



October 2012

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## COMMUNITY EVENTS

### 25-Year Time Capsule

In 1987, CSU's maintenance staff built a time capsule for students to fill and buried it for future generations to open and explore. Earlier this summer, 35 years later, the LSC opened the capsule. Visit the LSC Plaza Sept. 26 to see a video of the capsule's opening and view the items found inside.

### Bike for Breakfast

The CSU Campus Bicycle Advisory Committee is hosting its last September breakfast station on Sept. 27, for campus bicyclists. Community sponsors will be serving food from 7:30-10 a.m. to the first 300 visitors. The station will be at the intersection of Centre Avenue and Pitkin Street.

Visit [bicycle.colostate.edu](http://bicycle.colostate.edu) to learn more.

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## First presidential visit to CSU



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## From floats to football and everything in between, it's Homecoming & Family Weekend

by Mary Willson

The leaves are falling, the temperature is dropping -- all signs that CSU Homecoming & Family Weekend is not far off.

CSU Homecoming dates back longer than parade floats and a rivalry football game. In 1914 President Charles A. Lory, the university's fifth president, started a tradition of the then Aggie football team playing a team of Aggie alumni. Since then, Homecoming has blossomed into a full weekend of events celebrated throughout the community.

"I get excited to see students, parents and families, staff, faculty and alumni come together

to celebrate CSU during Homecoming," said Vice President of Student Affairs Blanche Hughes. "The campus has lots of energy, excitement and pride as we welcome back our alumni and friends and celebrate our students and their families."

Everyone -- young and old, students and community members -- can enjoy the festivities ranging from sports to music and everything in-between. The parade and the football game are timeless celebrations of school spirit but the first weekend of October is packed with many more events that reflect the campus' diverse community.

The week kicks off on Oct. 4 as many  
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## The Morrill Act: 150 years of access and achievement

by Fred Brown

For the first hundred years of the United States' existence, higher education was exclusively for the elite, with only a handful of public colleges providing degrees largely to students from wealthy eastern families.

But President Abraham Lincoln -- during some of the darkest, bloodiest days of the Civil War -- recognized that broader access to higher education would be vital to the growing nation's future. In 1862, Lincoln signed The Morrill Act, a groundbreaking piece of legislation that changed the national landscape by making education more accessible and giving a largely rural, agrarian society access to a new, more practical kind of advanced instruction.

During the past 150 years, colleges funded by the lands the Morrill Act granted to the states have steadily evolved into some of the nation's most prestigious research institutions, including Colorado State University.

The Morrill Act "scratched several itches," said CSU President Tony Frank. "There was obviously a big federal push about how do we feed this growing country. You also have a society that is

See **MORRILL** page 11



Colorado State University



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See **MORRILL** page 11





# applause



## Top tier university

Colorado State University is again ranked as a top tier university among the nation's best in *U.S. News and World Report's* annual "America's Best Colleges" rankings. The rankings, released Sept. 12, place CSU as 67th among public universities nationwide. The magazine also listed the university as an A-plus school for students who want to be part of a university with a broad, engaged student body. According to *U.S. News and World Report*, it assesses more than 1,500 of the country's four-year colleges and universities for the rankings, including 281 considered for the top national rankings.

## VetDC

VetDC, a CSU spinoff company, has won the Colorado Bioscience Association's prestigious bi-annual BioWest Venture Showcase – an annual competition highlighting the state's most promising startup bioscience companies.

VetDC was created to adapt innovative, underutilized technologies from human medicine for use in companion animals. The company works with pet owners and veterinarians at the CSU Veterinary Teaching Hospital and Animal Cancer Center to assess, develop and advance promising new veterinary therapies.

Executives of VetDC competed with four other companies in Denver this past September to pitch their technologies and business plans to a panel of bioscience experts and venture capitalists in the BioWest Venture Showcase, which is the signature event of the 2012 BioWest Conference. VetDC took home the first prize and \$7,500 in cash from the competition.

## CSU Animal Population Health Institute

**Dr. Mo Salman**, director of the CSU Animal Population Health Institute, was awarded four grants totaling approximately \$250,000 from the U.S. government and international agencies to develop a field epidemiology training program for veterinarians, support animal health officers in East Africa in combating their animal diseases, and bring veterinarians and government leaders from the country of Georgia to Fort Collins for training on U.S. agricultural health systems.

On Sept. 7, Salman hosted the International Veterinary Epidemiology Training Course, a two-week training program in Fort Collins with 27 other veterinarians from around the world. He hosted veterinarians and government officials from countries

including Egypt, Mexico, Tanzania, Kenya, the Philippines, Vietnam, South Sudan and Tunisia. They talked about field data, diagnostic test results and the use of economic principles in animal health – all directed at controlling such debilitating livestock diseases as anthrax and foot-and-mouth disease.

The International Veterinary Epidemiology Training Course is sponsored by the U.S. Department of Agriculture's Animal and Plant Health Inspection Service and implemented in cooperation with USDA Centers for Epidemiology & Animal Health, CSU's Animal Population Health Institute and the Association for Veterinary Epidemiology and Preventive Medicine.

## Career Center

CSU's Career Center has named **Jeremy Podany** the new Career Center director. Podany comes to Colorado State from Indiana University's School of Informatics and Computing where he served as director of Career Services. He has worked in higher education for more than 12 years, most of which has been in career services.

He said he looks forward "to further strengthening the community relationships already forged by our employer relations staff and welcoming more recruiters to campus through our on-campus interviews and recruiting events."

## College of Applied Human Sciences

### School of Social Work

Colorado State University has named **Audrey Mengwasser Shillington** the new director of the School of Social Work.

Shillington joins CSU from the San Diego State University School of Social Work, where she was an associate director for the Center for Alcohol and Drug Studies.

Shillington's research focuses on substance abuse, high risk behaviors among adolescents and young adults and consequences of drug abuse among young adults, as well as methods of studying substance abuse disorders. She has received more than \$9 million in funding from National Institute on Alcohol Abuse and Alcoholism, National Institute on Drug Abuse and the state of California.

## College of Natural Sciences

**Arlene Nededog**, who has spent her 27-year career at CSU recruiting and mentoring diverse student groups, has been honored with a national award from the organization Advancing Hispanics/Chicanos and

Native Americans in Science, or SACNAS.

Nededog, who is currently director of Undergraduate Retention Programs for the College of Natural Sciences, will receive the 2012 SACNAS Distinguished Service to Society Award at the October annual conference.

