for Faculty & Staff



September 2014

INSIDE:

Rams at the World Cup page 5

Who's New page 17

COMMUNITY EVENTS

President's Fall Address and University Picnic

Sept. 10, 11:30 a.m. The Oval

President Tony Frank discusses the state of the University, and then the whole Ram Family is invited to enjoy lunch on CSU's front lawn.

Employee Appreciation Week at the Rec

Sept. 14-20

Campus Recreation
Center

ISTeC Distinguished Lecture Series

Sept. 15, 11 a.m., reception at 10:30 a.m.

Lory Student Center Grey Rock Room

Ravi Sandhu, executive director of the Institute for Cyber Security, will present "Security and Trust Convergence:
Attributes, Relations and Provenance." For more information,
ISTeC Colostate edu

See Events page 6

Ram Family at the Trial Gardens What's



CSU faculty and staff and their families had the opportunity to enjoy the beautiful Annual Trial Garden, live music and tasty hors d'oeuvres – and meet CAM the Ram – compliments of the Classified Personnel Council and Administrative Professional Council on Aug. 15 at the annual Employee Appreciation Event. Photo by Joe Nunez

Run Around the Horn

A round the Horn, a new, free cross-campus shuttle, helps faculty, staff, students and visitors get across the CSU's nearly square-mile campus more conveniently and quickly.

The system is operated in partnership with CSU's Parking and Transportation Services, the City of Fort Collins Transfort bus system and the Associated Students of Colorado State University.

Around the Horn provides rides to 14 stops across campus identified with feedback from students and employees. The shuttle makes a loop from the southeast side of campus, to and around the Oval, across to the Lory Student Center, and down to Moby Arena, making stops every 10 minutes from 7 a.m. to 7 p.m. throughout the academic year.

Around the Horn also connects with University Station, the MAX stop on Mason Street between University Avenue and Pitkin Street.

Students, faculty, staff, alumni and friends got involved with the new system by voting on how the shuttle buses would look, and the new shuttles will be wrapped with the final look starting Spring semester. The temporary wrap features CAM the Ram either standing or reclining.

The university and Transfort also worked together to expand Transfort routes from campus to the Foothills campus and Veterinary Teaching Hospital. CSU employees and students can ride Transfort for free with a RamCard. (see page 11 for more information.)

What's up with weed?

By Sarah Sparhawk

Now that the state has implemented Colorado's November 2012 decision to make the possession and recreational use of marijuana for adults 21 years and older legal, what will change on the Colorado State University campus?

"Nothing," said Linda Schutjer, senior legal counselor for the university. "It just makes our lives harder."

The legalization of marijuana by the state sends a mixed message, she explained. Marijuana is classified by the federal Drug Enforcement Agency as a Schedule 1 drug, meaning it is not currently accepted for medical use and has a high potential for abuse. Like any other Schedule 1 drug (LSD, heroin, etc.), possession continues to be a crime under federal law.

Additionally, the university is subject to the Drug Free Work Place Act, designed to ensure everyone's working environment is safe and comfortable. Under that Act, the university must take steps to prohibit drugs on campus. As a result, CSU prohibits the possession and use of marijuana on campus, by faculty, staff and students.

"Workers can expect the same consequences of coming to work high as they can drunk,"

See Marijuana Policy page 5



APPLAUSE

Facilities Management

The CSU Employee Appreciation Board recognized the outstanding dedication of the **Snow Removal Team**, the professionals who are called into action whenever heavy snow threatens to cripple the University's operations.

The team was nominated for recognition because of their incredible dedication. In February 2014, for example, they worked for 18 days in a row (no days off) in bone-chilling temperatures.

All employees of Facilities
Management have snow removal
duties, but it's the snow removal
team that makes the biggest
difference. This group can
report to campus as early as 1
a.m. to remove snow from:

- approximately 10 miles of streets
- 1.6 million sq. ft. of sidewalks,
- 3.8 million sq. ft. in parking lots
- all building entrances on all campuses, including Foothills

Without this team it would be extremely difficult to make the campus operational and safe during bad weather events.

The 35 fulltime staff and 10 student staff were honored with a pizza lunch in May.

The EAB also recognized the **Moby Custodial Teams** 8A & 8P for their hard work and dedication. This group, which includes both a day shift and a

night shift, not only takes care of Moby Arena, but also Hughes Stadium, Aylesworth Hall, Green Hall, Rockwell Hall, the Early Childhood Center and the Scott Bioengineering Building each day.

The 21 employees were nominated for the way they have stepped up and met the challenges of staff shortages, lack of student assistance, fewer community-service workers and injuries while meeting the high level of expectations set by the athletics department.

The teams were treated to an ice cream social and a raffle for prizes from the CSU Bookstore.

Housing and Dining

The Housing and Dining
Services, Operations
Management customer service
employees were recently
honored for their exceptional
commitment to excellence
with a breakfast from the CSU
Employee Appreciation Board.

This five-person unit provides customer service for all of Housing and Dining Services, fielding numerous calls a day from students having a problems with their residence hall rooms as well as handling calls for the many conferences held on campus. They staff the front desk of the Housing Services Center, directing traffic

CSU LIFE ADVERTISING

Want to promote your business through CSU Life? Contact Joe Brucker at advertising1@collegian.com or (970) 491-2126 to appointments or locations and answering questions with genuine smiles on their faces and positive attitudes.

This is one of the few areas on campus that never slows down, with each day bringing something new.

"While having breakfast with this fun group of ladies," said CSUEAB volunteer Roberta Brouwer, "it was easy to see why they were nominated for recognition as an outstanding unit. They continued to take several calls during the breakfast and each of them left at least once to tend to a problem call – they are truly a dedicated team!"

Nominate a unit!

Have a department or office you want to nominate for recognition? Go to the Employee Appreciation Board website at csuab@colostate.edu and let us know!

External Relations

Kathy Phifer, director of strategic communications and college marketing initiatives, was given the Education Hero Award at United Way of Larimer County's 2014 State of Community luncheon in July. Phifer created the School is Cool program in 1992 after seeing a need while volunteering at Tavelli Elementary.

SEND IN YOUR APPLAUSE

Do you have news from your department or unit you would like to share with the rest of the CSU community? Send it to **csulife@colostate.edu** for inclusion in our Applause section.

Phifer organized a group of volunteers and sought donations that first year - enough to purchase 67 backpacks and fill them with grade-specific supplies. This year CSU employees worked together to stuff and deliver more than 2,500 backpacks to students in elementary, middle and high schools - nearly 400 times the amount provided in the first year. Overall, School is Cool has donated more than 32,000 backpacks to Poudre School District.

CSU faculty and staff can support School is Cool by donating \$25 – the cost of purchasing and filling a backpack.

Go to schooliscool.colostate.edu for more information.

CSULife



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CSU Life is published monthly through a partnership with CSU Department of External Relations and Rocky Mountain Student Media. The publication is mailed to faculty and staff on campus. Contact us at

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Memorial Hospital Poudre Valley Hospital Medical Center of the Rockies University of Colorado Hospital

Diversity Symposium set for Sept. 16-18

By Cassie Crutchfield

This year's Diversity Symposium will focus on trending topics in diversity in higher education as well as the diversity initiatives right here at Colorado State University. It will be held Sept. 16 – 18. All events are free an open to the public.

The first-ever CSU Inspire will kick off day one of the symposium in the Cherokee Park Ballroom in the Lory Student Center, 11:30a.m. - 1p.m. CSU Inspire is a chance for the CSU community to share the many initiatives relating to diversity happening right here on campus.

