosting a workshop to discuss how media is changing in the world of journalism, as well as new trends seen today in science journalism. The event will take place in LSC room 386 from 5 to 6:15p.m.

BREWniversity

Sept. 10, 11 a.m.-3 p.m.
Various locations

Join the CSU Fermentation Science and Technology Program and Whole Foods Market for the first Front Range Ferment event. Four local breweries are paired the FSTS students to present exclusive tastings and food pairings at each stop. Free, but space is limited; register at WFMBrewniversity.com

Eating for a Healthy Pregnancy

Sept. 12, 6-7:15 p.m.

A Women's Healing Center, 1006 Luke St., Fort Collins

The Kendall Reagan Nutrition Center offers a unique class about nutrition and various health aspects regarding pregnancy. This class is open to both mothers- and fathers-to-be, and will be repeated on Oct. 11, Nov. 8, and Dec. 13. Cost: \$35. nutritioncenter.chhs.colostate.edu

AG Day

35th annual Ag Day

Sept. 17, 11 a.m.-1:30 p.m.

Hughes Stadium

Ag Day is a giant tailgate barbecue featuring many Colorado agricultural commodities such as beef, lamb, pork, potatoes, and dairy. This year's edition takes place immediately before CSU's football game against the University of Northern Colorado. agday.agsci.colostate.edu/



An Evening with Jacqueline Patterson

Sept. 19, 6 p.m.

Lory Student Center Theatre

Jacqueline Patterson, director of the NAACP Environmental and Climate Justice Program, will be delivering a speech in the LSC Theatre. This event is free to all CSU students, staff, faculty and community members.



SafeZone Workshop

Sept. 28, 9 a.m.-noon

Location TBD

The Pride Resource Center hosts monthly workshops for CSU faculty and staff. The courses are designed to reduce homophobia and heterosexism in the campus community. To learn more information more or register, go to <http://glbtrc.colostate.edu/safe-zone>

Fans get a final season to bid farewell to Hughes

By Tony Phifer

It has been home to a litany of legends. It has hosted concerts by some of rock ‘n’ roll’s greatest. And it has been a community gathering place for nearly 50 years.

Hughes Stadium has been an iconic venue, but with an on-campus stadium set to open in 2017 the time has come for CSU legends and community members to commiserate in a new place. Before that happens, there’s one last chance to bid a fond farewell to Sonny Lubick Field at Hughes Stadium.

This fall will be the final season at Hughes, with the Rams slated to play six games in the legendary stadium nestled against the foothills of the Rockies. It is a place where more than 6 million fans have witnessed nearly a half-century of CSU history, cheering every win and lamenting every loss.

The stuff of legends
 Consider some of the Ram greats that have played there: safety Greg Meyers, the local kid who stayed

home and earned a spot in the College Football Hall of Fame; Willie Miller, the decorated Vietnam veteran who earned a degree before starting a seven-year NFL career at age 28; Bradlee Van Pelt, the long-haired, blue-eyed quarterback who willed the Rams to one of their greatest seasons in 2002; Steve Bartalo, the too-short, too-slow walk-on running back who would go on to set every Ram rushing record; and many, many others.

And what about the amazing opponents fans were lucky enough to witness on sunny autumn Saturdays? Guys like Pro Football Hall of Famer Steve Young, the great BYU

quarterback; Ben Roethlisberger, the Pittsburgh Steelers legend who played at Miami of Ohio; and legendary “Mean” Joe Greene – the guy from the memorable Coke commercial – who played for North Texas State in

the first game ever played at Hughes in 1968. They all played there – as did many, many others in the nearly 300 games played at the stadium.

And Hughes wasn’t just a football stadium. There was a time in the 1970s when Fort

Collins was a rock concert mecca, with performers like the Beach Boys, Chicago, the Rolling Stones, Elton John and Bob Dylan playing Hughes.

Fans will have half a dozen

opportunities to celebrate Hughes and all of the many memories it has spawned. Each of the six home game will feature a celebration of a decade in the stadium’s history.

Celebrations by the Decade

Celebrations will include ceremonies honoring players from the 1960s, ‘70s, ‘80s, ‘90s, 2000s and ‘10s, and music from the corresponding decade will be played throughout the game.

A comprehensive written and photographic history of Sonny Lubick Field at Hughes Stadium is available at csurams.com/farewellhughes. Fans interested in purchasing stadium memorabilia (turf, bleacher seats and chair backs) can find those items on the website.

Fans can also share their memories of Hughes by using the hashtag #FarewellHughes or by e-mailing them to farewellhughes@colostate.edu.



Community gathers for one last toast to Tom Sutherland

By Tony Phifer

With the inspiring words and sweet sounds of Scotland gently wafting through the room, the CSU and Fort Collins communities on Aug. 20 bid a final farewell to their beloved hero, Tom Sutherland. He passed away July 22, at age 85.

More than 600 people attended the hour-long memorial service at the Lory Student Center in a celebration that undoubtedly would have made Sutherland, the former CSU professor of animal sciences and local philanthropist, flash one of his familiar ear-to-ear grins. There were no formal speeches and very few tears – just poetry by Robert Burns, bagpipes, fiddles and Scottish-themed choral music.

“Let this be a celebration of not just Tom’s life, but of all life.” said Tom’s wife, Jean, during brief opening remarks.

And it was exactly that. Following

several minutes of gentle Scottish folk tunes on the celeste by Bobby Mielke, piper Karl Brown marched in playing the hauntingly beautiful “Scotland the Brave.” Brown, the founder of the group now known as the Northern Colorado Caledonia Pipe Band, had played at remembrance services all six years Sutherland was in captivity in Beirut, Lebanon, and every time Sutherland requested his pipes following his release in 1991.

His time in captivity was only mentioned occasionally during the celebration as the family wanted the event to focus on the final 25 years of his life, when his generosity, wisdom and remarkably positive outlook on life were seemingly always on display for those lucky enough to know him or be touched by him.

Read more about the life and times of Tom Sutherland on SOURCE.



Photos by CSU Photography



“Let this be a celebration of not just Tom’s life, but of all life.”
- Jean Sutherland

City/CSU Elizabeth & Shields Underpass Open House

Colorado State University and the City of Fort Collins are hosting a community open house to discuss a proposed underpass at the Shields Street and Elizabeth Street intersection. A concept design will be available for viewing along with information regarding potential impact to vehicle, pedestrian and bike traffic patterns at the intersection. CSU and City representatives will be on hand to answer questions and to receive feedback.

When: Wednesday, September 14, 6-7:30 p.m.

Where: Bob Davis Hall

(located off the south concourse of Moby Arena)

No RSVP required.

For more information, contact: Pam Jackson at Pamela.Jackson@ColoState.edu



To learn more about this project, visit: source.colostate.edu/construction-and-parking



Colorado State University



Employee Appreciation event combines with Ice Cream Social

Faculty, staff and community end summer together



Partners from all over the university came together Friday Aug. 10 to celebrate the relationship between the CSU and Fort Collins and show appreciation for all the hard work CSU employees do all year long. *Photos by Veronica Baas*

By Veronica Baas

Colorado State University faculty, staff, Social and community members came together on the Student Recreational Center Lawn for a Community Open House and Ice Cream Social that also included the annual Shared Governance Employee Appreciation Event.

