



OCTOBER 2015

Cruise campus in sustainable style with electric cars



Internet2, one of the companies who helped bring the UEVs to CSU, is interested in the "Internet of Things." Specifically with a large campus like CSU, Internet2 was curious to see how the cars would be utilized – in whichever way that may be. It was thanks to a meeting in Denver that brought Scott Baily and other interested faculty to put together the proposal that eventually earned our campus electric vehicles. *Photo by Kyle Dueschle.*

By Sarah Sparhawk

What it lacks in seating space, it makes up for in a punch of sustainable energy power.

As yet another transportation alternative to be offered, faculty and staff can look forward to a new electricity powered automobile, or UEV, offered by the Academic Computing and Networking Services (ACNS).

Four little, multicolored UEVs were given to Colorado State University as part of a research project in partnership with Internet2. After a proposal by a team of faculty and staff was submitted to Internet2, CSU was one of four chosen campuses for the project.

Scott Baily, director of ACNS, was one of the team members who helped bring the cars here.

"We are interested in seeing if having electric vehicles available to faculty and staff might change their willingness to adopt various forms of alternative transportation," Baily said.

Though still in the beginning stages of the project, Baily hopes that the cars will be available through the motor pool, where faculty and staff would be able to call to reserve a car and drive it for a certain period of time, all available at "no charge." Worried about paying to fuel it? Well, the cars can be powered up at one of the charging station around

campus - also for free, according to Baily.

Baily believes this option has potential for faculty and staff hesitant to use alternative transportation, whose concerns he is aware of, such as being barred from running errands or picking up young children without their car.

"But," he said, "if we could address those needs and concerns in some fashion then maybe we could help to further our progress in the adoption of alternative transportation."

Baily lists several reasons why he believes the UEVs will prove successful, like limiting the number of non-electric car

drivers on campus, collecting some useful data for the university and, of course, to keep CSU a sustainable campus as well.

"But if I had to pick one thing I like the best, it would be watching people's faces light up when they get behind the wheel of these little cars for the first time," Baily said.

The UEVs, manufactured by a project partner named Innova and paid for by a grant that they and Internet2 earned together, are expected to be available for faculty and staff to check out sometime this semester.

Fall Address launches 'Re-Envisioning Colorado State'

By Tony Phifer

Re-envision. Re-imagine. Re-invent. Then re-prioritize and re-commit.

Called "Re-Envisioning Colorado State," the initiative – inspired by CSU's impending 150th birthday in 2020 – seeks to take "a thoughtful, collective look at the legacy we wish to leave" for future generations of CSU students.

CSU President Tony Frank said he has charged campus governance groups – Faculty Council, Classified Personnel Council, Administrative Professional Council and Associated Students at CSU – to take the lead moving the program forward. Frank hopes the collective vision for the future will begin to take shape within the next five years.

Among other points featured during the Sept. 16 Fall Address:

- Record enrollment of the most diverse and among the most academically qualified classes in CSU's history. Students come from every Colorado county, every state and 101 countries.
- As the student body has grown, so has the faculty; CSU's student-to-faculty ratio remains 16-1.
- CSU has invested more than \$1.3 billion in infrastructure and academic improvements over the past 10 years.
- Initiatives to improve the climate for women and adjunct faculty on campus are taking effect.

INSIDE:

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The Fast Forester
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commute?
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APPLAUSE

College of Agricultural Sciences

In a career spanning 15 years at Colorado State University, Associate Professor of Equine Science **Dave Denniston** has been an enthusiastic teacher and mentor and an invaluable resource for the equine community. Now, Denniston is taking on a new role as Director of the Legends of Ranching program while he continues to teach and coach CSU’s award-winning Horse Judging Team. The Legends of Ranching program helps equine students develop skills in the areas of communication, event management and working with staff. The year-long program culminates in April with a Performance Horse Sale, a sale that includes a comprehensive catalog that is also produced by students.

College of Liberal Arts

When **John Gravdahl** was commissioned by the Office of the Vice President for Research to design an art installment in the revitalized Lory Student Center, the graphic design professor he knew he had to make it personal. Now Gravdahl is being honored for his unique design that ties artistry to research. “Scientific Method,” installed outside the LSC ballroom, has been selected for a Gold Award by the internationally juried Graphis Magazine Design Annual in its 2016 publication. “Scientific Method” is integrated into the Research Wall, dedicated to highlighting the discoveries, honors and accomplishments of CSU’s esteemed researchers and artists.

Michael Thaut, director of the Center for Biomedical Research in Music at Colorado State University and pioneer in the neuroscience of music and neurologic music therapy, has received a major honor from across the pond. *The Oxford Handbook of Neurologic Music Therapy*,

co-edited and co-authored by Thaut, was short-listed as one of three finalists to receive the much-coveted best book award from the British Medical Association, out of all neurology books published in 2014. The annual award ceremony took place Sept. 3 in London, and the Handbook received second place.

College of Veterinary Medicine and Biomedical Science

Bob Ellis, CSU’s biosafety director who is charged with protecting researchers and the public from infectious research pathogens, earned the Everett Hanel, Jr. Presidential Award from the American Biological Safety Association for outstanding work promoting biosafety and high professional standards. A professor in the Department of Microbiology, Immunology, and Pathology, Ellis has served as director of university biosafety for about 20 years. He is responsible for establishing protocols

for safety and security in Colorado State research laboratories that investigate bacteria, viruses and other infectious agents with the aim of preventing, treating and curing significant global diseases. These diseases include tuberculosis, dengue fever, West Nile virus, malaria, plague, rabies, rice diseases and many others.

Bruno Sobral is a champion of team science – the interdisciplinary, collaborative approach that most often attracts major funding and increasingly produces the most significant breakthroughs in a world of complex challenges. In September, Sobral began work as the first director of the Colorado State University One Health Initiative and as a professor in the Department of Microbiology, Immunology, and Pathology. Hired by the Office of the Vice President for Research, he is charged with cultivating CSU efforts that are poised to deliver innovative interventions for healthy systems.

See Applause on page 4



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APPLAUSE

International programs

INTO CSU, a program that facilitates the integration of international students into university life, has named **Merrill Johnson** as its new academic director. Before joining INTO CSU in June, Johnson spent nearly three decades at the University of New Orleans. Beginning as an assistant professor of geography, Johnson made his way up the ranks to become a full professor. Administratively, he served as a department chair, associate dean, acting dean and associate provost. He left UNO as the associate vice president of academic affairs.

Morgan Library

The **Google Liquid Galaxy** Sony Projectors system at the Morgan Library was named one of the Most Important Installations of the Year by

Systems Contractor News, one of the nation's most renowned Pro-AV publications. The system lets students and guests explore any place in the world, in depth with high clarity. The presentation configuration is flexible enough to use either for classroom and lecture PowerPoint presentations, or for the full immersive Google Galaxy experience. Other installations honored in the Fall Yearbook edition of SCN included Twitter Corporate Headquarters in San Francisco and the Smithsonian National Air and Space Museum in Washington, DC.

Facilities Management

David Jimenez has been awarded the Everyday Hero Award. Jimenez has worked for Facilities Management as a Custodial I for three years. He said he came to CSU because of the benefits, and when he saw a job opening, he applied. Most of his time outside of work is spent with his three boys, ages 3, 8, and 12, who play traveling baseball. Terri Pecora said she nominated Jimenez because he is that person behind the

scenes who keeps everything clean and maintained. She added that we often don't think of the job they do in our everyday lives.

Everyday Hero is a special program sponsored by the Classified Personnel Council to recognize the day-to-day achievements of all CSU employees (state classified, administrative professionals, and faculty). To nominate someone, visit the CPC website.

CSU LIFE ADVERTISING

Want to promote your business through CSU Life? Contact Kim Blumhardt at kim.blumhardt@collegian.com or (970) 491-1146

SEND IN YOUR APPLAUSE

Do you have news from your department or unit you would like to share with the rest of the CSU community? Send it to CSULife@colostate.edu for inclusion in our Applause section.