Freeman Hrabowksi, III will deliver the symposium in the LSC Theater, Sept. 17 at 6:30p.m. President of UMBC (The University of Maryland Baltimore County), Hrabowksi's research and publications focus on minority participation and performance within science and math education. Time magazine named him one of America's 10 Best College Presidents in 2009 and one of the "100 Most Influential People in the Word" in 2012. The Washington Post and Harvard's Kennedy School's Center for Public Leadership named him one of seven Top American Leaders in 2011. Hrabowski was also awarded the Heinz Award for improving the "human condition" and inducted into the US News and World Report STEM Solutions Leadership Hall of

The third and final day of the symposium, on Sept. 18., includes general sessions in the LSC from 9a.m. - 3p.m. followed by a



presentation by Dr. Sonia Nieto on "Becoming Culturally Responsive Educators: What Does it Take?" 4:30 p.m.- 6:00 p.m. in the LSC Theater. Nieto, professor emerita at the University of Massachusetts Amherst, has written extensively on multicultural education.

The annual Diversity Symposium is hosted by the office of the Vice President of Diversity. Unlike in years past this symposium will not have a specific theme.

'We are moving in the direction of other conferences and not having a theme," said Ria Vigil, director of Diversity Education and Training for CSU. "Our hope is that presenting could be seen as less restricting and draw a larger group of folks who are committed to diversity and social justice."

For more information go to: diversity.colostate.edu/symposium/



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Rams in Rio for the World Cup

by Cassie Crutchfield

It's not often that you can combine a trip to see your parents with a couple of World Cup matches, but that's exactly how two members of the CSU community recently spent their summer vacation. Howard and Juliana Hissrich spent three weeks in Rio de Janeiro, Brazil, for the FIFA World Cup and won tickets for both the Belgium vs Russia and U.S vs Beligum games through the FIFA lottery system.

Juliana works in the Communications and Creative Services in the Division of External Relations; Howard is a proud CSU alum and devoted soccer fan.

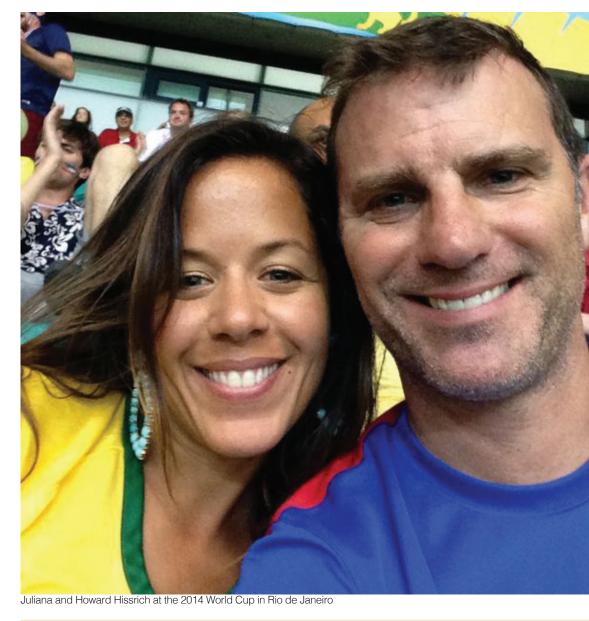
For the Hissrich family selecting which games to get tickets for was based on location. Juliana's parents live in Rio de Janeiro. They stayed a total of three weeks and were able to get four tickets to Belgium vs. Russia at the Matica and two tickets to U.S. vs. Belgium at the Sfont Nava Stadium.

"It could have been a fantastic experience but instead it was a great one," said Howard, referring to the U.S. team's 2-1 loss against Belgium in the Round of 16

The streets, restaurants and bars were packed. Fans from all over the world showed up to support their team. Rio and Copacabana were at the heart of the action. The FIFA Fan Fest included giant screens sets up on the beach of Copacabana for everyone to see the games played all across Brazil. According to Howard there were as many as 30,000 people on the beach for the game.

While every jersey was represented, Americans bought the second most number of tickets, the first being Brazilians. "At least two thirds of the people on the beach were Americans," said Howard. With such an experience under his belt Howard left a few tips for anyone considering attending a World Cup in the future.

The next World Cup will be played in 2018 in Russia, followed by 2022 in Qatar.



Tips from Howard Hissrich on experiencing a World Cup

- Stay at least two weeks; games are played for an entire month.
- The first two weeks of the competition are the best. There is time to be a tourist and you can see a game somewhere all the
- Follow your team if you can. (This is much

harder in large countries such as Brazil where you would have to fly stadium to stadium.

• Three World Cups from now—which has yet to be awarded a host country—is the time to go. "In 2026 the rest of the world better watch out," said Howard. "The U.S. has the chance to go to the semi-finals or further."

What's up with weed? | Marijuana Policy

From page 1

said Schutjer.

Schutjer promises that there will be no noticeable difference in the way the university handles marijuana consumption on the job. Existing employee drug testing policies will continue to be enforced, as normally required by The Omnibus Transportation Employee Testing Act of 1991. This applies to employees required to have a commercial driver's license to do their jobs and police officer candidates and can include:

- Pre-employment testing
- Post-accident testing
- Random testing
- $\bullet \ Reasonable \ suspicion \ testing$
- Return-to-duty testing
- Follow-up testing

Even if an employee uses marijuana off duty, there can be serious repercussion for themselves, and potentially the university if they are subject to drug testing due to their job responsibilities.

Schutjer also expressed concern about access to marijuana-containing edibles, which are harder to

be detected by a coworker, but can have strong and unpredictable affects.

"Just be safe," she said.

Hot Topic: Hemp

Hemp is also derived from the Cannabis Sativa plant, but contains no more than 0.3 percent of the intoxicating ingredient THC (Tetrahydrocannabinoids). Hemp was once most commonly used for industrial needs like rope and burlap sacks, and research could help develop more uses for the hardy, sustainable plant. But the logistics of growing and using hemp for research is another area that needs to be thoroughly reviewed before it is allowed on campus.

"The DEA treats marijuana and hemp as the same plant," said Schutjer.

In the College of Agricultural Science, hemp cultivation could possibly become a promising area of scientific investigation, thanks to the 2014 Farm Bill, which includes an amendment which legalizes hemp production for research purposes. So is CSU growing hemp?

"Not yet," Schutjer said. "We are actually doing some

research but it is in very early stages...but this time next year it will happen."

Bottom Lines

If all the information about marijuana legalization in Colorado has you in a daze now, you can soon turn to the university website for more clarity and questions, according to Schutjer. The page colostate.edu/announcements/ amendment64 is being updated to reflect the most recent rules and regulations.

For now, here are the main points that faculty and staff need to keep in mind:

- Under federal laws, marijuana is still illegal.
- Federal government has threatened to arrest state employees who engage in marijuana use.
- Federal marijuana law violations could have some pricey consequences for the university, including loss of federal research funding over \$300 million a year.

What will change on campus? Basically nothing.

COMMUNITY EVENTS

From page 1

Hispanic Heritage Month

Sept. 15-Oct. 15

Celebrate the contributions of Latinos every day with a variety of on-campus and community-wide events through September and October. All events are free for students, faculty, staff and community members, and many are geared for families and children as well. For a schedule and more information, El Centro Student Services at 491-5722 or elcentro@colstate.edu



14th annual Diversity Symposium

Sept. 16-18

Lory Student Center

This year presenters will focus sessions on trending topics of diversity in higher education and topics directly relating to diversity initiatives at Colorado State, highlighting initiatives in the areas of teaching, research and service.

See page 4 for details.

For more information, diversity.colostate.edu/symposium/ or contact Ria Vigil, 491-2297.

2014 Natural Gas Symposium

Sept. 24 and 25

Grand Hyatt, Downtown Denver

CSU will be hosting the fourth annual Natural Gas Symposium in a new venue in Denver. Over the past three years, CSU has built a reputation as presenting a balanced symposium discussing all sides of the natural gas issue while remaining an "honest broker" of information and education. Participation is free of charge but everyone must register at www.naturalgas.colostate.edu. For more information, contact Maury Dobbie at 491-3788 or Maury.Dobbie@colostate.edu

President's Community Lecture Series with Lori Peek

Sept. 30, 6:30 p.m.