The Social began four years ago designed to celebrate the important relationship between the Fort Collins community and the CSU community. In the past, this social has been separate from the Shared Governance Employee Appreciation Event. This year event organizers decided it would be beneficial to combine the two.

Stacy Grant, director of RamTrax Visitor Services, teamed up with CSU Events to organize the Aug. 10 celebration.. She believes combining these two events was a success.

"I think they'll probably have a better turnout," Grant said. "So I think it's going to be helpful, and successful and will turn into an annual thing."

From 4 to 5 p.m. the event focused on appreciating faculty and staff at CSU, including a booth manned by the shared governance councils. This includes the Faculty Council, the Administrative Professional Council and the Classified Personnel Council.

The second half of the social was open for community members, giving organizations at CSU an opportunity to share their mission statements, market upcoming event and reach out to Fort Collins Grant helped contact a wide variety of partners from all over

the university to provide community members with a diverse group of organizations to learn about.

"All of these partners are all CSU colleges, divisions, units and then obviously the councils now have their area this year," Grant said. "It's an opportunity to connect with not only our faculty and staff, but also with our community members."

Many of the booths organized games, several food trucks offered a wide variety of meals and free ice cream and beverages were handed out. There was also a live performance delivered by Liz Barnez, a local singer-songwriter from New Orleans. She likes to refer to the genre she plays as "swamprock"

Marissa Isgreen, a digital media

specialist for the College of Health and Human Sciences, said this year's event was the best she has attended so far. It has given her communications team an opportunity to share some details about outreach programs offered by the College of Health and Human Sciences.

"It's great this year especially because they added the faculty and staff appreciation portion to the beginning," Isgreen said. "This whole event is for the CSU community and the Fort Collins community, so adding that helps bring the people who actually work here, here."

Guides also led interactive campus tours to give community members a chance to see the inside and out of CSU, but also to give them a better depiction of our mission as a university.

A Communications Coordinator for the College of Liberal Arts, Jill Baylis, said she thinks this event is great for the Fort Collins community.

"I really like that our faculty and staff can be mixed in with the community," Baylis said. "There was a good amount of people last year too so I don't know if the crowd is bigger, but it's definitely a different atmosphere."

Although the official consensus has not been released, it will be no surprise if next year's Community Open House and Ice Cream Social once again incorporates the Shared Governance Employee Appreciation Event.

"It's just a nice way to be a part of the CSU community, and a great way to show our presence on campus," Isgreen said.



Everybody came to this year's Employee Appreciation event, from Provost Rick Miranda to food truck vendors and CAM the Ram.



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Presented by Wilbur's Total Beverage, the evening serves to raise money for Pathways, a community non-profit providing expert medical and comfort care for individuals navigating the last months of life for residents of Larimer and Weld County.

TICKETS \$75
www.pathways-care.org/AVA

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ENTERTAINMENT CALENDAR

Art & Literature

Gregory Allicar Museum Grand Re-opening

Sept. 10
 University Center for the Arts, 1400 Remington St.

10 a.m. – 12 p.m.: Art and Art History Department Open House, Visual Arts Building, via Lake Street

11:30 a.m.: Food trucks available in the CSU Annual Flower Trial Gardens

1 – 4 p.m.: Ribbon Cutting and Grand Opening

The College of Liberal Arts will be hosting a grand re-opening of the Gregory Allicar Museum of Art to celebrate its new name and the expansion of its facilities.

An Evening with Bryan Stevenson

Sept. 22, 7 p.m.
 LSC Ballroom

Bryan Stevenson is the found for the Equal Justice Initiative and the author of Just Mercy. His appearance is part of Morgan Library’s Evening with an Author Series, presented in partnership with the Diversity Symposium. The event is free and open to the public, no tickets required, seating on a first-come, first-served basis. Book sale and signing follows the presentation.

Music & Dance

Emma Marie and Maya Bennett

Friday Sept. 9 at 7 p.m.
 Downtown Fort Collins

Ben and Jerry’s will be hosting a free concert series featuring Emma Marie and Maya Bennett, two local youth singer-songwriters. The event will start at 7 p.m. in Old Town Square and is open to the public.

Winchester Holiday with Blue Grama

Friday Oct. 7
 Downtown Fort Collins

Join Winchester Holiday, an indie style folk bank, for a free performance in Old Town Square. This concert will conclude this year’s Downtown Summer Sessions Concert Series.



Theatre

The Blue Flower, By Jim and Ruth Bauer

Sept. 22-Oct.10
 Bas Bleu Theatre, 401 Pine St.

An artist sits on a bench in Central Park putting the finishing touches on the book of his life. Suddenly his mind’s eye is thrust back to the maelstrom of events that brought him to that point and the circle of revolutionary artis. The Blue Flower weaves together video, cabaret, dance, and humor into a dreamlike evocation of a quest for redemption.

basbleu.org

La Bete, by David Hirson

Through Oct. 1
 OpenStage Theatre

Magnolia Theater, Lincoln Center

High art meets low art when a pompous, bombastic, flatulent street performer challenges a renowned acting troupe. And something has got to give. Olivier Award for Best New Comedy.

lctix.com



FULL HOUSE

Anticipated Move-In numbers from Housing & Dining Services for 2016-17



This fall, CSU will have more than

6,200

students living in residence halls

+

We will also have more than

1,650*

students living in apartments

=

That adds up to an estimated

7,850

total students living on campus – a new record!

On Wednesday, Aug. 17, almost

2,000

students will be moved in by the end of the day

Aggie Village will welcome more than

900

students into **NEW** apartments by Monday, Aug. 22

On Thursday, Aug. 18, almost

4,000

students will be moved in by the end of the day



For Move-In details, including a map, visit <http://housing.colostate.edu/movein>

* Does not include non-student partners, children, and other family members.

Who's new at CSU

Meet some of your new co-workers on campus

Fall semester brings new faces to campus, and this year is no exception. In addition to those introduced here, just about every college and division has hired new faculty and seen other members step up to become department heads and staff members take on additional roles. If you see someone with a new job title, give them congrats – and if you see someone new to CSU, give them a warm welcome.

College of Agricultural Sciences

Professor and Extension Specialist Jessica Davis is the new head of the Department of Horticulture and Landscape Architecture. For more than 20 years, she has done soil management research in the Department of Soil and Crop Sciences. She is a fellow of the Soil and Water Conservation Society, the Soil Science Society of America and the American Society of Agronomy and is currently president-elect of the American Society of Agronomy. Davis began her new position on July 15 following the retirement of Professor Steve Wallner, who had served as department head since 1995.



College of Business

Mark Kent has joined CSU as director for the Institute for Entrepreneurship, following a career in financial management. A Silicon-Valley veteran, he has served as chief financial officer to several technology companies, which were venture funded, publicly traded, or private equity owned. A COB alum, Mark has been involved with the Institute, serving as a board member since its inception and most recently as chairman. Kent has also provided assistance to CSU Ventures and a few of the promising technologies started by CSU faculty. He was also a co-founder of the Northern Colorado Angels, an angel investing club now merged into Rockies Venture Club.