Nededog has served as chairwoman and representative for the university's Multicultural Commission and has presented numerous cross-cultural communication workshops for various departments and organizations. She developed a retention plan for the

## Send in your Applause

Our Applause section features notable highlights from CSU's colleges and departments. The campus community is invited to submit material for Applause to celebrate the good work, service, outreach, research, and personal triumphs that keep the people of CSU engaged and committed to higher education.

If you have applause to share, send an e-mail to [CSULife@colostate.edu](mailto:CSULife@colostate.edu) with your brief announcement and the best way to contact you.

Minority Student Resource Center, Student Hispanic Honor Society and a networking program linking women interested in science with female faculty. She also facilitates academic success groups targeting minority students.

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CSU Life is published monthly through a partnership with CSU Department of External Relations and Rocky Mountain Student Media. The publication is mailed to faculty and staff on campus.

Contact us at  
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# Fall Address marks 15th anniversary of the Spring Creek Flood

by Mary Willson

The President's Fall Address has been a Colorado State tradition for more than two decades, and the University Picnic was added in 1997 when the CSU community came together to celebrate the beginning of classes after the devastating Spring Creek Flood.

## Flood facts:

- Spring Creek flooded on July 28, 1997, filling streets with mud and debris, pushing 8,250 cubic feet of water per second through the creeks, mostly next to the Spring Creek bike path.
- Meteorologists described the storms as tropical in nature.
- Five people drowned south of campus when water swept through a mobile home park.
- Citywide damages have been estimated at more than \$200 million.
- Thirty-six buildings were directly damaged.
- Almost 500,000 volumes in Morgan Library were damaged.



President Tony Frank delivered his Fall Address on Sept. 13.

- Lower-level walls gave way in library.
- Mold and mildew started contaminating additional materials in upper levels of the Morgan Library.
- Thousands of books were donated by the community, state and nation, and within a month after the flood, Morgan Library was open again.
- The bottom level of the Lory Student Center was flooded with several feet of water, nearly reaching the ceiling.
- By the first day of classes on Aug. 25, the CSU Bookstore (housed in the basement of the LSC) was ready with about 85 percent of the needed textbooks for more than 22,000 students.
- Redesigning and rebuilding 107,000 square feet of the lower level of the student center – typically a five-year job – was done in 18 months.
- Thousands of costumes, props and instruments were lost from the theatre and music departments.



Provost and Executive Vice President Rick Miranda and President Tony Frank spoke to members of the campus community who gathered on the Oval for the Fall Address.



Campus community joined President Tony Frank at the University Picnic following the Fall Address on the Oval.



Roughly 3,000 members of the campus community attended this year's Fall Address and University Picnic.



# HOMECOMING | Celebrating CSU pride

from page 1

more events that reflect the campus' diverse community.

The weekend kicks off on Oct. 4 as many CSU alumni who have made an outstanding impact in the community are recognized at the Distinguished Alumni Awards Banquet at the Lory Student Center. Wayne Viney, emeritus professor in the Department of Psychology, is honored with the 2012 Distinguished Faculty Award. Kathy Thornhill, advisor and supervisor in the College of Business, is honored with the 2012 Distinguished Alumni Employee Award. The Distinguished Alumni Employee award is now in its second year.

The Reunion on the Oval starts at 2:30 p.m. Friday, Oct. 5 and includes live music by the bluegrass band WhiteWater Ramble, bounce houses, food trucks, carnival games and more. This is a good time to get dinner before the parade and a great event for kids and families.

The Homecoming Parade starts at 4:30 p.m. in Old Town, wraps around the Oval and ends at the West Lawn. Bring lawn chairs or blankets

and enjoy the biggest parade in Fort Collins.

The parade is followed by the pep rally, bonfire, fireworks, lighting of the A. The CSU Volleyball team will play its Homecoming game against Wyoming at 7:45 p.m. on Friday at Moby.

On Saturday, Oct. 6 bring the family to the annual Homecoming 5K Race starting on the Oval. Kids race for free, led by CAM the Ram. Students and adults can register online for \$25. The event supports Heart Disease Prevention program in the Human Performance Clinical/Research Lab on campus. Last year, about 2,000 participants came out to join the fun. After the run, from 9 a.m. – 2 p.m., join the Campus Crawl with a guided, or self-guided tour through campus.

Lastly, Homecoming & Family Weekend culminates at Hughes Stadium. Ram Town opens at 2 p.m., the Alumni Association Tailgate gets going at 2:30 p.m. and the Rams take on Fresno State at 5 p.m.

Full schedule and details for Homecoming & Family Weekend are at [homecoming.colostate.edu](http://homecoming.colostate.edu).

## Antique Car Show

Have an antique car you want to show off?

The College of Business is hosting an antique car show during its Homecoming celebration from 11 a.m. - 2 p.m. Saturday, Oct. 6 at Rockwell Hall.

In addition to the car show, there will be live music, free food, tours of Rockwell Hall, activities for kids and free shuttles to and from the Ram football game at Hughes Stadium.

If you are interested in having your car be part of the show, contact **Jessica Guzinski** at [Jessica.L.Guzinski10@business.colostate.edu](mailto:Jessica.L.Guzinski10@business.colostate.edu).



CSU Alumni Association's Model T Ford was in the 2011 Homecoming Parade. Courtesy of the Alumni Association

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# CSU Sports Hall of Fame inductee: Jim Malley

*CSU will welcome six new members to its Sports Hall of Fame during induction ceremonies in October. The Class of 2012 includes a trio of standouts from the gridiron in Harvey Achziger, Kevin McDougal and Damon Washington, six-time swimming All-American Jim Malley, volleyball record-holder Jill (Johnson) Bedard and track star Chris Adsit.*

*by Enes Ozekin*

Colorado State University Athletics and the Ram Alumni Athletes Association announced Jim Malley as a new member of the CSU Sports Hall of Fame Class of 2012. After two NCAA championships, multiple All-America honors, a CSU MVP award and an Olympic Trials appearance, Malley’s journey to the Hall of Fame has certainly been one to remember.

## The start of something special

Malley aspired to be a great athlete at a very young age. He looked up to professional baseball player Willie Mays and cites Mayes as his inspiration for participating in sports.