Lory Student Center Theater

Lori Peek, associate professor of sociology and co-director of the Center for Disaster and Risk Analysis at CSU, will speak on the impact of disasters on children. The free President's Community Lecture Series is a gift to the Fort Collins community in honor of the city's 150th birthday. For more information, contact John Rogers at 491-4375.

Ag Day

Oct. 4

Barbecue 10:30 a.m.-12:30 p.m.

Kickoff against University of Tulsa 1 p.m.

Football and barbecue for a good cause – how can you resist?
Proceeds from Colorado's premier outdoor barbecue, prepared from quality Colorado food products, fund scholarships to CSU agricultural science students. Ag Day is hosted by the College of Agricultural Sciences and Department of Intercollegiate Athletics along with Colorado agricultural organizations and associations. Tickets and more information at agday.agsci.colostate.edu



The Hadza: First of the Last

Oct. 7, 5 p.m. reception, 6:30 p.m. screening, 7:40 p.m. panel discussion

Lory Student Center Theater

Free and open to the public

Catch the Colorado premiere of this documentary film that takes a lively look at human origins. In the very place of our origins, Africa's Rift Valley, one of the world's last remaining hunter-gatherer groups, the Hadza, have lived sustainably for over 50,000 years, yet are now faced with encroaching development that threatens their very culture. After the film, director/producer Bill Benson will be joined for a discussion by Alyssa Crittenden, a bio-cultural anthropologist who has worked with the Hadza since 2004; Kathleen Galvin, professor in the CSU Department of Anthropology and senior research scientist at the Natural Resource Ecology Lab; Chris Fisher, professor in the CSU Department of Anthropology. Sponsored by the School of Global Environmental Sustainability and the Office of International Programs.

For more information about the film, go to

www.thehadzalastofthefirst.com

PET HEALTH

Watch out for pet poisons, and plan for emergencies

By Dr. Timothy Hackett



Accidental poisoning is among the most common problems we see in emergency veterinary medicine, so it's a good idea for pet owners to understand sources of toxicity, to take preventative steps, and to have a plan for response in case of ingestion.

Food, medications and household substances often seem perfectly harmless to us, yet are dangerous – and may even cause death – if eaten or inhaled by our pets. Even the most ardent dog lovers might not know about human food and household items that pose poisoning risks.

Dogs, in particular, are curious and like to chew – a combination that can lead to trouble.

Toxic Items

Here are a few items among many that are toxic to pets and prompt emergency visits to Colorado State University's Veterinary Teaching Hospital:

- Chocolate
- Grapes and raisins
- Onions and garlic
- Macadamia nuts
- Products containing the sweetener xylitol, such as gum, toothpaste, gummy vitamins and candy
- High-salt foods and products, including ham, pretzels and homemade Play-Doh

- Coffee grounds
- Antifreeze
- Drugs, including prescription medications, marijuana edibles and illegal drugs
- Acetaminophen and pain relievers known as nonsteroidal anti-inflammatory drugs. The latter group includes aspirin, ibuprofen and naproxen. These drugs are sold over the counter under brand names Tylenol, Bayer, Advil and Aleve.
- Rodenticides designed to poison gophers, mice and rats

Cats may become very ill after ingesting lily plants, including species common in homes and gardens. These include Easter lilies, tiger lilies, Asiatic lilies and day lilies.

Small objects in your home – including pennies, batteries, small toys and even clothing – could harm your pet's digestive tract or pose obstruction risks if eaten.

Be aware of behavior

The American Society for the Prevention of Cruelty to Animals runs an Animal Poison Control Center with a hotline that in 2013 handled about 180,000 cases. About 20 percent of the calls were from people worried about pets gobbling human medication, the society reported.

In many cases, pet owners suspect potential poisoning when they find an empty bag, wrapper or bottle, or if they witness ingestion of something hazardous.

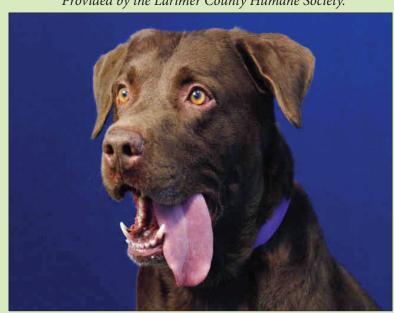
Pets also exhibit symptoms of toxicity. These include: vomiting, diarrhea, drooling, racing heart rate, breathing trouble, pale or discolored gums, high temperature, seizures, weakness or physical collapse. These symptoms are wide-ranging, typically the result of neurologic problems, gastrointestinal distress, internal bleeding, kidney failure or liver failure.

Because symptoms are so variable, it's crucial to be aware of your pet's normal behavior and to question the cause of abnormal behavior, just as you would for a human family member.

See Pet Health page 8

MEET COCO

Provided by the Larimer County Humane Society.



Hi! I'm Coco. I am eight years old and such a happy Labrador! So happy in fact that people tell me I have a "happy tail" condition. I have a lot of energy (classified as "Go Getter" in our Meet Your Match program) and looking for the perfect friend to keep up with me. I am very friendly with kids and other dogs and would love to go home with you for \$100.

To visit with featured pets or any other adoptable animals, stop by Larimer Humane Society at 6317 Kyle Ave. in Fort Collins. The Shelter is open 11a.m.-7p.m. Monday through Friday, and 10a.m.-5p.m. Saturday and Sunday. For more info, call (970) 226-3647 or visit larimerhumane.org.













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Power up your RamCard with a microchip

By Emily Keat.

From page 7

and prevention

Colorado State University and the Poudre River Public Library District have partnered to provide students, faculty and staff with all the perks of a PRPLD card just by updating their RamCard. Those who opt to power up their RamCard will have access to free ebook, movie and music downloads – and much more!

After the card has been activated via RamWeb, users can enjoy access to the public library's extensive collection of resources, including popular fiction and nonfiction ebooks, electronic magazines, videos and audio books.

"The PRPLD popular and recreational library resources complement the CSU Libraries' extensive research resources, including more than 150,000 academic

Key steps for poison response

something toxic, act fast in seeking

veterinary help. Know that ingesting

even a small amount of a poison

If you think your pet has ingested

ebooks, databases and scholarly journals," said Pat Burns, vice president for IT and dean of Libraries. "We are happy to be able to provide access to titles frequently requested by the campus community while maintaining our focus on academic publications."

Even if you already have a PRPLD card, you can still take advantage of this program. For more information about how to power up your RamCard and instructions on how to opt-in to the public library card program, visit the CSU Libraries website at libguides.colostate. edu/poudre. No need to upgrade your card.

Upgrade for superpowers

The RamCard can also come in handy when it comes to getting around town.

"The employee RamCard is now a transit pass," explained Aaron Fodge, CSU Alternative Transportation Manager. "The card allows you to ride the MAX, all Transfort routes including the new connections to Foothills Campus and the Veterinary Teaching Hospital, and the FLEX to Loveland, Berthoud, and Longmont. It is free to all full-and parttime employees as part of Commitment to Campus."

To be able to use the RamCard as a bus pass, be sure your card contains a microchip by Oct. 1. Stop by the RamCard office on the second floor of Morgan Library to get a new card; if you have received your card since May 2014 or use it to access your office, it is already chipped and ready to go.

RamCard is your passport to campus

Here are all the great ways faculty and staff can use their RamCard:

- Identification on campus
- RamCash (loaded on the card) to purchase food, beverages, and services on campus
- Laundry facilities in university apartments
- Access to computer labs, printing, and making copies
- Athletic and event tickets
- Checking out materials at Morgan Library and Poudre River Public Library
- Banking with First National Bank (with RamCash Plus upgrade)
- Accessing the Student Recreation Center (with membership)
- Riding on the Transfort bus system

Pet Poisons

Plan for emergencies

Don't wait for symptoms to appear
because some toxic substances,
like mouse and rat poisons, might

number posted in a
your home. That might

circulate in your pet's body for three to five days before you see signs.