Will Kubie has returned to his alma mater (BFA Graphic Design, 1997; MBA, 1999) as director of marketing and communications for COB. He has experience as a print designer, web designer, art director, brand manager, and brings expertise in creating strategic marketing communication strategies that include brand strategy, creative design, digital marketing, research, metrics/measurement across a wide spectrum of communication channels. Prior to this position, Kubie served as brand manager for strategic relations at the University of Colorado Boulder. Even while working at CU, he would cheer on the Rams.



College of Health and Human Sciences

Gene Gloeckner and **Louise Jennings**, professors in the School of Education, have been selected as co-directors of the school for a two-year period. A CSU faculty member for nearly 30 years, Gloeckner is proudest of having advised and graduated more than 50 doctoral students throughout his career. His research has focused on a variety of interdisciplinary topics, from workforce education to high school homelessness. He earned his master's degree from CSU in 1977, and his B.S. and Ph.D. from Ohio State University.



Jennings joined the School of Education faculty in 2009, after 12 years at the University of South Carolina. She teaches qualitative research methods, social foundations of education and critical multicultural education. Jennings' research focuses on issues of equity, diversity and critical pedagogy, including studies of youth empowerment, multicultural teacher education and the role of Brazilian educators in creating democratic school practices and policies. She received her Ph.D. in Language, Culture and Literacy at the University of California, Santa Barbara, in 1996.

Anita Bundy, a faculty member in the Department of Occupational Therapy from 1992 to 2002, succeeded **Robert Gotshall** as department head at the beginning of the 2016 spring semester. Bundy earned her bachelor's degree in occupational therapy from Western Michigan University, and her master's and doctorate of science at Boston University. Bundy chaired the OT department at the University of Sydney in Australia for 13 years after leaving CSU. Her research specialties include the dynamics of child's play and "risk reframing," or being less protective of populations like kids, the elderly and people with disabilities, giving them more freedom to explore consequences for themselves and learn what they are capable of doing.



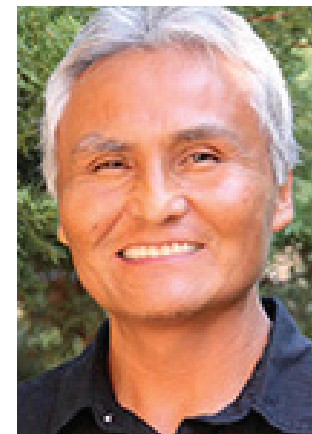
College of Liberal Arts

Benjamin Withers, new dean of the College of Liberal Arts, is an art historian and former department chair who has a track record of expanding and strengthening undergraduate programs, promoting multidisciplinary collaborations, fundraising and supporting diversity and inclusion. He came to the University July 1 from a position as associate provost for undergraduate education and dean of undergraduate studies at the University of Kentucky. He succeeded **Ann Gill**, who retired after a 36-year career at CSU, including 11 as dean of the college.



College of Veterinary Medicine and Biomedical Sciences

Dr. Gilbert John, assistant dean for research in CVMBS, earned his bachelor's degree in microbiology from CSU in 1985, and his Ph.D. here in 1990. He went on to a career in research, teaching and administration, most recently at Oklahoma State University and the National Science Foundation. A first-generation Native American (Navajo) college graduate, John says education transformed his life, and he has been trying to "pay it forward" for the past 25 years.



Dr. Sandra Quackenbush, a longtime professor of retrovirology, agreed to step into her new role as associate dean for academic and student affairs last fall when Dr. Ken Blehm announced plans to retire. Her goal is to mentor and inspire the next generation of scientists and educators, and provide the best resources, environment, and opportunities for undergraduate and graduate students.



Dr. Wayne Jensen, interim head of the Department of Clinical Sciences, was formerly chief scientific officer for Morris Animal Foundation. He joined the College of Veterinary Medicine and Biomedical Sciences in 2013 as associate head of the department. He took on the interim leadership role when Dr. Chris Orton stepped down to return to clinical practice in the fall of 2015. Dr. Jensen holds four academic degrees from CSU and has a diverse background that includes academic, clinical, business, and leadership experience.



Division of Student Affairs

Monica Rivera stepped into the role of director of the Women and Gender Advocacy Center earlier this year when former director **Kathy Sisneros** became assistant vice president for student affairs. Rivera is also an Instructor in the Women's Studies and Ethnic Studies Departments where she teaches courses on violence prevention, gender socialization, and the representation of identity in popular media. Monica earned her undergraduate degree in Sociology from Syracuse University and her graduate degree in Sociology from CSU.



Melissa Emerson began her new role as the director of the Student Resolution Center, formerly known as Conflict Resolution & Student Conduct Services, on July 1. In that position, she plays a critical role in providing leadership for conflict resolution initiatives, serving as the senior university student conduct officer, providing leadership in managing crisis situations related to students, advocating for students' interests, encouraging student development, and representing the Division of Student Affairs and/or university. Melissa formerly served as the associate director of the center. She received formal training from George Mason University with a master's in conflict analysis and resolution.



College of Natural Sciences

Kenneth McLaughlin, Ph.D., is now chair of the Department of Mathematics. He comes from the University of Arizona, where he also served as mathematics department head. He received his Ph.D. from New York University's Courant Institute of Mathematical Sciences in 1994 and was a National Science Foundation Postdoctoral Fellow. He has held professorships at the University of North Carolina at Chapel Hill and the University of Arizona, and he was a Professor Titular at the Federal Universidade de Brasília in Brazil as well as completing a number of international visiting professorships. His research is in the analysis of partial differential equations, the theory of approximation, and the theory of random matrices.



Don Rojas, Ph.D., became chair of the Department of Psychology in January 2016. He earned his B.S., M.S., and Ph.D. in psychology at CSU, and received a two-year NIH postdoctoral position at the University of Colorado School of Medicine. At CU, he served as director of the Neurobehavioral Disorders division of psychiatry and head of the Magnetoencephalography Laboratory and Brain Imaging Center. Rojas returned to his alma mater in 2013, where his research continues at the the new Center for Applied Cognitive Neuroscience.



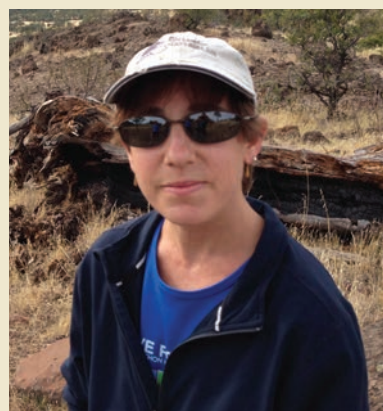
Graduate School

Greg Florant, professor of biology, now also serves as director of the Graduate Center for Diversity and Access, providing leadership for the Louis Stokes Alliance for Minority Participation (LSAMP) Bridge to the Doctorate Fellowship Program as well as the Professional Development Program for Graduate Students of Color. Students participating in the Professional Development Program for Graduate Students of Color events will also be offered additional mentoring and academic support through the GCDA.