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Contact us at

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– Kevin Unger, president and CEO of
Medical Center of the Rockies and Poudre Valley Hospital



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COMMUNITY EVENTS

Academic Integrity Month

Oct 4- 31

Celebrate and help inform about what is considered academic integrity at CSU and how we should "Choose Integrity." TILT urges faculty to encourage students to attend workshops on how to avoid unintentional plagiarism; workshops on using technology to create citations in written work quickly and correctly are for graduate students or anyone who produces academic papers. *tilt.colostate.edu/integrity/month/ai2015.cfm*

Opentober at Morgan Library

Oct. 5-29



Celebrate Open Access month with everything from workshops on fair use and lectures about authorship at CSU to an open forum on open textbooks and a Creature Feature Double Feature of scary movies in the public domain. All events take place in the Events Hall at Morgan Library. *lib.colostate.edu/about/news/2015/opentober*

"Interdisciplinary Science and Planetary Health in the Anthropocene: An Ecological Perspective"

Oct. 6

1 – 2:30 p.m., Lory Student Center 382



Josh Tewksbury, director, Colorado Global Hub, Future Earth; Research Professor, University of

Colorado, Boulder; and Senior Scholar, School of Global Environmental Sustainability, Colorado State University, presents this

SoGES guest lecture. His current research interests include studies of direct and indirect effects of climate change on food security at large spatial scales, the potential of large-scale restoration to serve multiple human and biodiversity goals, and the contribution of science to large scale planetary health issues. Future Earth is a major international research platform providing the knowledge and support to accelerate our transformations to a sustainable world. The North American hub of the global initiative is shared by CSU and CU-Boulder. Free and open to the public. *Sustainability.colostate.edu*.

Old Town Ram Rally

Oct. 9 and Oct. 30

7 p.m., Friday nights before home football games

Begins and ends at the Ram Zone, 172 N. College Ave.

Get your CSU home football weekend party started on the right note at the Old Town Ram Rally. It includes appearances throughout Old Town Fort Collins by the CSU Marching Band, cheerleaders and CAM the Ram, plus other Ram-themed happenings to kick off home football weekends. Weekly stops for the band include the Rio Grande Restaurant, Sonny Lubick Steakhouse, Lucky Joe's and Oak Street Plaza.

Homecoming 101

Oct. 15-18



The fun and traditions of Homecoming and Family Weekend start their second century, with the parade, bonfire, pep rally, the Lighting of the A, the Festival on the Oval, 5K race, alumni awards, football against in-state rival Air Force, breakfasts, luncheons, brunches, tailgates, dinners, and celebrations in every college on campus. *homecoming.colostate.edu*

Cans Around the Oval

Oct. 21

Collection Day, 10 a.m.-4 p.m.

The Oval

Help fight hunger with a donation of canned goods or cash to the Food Bank for Larimer County's largest one-day food drive. Don't just do it out of the goodness of your heart – you know you want to help your unit/department/college finally beat the College of Business for largest donation this year. And be sure to see creativity on display at CANstruction on the Plaza, Oct. 14. *www.slice.colostate.edu/cans-around-the-oval.aspx*

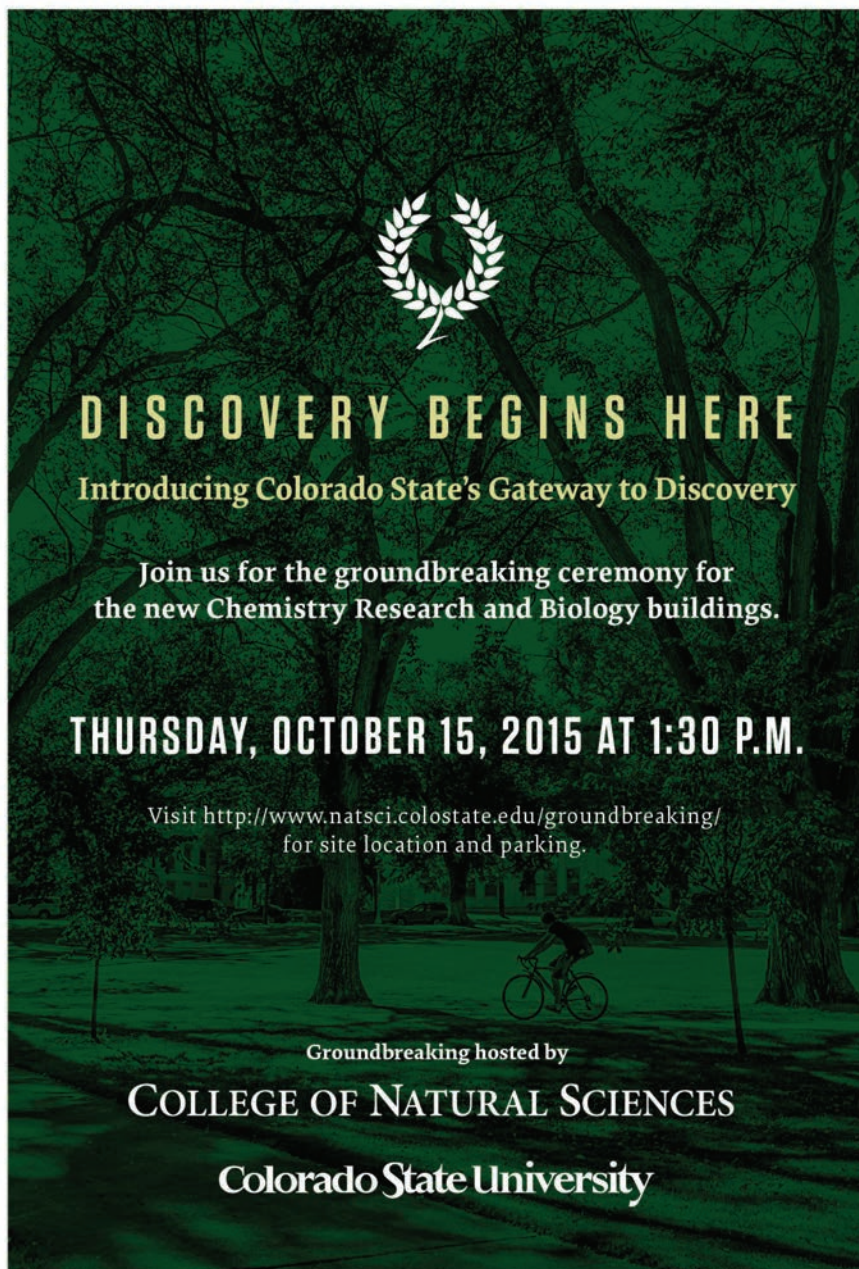


16th annual Thornton-Massa Lecture

Nov. 1

3:30 p.m. Lory Student Center Main Ballroom

May Berenbaum, a leading scientist in the plant-insect biodiversity research field, will present this year's lecture, made possible by the Thornton and Massa families. Free and open to the public, registration requested at *csuevents.colostate.edu*.



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THURSDAY, OCTOBER 15, 2015 AT 1:30 P.M.

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Football fans can get in a workout while watching the game

By Kimberly Burke

With fall officially started a national pastime has returned. That's right, football season is here and in full swing at the high school, college, and professional level.

As our Rams head into their game against Air Force you can bet they're training hard. And if they train hard to get to the big game, maybe you can find the time to train hard during the game. If you're in the stands, you'll be jumping up and cheering and walking to the concession stand, but if you're in front of the TV, you can still work while the team works. Here are a few tips and ideas to get you started.

A few things to keep in mind: Make sure you leave yourself plenty of space to avoid injuries or collisions with household items or people. You can tailor this to any location or game — there's no reason you can't do squats or calf raises in the stands, too. And just think, with the average professional game lasting 3 hours and 12 minutes, you'll manage to get in a great workout without having to miss any of the action.

Don't forget to celebrate

Homecoming at Colorado State University, and support a good cause, by signing up for the 35th annual Homecoming 5K Race and Kids Fun Run on Oct. 17. Organized by the Department of Health and Exercise Science, proceeds from the 5K benefit the Heart Disease Prevention Program.