Program your veterinarian's emergency telephone number into your cellphone, and keep the number posted in a central place in your home. That might be on the refrigerator, a bulletin board or by your home phone. Make sure your children, other family members, babysitter or pet sitter know where to find this emergency number.

If an emergency visit is needed, provide all the information you can about what you pet has ingested and when. Take wrappers, packages or medication bottles with you.

Understand that dogs like to devour. So put up, lock up and close off potential toxins. In the case of marijuana edibles – increasingly common in Colorado, where recreational marijuana is newly legal – be sure to stash the stash. Don't forget the kitchen trash can, which might contain any number of potentially hazardous items.

Understand that stressful times – such as a household move, introduction of a new pet, the comings and goings of the holidays – might be the very time that your docile dog becomes a counter jumper and for the first time snags and chows something toxic. These are good times to clear counters and tabletops!

Dr. Timothy Hackett is director of Colorado State University's James L. Voss Veterinary Teaching Hospital. He is a specialist in veterinary emergency and critical care.

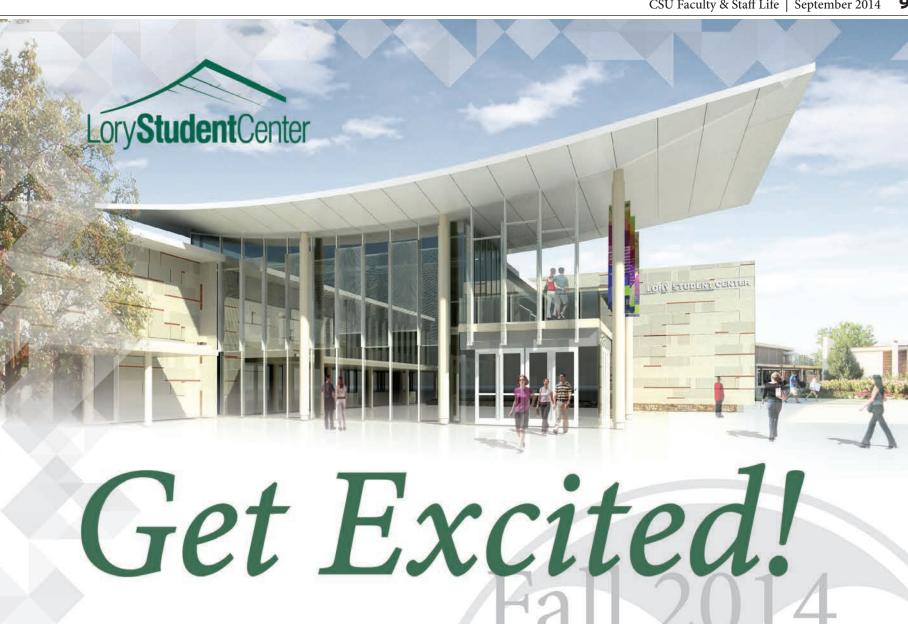


Meet the editor of CSU Life

Sarah Sparhawk is a junior journalism major and a zoology minor. She previously was CSU Life's Staff Writer before becoming Editor this semester. She is studying PR and would like to work in public out reach for animal rescue organizations.

If you have story ideas for CSU Life, contact Sarah at csulife@colostate.edu





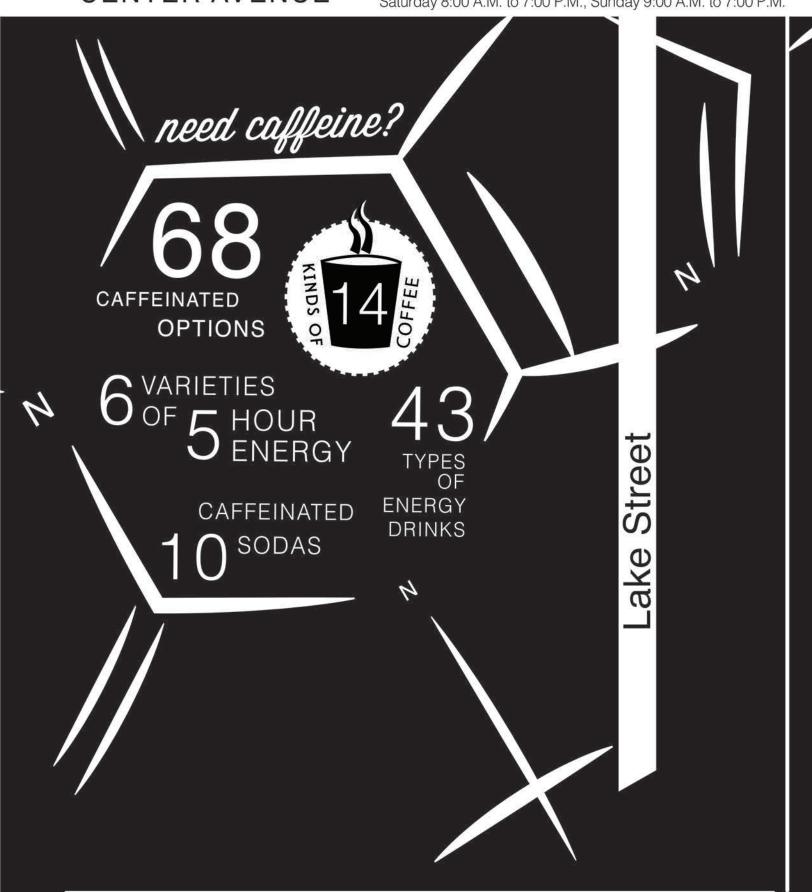
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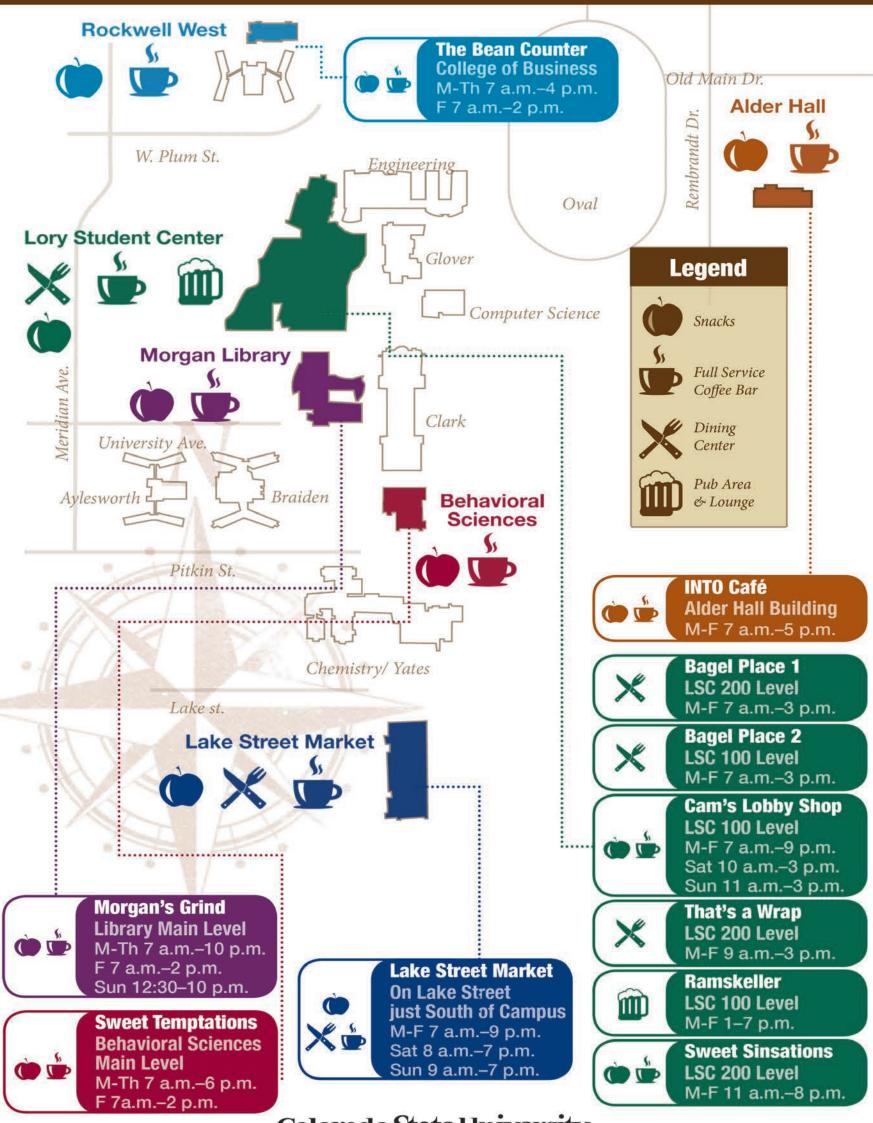