Warner College of Natural Resources

Erica Fleishman, new director of the Center for Environmental Management of Military Lands (CEMML), comes to CSU from the University of California Davis, where she was a research scientist in the Department of Environmental Science and Policy and John Muir Institute of the Environment. Fleishman received a B.S. and M.S. from Stanford University and a Ph.D. from the University of Nevada Reno. Much of her work focuses on ecological responses to environmental change and the management of natural resources in the western United States.



All aboard! CSU professor leading fall voyage of Semester at Sea

By Gretchen Gerding and Melissa Leavenworth

Where can you experience 13 cities and 12 countries in 104 days, all while earning a semester's worth of credit toward your degree? Semester at Sea, a floating campus aboard a 590 foot ship, offers a window to the world to students embarking on this unique study abroad program, now the academic partner of Colorado State University.

June 1 marked the start of the exciting partnership between The Institute for Shipboard Education, parent organization to the Semester at Sea program, and CSU. Seasoned voyager, professor in human development and family studies, and University Distinguished Teaching Scholar Toni Zimmerman kicks off CSU's first Semester at Sea in Fall 2016 as academic dean.

A seaworthy Dean

Zimmerman set sail on her first Semester at Sea voyage in Spring 2007. She wanted a chance to teach abroad and saw this as an amazing opportunity. Hired as faculty aboard the ship, Zimmerman taught three courses that she tailored to the unique global experience.

"It took a tremendous amount of preparation because you have to apply the topics you are teaching to new locations, but I loved the preparation and the process of learning," said Zimmerman, "It brought together many things I love: teaching, global learning, and social justice."

She enjoyed the living and learning environment with the students aboard the ship and became a passionate advocate for the Semester at Sea program. Three years later, Zimmerman applied for another voyage and navigated the globe again in Spring 2010.

In Summer 2013, Zimmerman, who is a professor in CSU's Marriage and Family Therapy Program, joined Semester at Sea as a mental health professional. Throughout her time with Semester at Sea, Zimmerman

also volunteered as a member of the faculty and staff council within Semester at Sea's alumni association councils.

Exploring new horizons

When Zimmerman heard CSU was to become SaS's academic partner, she couldn't have been more thrilled. "With CSU being a place focused on global social justice, I felt this was going to be a great fit," said Zimmerman.

It took a tremendous amount of work to transition the Semester at Sea program from Virginia to Fort Collins – not just the geographical transition, but also solidifying the academic courses for the students on the ship. When the program was looking for someone to serve as the first CSU academic dean, Zimmerman's sturdy sea legs made her a logical choice to captain the educational side of the ship.

"I've been blessed to be part of the transition. So many people between CSU and Semester at Sea are collaborating to bring this to life," said Zimmerman, "and I am so, so fortunate to be asked to be the first academic dean of Semester at Sea at CSU."

As the academic dean, Zimmerman tends to tasks surrounding hiring faculty and deciding which CSU courses fit best with those faculty members before the voyage. She also advises faculty on how to tailor their courses to fit various ports and effectively teach and live on the ship. On the ship, she will teach courses, continue to mentor faculty, and support the academic success of students.

Semester at Sea consists of a 14-week term with about 50 days onboard where students take CSU courses that have been tailored by faculty to incorporate country-specific content. Every course features a field class, where the students and one faculty member explore a topic in port together. Students spend about 50 days on land

in various countries where they engage in experiential learning and explore different cultures.

CSU will be well represented on the voyage when it sets sail Sept. 10 from Hamburg, Germany, for the Mediterranean, then on to Africa and Central and South America. Many CSU students will join students from the U.S. and all around the world for the Fall 2016 voyage. In addition, five CSU faculty, one CSU librarian, and several CSU staff will be part of the international faculty and staff on this journey of a lifetime.

Learn more about upcoming voyages with Semester at semesteratsea.org. To join on a voyage, CSU faculty can apply to become a Global Teaching Scholar through CSU or log on to the Semester at Sea website to apply directly.



Toni Zimmerman



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PET HEALTH

Back-to-school can mean anxiety for pets too

By Jennie Willis, Ph.D.

“Back to school” means lots of changes in schedules. Parents are excited for the return to routine, and kids might be dreading it, but sometimes we forget about our pets.

Dogs in particular can have profound struggles with separation anxiety at the sudden lack of availability of their human companions. The American College of Veterinary Behaviorists estimates that 17 percent of dogs suffer from separation anxiety.

What is separation anxiety?

Essentially, it is your pet’s inability to handle being alone. Most dogs derive great comfort when human family members are available, and without their presence, some are unable to cope. Dogs generally show signs of anxiety when their owners are gone on a daily basis, while cats exhibit signs when their owners leave for trips of multiple days.

What does separation anxiety look like?

If any of the following behaviors occur consistently and only in your absence, your dog may have separation anxiety.

- Barking, whining or crying. Barking is often rhythmic or in repetitive intervals. The quality of the bark or vocalization is higher in pitch and associated with distress.

- Urination may be marking or squatting. Defecation is also common and can be quite loose in association with stress. Your veterinarian will also want to rule out any medical issue causing inappropriate elimination.

- Chewing on or breaking out of a crate, chewing on windows or door moldings, or jumping a fence.

- Chewing items where the owner’s scent is concentrated, like couches and beds, or items that we touch often, such as cell phones, remotes or magazines.

- Drooling, shaking or pacing. When escape is not possible, sometimes dogs will show some of these behaviors as a terminal point of panic.

What can you do to help your dog during changes in schedule?

- Provide enrichment. Give them things to do with their mouths and their bodies and give them practice each day with these solitary play strategies.

- Give them access to important social areas when you are gone. Escape



attempts are related to trying to reach you or the scent of you.

- Practice leaving for a bit when you know you will be home for a while, so that it stays part of their daily life to occasionally have no access to you.

- Try to change your behavior when leaving and coming home. Become socially unavailable for the hour before you leave – little petting, no training, etc. Be boring and unavailable for the first half-hour of being home again.

If you think your pet is already

suffering from separation anxiety, your veterinarian can assist, and the American College of Veterinary Behaviorists and the American Veterinary Society of Animal Behavior can refer you to a qualified behavior expert.

Jennie Willis, Ph.D., instructs Colorado State University veterinary students in applied companion animal behavior and co-advises the student chapter of the American Veterinary Society of Animal Behavior. She coordinates the CSU master’s degree program in Zoo, Aquarium and Animal Shelter Management.

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Back-to-school tips to help your child adjust to a new year

By Stephanie Seng

While the possibilities that lie ahead with new classrooms, new teachers, and new friends are exciting, the transition from summer to school can be challenging for many children and parents. The following tips can help:

1. Prepare for school routines.

Consider creating a weekly calendar on a whiteboard with magnetic pictures of regular activities (school, soccer practice, piano lessons) that can be moved into place by your child and serve as a visual reminder of the day's activities.

2. Keep an optimistic tone.

It's okay to share with your children that you, too, are disappointed summer is coming to an end. This normalizes their own feelings of disappointment. However, if you are also positive and excited about the new things that lie ahead, it will help your child be able to hold both emotions (disappointment and excitement) and look forward to the semester.

3. Be sure your child has opportunity for exercise during or after the school day.

Research shows a direct connection between exercise and mental health and PE class may not be enough. The American Heart Association recommends at least 60 minutes of physical activity per day.