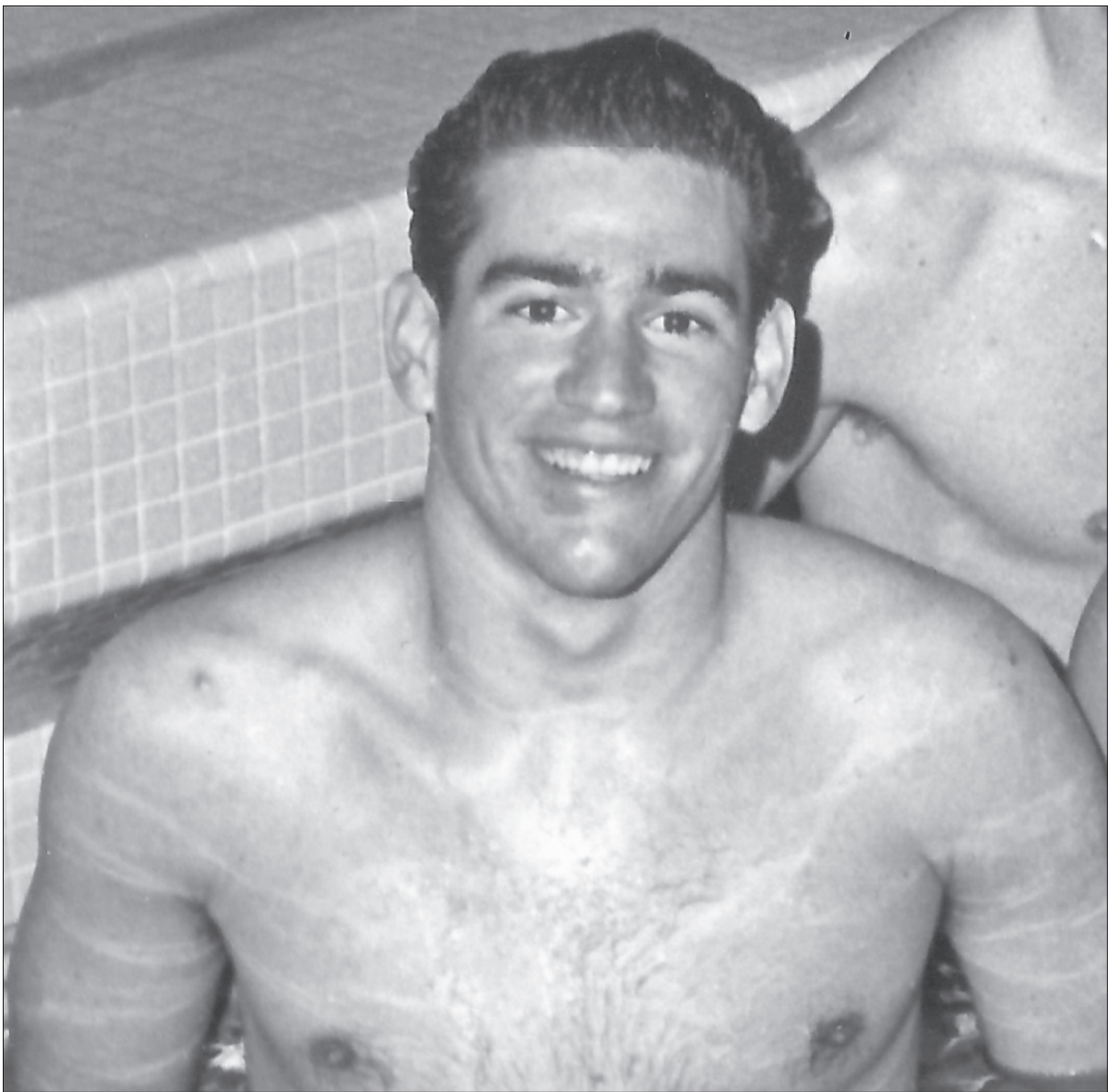
Learning from the baseball icon’s example, Malley placed an emphasis on a strong work ethic. As a teenager, he joined Coach George Haines’ Santa Clara Swim Club, widely considered to be the best and most challenging swim team in the world.

## Striving for excellence

It was the lessons he learned from Haines and the Santa Clara Swim Club that shaped Malley as a swimmer. Malley’s coach taught him the single most important attribute for success is to work hard to be the best, from swimming extra laps after class to studying for tests and always focusing on the “student” portion of being a student-athlete.

“Haines further instilled a strong work ethic in me,” Malley said. “He encouraged me to expect the best in everything I did – not just in swimming, but in academics as well.”

Malley’s experience with the Santa Clara Swim Club helped him become CSU’s first-ever recipient of a men’s swimming scholarship, and he was determined to make CSU proud. He would ultimately become one of the university’s most decorated athletes, appearing at the Olympic Trials and setting an American record at the NCAA Championships.



Jim Malley represented Colorado State at the 1967 and 1968 NCAA Championships, placing in several events, including the backstroke and medley relay.

## Malley’s legacy

While at CSU, Malley said his three proudest moments include his success at the NCAA Championships, his academic performance and – more recently – his induction into the CSU Sports Hall of Fame.

Malley is quick to point out that his successes in the classroom are just as important as his athletic achievements. He was an undergraduate student in the 1960s and a graduate student in the 1980s. He says he particularly enjoyed courses such as the Physiology of Exercise, which challenged and taught him how the human body functions.

strives to be a role model to his students.

Malley says he is honored to be inducted into the CSU Sports Hall of Fame Class of 2012 and would like to thank his teammates, coaches and friend Rich Gregory for their unwavering support throughout his career.

His advice to current and future student-athletes is to put as much effort into studying as they do into sports. He said he enjoys giving back to the university and relishes the fact he lived in a special place like Fort Collins.

## Serving as a mentor

Malley now teaches in California. He works tirelessly to set a positive example for those around him, serves as a mentor to former CSU swimming coach John Mattos and



Malley swam for Colorado State from 1966 to 1968 and received CSU’s first-ever swimming scholarship.



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# Mystery of CSU history

Come tour the historic “spirit” of CSU’s campus and learn folklore behind buildings and landmarks through RamTrax’s Mystery of CSU History tour. Learn what buildings are rumored to be haunted, hear creepy stories students have told for decades, and discover the meaning of superstitions surrounding the Oval.

**Mystery of CSU History tour**  
**5 p.m. Oct. 26**

The tour begins at the south entrance of the Student Services Building, located at University Avenue and South Mason Street. Tours are limited, please RSVP to RamTrax@colostate.edu or to Jennifer. Lobermeier@colostate.edu.