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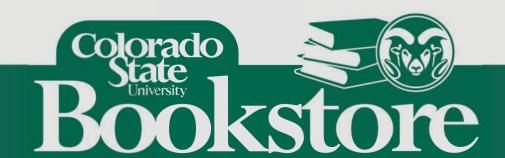
Buying used books



Finding loose leaf alternate format textbooks



Comparing online & purchase from the CSU Bookstore to conveniently charge purchases to their student account



Healthy back-to-school eating and

As summer ends and the bustle of students fills the campus, it is important to refocus your efforts to make your health a top priority as the school year begins. Always eating breakfast, making time for a balanced lunch, and being active are essentials for staying sharp, productive, and healthy this demanding time of the year.

Start the day off right by never skipping breakfast. Breakfast eaters tend to concentrate more efficiently, solve problems more easily, and have better performance. Skipping meals is a major problem during busy times and can lead to symptoms like fatigue and low motivation while increasing overeating habits. Skipping meals regularly can also slow your metabolic rate which encourages weight gain and is associated with increased obesity trends. Mornings

options like oatmeal with nuts or dried fruit, yogurt with fresh fruit and granola, or whole-grain toast with peanut butter.

Make lunch a priority by planning ahead. Eating out during a busy day can be tempting, but save yourself money and calories by making your own lunch. Incorporate a variety of nutrients into each lunch by choosing lean protein and healthy fat sources to help you feel full and carbohydrates to provide energy to get you through the work day. Choose low-fat or fat-free dairy, poultry, fish, or beans as a protein source along with unsaturated fats like those found in avocado, nuts, seeds, and olive oil. Use caution with condiments as they can quickly add calories. Choose carbohydrates such as fruit and whole grains and try to always add vegetables for extra nutrients and fiber. As a general rule

of thumb, include at least three different food groups into every lunch. If planning ahead and packing a lunch seem difficult at first, start getting into the habit by packing leftovers from dinner the night before.

Stay physically active during the workday. You may think that as busy as you are, there is no time. However, frequent breaks to stretch, walk, or just step away from your computer can help you focus better and be more productive at work. If your schedule is filled with meetings, suggest a walking meeting and enjoy the campus while you talk business or sit on a fitness ball instead of an office chair to improve balance and core strength. Most importantly, add daily physical activity to your schedule and treat it like any other appointment that cannot be missed. If you need help with accountability, partner up with a coworker and schedule times to get

active together and provide support for one another.

Taking the time to eat breakfast, make a healthy lunch, and fit in fitness each day will not only help you feel better but will increase your work productivity as well. Start your year off right with these back to school nutrition basics.

Get more tips and individualized recommendations from the registered dietitian nutritionists at the Kendall Anderson Nutrition Center located in the Gifford Building on campus. Faculty and staff pay half thanks to C2C benefits, and this fall, we are offering our successful weight loss program Healthy You - at no charge to you this time only! www. nutritioncenter.colostate.edu.

Melissa Wdowik is the director of the Kendall Anderson Nutrition Center at Colorado State University.

Campus wireless rolls out two new networks

With the start of Fall classes Academic Computing and Network Services (ACNS) rolled out two new wireless networks. The network names should make it more obvious where to connect and provide users with an improved wireless experience. "csueid" is the preferred network for all students, faculty and staff. This will replace both "csu-net" and "csu-net5" in most campus locations as a secure wireless solution. We

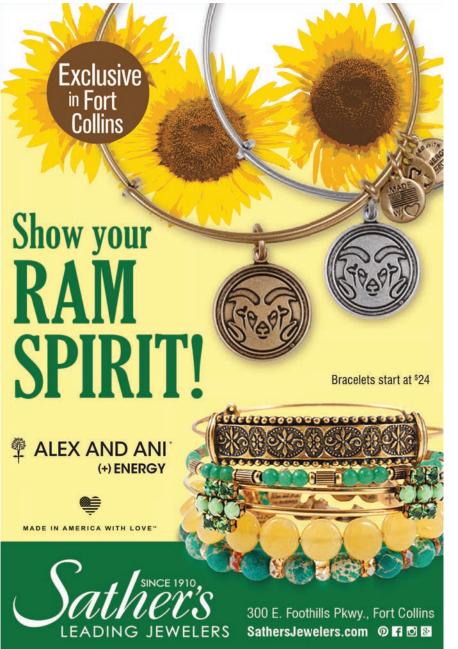
now have an online configuration tool that will configure almost any device for "csueid." We will add a redirect page to intercept stations connecting to the old networks to help move them to "csu-eid." "csu-guest" is the new network for visitors to campus. This is an "open" unprotected network and should be used with care. We are retiring the old "csu" guest network that previously required guest credentials. Visitors must simply agree to the campus acceptable usage policy to use the network. This network is

slower and only gives users the same access to campus as public Internet.

ACNS received additional funding from both the University and the student's University Technology Fee Advisory Board (UTFAB) for hardware improvements to campus wireless. We are in the process of implementing changes campus-wide with the primary focus on general assignment classroom areas. There is a campus map showing existing coverage accessible from the ACNS wireless page, www.

acns.colostate.edu/wireless, as well as information on the new networks and how to configure them.

Jim Farnell is an IT professional with CSU's Academic Computing & Network Services. If you need assistance with wireless connections on campus, stop by the Help Desk in Morgan Library. If you have ageneral question about on-campus wireless services, email Jim at help@colostate.edu, with "CSU Life question" in the subject line.





CSU COOKS

CSU Rams Muffuletta Tailgater Sandwich

Ingredients

- 1 loaf Italian style bread, sliced lengthwise
- 8 ounces thinly sliced salami
- 8 ounces thinly sliced ham
- 8 ounces MouCo PepBert Cheese, thinly sliced
- 8 ounces provolone or mozzarella cheese, sliced
- 1 cup arugula or other spicy leafy greens
- 8 ounces spicy giardiniera sandwich mix, finely chopped

Optional: 1/4 cup mayonnaise

Directions

Open up the Italian loaf and spread with mayonnaise (if using).

Spread half of the giardiniera vegetables on the bottom half of the Italian loaf.

First, layer the meats and then cheeses evenly over the vegetable mix.

Top with the remaining vegetable mixture, then the spicy greens, then place the top half of the loaf over the vegetables.

At this point the sandwich can be cut for immediate eating, or it can be wrapped tightly in plastic wrap and placed in the refrigerator to be eaten the next day. ENJOY!

This month's recipe features a zesty sandwich, guaranteed to fire up your fellow Rams for game day. It comes to us from The Two Jeffs – Chef Jeff Miller, associate professor in Food Science and Nutrition, and Jeff Callaway, Fermentation Science and Technology -- in the College of Health and Human Sciences.