4. Whether it's a new school or a

new classroom, try to meet with teachers,

if only briefly, to make an early connection. Consider a proactive meeting with the school counselor. It might be easier for your child to go to the counselor for support if s/he is someone they feel they already know.

5. Help your child connect with friends early.

Social support can be a key to success. If your child talks about a friend at school, encourage them to schedule a playdate or a time to "hang out." Be sure to meet the other child and his/her parents.

6. Establish early that you will be monitoring your child's use of social media.

Kids have many more ways to stay connected than their parents' generation. These connections can help your child develop friendships and have fun, but they can also be unsafe. It is important to know who your children are connecting with and to intervene when necessary. Consider putting time limits on your child's use of social media to ensure it is not interfering with sleep, homework, exercise, friendships, etc.

7. Create routine opportunities to connect.

Family meals create time together and the opportunity for sharing. Whether it's breakfast or an evening meal, each



family member can share a success and a challenge they've experienced or are anticipating. Drive time to and from school or bedtime might be other opportunities for connection.

8. Be present and mindful.

When you see your child off to school or welcome them home, give them your full attention, be 100 percent present. Managing your own stress and regulating your responses to difficult situations will help your child learn to do the same. Role model coping strategies such as deep breathing, taking a break, or talking about worries.

9. If your child seems to be having a hard time, make yourself available, but don't force conversation.

Give your child a hug and let them know you are there if they need you. Do something you enjoy together and leave the door open to talk if they want.

10. If your child is showing signs of more serious mental health issues such as depression or anxiety, don't be afraid to get help.

If you sense something is up, then there probably is. Approaching and offering support is key. Your child may feel more comfortable if you offer to attend a therapy or counseling session together. If they are more comfortable with a more individual approach, you can also offer to connect them with their school counselor or a therapist in the community as additional support.

Stephanie Seng is a faculty member in the Marriage and Family Therapy Program in the Department of Human Development and Family Studies. She also directs CSU's Center for Family and Couple Therapy, which is affiliated with the MFT Program and provides high-quality therapy services to families, couples, individuals, adolescents and children. For more information, see cfct.chhs.colostate.edu

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KEYNOTE ADDRESSES

JACQUELINE PATTERSON	Monday, September 19, 2016
MARIA HINOJOSA	Tuesday, September 20, 2016
BRYAN STEVENSON	Thursday, September 22, 2016

For a complete listing of sessions, visit DIVERSITY.COLOSTATE.EDU/DIVERSITY-SYMPOSIUM/

VICE PRESIDENT FOR DIVERSITY

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Get to know the Administrative Professional Council

By Collette Hageman

The campus is abuzz with the start of a new fall semester and the APC Council is excited to jump into another year of initiatives and projects in the service of Administrative Professionals across campus. Get to know this year's APC executive committee, a group of elected APC members who provide leadership to the council and are focused on improving the APC experience at CSU through the FY17 APC initiatives:



Toni-Lee Viney

Chair

Manager of undergraduate programs in the Department of Mechanical Engineering



Deborah Yeung

Vice Chair

Outreach and Events Manager, CSU Career Center



Shannon Wagner

APC Secretary

Academic Support Coordinator, College of Engineering



Tenley French

Treasurer

Graduate coordinator and instructor for the Graduate Toxicology program, College of Veterinary Medicine Medical and Biological Sciences. As her non-paying job, she works as a mom to 3 young kiddos.

What is your favorite place on campus?
It's cliché, but I most enjoy the oval.

What is one thing you want the campus community to know about APC?

The work we do is about tapping into our most valuable resource, our people, and incorporating their experiences and ideas as employees to enhance the CSU community. There are so many dedicated individuals on APC who care about the employee experience. Together, we focus on engaging employees, seeking out creative ideas for improving our community, facilitating conversations that consider the perspectives of a diverse group of employees, and partnering with leaders across campus to bring about change that makes CSU the best place to work for employees while continuing to provide students with a top-notch educational experience.

Why are you passionate about APC?

I'm passionate about giving a voice to CSU employees and advocating for the underserved. CSU is a fantastic place to work and there is so much room for opportunity. I want to listen and make things happen.

What is your favorite place on campus?

Lory Student Center – there is always something going on and you are guaranteed to run into someone you know!

What is one thing you want the campus community to know about APC?

I want the greater campus community to know that APC is a great resource and voice for them. We work really hard to participate in the important discussions and events happening on campus and to advocate for the diverse needs and interests of the different areas we represent.

What is your favorite place on campus?

Definitely the Oval. It's great to take a quick stroll under the trees to gain a little perspective or take a breather during the day.

Why are you passionate/involved with APC?

My time with the APC has opened doors I never knew existed. Between the guest speakers at the monthly business meetings, the outside CSU standing committees, and getting to know the other talented APC members, I have a much keener understanding of how CSU operates. Participation in the drive forward is a privilege. What is your favorite place on campus? The coffee shop in the BSB building.

FY17 INITIATIVES

- Implement the Supervisory Training Program
- Advocate for healthy employee salary increases and complete funding of the Defined Contribution Plan.

- Provide recommendations to the University parking plan.
- Build a consistent evaluation system and process for AP's.
- Create an AP professional development fund

- Advocate for more opportunities for volunteer administrative Leave
- Continue to encourage administration to provide stronger support for policies that enhance work-life balance and caregivers

State Classified employees around campus: CSUPD – at your service

By Leah Bosch

Did you know there are more than 1,800 State Classified personnel at CSU? Working in over 150 different areas of the University, approximately two-thirds are female, one-sixth identify as Latino/a, and the average annual salary of a CSU State Classified employee is about \$43,000. The Classified Personnel Council would like to introduce you to a few State Classified employees you should know, what they do, and the services they provide to the university as a whole.

The CSU Police Department consists of 33 sworn personnel, 29 State Classified, along with 18 non-sworn State Classified employees who work diligently supporting the department's mission. They not only serve the CSU campus community (the main, foothills and south campuses), but have law enforcement authority in Fort Collins and Larimer County as well. They are fully sworn, state-certified law enforcement officers and highly trained in a number of specialties including investigations, firearms, crime analysis, defensive tactics, drug recognition, etc. Not only is it their mission to promote a safe and secure community, but they also provide proactive police services through

education, outreach and response to specific issues or concerns.

At the start of each school year, more than 10,000 new and returning residents/students arrive in Fort Collins. CSUPD strives to bring the community in which we live together in many ways, assisting in each Ram Orientation session, welcoming incoming students and parents, and educating them about campus safety.

Then, in August, the CSU Police team up with other campus partners as well as the Fort Collins police and departments from the city for the Community Welcome. They target neighborhoods near the campus, distributing information and brochures explaining many of the city ordinances and University expectations.

Throughout the year, individual officers serve as liaisons to specific residence halls, building partnerships within those student communities.

Along with their day-to-day duties, they offer many other services. Because theft is the number one crime on campus, bicycle registration is mandatory. The information goes into a database that greatly increases the chances of your bike being recovered from a pawn shop even if it is halfway across the nation. You can also register other property (your laptop, cell phone, etc.), significantly increasing



the chances of it being recovered.