RamTrax is CSU’s premier visitor experience developed to showcase the university’s outstanding academic programs, highlight prestigious research and expand outreach to the community.



Old Main was the first academic building constructed on campus. It was completed in time for the first classes on Sept. 1, 1879.

## COMMUNITY EVENTS

From page 1

### Natural Gas Symposium 2012

The Natural Gas Symposium, held Oct. 1-3 in the LSC Main Ballroom, will explore the complexities of the natural gas economy and its impacts in Colorado, the West and around the globe.

Registration is free but required. To register, visit [naturalgas.colostate.edu/symposium](http://naturalgas.colostate.edu/symposium).

### An evening with award-winning playwright Ayad Akhtar

Ayad Akhtar, author of “American Dervish” and CSU alumnus, will speak at 7 p.m. Oct. 3, at the Hilton Fort Collins. “American Dervish” focuses on one family’s struggle with identity, one boy’s devotion to faith and the sometimes tragic implications of extremism.

Doors open at 6:30 p.m. with seating on a first come, first-served basis. A book signing and sales will follow the program. The event is free and open to the public.

To learn more, visit [lib.colostate.edu/dervish](http://lib.colostate.edu/dervish).



### Campus Equity Week

To celebrate the contributions of non-tenure track faculty and raise awareness of their working conditions, the College of Liberal Arts Adjunct Faculty Council presents a series of events beginning Oct. 10. To learn more, contact Laura Thomas at (970) 491-7309.

### Cans Around the Oval

Cans Around the Oval is a CSU tradition where students and employees partner with community members, local media and businesses to raise awareness about hunger, as well as raise food and monetary donations. Donations can be delivered from 10 a.m. - 4 p.m. Oct. 17 to the CSU Oval.

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# Your trusted local resource: Colorado State University Extension



by Joanne Littlefield

A century ago throughout Colorado, local farmers and other citizens -- concerned about the health of their crops, animals, and land and water resources -- banded together to create the first Extension offices. These offices provided a local connection to research taking place at the state's land-grant university.

On Oct. 1, 1912, when the first CSU Extension office was established in Logan County in Eastern Colorado, similar higher education experiments were occurring across the nation. It wasn't until 1914, when Congress passed the Smith-Lever Act that connected the U.S. Department of Agriculture to the outreach capacity of the land-grant universities, that the national Extension Service was established. The opening of the Logan County office was followed shortly after with offices in El Paso, Pueblo, Mesa, Boulder, Morgan and Prowers counties.

Colorado State University Extension serves current and future needs of Coloradans by providing information and programs that safeguard health, increase livelihood and enhance well-being. The programs are diverse and reflect the unique needs of each of the 60 counties served. In partnership with the local county government, a wide variety of programs and educational classes are offered. Through these, people learn how to apply science-based information in their daily lives to make informed choices about everything from personal finances and healthy living to community issues, landscaping decisions and crop varieties. This year also marks the opening of Colorado's 60th Extension office, in Clear Creek County.

While the statewide administrative office for Extension are on the CSU campus, it's the Larimer County Extension office,

located at 1525 Blue Spruce Drive in north Fort Collins, that serves county residents, including students on the CSU campus. The success of the Saturday Old Town Fort Collins Farmer's Market -- on the Larimer County courthouse grounds -- is because of the continuing efforts of local Extension staff and volunteers. In addition to booths featuring local produce, informational booths provide food safety, nutrition and gardening information.

Extension is a partnership of local government and CSU resources. Agents are located throughout the state, and specialists in seven colleges at the university provide up-to-date research information. In addition to the face-to-face workshops that have been an Extension staple since the beginning, in the ever-increasing, fast-paced, Internet-based world, Extension in Colorado is a partner of the nationwide group eXtension. This Internet-based educational network complements community based programs, vetted by land-grant communicators from around the nation, with 24/7/365 availability and dynamic, evolving content.

The multiplier effect is at the heart of Extension's success. Professionals such as crop advisors or health department employees turn to Extension as the initial point of contact for their continuing education needs. Through online or face-to-face workshops, they learn of the latest research findings from CSU and then take that information to their clientele. This multiplier effect also extends to the network of community-based volunteers who take in-depth training and then provide educational outreach as part of their payback agreement with the local Extension office.

Learn more about Extension programs statewide at [ext.colostate.edu/impact](http://ext.colostate.edu/impact).

## BUSINESS BUZZ



### All About Braces

[www.AABraces.com](http://www.AABraces.com)

**Colorado's #1 Orthodontist offers CSU Faculty & Staff Discounts!**

Having served the greater Denver area for a number of years, All About Braces opened its newest location in Fort Collins in the King Soopers shopping center just west of the CSU campus. Since opening in 2011, the business has grown quickly in part due to significant accolades and recognitions. In a recent statewide survey, Colorado Parent Magazine named All About Braces the #1 orthodontists in Colorado. Additionally, 5280 Magazine announced that all 4 of the doctors at All About Braces were identified as top orthodontists in Colorado for 2012 by their peers in the dental community!

Conveniently located close to campus on the southeast corner of West Elizabeth and South Taft Hill Road, All About Braces has appreciated the support of the CSU student body and staff. To show their true Rams spirit and appreciation to the university community All About Braces in Fort Collins is now offering a \$500 discount off of comprehensive orthodontics to all CSU employees and their immediate families. Take advantage of this fantastic offer by simply showing a CSU ID during the free orthodontic consultation. For more information, contact All About Braces at 970-980-2145 or visit [www.AABraces.com](http://www.AABraces.com).

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## foodies! CULINARY ACADEMY

Foodies! Culinary academy in Fort Collins opened one year ago this month as an avocational interactive cooking school offering classes, weekly clubs, parties and events to adults and children alike. It is the mission of foodies! to delight, inspire, teach and empower people to explore, craft, create and cook nutritious, delicious, simple – yet sophisticated – affordable food. **Food that is good and good for you!**

Interactive classes allow students to work in a hands-on environment with expert instruction from Professional Chefs. Students make and eat all the dishes they prepare using local, seasonal, sustainable ingredients. **Themed**



**TOP Chef Birthday Bash** parties are a popular weekend activity, as are Peas & Carrots classes for parents with children.

A growing number of local businesses, including groups within the CSU population have participated in teambuilding and group events, including foodies!' version of the IRON Chef Competition, where participants group into teams and prepare several recipes using a Secret Ingredient.