Register for the Homecoming 5k today at <http://www.hes.chhs.colostate.edu/outreach/homecoming/>

Kimberly Burke is the director of the Adult Fitness Program at Colorado State University, an outreach program through the Department of Health and Exercise Science. Adult Fitness offers exercise opportunities for employees of CSU as well as community members, while providing hands-on learning experiences for health promotion students. To learn more see <http://hes.chhs.colostate.edu/outreach/adultfitness/>

Before the game assign exercises to specific plays or breaks, and typically the better your team does the harder you work. For example:

- **Touchdowns** – Whenever your team (or the opposing, depending on how hard you want to work) scores, commit to doing squats for every point gained (you can make this harder throughout the game by doing that same number of squats as the total score not just the points from the last touchdown)
- **Field goals** – Field goals are worth 3 points, so why not do 3 Burpees for every field goal scored?
- **Completed Passes** – As your team completes a pass do 5 pushups.
- **Running gain of more than 5 yards** – The running game takes groundwork, so let's get down on the ground and do Mountain Climbers for 30 seconds.
- **Flag is thrown** – For any penalty aim for doing 10 calf raises.
- **Commercials** – During commercial breaks rotate through five or so exercises to get in more variety. You could do crunches, high knees, glute kicks, jumping jacks, and planks.
- **Celebrate** – There's no penalty for excessive celebration at home, so get up and get going at the transition of every quarter — you never know when the Rams will need you!

Map your moment

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Colorado State Forest Service celebrates 60th anniversary

By Ryan Lockwood

This year, the Colorado State Forest Service is celebrating its 60th anniversary – providing six decades of timely, relevant forestry information to Colorado. Established in 1955, the CSFS, headquartered in Fort Collins, is a service and outreach agency of the Warner College of Natural Resources at Colorado State University. The agency also provides staffing for the Division of Forestry within the Colorado Department of Natural Resources.

Approximately 105 full-time and 30 seasonal CSFS employees help improve forest conditions and serve Coloradans from 19 field offices throughout the state. Each year, the agency helps treat more than 20,000 acres of forestland and assists approximately 6,400 landowners and hundreds of communities to improve forest health, and provides forest management on state lands.

“Our forests supply many critical benefits for the State of Colorado. The Colorado State Forest Service, leveraging the resources of the Warner College of Natural Resources at CSU, provides the leadership and commitment to ensure healthy and resilient forests for Coloradans now and for the future,” said Mike Lester, State Forester and Director of the CSFS.

Programs and services

CSFS programs and services include forest and timber management; insect and disease detection; growing trees and shrubs for conservation; wildfire mitigation assistance and outreach; invasive species planning and response; wood utilization assistance and outreach; and education for forest landowners, communities, teachers and homeowner associations.



The CSFS plays a critical role linking on-the-ground management to cutting-edge research findings and education of landowners and Colorado's public,” said John Hayes, dean of the Warner College.

This year, the CSFS and USDA Forest Service (USFS) also are celebrating the 25th anniversary of the 1990 Farm Bill, which significantly enhanced the Cooperative Forestry Assistance Act, enabling the USFS to provide broad financial and technical assistance to states and private landowners.

For more information about the CSFS and the services, publications and many other resources it offers, go to the Colorado State Forest Service website, csfs.colostate.edu



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RAM PRIDE EXTENDS GENERATIONS

Wilbur's Commitment to CSU

By: Courtney Deuschle

The city of Fort Collins is known for many things: the number of restaurants in the city, the number of breweries/bars in the city, the notable university, and above all, the sense of community in this city. Wilbur's Total Beverage is one popular store in Fort Collins that represents the sense of community and pride that we see all over this city.

Mat Dinsmore is the owner of Wilbur's Total Beverage, and his family has not only been rooted in Colorado, but has also been part of Colorado State University's history for nearly four generations. The ram pride started with his grandfather, Darrel Dinsmore, who was the head of facilities in the late 1960s. Then, Dinsmore's father, Dennis Dinsmore, attended CSU in the mid 1970s. He himself attended the University from 2000-2005, and now has two kids of his own, ages five and eight, who are already talking about attending CSU in the future.

Their alma mater isn't the only thing that the family shares, the liquor business has also been passed down. Dinsmore's father lived in Fort Collins before famous breweries took over the town. He even worked at an establishment that had the very first liquor license in Colorado called "Out of bounds." Today, the alcohol business has grown as much as the city has, and Dinsmore couldn't be happier to have watched it grow.

"Fort Collins is where I call home. It is the people that make it so special," said Dinsmore.

Dinsmore received a Bachelor's degree in Marketing from CSU. In light of the new degrees that CSU offers in fermentation science and technology, as well as other trainings offered through the beverage business institute at CSU, Dinsmore is excited about the future of the industry.

"With the plethora of breweries in Fort Collins, I think this degree is a no brainer," Dinsmore said.

He said that if the fermentation and brewing degrees had been around when he was attending CSU, he would have definitely taken some of the classes, but still kept his marketing major. He believes that the people who want to get involved in the industry will be able to polish their skills and share what they learn. The Fort Collins community is also excited about the booming craft distilling industry in the city.

Dinsmore said, "Fort Collins has more breadth and depth of product unlike anywhere else in the country. We are so blessed to live here."

The sense of community that comes from Wilbur's Total Beverage proves that Fort Collins is a great city to live in, especially since the ram pride runs strong from generation to generation.

Celebrate Homecoming Family Weekend

October 16-18

Community Homecoming Parade & Festival on the Oval

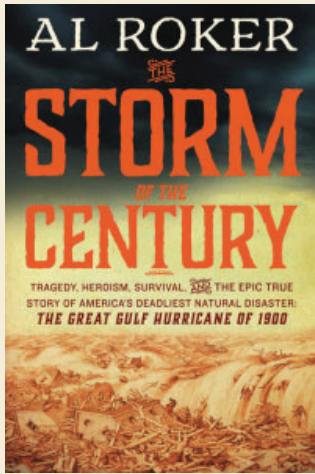
Friday, October 16th at 4:30pm

ENTERTAINMENT CALENDAR

Art & Literature

An Afternoon with Al Roker

Oct. 10, 3-5 p.m., doors open at 2:30 p.m.
Griffin Recital Hall, University Center for the Arts | 1400 Remington St.



NBC's *Today Show* weatherman Al Roker, author of *The Storm of the Century: Tragedy, Heroism, Survival, and the Epic True Story of America's Deadliest Natural Disaster: The Great Gulf Hurricane of*

1900, will discuss his book in a special edition of the Evening with an Author Series sponsored by the Friends of the CSU Libraries and the Poudre River Friends of the Library. A book signing and sales will follow the program. Tickets are required and available at Old Firehouse Books, 232 Walnut St. in Old Town Fort Collins, for \$17 each; purchase a copy of *The Storm of the Century* (\$27.99) and receive two tickets.

Digital Batik Meets Manual Crochet

through Nov. 6
Gustafson Gallery, Gifford Building
502 W. Lake St.

West African textiles and historic crochet techniques inspire the new exhibit featured in the Gustafson Gallery, part of the Avenir Museum of Design and Merchandising. The designs were created by Sara Dudek, a master's student in the Department of Design and Merchandising. Inspiration for the work comes from the designer's travels in Ghana, West Africa, and her family tradition of crochet. Free and open to the public.

Sports Talk in the Museum

Oct. 15 and 29, 4 p.m.
University Art Museum
1400 Remington St.

In conjunction with the exhibit *Scrimmage: Football in American Art from the Civil War to the Present*, the University Art Museum presents a series of talks on sports and art. On Oct. 15, visiting artist Shaun Leonardo will be *Talkin' Tough*, on his performance and video work that question notions of masculinity as related to sport; on Oct. 29, CSU economist Nancy Jianakoplos will be *Talkin' Money*, on football economics, including controversies surrounding the status of college players. Additional talks take place in November and December, before the exhibit closes Dec. 18. Free and open to the public.

Music

Young Ancients

With Special Guest J.A. G'Schwind
Oct 10, 7:30 p.m.
Organ Recital Hall, University Center for the Arts | 1400 Remington St.
csutix.com

Young Ancients unites John Magnie, Cary Morin, and Steve Amedée — three renowned performers from The Subdudes and Three Twins — in a band whose musical roots intertwine in an inspired blend of blues, folk-rock, soul, gospel, Native Americana, and New Orleans R&B. Part of the Contemporary Music Series sponsored by Bohemian Foundation. Free to CSU students (with valid ID), \$12 adult, \$1 youth.

Classical Convergence Series Lysander Piano Trio with Mischa Bouvier, Baritone

Oct. 28, 7:30 p.m.
Organ Recital Hall, University Center for the Arts | 1400 Remington St.
lctix.com



Winner of the 2012 Concert Artists Guild Victor Elmaleh Competition, the Lysander Piano Trio has been praised as a standout for their "passionate playing and articulate and imaginative ideas," which have made them a standout around the nation. They join forces with American baritone, Mischa Bouvier, for a dynamic performance.