Upon departmental request, CSUPD will provide crime prevention demonstrations, site security surveys, and active shooter training. Individuals may also make appointments for child seat installation inspection, as well as VIN verification when buying a new car.

Perhaps the most underused program offered by CSUPD is SafeWalk, which serves all three campuses. With an estimated arrival time of 10 minutes, safety and security trained students employed by the Police Department will escort anyone on campus within a 3 block radius of any campus 7 days a week 365 days a year. Call SafeWalk at 491-1155.

If you are interested in learning more about what the CSUPD has to offer, or would like to experience life as an

officer, they also accept applications for ride-alongs. CSU is also one of the few universities to offer a citizen's academy – a 12-week program in which applicants learn about police operations. For more information, please visit the website <http://police.colostate.edu>.

Remember, CSUPD is at your service - service to the CSU community, Fort Collins, and all of Larimer County.

"Our job is to create a safe environment on campus and to make sure everyone's visit is a positive one.... We work hard daily to earn and keep the community's trust," according to Chief Scott Harris.

Learn more about the CSU Classified Personnel Council at <http://cpc.colostate.edu>

APC Meetings are held on the 2nd Monday of each month at 8:30 a.m. in the Lory Student Center, Room 322 unless otherwise noted.

Diversity Symposium set for Sept. 19-22 this year

By Veronica Baas

This year the annual Diversity Symposium will be held Sept. 19 to Sept. 22 in the LSC. The event will offer dozens of free workshops, speakers and activities all open to the public.

Ria Vigil, the director of diversity education and training at CSU, said there will be over 60 people presenting on campus throughout the

week.

"I think it's a great event," Vigil said. "We have done it 15 or 16 times now. We used to do something that was the diversity summit and they changed it six years ago to the diversity symposium."

This year the symposium will feature three speakers, in partnership with the President's Sustainability Committee and Morgan Library.

KEYNOTE SPEAKERS

Monday, Sept. 19 at 6 p.m. in the LSC Theatre

Jacqueline Patterson, a climate justice speaker from the NAACP, will deliver a speech to help educate the CSU community on the dangers of climate change.

Tuesday, Sept. 20 at 6 p.m. in the LSC Theatre

Maria Hinojosa, an award winning news anchor who searches for the stories that never get told.

Thursday, Sept. 22 at 7 p.m. in the LSC Ballroom

Bryan Stevenson, author of Just Mercy, will speak at the Diversity Symposium as a segment of the Morgan Library's Author Series program.

Event organizers are still looking for volunteers to help put on the symposium. For more information on how to get involved contact Ricky Guzman in the Office of the VP for Diversity at 970-491-6544.

U-Turn: a tool for all students

Asking for help can be one of the greatest opportunities to learn. CSU offers a wide variety of resources to its students who are looking for additional help learning class material.

U-Turn is a one-stop shop for academic resources, offered through TILT (The Institute for Learning and Teaching).

The event takes place Oct. 11 from 11 a.m. to 4 p.m. in the LSC Grand Ballroom.

U-Turn is open to all students on a drop-in basis. It should take about an hour to journey from self-assessment to an action plan.

Although attending U-Turn can be very beneficial to first-year students who may be struggling in the classroom, it is important to remember how useful this tool can be useful for all students.

According to Darrie Burrage, the director of U-Turn, this opportunity to develop a personalized plan for success can

give anyone an advantage, inside and outside of the classroom.

"No matter where students are right now, U-Turn can help them reach their academic goals and grow to the next level of success," Burrage said. "We encourage all faculty to encourage all their students to attend."

Attendees will meet one-on-one with a navigator to develop an individualized plan of action, they should then visit the Academic Success Expo to meet with representatives from various resources across campus.

"We can get them back on the good foot, or help them stay on the good foot," Burrage said. "But we really hope we can get them strutting on that good foot for the rest of their CSU career."

For more information visit the TILT website tilt.colostate.edu/learning/uturn/.

Write for The Conversation

Faculty and researchers have a new avenue to place their work in front of the general public. CSU has entered into a partnership with The Conversation, a nonprofit, independent information channel for academics to share their research-based insights on timely issues.

The Conversation, in turn, shares the articles created by academics widely, through hundreds of outlets, including the *Washington Post*, *Slate*, *Business Insider* and the Associated Press.

A few of the CSU faculty who have already written for The

Conversation are Ray Hogler, Business; Lori Peek, Liberal Arts; Bernie Rollins, CVMBBS; and Sybil Sharvelle, Engineering.

Editors from The Conversation will be on campus later this month to discuss the advantages of working with them, as well as offering professional development workshops on communicating your science.

To see what types of articles The Conversation is interested in, go to theconversation.com. For more details on the site, or how to get started writing, contact Kate Jeracki at kate.jeracki@colostate.edu.

Change coming to University mailing lists

By Dave Hoffman

Mailing lists are used by many people here at CSU to send an email message to multiple recipients. These lists, managed by ACNS using the Mailman Services, provide colleges and departments with email services to contact administrative professionals, state classified personnel, faculty members, college employees, college retirees and many other groups that need to receive the same message.

On Sept. 28, 2016, the address of these lists will change in order to simplify the management of

email routing and provide an improved assurance of delivery to the recipients of these lists.

Anyone who sends to one of these lists will need to send to a different address. If the current address is LISTNAME@colostate.edu, instead send your message to the new address LISTNAME@lists.colostate.edu.

This applies only to internal email lists, not messages sent to recipients off campus.

If you have any questions about this, you should contact your list manager.

Dave Hoffman is a project manager in Telecommunications.

Campus Trivia with Russ Schumacher

Welcome back to another academic year at CSU – and Campus Trivia.

This month's question involves the creation of some CSU icons, one of which has also been recreated on a small scale, with LEGO.

Q. Willard O. Eddy is credited with promoting liberal arts education at Colorado State University and creating the University Honors Program – and has a building named after him. What CSU college was his wife, Gladys, instrumental in creating?

Email your answer, with September Trivia in the subject line, to csulife@colostate.edu by Sept. 22. CSU Life staff will choose the winner at random from all the correct answers submitted.

And for having your answer selected, you will receive a genuine CAM the Ram bobblehead autographed by none other

than Atmospheric Sciences Professor Russ Schumacher, the winningest Ram to ever appear on *Jeopardy!* – and a valuable gift certificate too.

Good luck!



SECRET LIFE OF CSU

English professor by day, LEGO enthusiast by night

by Jeff Dodge

Some people spend their free time reading, collecting stamps or looking for virtual Pokémon characters.

Doug Cloud blocks out time to build LEGO creations.

Cloud, an assistant professor of English at Colorado State University, recently combined his brick-laying talent with his job, crafting a strikingly accurate scale model of the newly renovated Eddy Hall, where his department is based.

He says he took lots of pictures of the real building before constructing the miniature version over a two-week period. Details in his LEGO Eddy include a red-headed character resembling department head Louann Reid sitting behind her desk, fellow faculty member and cyclist Tim Amidon on a bike, staffer Sheila Dargon in one of her signature vests, and a worker on the roof, which was seeing lots of repairs at the time. “It’s tricky to replicate people,” he says. “Sometimes it works if they have a distinctive characteristic. Someone pointed out that one figure looks like the college’s IT director, Bryan Gillispie.”