As a member of Be Local, the Fort Collins and Loveland Chambers and a sponsor of Share Our Strength and Cooking Matters™ foodies! Culinary Academy is proud to have hosted over 1,200 new students in its first year in business. The summer camp season was filled with young apprenticechefs from all over Northern Colorado, including weekly bus loads of kids from the Poudre School District's B.A.S.E. Camp organization who visited and learned to cook a variety of international dishes from the countries they were learning about, including England, France, Italy and Japan.

*Advertisement*



# ENTERTAINMENT CALENDAR

## THEATER

**“The Love of the Nightingale”**  
Bas Bleu Theatre Company  
Through Oct. 14  
This performance features the ancient Greek myth of Philomele, the tale of two sisters who live without language, which has been entertaining audiences since 8 A.D. [basbleu.org](#)

**“Fiddler on the Roof”**  
Candlelight Dinner Playhouse  
Through Oct. 28  
“Fiddler on the Roof” has been the longest running show in Broadway history for 10 years and has won 11 Tony Awards. It tells the story of Tevye, who attempts to hold onto his

religion, tradition and five daughters. [coloradocandlelight.com](#)

**“In the Heights”**  
Midtown Arts Center  
Through Nov. 11  
This 2008 Tony Award-winning Best Musical set in Manhattan is about home, family and finding where you belong. [adinnertheatre.com](#)

**“Spring Awakening”**  
University Center for the Arts  
Oct. 4-21  
This production was first performed in 1906 and tells the story of a group of 14-year-olds and their sexual awakening. [csuartsickets.com](#)

**“The Rocky Horror Show”**  
OpenStage Theatre & Company  
Oct. 27 - Nov. 24  
This parody of “The Rocky Horror Picture Show” features hit songs from the original film, including “Sweet Transvestite” and “Time Warp.” [openstagetheatre.org](#)

**Shaolin Warriors**  
Lincoln Center  
Oct. 24  
These Kung Fu masters show off their martial arts skills with the remarkable movement and impressive imagery they bring to the stage. According to the Washington Post, “...they combine the agility and grace of gymnasts with the showmanship of Cirque du Soleil performers.” [lctix.com](#)

## ART & LITERATURE

**“Colorado’s Valentine”**  
University Art Museum  
Oct. 1 - Dec. 14  
Features work by Fort Collins native DeWain Valentine. Valentine is known for his cast resin sculptures and as a founding member of the California Light and Space movement.

**Banned Books Week: Censoring the Life out of Literature**  
Old Town Library  
Oct. 3  
Louann Reid, professor and chair of CSU’s English department, will be speaking about censorship and intellectual freedom, using examples from court cases. [poudrelibraries.org](#)

**First Friday Gallery Walk**  
Downtown Art Galleries  
Oct. 5  
Every first Friday of the month, the art galleries in Old Town Fort Collins open their doors free of charge for visitors from 6 to 9 p.m. For a full list of participating galleries, visit [downtownfortcollins.com](#).

**“Observations” by Sunny Belliston Taylor**  
Clara Hatton Gallery  
Oct. 8 - Nov. 16  
“At the moment, this body of work is personally very symbolic of my current position as a full-time working mother, invested in two distinctly different worlds and hoping to navigate them both successfully,” said Sunny Belliston Taylor. [central.colostate.edu](#)

## MUSIC

**Jazz Ensembles Concert**  
UCA Griffin Concert Hall  
7:30 p.m. Oct 3  
CSU Jazz Ensemble I presents a program of music from the Count Basie Orchestra featuring swinging masterpieces that are sure to keep toes tapping all night. [csuartsickets.com](#).

**Concert Choir & Chamber Choir Concert**  
UCA Griffin Concert Hall  
7:30 p.m. Oct. 5  
CSU Concert Choir will perform a set by Spanish and Latin American composers, and the Chamber Choir will present works by German composers. [csuartsickets.com](#)

**Jazz Recital: Woody Witt & Larry Ham**  
UCA Organ Recital Hall  
7:30 p.m. Oct. 9  
Houston jazz saxophonist Woody Witt and New York jazz pianist Larry Ham collaborate on a recital featuring original compositions and arrangements. [csuartsickets.com](#)

**World Percussion Concert**  
UCA Griffin Concert Hall  
7:30 p.m. Oct. 11  
Concert features Mexican marimba music by the Vasanta Percussion Quartet along with the African Drum and Dance Ensemble. [csuartsickets.com](#)

**Acoustic Africa**  
Lincoln Center  
7:30 p.m. Oct. 17  
Acoustic Africa features artists Dobet Gnahore (vocalist and dancer), Manu Gallo (bassist and vocalist) and Kareyce Fotso (vocalist), backed by a band featuring traditional African instrumentation. [lctix.com](#)

**Colorado Clarinet Day**  
University Center for the Arts  
Oct. 27  
Event features clarinet players from across Colorado, including professionals, educators, students, community members and music vendors. [music.libarts.colostate.edu](#)

**7th Annual Halloween Organ Extravaganza**  
UCA Organ Recital Hall  
7 p.m., 9 p.m., 11 p.m. Oct. 31  
Concert will feature music played on the Casavant organ by costumed performers, including CSU organ professor Joel Bacon, organ students and guest musicians. [csuartsickets.com](#)

**Virtuoso Series Concert**  
University Center for the Arts  
All performances start at 7:30 p.m. [csuartsickets.com](#)

■ Oct. 1: CSU music faculty showcase its collective talent, including Joel Bacon, piano; Tiffany Blake, soprano; Leo Canale, percussion; Wesley Ferreira, clarinet; Ron Francois, violin; Eric Hollenbeck, percussion; Wes Kenney, conductor; Jeremy Maytum, percussion; Margaret Miller, viola; Michelle Stanley, flute; Leslie Stewart, flute; Shilo Stroman, percussion; and Barbara Thiem, cello.

■ Oct. 2: Concert features the entire CSU voice faculty performing original compositions of composer John Greer.

■ Oct. 8: Third Coast Percussion performs using an array of percussion instruments.

■ Oct. 15: CSU faculty member Barbara Thiem, cello, with special guest Theresa Bogard, piano, perform music from American composers.

■ Oct. 22: Joel Bacon, organ, has been heard in recital in Germany, Austria, France, Switzerland, Canada and the United States. His live performances have been broadcasted on Austrian Radio and Public Radio International.