Building on the classical concert programs of both Colorado State and the Lincoln Center, the co-produced Classical Convergence season features world-class performers and ensembles performing at the University Center for the Arts and the Lincoln Center. \$20 adults; \$10 students

Halloween Organ Extravaganza

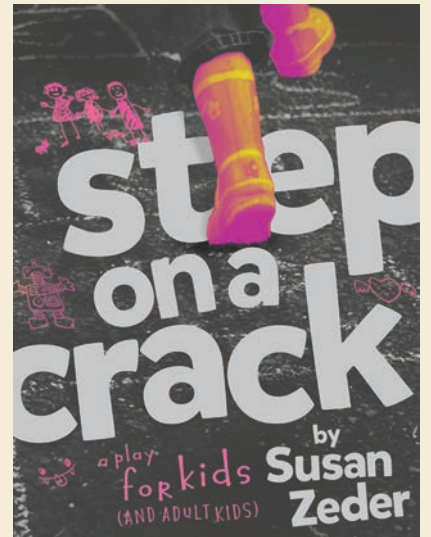
Oct. 31, 7 p.m., 9 p.m., and 11 p.m.
Organ Recital Hall University Center for the Arts | 1400 Remington St.
csutix.com

The organ studio and CSU faculty Joel Bacon perform classic (and not-so-classic) works, including the famous Toccata and Fugue in D minor of Bach. Spooky sounds are sure to put you in the Halloween spirit. Come in costume, if you like, and be prepared to have ghoulish fun at this popular family-friendly event. Free for CSU students (with valid ID) \$12 adult, \$1 youth

Theatre

Step on a Crack, by Suzan Zeder

University Center for the Arts
1400 Remington St.
7:30 p.m. Oct. 9-10, 16-17, 23-24; 2:30 p.m. Oct. 10-11, 17-18, 24-25
csutix.com



In this family friendly play, Ellie Murphy comes to terms with her widowed father's remarriage — and herself — with the help of two imaginary friends and many adventures.

The Submission, by Jeff Talbot

OpenStage Theatre and Company
Lincoln Center Magnolia Theatre
Fridays and Saturdays, Oct. 9-24, 8 p.m.
lctix.com

OpenStage etc. is back with this fiercely funny and intelligent new comic drama about Danny, a young, white, gay playwright, and Emilie, a black actress Danny hires to stand in for him as the author of his award-winning play about an African American family.

Comedy Brewers

Nov. 1, 7:30 pm
Bas Bleu Theaatre, 401 Pine St.
basbleu.org



An evening of Comedy Brewers combines the fast pace of hilarious short form improv games along with long form style improv that tells a story collaboratively. From comedy to drama, short scenes to full-length epics, The Comedy Brewers will engage and entertain audiences with rich characters and relationships. \$10 before 4 p.m. on each Sunday performance, \$15 at the door.

Meet the Classified Personnel Council Executive Committee

By Tammy Perez

Colorado State University employees participate in shared governance through their respective employee councils. Shared governance supports the idea that everyone has a voice in planning, policy, and decision-making at CSU. The Classified Personnel Council (CPC) represents the state Classified employees for the university. The CPC serves to hear the concerns of Classified employees, advocate on their behalf and to let them know their voices matter.

The CPC has an Executive Committee of the highest standard. They work tirelessly to lead the council and are dedicated to making CSU the best place to work in the state for state Classified personnel. The executive committee is comprised of a council chair, a council vice chair, a treasurer, and a secretary. These individuals step forward to declare their candidacy and are then elected by the CPC to take on these leadership roles. The CPC wants to share a little information about the people who serve on the CPC executive committee who work to represent Classified employees at CSU and for the campus to become better acquainted with some of the behind the scenes leaders on campus.



Stacey Baumgarn is the 2015-2016 Council Chair; last year Baumgarn served as the secretary and was voted in as chair for

the 2016 fiscal year. Baumgarn has been a CSU employee for three and a half years, working in facilities management as the campus energy coordinator. Baumgarn focuses on developing and implementing programs and outreach related to energy, water and resource conservation. When asked why he wanted to be a member of the CPC, Baumgarn explained, "I wanted the opportunity to interact with as many employees on campus as I could. Classified employees are a big part of helping the University function on a day-to-day basis." He feels that one of the best parts of being a CPC representative is accepting the responsibility and participating in the opportunity to be active in the decision making process of where we work and live. Stacey believes that every voice matters and should be heard on campus.



Kristin Stephens is the council Vice Chair. Stephens has held that position for two years and has worked at CSU for 11 years and

is currently a graduate coordinator in the statistics department. When asked why she chose to be a CPC representative, Stephens stated, "I thought it was a good way to find out what is happening on campus... We work hard to make life better for the Classified staff." Stephens currently serves on two CPC committees, legislative and employee recognition. One of Stephens' favorite tasks is working on the Educational Assistance Award which is a \$500 award given annually to state Classified employees seeking to move ahead in their jobs and careers. The education assistance award makes a difference in the lives of Classified staff that are pursuing education in addition to working full time jobs, and is currently open for applications to be submitted until Oct. 15. For more information on this award and other recognition opportunities visit cpc.colostate.edu.



Treasurer, Carol Carroll has been in this role for two years and has worked at CSU for nearly 26 years. Currently, Carroll works

in facilities and is the supervisor of the project accounting area. When asked why Carroll joined the CPC, "it was brought up at one of our supervisor meetings that they wanted representation so, I joined! And I am so glad I did!" Carroll is the chair of the CPC outreach and events committee and serves on the university employee appreciation board as treasurer. The outreach and events committee is critical to the CPC because they decide when, where, and what events to host on

campus for Classified employees. Carroll believes that the CPC provides a great opportunity for Classified employees to have a voice and that there is the need to recognize Classified employees for the hard work that they do on campus.



Shami Loose is the CPC Secretary; Loose has worked for 17 years as a Classified employee, and she currently works for the Office of international

Programs with Education Abroad. Loose joined the CPC to "be a voice for the

State Classified employees and to help make a positive impact." Loose works on the CPC communication committee; they are responsible for sharing up to date news and events with the campus community. Loose believes that the CPC makes a difference on campus and believes that being engaged as a voice for CSU employees is an amazing opportunity.

Through shared governance at CSU, every employee has a voice and a chance to be heard. With the CPC executive committee there is a commitment and an underlying theme: to make sure that all Classified employees have a voice and an opportunity to be heard. Working together, we all make a difference at CSU.

If you have any questions, comments, or just want your voice to be heard, please contact us and sign up for our newsletter at <http://cpc.colostate.edu>.



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Get to know the Administrative Professional Council

By Shannon Dale

Who are we?

The Administrative Professional Council is a group of 40 representatives from all University areas, who serve as the voice of administrative professionals across campus with the goal to make CSU an even better place to work, learn, and play.

What do we do?

We research, discuss, and make recommendations to the CSU Administration and assist in the implementation of exciting new initiatives. Many of our initiatives have widespread impact on other groups on campus, which is why we work so closely with the Faculty Council and Classified Personnel Council.

Recent accomplishments:

- Advocated for employee voices to be heard related to parking
- Successfully created AP Emeritus status

FY16 Initiatives:

- Create and implement a comprehensive supervisory training program
- Support HR in building a consistent AP evaluation process and complete the AP framework classification process
- Work with other CSU councils to re-envision CSU in preparation for the 150th birthday of CSU in 2020

Get to know our APC executive committee, a group of elected APC members who provide leadership to the council and reflect the diversity of positions and units across campus that are represented by the APC:

Toni-Lee Viney
APC Chair



Work: Senior Academic Advisor in the Department of Mechanical Engineering.

Favorite CSU memory: I LOVE the APC luncheons and fall employee appreciation events. I look forward to these events every year and enjoy re-connecting with colleagues. We are such an amazing community and I feel so honored to be a part of it. The moments when many of us gather together are especially moving to me.

Why are you passionate about the APC?: I love the passionate, motivated people I get to work with through APC. Together we make an impact on people's experiences at CSU and we ensure that employees have an opportunity to share their experiences and ideas with the leaders at CSU. It is fun to see how the University works and to engage in a collaborative, strategic way.