Cloud included himself, too. “I’m the little guy sneaking off for a hike with my backpack and headphones.” Like many

people, he started playing with LEGO bricks as a kid. By high school he had given them up, but his mother kept them.

“Then my parents were packing up for a move, and they told me to take them if I wanted them,” recalls Cloud, who was in graduate school at the time. “I started working with them again four or five years ago, over a Thanksgiving break. I always tell moms to store their kids’ LEGO sets when they lose interest, because they may come back to it like I did. These toys really last, and they’re not cheap, so parents should keep them.”

Today he’s a member of CoWLUG — the Colorado/Wyoming LEGO User Group. His basement is lined with shelves, drawers, tool chests and even an old library card catalog filled with the miniature blocks and bearing labels such as “hatches and hinges,” “palisade brick” and “stairs and ladders.”

“I can find just about any piece in two seconds,” Cloud says. “When I was a kid, my Christmas list was all about LEGO, and now it’s all that’s on my list again.”

He assembles his displays at Colorado events like Maker Faires, Comic Cons and model train shows. Cloud, whose work will appear at the NoCo Mini Maker Faire Oct. 7-9 at The Ranch Event Center in Loveland, specializes in portraying



Assistant Professor Doug Cloud recreated Eddy Hall from LEGOs, complete with familiar faculty. Photo courtesy Doug Cloud

medieval times.

“I don’t usually do modern scenes,” he says. “For Eddy I made an exception.”

Three original creations — these aren’t the ready-made sets that come with assembly instructions — are set up on tables in his basement. There is an agrarian scene featuring fields of flowers, corn and cabbage situated around a lighthouse; a sea-battered castle tower with a mermaid; and a village scene that includes a marketplace, church and blacksmith’s shop. Among the tiny details are a medieval chandelier hanging from a rope and pulley system that was needed in that era to lower it to light its candles. A nearby beach has a contemporary flair: a windsurfing knight.

“Normally I’d have a bigger ocean, but there is a shortage of blue base plates,” Cloud says. “They’re out of print right now, but they’ll be back, I’m sure.”

While he hasn’t yet found a way to tie his favorite pastime into his teaching or research at CSU, sometimes he uses his creations to raise awareness.

“It’s interesting to see kids read the scene,” he explains. “If I have two queens in a castle, do they ask where the king is? And how do the parents handle that? There’s a little bit of social justice in it. The intent is not to educate people, but just give them a nudge regarding the traditional way we look at a castle scene.”

He does see parallels between constructing LEGO creations and teaching rhetoric and composition.

“Being a writing professor, I have to say that building a large LEGO structure is a lot like writing a paper,” Cloud says. “You do a first draft and then make adjustments.”

As for the Eddy Hall creation, he’s hoping it can be put on permanent display — as long as it can be contained in a lockable case that doesn’t receive direct sunlight, which can fade the bricks.

His nieces and nephews were at first curious about their uncle having such a youth-oriented hobby.

“For a while they struggled with the idea that adults play with LEGO, but now they want me to send them photos of what I’m working on,” Cloud says.

The most challenging objects to reassemble for shows? Trees.

“They always fall apart, you have to rebuild them every time,” Cloud says. “They drive me mad.”

He estimates that he has spent thousands of dollars on LEGO pieces over the years.

“I bought three copies of one set just to get eight roof corner pieces that I needed for a show,” he recalls.

The most rewarding thing about LEGO, Cloud says, is knowing kids — and even adults — are inspired to dig out their old sets after seeing one of his scenes.

“People say to me, ‘When we get home, I know my kids are going to break out their LEGO bricks again,’” he says. “And that’s very gratifying.”



Doug Cloud in his basement LEGO lair. Photo courtesy Doug Cloud

CSU COOKS

Farmers' Market Vegetable Medley



This colorful and flavorful dish from the Kendall Reagan Nutrition Center lets you take advantage of the farmers' market bounty.

Ingredients

- 2 medium zucchini, sliced
- 2 summer squash, sliced
- 2 plum tomatoes, chopped
- ½ onion, thinly sliced
- 1 tablespoon chopped fresh basil
- ½ teaspoon chopped fresh oregano
- ½ cup crumbled feta cheese
- ½ cup nonfat Greek yogurt
- 1 tablespoon olive oil
- Salt and black pepper to taste
- ½ tsp pepper

Directions

1. Preheat oven to 425°F, or use an outside grill.
2. Combine all ingredients in a bowl. Toss gently to coat vegetables with oil, salt and pepper.
3. Place contents of bowl on a sheet of foil. Fold and seal edges to form a packet.
4. Place packet on a baking sheet in oven, or place on the grill. Cook for 15 minutes.
5. Remove from heat and carefully open the hot packet. Serve and enjoy.

Serves: 4 | Serving Size 2/3 Cup

Nutrients per serving:

Calories 130; Fiber 2.8 g, Carbohydrates 11 g, Protein 5 g, Fat 8 g.

Find other great recipes and Commitment to Campus benefits at the Kendall Reagan Nutrition Center: www.nutritioncenter.colostate.edu or call (970) 491-8615

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Community Welcome | From page 1



Students, CSU staff, and police department partnered with volunteers from the community and the City of Fort Collins to enhance neighborly relations for back to school. Photo by Veronica Baas

State University (ASCSU) or are Ram Welcome Leaders. Any other University volunteers participated as well.

Emily Allen, community liaison for the City of Fort Collins, has organized the event for five years. She thinks the Community Welcome is a great way to bring the CSU and Fort Collins communities together.

"It's the start of school, and I think it's so great to start off the school year with this specific event because of all the teams that come together," Allen said.

Groups were organized with at least one police officer to every group, various staff members and several students. Group members delivered each house an educational brochure on city ordinances, as well as a brochure with tips on how to be a good neighbor.

Deputy Chief Mike Trombley, a Fort Collins police officer, has attended every Community Welcome since 2001. He said the event is a great way to reach out to community members so they understand that police officers are not out to get them.

"I've been doing this all 16 years now," Trombley said. "The biggest benefit of this is that a lot of these people that we meet, and these are high priority areas, high noise complaint areas, high nuisance areas, at least the first time we meet them it's in a non-enforcement, non-threatening way."

Trombley believes that some

enforcement issues can be avoided just by going out and having these discussions with community members.

Volunteers met in the LSC at 4 p.m. for a complimentary dinner and a welcome from Delynn Coldiron, the neighborhood services manager. Mayor Wade Troxell also gave a welcome speech to the City of Fort Collins, followed by a CSU welcome speech delivered by Blanche Hughes, vice president for student affairs.

"It gives the people involved a real sense of perspective and understanding of their communities."

— Josh Silva

The walk began at 5:30 p.m. and was designed to cover 2,000 homes in the areas surrounding CSU. Residents were asked questions like how long they have lived in their establishment or how they enjoy the neighborhood they live in.

Josh Silva is a junior double major at CSU studying finance and political science. He volunteered at the Community Welcome as a member of ASCSU where he is the controller of operating accounts. He believes the walk was successful and should continue to be an annual event.

"It gives the people involved

a real sense of perspective and understanding of their communities," Silva said. "And the communities being served feel as though CSU and the City of Fort Collins really care about them, their concerns and their needs."