# Commitment to Campus offers perks for employees

by Courtney Riley

This year, Colorado State University employees can enjoy more than 30 perks, programs, discounts and special benefits through Commitment to Campus. Commitment to Campus was developed to show appreciation to CSU employees, promote employee health, wellness, personal advancement and engage employees in university life.

“Components of the Commitment to Campus mission are to enrich participation in campus programs, classes and events, and reward employees for their service and involvement in the CSU

community,” said Jennifer Clary, director of marketing for the University Center for the Arts.

The UCA, which has participated in Commitment to Campus since the program was created two years ago, provides CSU employees with one free pair of tickets to one event at the UCA per year.

“We are pleased to be able to participate in the program. It gives us an opportunity to honor CSU employees while providing them with an opportunity to enjoy the rich, cultural experiences that the university offers to the community,” Clary said.

Many CSU employees attend shows and

performances at the UCA for the first time specifically because of this benefit.

“Every time we can introduce someone to the quality programs at the UCA, we firmly believe the patron will enjoy the experience, return again and tell their friends about the exciting events taking place in this world-class venue,” Clary said.

Another benefit Commitment to Campus offers is a discount on a kids’ after-school program run by the College of Applied Human Sciences’ Youth Sport Camps program. About two-thirds of the families that participate in the camps have CSU ties, according to Brian Butki, director of the CSU Youth Sport Camps and assistant professor.

“First and foremost, we help kids to get active,” Butki said. “For a variety of reasons, kids don’t get as much physical activity as they should throughout the school day and even at home. Our program offers an opportunity for kids to be active in a healthy, safe and educational environment.”

The camps run until 6 p.m. Monday through Friday and are located in and around Moby Arena. Activities for children include sports, campus exploration, crafts, swimming and yoga.

“Kids need to be active. If we can provide that, as well as safety and supervision, then it seems like a great idea,” Butki said. “On a convenience level, we offer the program on campus, so parents who work at CSU have an easy place to pick up their children on the way home from work. Effective programming plus convenience – you can’t beat it.”

In addition to these benefits, Commitment to Campus also offers:

- Free use of CSU tennis courts (CSU RamCard gets employees in during open hours)
- Half-off discounts on classes and workshops at the Kendall Anderson Nutrition Center
- Discounted membership to the CSU Alumni Association
- Tuition Scholarship Program for employees’ family members that can be used at CSU, CSU-Pueblo or CSU-Global
- Opportunity to take nine free credits per year using the employee study privilege
- An expanded childcare center at the CSU Early Childhood Center now open in the historic Washington School building near campus, which also serves as a learning environment for students in the College of Applied Human Sciences
- FamilySource, an innovative addition to our Employee Assistance Program that offers employees help with a myriad of time-consuming chores such as planning a vacation, finding child or elder care, purchasing a car, or finding legal assistance for routine matters like estate planning

CSU employees also receive a 20 percent discount on season tickets for all varsity sports. This year, each varsity sport also will participate in a “buy one ticket, get one free” Faculty/Staff Day event along with a concessions voucher for free food and beverages.

For a complete list of benefits offered by Commitment to Campus, visit <http://facultyandstaff.colostate.edu/commitment-to-campus.aspx>.



CSU Choirs and the University Symphony Orchestra perform Beethoven's "Symphony No. 9 in D minor, Op. 125 'Choral'" in the Griffin Concert Hall, Spring 2010. Courtesy of the University Center for the Arts



Commitment to Campus offers a discount on a kids’ after-school program run by the College of Applied Human Sciences’ Youth Sport Camps.



# CSU Sports Hall of Fame inductee: Chris Adsit

by Ryan Moulden

A titan among Ram athletics alumni, Chris Adsit has set an impressive pace both on and off the track.

## All-around athlete

Adsit was born in Topeka, Kan., in 1951. After moving throughout the country for his father's job with the FBI, Adsit graduated from Wheat Ridge High School in 1969.

He started playing football his sophomore year of high school and then added basketball, wrestling and, most importantly, track and field to his athletic resume.

Going into the track and field season, Adsit was entirely new to the sport and only viewed it as a way to stay in shape in the offseason of football. However, Adsit was told by his coach, "you're going to be a hurdler." Adsit simply responded, "Yes, sir." During his senior year, he placed second in state for the 180-yard low hurdles and fourth in state in the 120-yard high hurdles.

## From a Wheat Ridge Farmer to CSU Ram

Despite a successful senior year, Adsit had no offers for scholarships to run track in college. However, he was able to create a bond with Jack Christiansen, a consultant to CSU Athletics who told Adsit that if he came to Colorado State, scholarship money would be provided.

"Jack believed in me," Adsit said. "He sparked something in me."

Under CSU coach Del Hessel's guidance and training, Adsit's collegiate career spanned from 1969 to 1973, and included two conference championship wins in the 400-yard hurdles, a fourth-place finish in the 400-yard hurdles at the NCAA Championships and a seventh-place finish at the 1972 USA National Championships. Adsit also set the school records in the 60-yard, 110-yard and 400-yard high hurdles. His record in the 400 hurdles still stands.

## Athletes in Action

Upon graduation, Adsit took nine months off before joining the Athletes in Action track team, an athletic arm of Campus Crusade for Christ. He also switched his focus from hurdles to the decathlon under the instruction of Hessel.

Adsit set his sights on the 1976 Olympics, but that spring he pulled his abdominal muscles, straining them for three months and rendering him unable to compete in the Olympic Trials. When the 1980 Olympic Trials came around, history repeated itself.

"I would never get to compete at a high level again," he said. However, during this trying time, Adsit said, "tremendous goals were reached from an

eternal aspect, not athletic."

Adsit traded in his uniform to begin his administrative career with Athletes in Action, which included hosting clinics for high school and college students.

"(It) taught athletes to compete mentally, physically and spiritually. All three components are important," he explained.

## Next steps and family life

Athletes in Action served as the foundation of Adsit's career for the next 30 years. He would later go on to work for Disciple Makers International, write two books and travel. For the past eight years, he has worked in the military side of Campus Crusade, helping veterans coming back from overseas, working closely with the Veterans Administration and focusing on post traumatic stress disorder.

Adsit and his wife, Rahnella, have been married 34 years.