Katie Brayden
APC Vice Chair



Work: Assistant Director of Development in the College of Health and Human Sciences.

Favorite CSU Memory: On my wedding day, I took a horse-drawn wagon ride through campus with my husband and wedding party. We were traveling from our wedding venue (The Lincoln Center) to our reception site (The Hilton), and we stopped on the Oval for pictures. It was awesome!

What is one thing you wish the campus community knew about the APC?: That there are so many ways to get involved! By running for an election, joining a committee, attending one of our events (or better yet volunteering at one of our events), taking a survey, or participating in a conversation on a topic you care deeply about, there are all kinds of big and small ways to get involved and let your voice be heard.

Deborah Yeung
APC Secretary



Work: Outreach and Events Manager for the CSU Career Center

Favorite CSU memory: My favorite CSU memories are a collection over time and date back to when I was a student. As a first generation student, I was scared out of my mind and thought I made the wrong decision multiple times. By the end of the first week, I knew I made the right decision. Eight years later, becoming a Ram was the best choice I ever made.

What is one thing you wish the campus community knew about APC?: One thing I wish that the campus community knew about APC is that we are here for you! There's never a silly question or concern that we won't talk about. We're on your team.

Bailey N. Dunn
APC Treasurer



Work: Student Financial Services Counselor

Favorite spot on the CSU campus: My favorite spot on campus is probably the LGBTIQA+ Resource Center. Aaric, the director, is one of my best friends on campus. And I love being able to stop by and talk to so many students, plus I work with a lot of them through the student organization.

Why are you passionate about the APC: I love being on the APC because of the interactions that it allows me to have with a very diverse group of individuals from all over campus but also, taking an active role in the university's shared governance allows me to feel like I'm doing my part to make campus a better place, gives me an opportunity to advocate for my colleagues.



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SECRET LIFE OF CSU

FACULTY & STAFF

The secret life of Keith Wood: The Fast Forester

By: Courtney Deuschle

Keith Wood is the community forestry program manager for the Colorado State Forest Service, and he teaches urban and community forestry at CSU every other fall. What you might not know about him is that when he is not teaching or working, he takes to the track. The race track, that is! Growing up in south central Nebraska, Wood spent his Saturday nights watching races at the dirt oval race tracks in his county. Although he wanted to embrace this love of racing when he got out of high school, he put his hobby on hold to attend Colorado State University to study forestry. After receiving a bachelor's and master's degree in Forestry, Wood had kids who also attended CSU. It was at this point in his life that he finally decided to buy his first race car - a Camaro.

Wood explains that a race car needs constant maintenance, and that he's always



What is the significance of the number? Number 4 is the favorite number of Wood's wife, his "main sponsor and most loyal supporter through the years", he said. He also has American flags on his racer, in honor of those who have died protecting our country. Photo courtesy of Keith Wood.

tweaking with set-ups to make it work better. He would occasionally bring his car out to the I-76 Speedway in Ft. Morgan to race it. He also spent his time restoring

another Camaro and showing it at car shows. But, he still was not getting his fix of racing. He decided to then get a second stock car: a 1979 Olds Cutlass.

He has raced it over three full seasons now, and the last two years he finished seventh in points in the Enduro Winter Series at I-76 Speedway. The official race season is from November to March.

Explaining his love for racing, he said, "I have always liked sports and competition, and played them through the years (basketball, baseball, softball, tennis) but am finding myself more and more injured in those sports every time I play them now. The safest place for me, and I can still get my competition and adrenaline rush, is in a race car."

To read exclusive updates on Wood's secret racing hobby, follow him on twitter at: www.Twitter.com/TheFastForester

Do you or one of your co-workers have an interesting hobby or passion outside of CSU? Let us know at csulife.colostate.edu, with Secret Life in the subject line. We will feature a Secret Life in every upcoming issue.

U-Turn helps students get back on the road to academic success

U-Turn, CSU's annual academic resource expo, is set for Wednesday, Oct. 14, 11 a.m.-5 p.m., in the TILT building on the Oval this year.

The campus-wide collaborative event is held in conjunction with the Early Performance Feedback initiative. U-Turn is geared toward helping students academically by offering them the specialized services of different campus programs all in one room.

"U-Turn is open to all CSU students," said Collegiate Success Coach Joanna Lilley in CASA, the Center for Advising and Student Achievement. "It can be especially helpful for those students who are struggling academically, but anyone who wants to improve their academic skills can come to U-Turn."

Academic Support Coordinators reach out to students with a "U" — which is not a grade, but part of CSU's Early Performance Assessment — to have a conversation about some of the challenges the students may be facing. ASCs invite the students to U-Turn to connect with the most appropriate resources.

Self-assessment, Navigators & Planners

A trip through U-Turn takes about an hour, and starts at the front desk of TILT, where students fill out a self-assessment form.

The student then meets with a Navigator, who reviews the student's self-assessment and helps to identify three or more resources for the student to connect

with during U-Turn. These resources range from CASA to the Health Network, Student Financial Services to Resources for Disabled Students.

"We started U-Turn in 2010, aimed mostly at first-semester first-year students who may not realize that they need to adjust their high school study habits to be successful in college-level courses," said Associate Director of Learning Programs for TILT Darrie Burrage. "We've grown over the years to serving more than 300 students per year and would like to have more this year. It really is helpful for students at all levels."

The final person the student meets before leaving U-Turn is the Action Planner. Action Planners help brainstorm three goals they can work toward to overcome their academic struggle, creating an individual action plan tailored just for them.

Navigators and Action Planners are volunteer faculty and staff from across campus who receive training from the U-Turn committee to assist students at the event.

"Students who have gone through U-Turn have told us through evaluations that it has been very useful and has helped them get back on track, and faculty have seen the improvement, too," Lilley said. "It's an entirely voluntary program, so it helps for students realize that they can improve their grades through their own efforts."

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PET HEALTH

Snakes, spiders or ferrets? Choose the right exotic

By Dr. Matthew S. Johnston

Many people are attracted to exotic pets for their unusual and fascinating qualities. Tarantulas, bearded dragons, chinchillas: These and other animals are good fits for some households.

It's critical for the sake of the animal and your family to avoid an impulse buy and to understand the needs and costs that come with an exotic pet. Consider how long the animal will live, what it will eat, where it will sleep, and how it will fit in with your lifestyle.

Here are a few precautions regarding exotic pets:

- Caretaking is not necessarily easier or cheaper for an exotic pet than for a dog or cat.
- Exotics often live for many years; find out about typical longevity before you buy.
- Dietary needs may be demanding; consider food availability, costs and other issues. For instance, snakes typically need live whole prey. Make sure you are prepared to fill the needs.
- Many exotic pets may shed Salmonella bacteria, meaning people must take care with handling and hand-washing to avoid illness. Hundreds of people have become ill in nationwide Salmonella outbreaks linked to pet turtles, according to the Centers for Disease Control and Prevention.
- Understand federal and state laws regulating ownership. Colorado law generally prohibits possession of wildlife, so if an animal was captured in the wild keeping it as a pet likely is illegal or requires a special permit in our state.
- Beware of fad pets, such as hedgehogs and sugar gliders. Although many of these critters are cute, they are not necessarily cuddly – and care can be very demanding to keep the animals in good health.

Here is a guide to help choose an exotic pet that might be right for you.

Lizards

- Advantages:** May be tamed, hypoallergenic, fascinating, beautiful.
- Disadvantages:** Generally difficult care, with daily requirements; cannot be left alone for long periods; many are wild-caught, making ownership illegal in some states; may injure handlers with bites, scratches or tail whips; may shed Salmonella.

Snakes

- About 30 percent of people have an irrational fear of snakes known as ophidiophobia.
- Advantages:** Easiest care of reptiles; common pet species are docile and easy to handle; hypoallergenic.

- Disadvantages:** Foul odor if dirty; whole-prey food; many wild-caught, making ownership illegal in some states; not cuddly; may shed Salmonella.

Turtles and tortoises

A poor choice as a first pet for children.

- Advantages:** Can bond with owner; generally harmless; aquatic, semi-aquatic or terrestrial; beautiful and fun to watch.
- Disadvantages:** Need daily care and maintenance; many wild-caught, making ownership illegal in some states; infamous for shedding Salmonella.