It has grown into an opportunity for CSU to show the community that it cares about Fort Collins residents.

"This actually started as a crime prevention strategy years ago and I've watched this as it grows," Trombley said. "I think it's worthwhile."

Map your moment

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Help shape the future of how solid waste is managed in the region at these forums:

Loveland

Thursday, Sept. 15

6–8 p.m.

Public Works Building
2525 W 1st St.

Wellington

Wednesday, Sept. 21

6–8 p.m.

Leeper Center
3800 Wilson Ave.

Fort Collins

Saturday, Sept. 17

10 a.m.—12 p.m.

Fort Collins Senior Center
1200 Raintree Dr.

Estes Park

Thursday, Sept. 29

6–8 p.m.

Estes Park Museum
200 4th St.

**THE LARIMER COUNTY LANDFILL IS
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Enjoy brief presentations and take part in small table discussions about managing disposal and recovery of materials. For information and to RSVP, go to larimer.org/wasteshed.

Auxiliary aids and services are available for persons with disabilities. V/TDD: Dial 711 for Relay Colorado.

The more things change, the more they stay the same

By Jim Rodenbush

The scene that played out near me recently in front of the Lory Student Center couldn't have been more perfect.

It was nearing the end of move-in weekend and it was time for these particular parents to leave their incoming freshman. There was Dad, giving a series of final instructions concerning books, classes and bank accounts. There was teary-eyed Mom, searching for someone to take a family photo. (I was happy to help.) And about that freshman? Without question, he was ready to be anywhere but there.

There it was: a microcosm of move-in weekend, when mostly apprehensive parents say their goodbyes to antsy college students who are experiencing a new kind of freedom for the first time. By my own unofficial count, I've been around for about 15 of these, across many different campuses, as a student, University instructor and student media

adviser. With each one, I can't help but think back to my first one, now 22 years ago, when I was a 17-year-old incoming freshman at Webster University in suburban St. Louis.

It would be unfair to compare my move-in weekend to what the newest CSU students just experienced. For starters, it didn't have a name like "Ram Welcome." In fact, there was no name at all. There was no pep rally in the basketball arena though, to be fair, the entire student population of Webster could have fit inside Moby Arena. And there definitely wasn't an on-campus carnival.

What do I remember? My parents were eager to split. "We'll stay for these parent sessions, if you want us to," were my Mom's words. I was eager to let them leave. The standard get-to-know-you sessions were largely limited to my dorm floor. There were a few cautionary words about the dangers of college life, highlighted by an awkward presentation

from the RAs involving a condom and a banana. But largely, we were left on our own to figure our new lives and new surroundings.

Like I said, it would be unfair to compare. That's because there is no comparison. "Ram Welcome" wins in a blowout.

But I'm certain many things that were true for me in 1994 are still applicable to new college students today. I was scared to death ... at the idea of doing my own laundry. I was excited by a class schedule that would have me done by noon every day but wondering how I was suppose to fill the rest of the time. (I soon discovered the joy of the afternoon nap.) I was nervous at the thought of joining the student newspaper, intimidated by its editors and hoping I would find a place to belong.

Truth be told, the older I get, the more I become a sucker for everything that move-in weekend represents.



Photo by Jim Rodenbush

Excited students. Nervous parents. A new beginning. And most importantly, a chance for an almost-40 something like myself to feel young again.

Jim Rodenbush is the Student Media Adviser at Rocky Mountain Student Media.

Adults over 55 years old sought for study on type 2 diabetes

CSU's Department of Health and Exercise Science is conducting a research study to investigate how the combination of exercise, the diabetic medication Metformin and dairy products such as yogurt work to prevent the development of type 2 diabetes in individuals 55 years of age or older.

Those who have high blood sugar, family history of type 2 diabetes, or are overweight may qualify.

An estimated one in eight adults, or 29.1 million people, have been diagnosed with type 2 diabetes in the United States. Exercise and Metformin are the first line of

therapies to improve blood sugar. Although there are no guaranteed benefits from participating in the study, researchers expect exercise and Metformin to improve blood sugar and overall health.

The total duration of the study will be approximately 15 weeks. Participants will be compensated \$500 for their time.

For more information email adam.konopka@colostate.edu, call 970-491-7193 or visit the Translational Research on Aging and Chronic Disease Laboratory's website at www.tracd.chhs.colostate.edu.

IRB number is 15-5837H

PARTICIPANTS MUST:
<ul style="list-style-type: none">• Be at least 55 years old• Have high blood sugar, family history of diabetes, or be overweight• Not already be diagnosed with Type 2 diabetes or taking glucose-lowering medication (like metformin or insulin, for example).• Be willing to devote approximately four hours per week to the study• Be willing to visit CSU regularly over 15 weeks

PARTICIPATION INCLUDES
<ul style="list-style-type: none">• A muscle sample obtained from thigh muscles under local anesthesia (participants' skin will be numbed at the sampling site)• Drinking specially designed water the last four weeks to allow researchers to follow metabolic pathways in the body• Blood screening• Heart screening• Body composition measurements• A free personal trainer to supervise 12 weeks of exercise performed on campus• The anti-diabetic medication Metformin or placebo• All procedures will be repeated after 12 weeks of exercise

Connecting to CSU's wireless network

by Katie Banghart

At Academic Computing & Networking Services, we've been working hard to improve the wireless experience for all students, faculty, and staff across campus. We are constantly upgrading our equipment to improve speed and installing new access points to increase coverage.

What to know about using wireless connections on campus:

- Make sure all your devices are connected to the best network on campus: csu-eid
- Follow us on Facebook and Twitter (@CSUWireless) for updates and to get your questions answered.

The fastest, most secure, and reliable wireless network on campus is csu-eid, which is easily logged into using your CSU eID and password. A quick setup tool can also be accessed [here](#). We understand how critical a reliable, fast network is to successfully functioning on campus for students, faculty and staff. So for the last several years, we've increased funding and made it a priority to enhance the csu-eid network all across campus, improving speeds, reliability, and coverage.

It's important to check the devices you use on campus and make sure they are connected to csu-eid. Many users initially connected to the unsecured csu-guest network and never looked back – resulting in slower speeds, less availability, and most likely a negative opinion of CSU's Wi-Fi network as a whole.

Always upgrading network

We're always upgrading buildings across campus as well as adding new places that didn't have coverage before. This year alone some of our upgrades have included Clark A and C, Morgan Library, Computer Science, and the University Center for the Arts. Newly added coverage on campus is now available at the LSC Transit Center, the Quad between Plant Science and Animal Science, the MAX University Station, and around the Oval.

We'd now like to reach out to the campus community to make sure they are getting the most out of their wireless network. We want to increase our visibility so everyone can be better informed about updates to campus and where to go for assistance. Last fall, we launched Facebook and Twitter pages to improve communication with ACNS users.

Have suggestions for more locations? Having trouble connecting on campus? Want updates on upgrades and newly added coverage? Join us on Facebook and Twitter (@CSUWireless) and help us to keep improving and meet your needs. For on-campus help, contact the Morgan Library IT Help Desk – (970) 491-7276 or help@colostate.edu

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