"She is the inspiration in my life," Adsit said. Four years into their marriage, Rahnella suffered a near fatal brain hemorrhage and has fought health difficulties ever since. Adsit said he has been amazed by "her endurance and fighting spirit." The couple has four kids: Jessica, Mary and twin boys Jonathan and David.

"All four of them are great heroes who could have been great athletes but chose to go another direction, which is fine with me," Adsit said. "I support them."

## Back to his Ram roots

Campus Crusades has its national staff conference at CSU every other year, so Adsit is able to visit campus often.

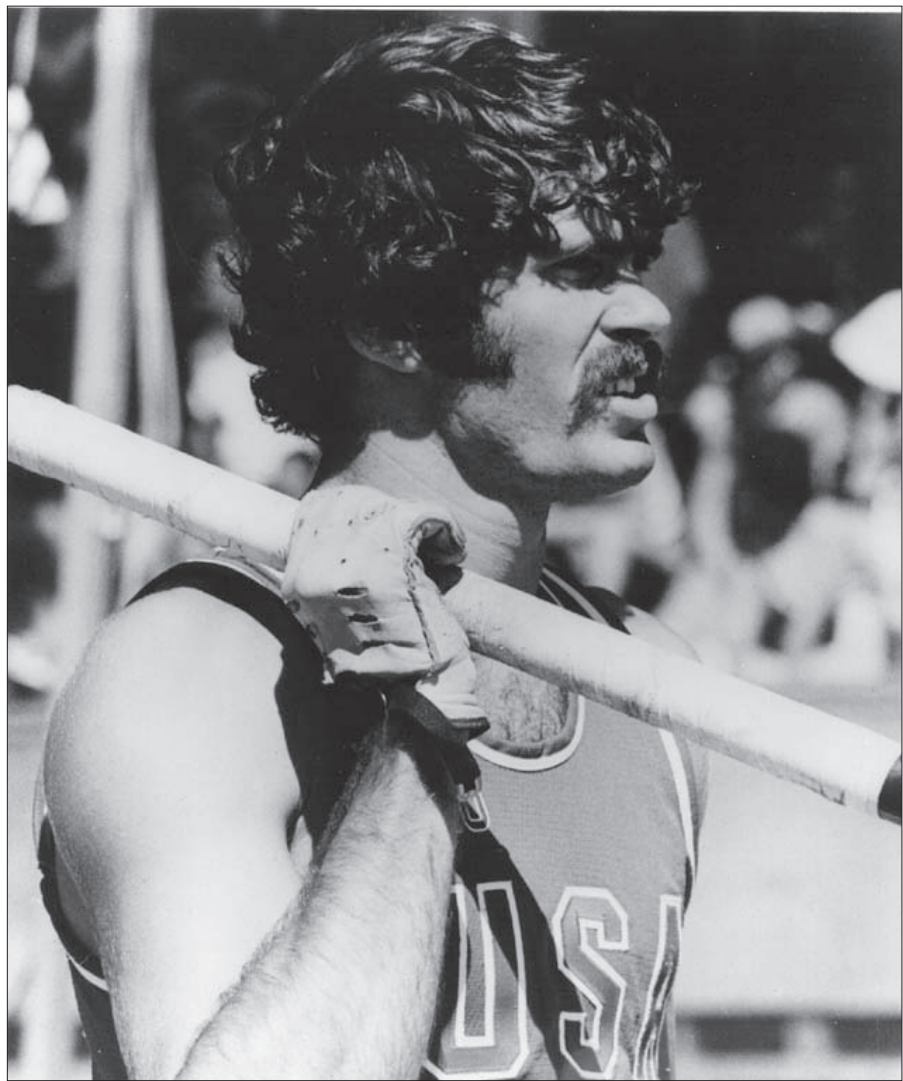
"It's amazing to see some of the sports facilities on campus," Adsit said.

He remembers a time when the indoor track used to be made of dirt. Runners would be surrounded in clouds of dust and have what he described as "brown snot."

Colorado State's Sports Hall of Fame honors former Ram and Aggie athletes, coaches and administrators for their achievements and contributions to the university. The event to commemorate outstanding athletes will take place at

**5 p.m. Friday, Oct. 26 in the Lory Student Center Theatre.**

Admission is \$50 for Ram Alumni Athletes Association members and \$55 for non-members. Contact CSU Events at (970) 491-4601 for more information.



Chris Adsit represented the United States in an international decathlon meet against Russia and Poland in June 1975.



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# Junior Ram fans

If you're looking for a way to turn your kids into CSU Ram fans without breaking the bank, Junior Ram Club can help.

Kids up to 12 years old can join Junior Ram Club and get loads of free stuff, including a special T-shirt, membership card and birthday greetings from CAM the Ram himself.

Parents love Junior Ram Club because their kids can get free admission to football games, men's and women's basketball games and volleyball matches. Membership is \$40.

Get your kids signed up today and start enjoying the many benefits of Junior Ram Club membership. For information, call the Ram Club at (970) 491-4666.

Here's a list of perks for Junior Ram Club members:

- Official Junior Ram Club membership card
- Official T-shirt
- Free admission for the first 500 members to all home football games (except the Oct. 6 Homecoming game vs. Fresno State)
- Free admission to all home regular-season volleyball matches
- Free admission to the first 250 members to all home regular-season men's basketball games
- Free admission to all home women's regular-season basketball games
- Participation in Junior Ram Club kids' tunnel at a home football game
- Participation in Junior Ram Club kids' tunnel at a home volleyball game
- Participation in Junior Ram Club kids' tunnel at a home basketball game
- Birthday card from CAM the Ram
- Invitations to Junior Ram Club parties
- Quarterly Junior Ram Club newsletters
- \$5 discount for each child if the parent belongs to the Ram Club



Junior Ram Club members met CSU student-athletes at Ram Jam in April 2012. *Courtesy of CSU Events*

# MORRILL | A promise of access and achievement

from page 1

shifting from an agricultural foundation to an industrial foundation."

The Morrill Act specified that these new educational institutions were charged with providing "scientific and classical studies" and to teach "agriculture and the mechanic arts ... in order to promote the liberal and practical education of the industrial classes."

On Feb. 11, 1870, Territorial Gov. Edward McCook signed legislation creating what today is Colorado State University, but construction didn't begin until 1878. On Sept. 1, 1879, Elijah Evan Edwards, president of the new

Colorado Agricultural College, finally was able to welcome its first five students.