Salami and cheese have been made by fermentation for generations. Their spicy kick adds zest to any meal. In addition, fermented vegetables like olives and cauliflower can add a great flavor and crunch to many dishes.



Chef Jeff Miller and Jeff Callaway

The Fermentation Science and Technology program at Colorado State University is a four-year course of study that leads to a bachelor's degree. It also works collaboratively across the campus and with industry to provide services and research and development opportunities to the food and beverage fermentation industry.

The FST will help kick off Denver Startup Week on Sept. 15, with an educational – and fun! – happy hour, 5-6:30 p.m. at the Crooked Stave taproom, featuring not only craft beers but also a menu of fermented foods to complement the brews. Go to denverstartupweek.org/ for more information.

Free Online Course for Student Affairs Professionals









Back by Popular Demand

One of CSU's original MOOCs is back and open for registration! Exploring the Student Affairs in Higher Education Profession runs September 29 — November 23, and is designed for both those looking to break into the industry, as well as those who could use a refresher on today's latest practices in the field.

Take this risk-free opportunity to:

- · Learn about the field of student affairs
- Discover guiding and foundational theories
- Practice networking on your own campuses, with professional organizations and even current staff members





Faculty Council launches Ask Me, I Care initiative

By Kate Hawthorne Jeracki

Faculty and administrators greeting parents and students during Ram Welcome this year had a new way to start a conversation. Buttons inviting students to "Ask Me, I Care" were seen on lapels across campus -- and will be available all

"They're designed to be an icebreaker, to increase interaction between faculty and students," said Mary Stromberger, associate professor in the Department of Soil and Crop Sciences and the new Chair of Faculty Council. "We want students to feel comfortable talking to their teachers, to feel that CSU is their home."

Stromberger said the "Ask Me, I Care" initiative grew out of a Faculty Council retreat at the end of June, where University Distinguished Teaching Scholar Stephanie Clemons, Chair of the Committee on Teaching and Learning, pointed out that while new students might be hesitant to start a conversation with a professor, many academics are naturally introverted and equally reluctant to reach out.

"The lightbulb just went off for me

when she said that," Stromberger said. "We came up with the buttons as a way to spread the message that faculty care about our students and want to be engaged with them."

Stromberger and Clemons took the idea to Vice Provost for Undergraduate Affairs Kathleen Pickering, who endorsed

Five hundred buttons in three different designs were distributed the week before classes started: an additional 500 were provided to department representatives at the Sept. 2 Faculty Council meeting to take back to their units. One third of the buttons can be worn by non-faculty members of the Ram family as well.

"We hope faculty, especially those teaching freshman classes, will wear them for the first few weeks of class, and ideally all year, so students get the message right off the bat that the faculty are concerned about them and want them to succeed," Stromberger said.

The We Care campaign will continue throughout the year as part of Stromberger's desire to make the Faculty Council more proactive and engaged in student success at CSU.



Donna Cooner talks writing, self-image and superstition



By Sarah Sparhawk

Donna Cooner has been writing since she was a young girl. "As long as I could remember, I had drawers full of stories I had written," Cooner said.

Now, as director of Colorado State University's School of Teacher Education and Principal Preparation, Cooner has found a way to connect her love of writing with her love of teaching by creating novels aimed at young adults to improve their self-image.

"My teaching career and my work with schools certainly inspired me to write stories for children," she said.

"However, the strongest inspiration comes from my desire to simply tell a good story."

Cooner wrote Skinny, about an overweight teenager, dealing the criticisms of others as well as her own internal criticism. The novel, released in 2012, is Cooner's debut book and earned a prestigious invitation to the Edinburgh International Book Festival in Scotland

"It was quite an honor," Cooner said. "I was able to visit schools in Scotland and talk to many teens, teachers and librarians about developing strong literacy skills. I also had the opportunity to meet authors (both adult and teen) from all over the world. I kept pinching myself. It was such a dream come true."



Donna Cooner signs copies of Skinny for kids at the festival in Scotland. Cooner said she loves having the ability to "blend worlds" with her writing and teaching jobs Photo coutesy of Donna Cooner



Skinny was also a Colorado Book Award finalist and made the American Library Association's Best Young Adult Fiction List. Her second novel, Can't Look Away, was released Aug. 26. According to Cooner, it's about "a teen YouTube sensation who has a personal tragedy and who, due to her internet popularity, has to live that out in a very public way."

"Skinny was a story about internal struggle and Can't Look Away is about the external and dealing with feelings in front

Fans can expect a third novel from Cooner in the near future, but will have to wait until then to find out more about it.

"I'm superstitious. Talking about a story before it's written might let it get away!" she said.

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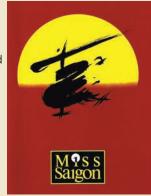
ENTERTAINMENT CALENDAR

Theater

Miss Saigon

Through Nov. 22, 6 p.m. Thursday, Friday and Saturday, noon Sunday Midtown Arts Center

An epic musical that tells the tragic tale of young bar girl Kim, orphaned by war, who falls in love with an American GI as their lives are torn apart by the fall of Saigon. Tickets include dinner as well as the show.



Midtownartscenter.com

Journey to the West by Mary Zimmerman Through-Oct. 4, 8 p.m., 2 p.m. Sept. 21 and 28

Fantasy and humor underscore a brazenly imaginative, soaring adventure, which follows the journey of Buddhist monk, Tripitaka, and his boisterous band of heavenly exiles, as they traverse a thousand mountains and ten thousand waters in search of sacred scrolls that hold the keys to immortality. OpenStage Theatre at Lincoln Center

Openstagetheatre.org

Preferred Parking

Sept. 15, 7 p.m. Lory Student Center Theater

RamEvents is bringing the comedy duo Preferred Parking to the LSC Theatre. Drew Lynch has a stutter and Samuel J. Comroe was born with Tourette syndrome. Their show is about seeing the humor in life and turning everyday adversities into "preferred parking."

Year of Magical Thinking by Joan Didion-

Sept. 18-Oct. 5, 6:30 p.m. Thursday, 7:30 p.m. Friday and Saturday, 2:30 p.m. Sunday Bas Bleu Theatre

The people who are closest to you also help to define you. In "Year of Magical Thinking," we explore the pain of losing someone so close, coping, and coming out the other side with your memories intact, but not in the way.

Basbleu.org

Art & Literature

The Garden in the Museum

Through Sept. 27 University Art Museum, University Center for the Arts

Visiting Artist Lecture with Courtney Egan Sept. 17, 5 p.m., Griffin Concert Hall, UCA, with reception to follow in the Museum

A suite of three exhibitions complementing the neighboring Annual Trial Garden. Courtney Egan: Cultivar; Nancy Blum: Drawings; and The Illustrator's Garden: Botanical Images from CSU Libraries Special Collections. Free and open to the public; Museum hours Tuesday-Saturday, 10 a.m.-6 p.m. ArtMuseum.colostate.edu

An Evening with Authors Bob Drury and Tom Clavin

Sept. 25, 7-9 p.m. Hilton Fort Collins, 425 W. Prospect

The authors of the New York Times best-selling The Heart of Everything That Is: The Untold Story of Red Cloud, an American Legend, will speak as part of the free author evening series sponsored by the Friends of the CSU Libraries and the Poudre River Friends of the Library. Free and open to the public; no tickets required. Doors open at 6:30 p.m., and seating first-come, first-served. A book signing and sales will follow the program. http://lib.colostate.edu/about/news/2014/ drury-clavin

Kuna Molas: Sewn Stories and the

Interplay of **Tradition and** Change

Through May 2015 Avenir Museum of Design and Merchandising, University Center for the Arts



Lecture by Joyce Cheney: On the Textiles Trail: Collecting Molas in Kuna Yala

Sept. 18, 7 p.m.; reception 6 p.m., Gallery Walk to follow lecture UCA Room 136

Molas are colorful textiles created by Kuna Indian women in Panama in a reverse applique process; two to five layers of fabric are sewn together and cut through. This exhibit is part of a new donation to the Avenir Museum by Colorado Springs collector and author Joyce Cheney, who curated the original traveling exhibit. Free and open to the public; Museum hours Monday-Wednesday and Friday, 11 a.m.-6 p.m., Thursday 11 a.m.-8 p.m. AvenirMuseum@colostate.edu

Music & Dance

Sept. 19, 7:30 p.m. Griffin Concert Hall, University Center for the Arts

The first concert in the Classical Convergence Series, a collaboration between the CSU Department of Music, Theatre and Dance and the Fort Collins Lincoln Center that features traditional solo artists and chamber ensembles while exploring the full spectrum of classical music. Mother Falcon is an indie orchestra of 20 classically trained young musicians determined to push their playing and composing ever forward.