Chinchillas

- Advantages:** Cute, fascinating behavior, can be tamed, relatively easy care, harmless, least allergenic of pet rodents.
- Disadvantages:** Dusty, need cool temperatures — below 80 degrees — and low humidity.

Rabbits

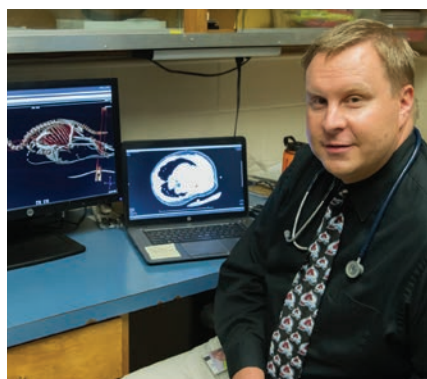
- Advantages:** Highly interactive; cute and cuddly; can be housed outside or indoors, and may be litter trained; can free-roam in the house.
- Disadvantages:** Difficult captive husbandry; may bite and scratch if not hand-tamed; allergenic; shedding; destructive chewing.

Ferrets

- Advantages:** Very gregarious and playful; generally docile and easy to handle; commercial food available; can be litter trained.
- Disadvantages:** Distinct odor, destructive; expensive veterinary care; illegal in some locales, including the state of California and city of Boston.

Learn more

Before taking home an exotic pet, educate yourself by talking to an exotics veterinarian or to others – such as rescue organizations, animal shelters and breeders – who know about these animals and see them on a regular basis. Doing your homework will help ensure success for you and your unusual pet.



Dr. Matthew S. Johnston is a veterinarian and associate professor of Avian, Exotic, and Zoological Medicine at Colorado State University's James L. Voss Veterinary Teaching Hospital.

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Rams in the Rockies 2015 Faculty Tour

By Jim Beers

On an early morning in August, nearly three dozen faculty members and administrators loaded onto a large CSU bus and headed west. Why? To see what the university's impact around Colorado actually looks like.

As the state's land-grant institution, Colorado State University faculty provides students a combination of intellectual classroom pursuits with real-time hands-on experiences in the field and laboratory. And so faculty from nine different colleges and units headed out for a couple days of field work themselves.

Traveling seminar

The Rams in the Rockies Tour is a two-day traveling seminar designed for recently hired and newly tenured faculty, new administrators, and new student leaders. Invitations are issued through the CSU Provost Office.

"Colorado State's land-grant mission demands that we bring the assets of the university to every corner of our state, and we strive to be a model for the nation in our interactions with stakeholders in virtually every county," said Provost Rick Miranda. "Our Ram Tour is a wonderful opportunity to reach out and learn more about our engagement activities by visiting with partners and colleagues who are working so effectively to represent CSU. This year our new faculty were especially impressed with our university's involvement in water issues that are so fundamental to our environment, economy, and food systems. Colorado is our campus – and we couldn't have a more beautiful one!"

Third annual tour

Provost Miranda and Vice President for Engagement Lou Swanson led the third annual CSU faculty Ram Tour to Colorado's Western Slope on August 13-14. CSU Extension, Colorado State Forest Service, and the Colorado River District were among the hosts and presenters for the faculty group as they visited Georgetown and Glenwood Springs before reaching Palisade. Along the



Participants in the 2015 Rams in the Rockies Tour take a break atop Vail Pass.

way, faculty learned about water, forest health, and agricultural innovation from community leaders and CSU partners.

"As a new resident of the state, I was happy to confirm firsthand that the rumors are true: Colorado is a beautiful place," said Henry Adams, assistant professor in the Department of Mathematics. "I enjoyed learning about some of issues and challenges (such as water rights) facing our Colorado communities, and I was impressed to learn how engaged CSU is in helping these communities develop solutions."

Each year, the tour travels through a Colorado region to meet CSU community partners, talk with current CSU students and alumni, and learn from regional leaders. The tour deepens participants' understanding of CSU's existing community partnerships and provides opportunities to network within and across faculty cohorts. The tour is supported by the Vice President for the Office of Engagement and CSU Online.

"I thought that the Ram Tour was valuable in two respects," said Jacob Roberts, professor and chair of the Department of Physics. "First, it was good

to meet CSU personnel and affiliates who work away from campus to gain a personal insight into the some parts of the broader missions of CSU as a land-grant institution; it caused me to think about particular connections within our department. Secondly, it was an excellent opportunity to meet colleagues from across the campus and establish both personal and professional connections."

Making connections

"My favorite part of the Ram Tour was meeting my fellow passengers on the bus," said Adams. "The Ram Tour is an opportunity to form connections with faculty and administrators from all across CSU - connections which might otherwise take years to develop."

"We are all 'too busy' to go on events like this...or so we think," said Brad Udall, senior water and climate research scientist for the Colorado Water Institute.

"I had a great time, made some invaluable connections, and learned things about CSU I would have never gotten from anywhere else. If you get the opportunity, do this tour!"

2015 Ram Tour stops and presenters included:

- Agriburbia, Golden (www.agriburbia.com/)
- Glenwood Community Center, Glenwood Springs (www.glenwoodrec.com/)
- Colorado River District (www.coloradoriverdistrict.org/)
- Colorado State Forest Service (www.csfs.colostate.edu/)
- Colorado State University Extension (www.ext.colostate.edu/)
- Two Rivers Park, Glenwood Springs (www.glenwoodrec.com/Two%20Rivers)
- Grande River Vineyards, Palisade (<http://www.granderivervineyards.com/>)
- Georgetown Loop Railroad, Georgetown (<http://georgetownlooprr.com/>)



Jim Pokrandt, Community Relations Director, Colorado River District, talks with members of the Rams in the Rockies tour along the banks of the Colorado River in Glenwood Springs.



Provost Rick Miranda talks with participants in the 2015 Rams in the Rockies Tour aboard the CSU bus that took the group to Palisade and back.



Thursday, Oct. 15

- Distinguished Alumni Awards Dinner

Friday, Oct. 16

- 50 Year Club Luncheon
- Festival on the Oval
- Homecoming Parade
- Friday Night Lights pep rally, bonfire, and Lighting of the A

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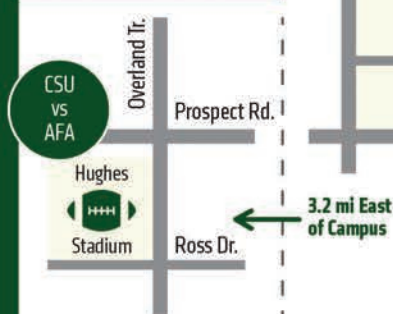
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Campus Trivia with Russ Schumacher

The winner of the CSU Life September Campus Trivia contest is Brenda Hoffman in the Registrar's Office. She was the only one who knew that Colorado State University football teams played at Colorado Field, located on the present site of the Jack Christiansen Track, for 56 years, from 1912 to 1968 — but only 54 seasons, because the football program was suspended for two years during World War II. (Only a slightly trick question, but it did separate the Rams from the lambs.)

Brenda said she has entered the Campus Trivia contest before, “but this is the first time I won.” She said she was Googling around for the answer when it occurred to her that there was a possibility that football might not have been played during the war.

Brenda has been with CSU for nearly 27 years. She has been with the Registrar's office for about three years and now does all the coding for the Degree Audit Report program.

“I'm pretty detail-oriented,” she said. She likes puzzles and games and records *Jeopardy!* to watch after work every night.

For her precise knowledge of Ram lore, Brenda received a CAM the Ram bobblehead autographed by the



winningest Ram ever to appear on *Jeopardy!*, Russ Schumacher, assistant professor of Atmospheric Sciences, and a gift certificate to Wild Boar Coffee. This month we fast-forward into the present era, where CSU President and Chancellor Tony Frank delivered his seventh Fall Address on Sept. 16.

Q. Since 1997, the annual Fall Address has been combined with the University Picnic, originally hosted as an appreciation and celebration for the volunteers who helped the campus recover from the devastating Spring Creek Flood in July. Who delivered the President's Fall Address that year?

Email your answer to csulife@colostate.edu with October Trivia in the subject line by Oct. 19. CSU Life staff will select the winner at random from all the correct entries received.