\$10/CSU students, \$20 adults. Tickets available online only: www.lctix.com or (970) 221-6730.

FORToberfest

Sept. 19, 5-10:30 p.m., Sept. 20, 11 a.m.-10:30 p.m Downtown Fort Collins/Old Town Square

Two stages for 15 Colorado bands, a professional bike stunt team, and six local breweries help celebrate the three pillars of Fort Collins culture. If you didn't get enough NewWestFest or Tour de Fat last month, feel free to dress in costume and pedal to this free event.

http://downtownfortcollins.com/events/ fortoberfest

University Symphony Orchestra Concert Sept. 25 - 26, 7:30 - 9:30 p.m.

Come see the first concert of the season. Written by Kevin Puts about Colorado. It includes a terrific new Trombone Concerto by master arranger and conductor Jeff Tyzik; and the beloved Pastorale Symphony of Beethoven.

Borromeo String Quartet

Oct. 3, 7:30 p.m. Griffin Concert Hall, University Center for

The Classical Convergence Series continues with one of the most important string quartets of our time, bringing contemporary fire to often-heard repertoire, while making even the most challenging new music approachable.

\$10/CSU students, \$20 adults. Tickets available online only: www.lctix.com or (970) 221-6730.



Who's new on campus

In addition to more than 60 new faculty members who have joined the Ram Family this semester, we are welcoming new deans, department heads, directors and staff to campus. We also have a number of familiar faces in new positions. If we've overlooked anyone, send your information and photo to csulife@colostate.edu for inclusion in a future issue.

Admissions

Melissa Trifiletti, director



Melissa Trifiletti joined CSU as Director of Admissions in March, from a position as executive director for Admissions and New Student Programs at Portland State University in Oregon. She has also served as tsenior associate director for the Bachelors of Business Administration Program for Emory University's Goizueta Business School in Atlanta, Ga., and in various positions in higher education for over 20 years.

Athletics

Michael Ray, assistant coach, Strength and Conditioning



Michael Ray is in his first season as assistant strength and conditioning coach for Rams football. A University of Wyoming football player from 2004 to 2008, Ray held a similar position at UW, and served as an assistant in the Arizona State University Sports Performance area. He earned his bachelor of science degree in kinesiology and health promotion from UW, his master of education degree in curriculum and instruction from Arizona State, and is a certified strength and conditioning specialist through the National Strength and Conditioning Association.

College of Business

Audrey A. Gramling, chair, Department of Accounting



Audrey Gramling began serving as the chair of the Accounting Department in July; she will also be teaching this semester. She came to CSU from a similar position at Bellarmine University in Louisville, Ky., where she also held the Treece Endowed Chair. Gramling has been on the accounting faculty at Kennesaw State University, Georgia State University, Wake Forest University, and University of Illinois at Urbana-Champaign. Prior to earning her Ph.D. at the University of Arizona, she worked as an external auditor at a predecessor firm of Deloitte and as an internal auditor at Georgia Institute of Technology.

Jennifer Ivan, manager, Graduate **Programs**



Jennifer Ivan joined the College of Business development office in 2011. With the retirement of Susan Meyers this summer, Ivan moved to the graduate programs team to manage the MCIS, MAcc, and MSBA-FRM departmental graduate programs, where she works to connect with students, alumni, as well current and prospective partners of the College. Ivan received her bachelor's from the University of Montana and her MBA

in project management from Colorado Christian University.

Nan Stout, director, Daniels Fund **Ethics Initiative**



Nan Stout became director of the Daniel Fund Ethics Initiative in July. She comes from the University of Colorado -Boulder, where she taught business ethics and corporate social responsibility. She will be teaching business ethics at CSU this semester as well. Before she began teaching, Stout worked at Staples, Inc. for 18 years. Her last position there was Vice President, Global Business Conduct & Ethics. Stout has a J.D. from Boston College Law School and a B.A. from Middlebury College.

College of Health and Human Sciences

Barry Braun, head, Department of Health and Exercise Science



Barry Braun is the new head of the Department of Health and Exercise Science. He started on Aug. 15 and succeeds Gay Israel, who was department head for 18 years and plans to move into a three-year transitional role with HES.

Braun is former director of the Energy Metabolism Laboratory at the University of Massachusetts Amherst, where he received a University Distinguished Teaching award, evidence of his commitment to supporting and rewarding teaching and outreach. He received his Ph.D. in nutritional sciences from the University of California, Berkeley; an M.S. in exercise science from UMass Amherst; and a B.A. in biology from the University of Pennsylvania.

George Kamberelis, director, School of Education



George Kamberelis began his new position as director of the School of Education this summer. He succeeds Interim Director Marlene Strathe, who has served in that role since Dan Robinson stepped down in December.

Kamberelis held an endowed chair for literacy education at the University of Wyoming before joining the Ram family.

Kamberelis held an endowed chair for literacy education at the University of Wyoming before joining the Ram family.

There he helped build a doctoral program for literacy education. Kamberelis has also held faculty positions at the University of Illinois at Urbana-Champaign, Purdue University, Bennington College, and the University at Albany-SUNY. Kamberelis holds a master's in literature and religion from the University of Chicago as well as a master's in psychology and a Ph.D. in education and psychology, both from the University of Michigan.

See New faces page 18

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Who's New | Welcome to CSU

From Page 17

College of Natural Sciences

Charles Henry, chair, Department of Chemistry



Charles Henry is the new chair of the chemistry department. He also holds appointments in Chemical & Biological Engineering and Biomedical Engineering. He has been teaching in the department since 2002.

Before joining CSU, he was a member of the chemistry faculty at Mississippi State University. Henry received his Ph.D. in Analytical Chemistry at the University of Arkansas, and was an NIH postdoctoral fellow at the University of Kansas. Henry has published over 85 peer-reviewed publications and sits on the editorial advisory board for Analytica Chimica Acta.

The focus of his research is development of advanced tools to measure environmental impacts on human health, to enable fact-based policy decisions and improvements in occupational health. These include biosensors, electrochemical imaging, and inexpensive paper-based analytical devices for a range of applications.

College of Veterinary Medicine and Biomedical Sciences

Melinda Frye, associate dean, Professional Veterinary Medicine

Dr. Melinda Frye, associate professor in the Department of Biomedical Sciences, is now associate dean of Professional Veterinary Medicine in the College of Veterinary Medicine and Biomedical Sciences – the first woman ever to hold the position.

She replaced Dr. Dean Hendrickson, who served in the post for two years and has returned to full-time teaching and equine surgery.



Frye's wide-ranging experience cardiovascular physiology and equine medicine includes veterinary teaching; research into the links among dietary fat, obesity and heart disease; veterinary practice, emphasizing horse health, in both private and university settings; and service on curriculum and steering committees for the CSU vet school.