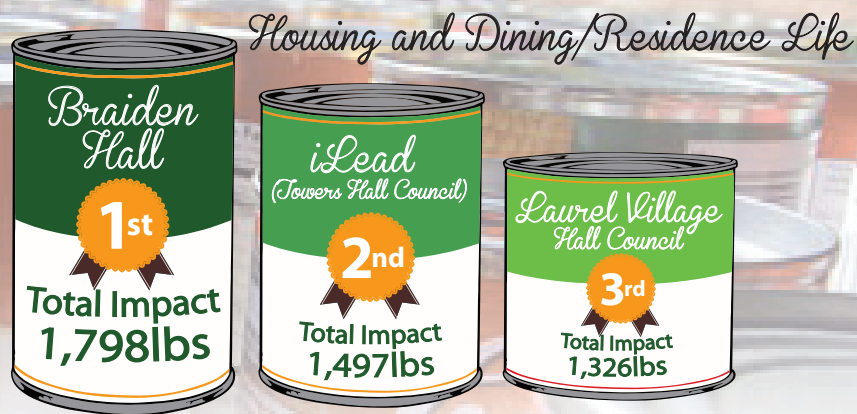
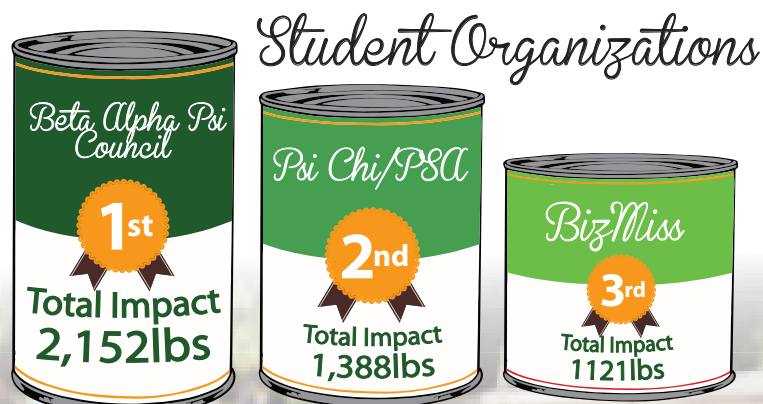
CAN YOU TOP THIS?

The 2015 Cans Around the Oval food drive for the Food Bank for Larimer County is in full swing.

Collection day is Oct. 21

Here are the winners for each category for 2014.

Winners are based off of a calculation of food items & monetary donations and listed as total impact.



Center for Study of Academic Learning opens opportunities to all faculty

By Sarah Sparhawk

An opening reception was held for the Center for the Study of Academic Learning (CSAL) Sept. 9.

The event, which featured a film screening of the 2015 play *Reasonable Assurance* by Paul Kruse, was a celebration of the CSAL mission of promotion of research and scholarship on contingency and tenure in the ever- transforming academic labor in higher education, according to Sue Doe, associate English professor, and Natalie Barnes, instructor in a senior teach appointment for art and art history.

“For me, as non-tenured faculty, the opening illustrated a changing culture at CSU,” Barnes said in an email. “Many on the non-tenure- track are beginning to feel that our contributions are as integral and valuable as those on the tenure-track, and we are faculty in every sense of the word. There are clear instances of adjuncts who are no longer afraid to be identified this way, We’re not there yet, but change is underway.”

With pressure from familiar threats – especially ever-rising tuition costs – CSAL will help faculty and staff to bring together others who share their interests in higher education and hope to impact the various aspects that come along with it.

“While contingent employment is unfortunate in any sector of the

economy, it is particular troubling in higher education where employment vulnerability can lead to caution in the classroom, which is to say the exploration of only ‘safe’ ideas and approaches,” Doe said in an email. “Additionally, when the educational function is understood as a role that can be underfunded, rather than a central facet of the university mission worthy of full investment, other parts of the university rise in stature while teaching and teachers languish.”

Identifying these networks can help, then, to form “a scholarship home” (also called “contingency studies”), for which CSAL can open discussions on other characteristics related to contingent faculty, which has benefits for tenure-track as well. These benefits would prevent a variety of workplace issues for tenure-track faculty, ranging from having to accept larger workloads, increased responsibility to revenue generation (rather than teaching) and even a poor working environment, according to Doe.

“[Tenure-track faculty] may wonder what the message is to students when their own non-tenure-track colleagues who possess graduate degrees can barely scrape by,” she said.

Through CSAL, faculty can support each other by advocating the fair treatment for all and continuing to support higher education, she said.

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Whether you want to experience new wines for your daily table, or you want to take your tasting to a higher level, Pringle's wine club allows you the freedom to enjoy the best of our collection!

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The Pringle's Wine of the Month club is available at two price levels: Try the Preferred Plan for three months at \$74.97-Tax and receive two great every day wines as well as coupons and the Wine Club Newsletter! -or- Try the Select Plan for three months at \$149.97-Tax and receive two great wines to drink now or keep in your cellar for years to come, along with coupons and the Wine Club Newsletter!

CSU COOKS

Homemade Pumpkin Spice Latte

Cut the calories - and the cost.



Fall pumpkin coffee drinks are back in all the popular coffee chains. This drink can be expensive for some and high in calories and sugar. Luckily, you can easily make this drink at home for a warm, healthy, low-cost treat with this recipe from the Kendall Anderson Nutrition Center. Serves 2.

Ingredients:

1 cup low-fat milk or milk substitute
1 cup strongly brewed coffee
1/4 cup pumpkin puree
1/2 teaspoon cinnamon
1/2 teaspoon ginger
1/4 teaspoon nutmeg
1 teaspoon vanilla extract
1 teaspoon honey (optional)

Directions:

Bring milk to a boil, add milk and all other ingredients into a blender, and mix until well combined. Garnish with a dash of cinnamon or pumpkin spice on top. Pour your homemade pumpkin spice latte into your favorite mug, and enjoy!

Nutrition Information / Amount per serving:

Calories 73 | Protein 5 g | Total Fat 0 g | Total Carbohydrates 12 g
Saturated Fat 0 g | Dietary Fiber 1 g | Cholesterol 2 mg | Sodium 68 mg

For other great recipes, check out www.nutritioncenter.colostate.edu

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Whether you are a working professional relocating to Colorado, or a parent looking to invest in your student's future, this class was designed specifically to teach you the process of buying and how to avoid common mistakes.

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BOOK REPORT

Robinson writes *Death of a Century* from a lifetime of experiences

By Sarah Sparhawk

From firefighter to novelist, Adjunct English Professor Daniel Robinson crafts real life experiences – his own and others – into writing.

“The first time I tried writing a novel I was in the seventh grade,” he said. “Must have really been awful, I’m glad it didn’t survive. It would be terribly embarrassing.”

It was after 14 years as a firefighter that Robinson decided it was time for a change earning his master’s from CSU and PhD from University of Denver. Clearly improved since his first stab at the art, he has been receiving positive recognition for his latest novel, *Death of a Century*.

“Set in 1922 primarily in Paris, among the Lost Generation, the expatriates who lived there. My protagonist is a World War I veteran, who has to return to Paris to investigate a murder, while at the same time, revisiting the memories of the war,” he said.

But the firefighter turned author has more for readers than just a mystery.

“There’s a number of characters in the novel that aren’t who they say they are at various times,” Robinson said. “I also was interested in the relationship between fact and fiction.”

Robinson estimates he spent about two thousand hours researching history for his novel, including very specific details like how much a beer might have cost during the time period. He can name off a myriad of historical figures that make an appearance in his novel, but with the careful appreciation of creative writing and the Lost Generation that he possesses, Robinson does not seem to mind the time spent with his head buried in research for the sake of a “good story well told.”

“There’s an escapist element to that,” he said.

Death of a Century is not Robinson’s first novel, either. He has written two others, one, again, drawing from history (Great Depression-era southern Colorado) and the other – his first – from his experiences as a firefighter, titled *After the Fire*.

“*[Death of a Century]* and my first novel are both strongly related to my experiences here at CSU,” he said. “My first novel about wildfire was based upon those experiences that I had in those 13 years and I started fighting wildfire while I was a student here.”

Robinson has earned praise for his writing and he remains thankful for even the difficult experiences.

“People talk about writing and they say the most important thing is to write about what you know but Raymond Carver, the wonderful short story writer, says...what you really only know about is human emotions,” he said. “I have no experience with World War I, so I had to do a lot of research. When I fought fires, I saw six fires that killed people, so I do have some experience with something like violent death.”

After the Fire will be rereleased this month. Readers can find *Death of a Century* available for purchase now, just a few months after its release in June.



You can read reviews of *Death of a Century* at <https://historicalnovelsociety.org/daniel-robinsons-death-of-a-century-continues-fictions-commemoration-of-world-war-i/>.

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CSU Diversity Symposium: Fauna Hodel

By: Courtney Deuschle

Fauna Hodel was one of the many speakers featured at the 15th annual Diversity Symposium at CSU on Sep. 23-25th, 2015. Hodel shared her unique story about growing up identifying as black, only to find out later in life that she is actually Caucasian.

Donnyale Ambrosine, with the Lory Student Center, introduced Hodel to the audience by bringing up the controversial story of Rachel Dolezal that stirred national attention over the summer. Similar to Hodel's story, Dolezal was accused for lying about her race because she identifies as black even if it's not what her birth certificate says. Ambrosine welcomed Hodel to the University and prompted the audience by asking the question, "Who chooses how we identify?"

Hodel told her unique story explaining that her biological mother was a white woman, but she was given up at birth and raised by a young black woman. Growing up in Nevada, in a community of black people, she says that she felt like an alien. She never felt like she belonged.

She continued her story by talking about the fact that her entire life had been all about the color of her skin. She realized at a young age that she knew she could make an impact on the world one day by sharing her story.

"At the end of the day, all that matters is



the color of love. We are all human beings and that is how we should look at each other. My goal in life is to share my story and move people beyond color," she said.

At the age of 23, Hodel finally met her birth mother. She was shocked to learn the both her mother and father were white. She had grown up thinking that she was a "mixed" child, with a white mother and black father. She recounted memories

of trying to tan her skin in the sun, and tinting her blond hair so she would fit in.

Hodel wrote a book about her story, *One Day She'll Darken*. This title is a reflection of what she felt on the inside. She grew up identifying as a black woman. It's what she knew and it is who she was.

"How can people decide they don't like someone just based on what they see?" she asks. "I wait for the day that everyone sees

people as humans and the judgement and stigmatism ends."

She finished her speech by responding to the topic of Rachel Dolezal mentioned at the beginning of the talk. She explained that she applauds anyone who can step up and be who they feel they are.

Learn more about Hodel and her inspirational life story, visit her website: www.faunahodel.net/

Remarkable Service Award



BEVERLY HENKE
DINING SERVICES

Dining Services is proud to recognize BEVERLY HENKE, Production Cook at the Durrell Dining Center, as the recipient of the Remarkable Service Award for the summer of 2015! This monthly recognition program for dining services' employees was created to build employee engagement and recognize remarkable service.

Beverly was nominated by the catering team for "standing out as the consistent staff member working over 140 catering events to include 50 CRU events. She assembled bulk/boxed lunches and ice cream social items. She worked the BBQ grill during cookouts and served at catered buffets. Her efforts also included directing other kitchen staff members on food production to ensure events started on time. Her remarkable efforts in and out of the kitchen allowed management to focus on logistics"

Congratulations, Beverly!



KYLE HARTWICK
DINING SERVICES

Dining Services would like to congratulate KYLE HARTWICK, Production Chef at the Durrell Dining Center, as the September recipient of the Remarkable Service Award! This monthly recognition program for dining services' employees was created to build employee engagement and recognize remarkable service. Kyle was nominated by his management team for his "ability to demonstrate what commitment and leadership look like in some of the most extreme cases in the food service industry. Being short staffed, Kyle comes in early and stays through closing to ensure every menu is prepared and served without a hiccup in the guest experience. Kyle has taken on a very significant role in Durrell's positive growth and direction to make Durrell a premier dining center where students, guests, administrators and other guests take notice."

Congratulations, Kyle!

Reinventing the Wheel: How do you commute?

More and more CSU faculty and staff are choosing to get to campus some other way than driving a single-passenger car. We wanted to find out how they do it, what some of the challenges are, and if they have any tips for others who want to reinvent the wheel for themselves.

This month's alternative commuter is **Emily Allen**, the community liaison between Off-Campus Life at Colorado State and Neighborhood Services for the City of Fort Collins. She bikes to work all year round and between her two offices.

How many days a week do you travel by bike? Five commuting days; additionally, I am trying to ride my bike more on the weekends and cart my kiddos with me (weather dependent).

How long does it take to commute to work? On my CSU days the morning trip takes me an average of 17 minutes (4.3 miles one way); on my City days (Old Town area) it takes me 25 minutes (6.2 miles one way).

Describe your route. I live out at Drake and Overland so I hop on the Spring Creek Trail, following it through Rolland Moore Park, under Shields and then I hop up at the Whitcomb/Prospect traffic light and on to campus.

Do you do anything along the way? Two to three times a week I work out at the Student Rec Center on campus.

How do you prepare prior to commuting to CSU? I think preparing for my day was the biggest initial challenge when I decided to commute full time. I didn't realize it would take so long. It starts the night before when I look over my calendar to find out what my day looks like. If I'm exercising I have to think about the gear I need for the gym and then what clothing I will wear for the day, plus the clothing I will commute home in. I also need to consider the type of weather I will experience in the morning, throughout the day if I'm hopping between my offices, and then for the ride home. Additionally, I think about my lunch and any items I will need to take to/from work. I have two pannier bags – one completely closes and is waterproof, the other cinches closed and allows me the flexibility to have larger items. The great news is that I have it dialed now and now it's just a part of my everyday routine.

What concerns did you have before biking to CSU? My biggest concern was being out on the road with cars. To overcome my fear

I grabbed the incredible bike map that Fort Collins has and found as many routes as possible that offered either no interactions with vehicles or limited/low volume interactions. I was impressed with how many of these different routes I could take to campus and into Old Town. Then I hopped on my bike and tried them all out so I could be more comfortable and find out the realistic time it would take me to get to commute. Now I have several different options depending on the time of day and where I am in the City.

How do you manage workday business trips without having a personal vehicle? This is by far the best part! I often times make it to meetings earlier than my colleagues who are driving in vehicles. I won't lie, though — weather can be a challenge, so it's important to find out what it looks like for the entire day so that you can prepare.

When you get to campus, how to you prepare for your workday? This was probably my second biggest concern. I love the days that I work out at the Rec because I can shower and get ready there. On my CSU days, I work in the Lory Student Center and have taken advantage of the new large bathroom that has a wonderful shower (great water pressure and temperature!). There are these hidden bathrooms with showers all over campus! Most of the time I take my shower at home and put on my commuting clothes (sports bra, wool t-shirt, sun protectant long sleeve wool hoodie, either shorts or long pants, and sneakers) and then completely change when I arrive at work. I carry around deodorant and wipes in one of my panniers.

How do you reverse the process at the end of the day to get ready to ride home? The end of the day is my favorite part because I don't care what the weather is. I just change back into my commuting clothes and hustle home. Plus, the days when it is pouring outside allow me to tap into my inner 4-year-old-puddle-jumping-child!

What advice would you give to a fellow employee who is on the fence about using alternative transportation to commute? You don't know how it will be for you until you give it a go. Pick a weekend day and try it out – many times. Don't give up – it can be challenging at first and once you get used to it you may wonder (like I did) why you didn't start sooner. I used to be the one who would drive around looking for the closest parking spot; when I do drive my car now I park in the far spots and walk. It's amazing



Emily Allen, the community liaison between Off-Campus Life at Colorado State and Neighborhood Services for the City of Fort Collins. She bikes to work all year round and between her two offices. Photo by Kyle Dueshle.

how much my perspective has changed – on everything!

And when you start riding, please wear a helmet; attach a bell and use it (if not, use your voice and share when you are coming up on the left); use your bike lights – even during the day; if you

wear headphones, please make sure you can hear others on the trail; and wear shoes that attach completely to your feet.

Tell us your alternative commuting story at csulife@colostate.edu.



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ISOLATION ALE



A funny thing happens here around summer's end – our eyes start searching the skies for those first fall flakes. As we welcome autumn's first snow, we celebrate the return of Isolation Ale. A sweet caramel malty ale that is balanced by a subtle crisp hop finish. Whether you ski, shred, or shoe, Isolation Ale will inspire you to make first tracks.



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