Division of External Relations

Kyle Henley, assistant vice president, Strategic Communications



In this new position, Kyle Henley oversees the department of public relations as well as CSU's community relations efforts. He is the communications lead for the Denver Initiative and manages communications for the CSU System office, which includes the Office of the Chancellor and Board of Governors. Henley joined CSU in 2011 as the Denver Director of PR, coming from a position as corporate communications manager for CoBank, a national agribusiness bank. He has also worked as a senior account executive at a Denver advertising agency, and spent more than a decade as a newspaper reporter.

Division of Student Affairs

Aaric Guerriero, director of GLBTQ2A Resource Center



Aaric Guerriero arrived at CSU from the University of Wisconsin-Parkside in Kenosha, where he was the founding director of the LGBTQ Resource Center. He was previous director of the Office of Gay and Lesbian Programs at Central Michigan University. Guerriero brings with him to CSU much passion, excitement, and commitment to creating a positive climate for gay, lesbian, bisexual, transgender, queer, questioning and ally students, faculty, and staff members.

Guerriero holds a bachelor's in recreation, sports, and leisure services and an M.A. in higher education administration with a student affairs emphasis from Central Michigan University.

John Henderson, assistant dean of students and director, Parent & Family Programs



John Henderson began his new position as Assistant Dean of Students and Director of Parent & Family Programs this summer. He has been a member of the CSU Student Affairs staff for some time, first as the director of Greek Life and more recently as an assistant director in Residence Life.

Originally from California's East Bay area, Henderson earned his undergraduate degree in political science at the University of California, Davis. He served in the Peace Corps in Ecuador, and worked as a secondary school social studies teacher and outdoor adventure coordinator in both New Mexico and southern California. Henderson moved to Colorado in 2000 to earn his doctorate in education at the University of Colorado Boulder. He is passionate about working with students as leaders and active community members committed to positive social, cultural and ecological change.

Sara Ray, director, Student Athlete Support Services



Sara Ray comes to the Ram family from north of the border – the University of Wyoming, where she was part of the Office of Academic Support. Originally from Windsor, Colorado, Ray earned both her bachelor's and master's in communication from UW. Volleyball fans may remember her as Sara Hinrichs, letter winner for UW in 2006 who served as a graduate assistant for the team in 2007-08.

Ray has also worked in the Office of Student-Athlete Development at Arizona State University and as a volunteer assistant coach for Grand Canyon University Volleyball, a coach for Club and Arizona Volleyball Academy. During her collegiate coaching and playing years combined, she has been a member of four teams to earn American Volleyball Coaches Association team academic honors.

SASS provides academic, educational, intellectual and personal development support for more than 350 CSU student-athletes. The goal of the department is to assist in the development of every student-athlete in reaching the individual's fullest potential.

Elizabeth Poore, director, Residential Dining Services



Liz Poore became director of Residential Dining Services in July. She joined the CSU team after a 30-year career at Ball State University in Muncie, Ind., most recently as assistant director for operations

At CSU, she will provide strategic direction for the department while directing the operational, financial, marketing, facilities and personnel functions of six dining centers in addition to the department bakeshop, two express venues, warehouse and catering operations.

Division of University Operations

Jocelyn Hittle, director, Denver Operational Initiatives



Jocelyn Hittle has a new focus: CSU's role in the National Western Center redevelopment and affiliated projects.

She is working in partnership with the Western Stock Show Association, City and County of Denver, History Colorado, and the Denver Museum of Nature and Science to connect CSU with surrounding communities and riverfront in ways that enhance this emerging gateway to the City of Denver and provide for innovative research, outreach, and education.

Prior to joining CSU, Hittle was associate director of PlaceMatters, a national nonprofit think tank based in Denver and focused on informed, inclusive decision making in land use, sustainability and planning. She also worked for the Orton Family Foundation and Sightline Institute on issues around land use and planning. Hittle has an undergraduate degree in ecology and evolutionary biology from Princeton University and a master's in environmental management from the Yale School of Forestry and Environmental Studies.

Kim Kita, director, Special Projects and Partnerships



Kim Kita has added a new responsibility to her already full roster. She has been charged with opening CSU's first international center in Todos Santos, Baja California Sur, Mexico. Before joining CSU in 2010 as director of finance for OnlinePlus, Kita held positions in finance and management with the Fort Collins Recreation Department, Sunrise Medican, and Boulder Care. She received

her bachelor's in philosophy and religion from Penn State, a master's in longterm care management and a certificate in authentic leadership from Naropa University and an MBA in finance from University of Colorado Denver.

Jeremy Podany, director, Career Center and CSU Enterprise Affiliate Program



Jeremy Podany director of The Career Center, now also serves as the director of the CSU Enterprise Affiliate Program. This new initiative, seeded by the CSU System Venture Fund, seeks to help organizations thrive by engaging their employees in the best of CSU training, learning, professional development, retreats, wellness, conferences, entertainment, and more. Prior to coming to Colorado State in 2012, Podany spent 11 years in career services at Indiana University. He received his bachelor's in English education from Western Michigan University, and his master's in higher education administration from Indiana University.

Warner College of Natural Resources

John P. Hayes, dean



John P. Hayes arrived on campus June 1 to take over the reins of Warner College from retiring dean Joyce Berry.

He came to CSU from the University of Florida, where he was dean of research in the Institute of Food and Agricultural Sciences and director of the Florida Agricultural Station in Gainesville. He also chaired the department of Wildlife Ecology and Conservation and served as director of the Ordway-Swisher Biological Station, as well as teaching at both the undergraduate and graduate level.

Before joining the University of Florida, Hayes served at the associate dean for international programs in the College of Forestry at Oregon State University. His scholarly background has focused on applied ecology, primarily related to wildlife ecology and forest science. He has co-edited two books and authored or co-authored numerous technical, semi-technical and popular articles and reports in the field.

Hayes earned his Ph.D. in ecology and evolutionary biology from Cornell University, his M.S. in biology from Southern Oregon State College, and his undergraduate degree in wildlife science from Oregon State.

New benefits for the new fiscal year

By Amy Parson

As you know, the University was pleased to be able to increase salaries, effective with July paychecks. Faculty and administrative professional average salary increases were 2.5 percent, and state classified employees were eligible for up to a 4.5 percent average increase.

In addition to salary increases, CSU increased its support to defined contribution program retirement benefits by 1 percent, starting in July. This increased the University's contribution from 9 percent to 10 percent of an employee's salary

Along with salary and benefit increases, we continue to add perks and benefits to the Commitment to Campus list. If you haven't visited the website lately, I encourage you to check it out: facultyandstaff.colostate.edu/commitment-to-campus.aspx.

Among the newest benefits for faculty and staff are the ability to ride the new MAX system for free, even though the city began charging others for rides in August, and free use of the entire Transfort bus system with your CSU RamCard ID. The free campus shuttle

service, Around the Horn, is now running on its regular schedule. (See page 1 for more about Around the Horn.)

You'll want to update your CSU ID card by Oct. 1 so you can continue to ride the shuttle and MAX for free; the cost of updating your card to a "chip card" is covered by Administration as part of the new service. If your card was issued after May of this year, it already contains the needed data chip for access. (See page 8 for more ways to use your RamCard.)

Finally, while parking permit fees went up on July 1, the beginning of the fiscal year (the first increase in two years),

we are looking at new parking models that will help offset some of the costs for employees and students while shifting our focus to funding affordable alternatives to commuting to and parking on campus.

Keep an eye on your email and Today@ColoradoState.edu for information about opportunities to weigh in about the future of campus parking and alternative transportation options. Parking and Transportation Services will be seeking input over the next six months and welcome your thoughts and ideas.

Amy Parsons is Vice President for University Operations at CSU.

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Join us for an evening of fine wine and beer tastings!

- 200 fine wines and microbrews
- Gourmet appetizers and desserts
- Silent and live auctions
- Drawings for 99 bottles of beer & 99 bottles of wine

For more information and to purchase tickets please visit pathways-care.org or Wilbur's Total Beverage at 2201 S College Ave, Fort Collins, CO 80525