From these modest beginnings was founded the institution that has grown up to become Colorado State University, a one of the nation's most productive research universities, with eight colleges and a student body of nearly 30,000.

Though CSU is now a multi-faceted, world-class research institution with a wide range of exceptional programs and areas of research, the College of Agricultural Sciences remains an important part of CSU's mission, Frank said. "We're putting more resources into that faculty – very much consonant with the original ag-college mission."

Craig Beyrouy, dean of the college, said the challenge is to produce food for a booming global population while continuing to ensure food safety and to address environmental and resource challenges.

Access also remains a focus at CSU. Beginning in fall 2011, Colorado State began a new program – "Commitment to Colorado" – to preserve broad access to education. Students from families making at or less than the state's median income can qualify for reduced or even free tuition.

"I think that's a new version of Morrill and Lincoln's promise that land grant universities are for anybody with talent and motivation regardless of financial status," Frank said.

And so the Morrill Act's 150-year-old promise of access and achievement continues to be fulfilled. It is, said CSU Chancellor Mike Martin, "one of the two or three most powerful educational innovations in the history of Western thought."

*Fred Brown was one of CSU's first technical journalism majors, graduating in 1961. He worked 39 years at The Denver Post, mostly covering politics. He was national president of the Society of Professional Journalists and is a CSU honor alumnus as well as a member of the CSU Journalism Hall of Fame.*



Spruce Hall is the oldest standing building on campus, constructed in 1881 as a two-story dormitory. Today it continues to serve the CSU community by housing INTO CSU and other offices.



Ammons Hall was built in 1922 as the Women's Recreation Center and today it houses the Office of Admissions and Welcome Center. *Courtesy of Creative Services*

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for a full list of benefits.





# Summer research experience keeps students in science



Paul Laybourn, far right, rafting with students in the summer REU program. *Courtesy of Paul Laybourn*

*This summer, Paul Laybourn, a professor of biochemistry in the College of Natural Sciences, coordinated an NSF Research Experiences for Undergraduates, or REU, summer program for 10 underrepresented minority undergraduate students.*

*CSU began receiving the funding in 1992. Laybourn, a biochemistry professor who is director of the program at CSU, recently received \$300,000 to continue it another three years.*

Laybourn's account of the program this year:

"First and foremost, the participants work in the laboratories of REU site faculty members from six departments and three colleges across the CSU campus. They spend 10 weeks working in the lab getting to know what it is like to be a molecular bioscience researcher. They participate in design of their projects that are directed toward pushing the boundaries of scientific knowledge, not just repeating someone else's experiment.

On orientation day, the participants tour the CSU campus and Fort Collins. We all do the Challenge Course at CSU to help the participants build a team spirit

and get to know each other better. Participants often make lifelong friends while in our program.

As if climbing 30 feet in the air is not enough to bring them together, we take the REU participants whitewater rafting down the Poudre River. Every year, for the past 13, we have rafted with A Wanderlust Adventure. This year, everyone in the raft that I was riding in was dumped into the river. Fortunately, we got our raft trip in before the High Park Fire closed the Poudre River Canyon for the rest of June.

To expose the participants to career paths other than academia, we take REU students on tours of government, biotech and clinical laboratories. This year, we were treated to an excellent tour of the CSU Animal Cancer Center by Dr. Christine Hardy, director of Operations.

REU students also attended ethics workshops and gave presentations. In addition, in conjunction with several of the other summer undergraduate research programs on campus, the Graduate School coordinated a panel of minority CSU graduate students who provided tips and answered questions on preparing for, applying to and succeeding in science graduate programs based on their own recent experiences.

An activity new to this year's

program was a workshop on science communication run by Tim Miller of Spoken Science. Becoming a scientist is not just about learning to obtain and interpret data, he says. It's about the ability to share your results with the wider world.

Specifically designed for undergraduates in a summer research program, this interactive workshop explored some of the fundamentals of human communication, and examined the unique role of communication in the conduct of scientific research. Each student practiced giving a short talk, and received individualized feedback about his or her strengths and weaknesses as a speaker.

The final day of the summer program was marked by a poster session, keynote speaker and graduation ceremony. Alumni, students, faculty and staff from several departments attended the poster session and learned about our participants' research projects and results. In addition, they also wrote final reports in a manuscript format, which will be submitted to CSU's Journal of Undergraduate Research for review and potential acceptance for publication."



Paul Laybourn is a professor of biochemistry in the College of Natural Sciences.

*The 2012 CSU faculty participants:*

*Susan Bailey, Environmental and Radiological Health Sciences  
Adam Chicco, Health and Exercise Science  
Scott Earley, Biomedical Sciences  
Deborah Garrity, Biology  
Jeff Hansen, Biochemistry  
Karolin Luger, Biochemistry  
Paul Laybourn, Biochemistry  
Brian McNaughton, Chemistry  
Kathy Partin, Biomedical Sciences  
Eric Ross, Biochemistry  
Stu Tobet, Biomedical Sciences*



# New professor and pets transition to Fort Collins

by Joi Dandridge

Tara Opsal, an assistant professor of sociology new to Colorado State University this year, said her four rescued pets help her feel more at home after she and her husband's recent move from Iowa.

"My pets are a consistent source of work and entertainment," she said. "And they've made me get over loneliness in the transition very quickly."

Opsal grew up on a farm in Wisconsin. That, and her awareness of animal overpopulation, led her and her husband Lewis to rescue animals.

"Respecting and caring for animals has always been a part of my life," she said.

Opsal's trio of cats and her cat-like dog have finally been able to get along since their move to Fort Collins this summer -- a miraculous cohesion in the midst of their new environment. Her pets formerly struggled to be in the same room.

Long-haired, domestic cat, Ellie, is independent and enjoys her personal space away from the other animals. Opsal found this twice-adopted, furry one at a humane society. Ellie's defensiveness towards the shelter environment and being

readopted compelled Opsal to endure through tough beginnings with Ellie.

Ivy, a calico, short-haired cat, is rambunctious now but had a tough start. Opsal discovered her in her garage, emaciated, off-balance and homeless during an Iowa winter.

Bolder, a tabby, was rescued as a pet store adoptable animal. He "stretched his long leg out and batted at me, I thought, you're coming home with me," said Opsal. Today Bolder enjoys cuddling constantly with Ivy, sometimes leaving out cat-wannabe, Bella, the Opsals' border collie.

Opsal knew she had a friend to do her morning runs with once she met Bella at the Midwest Border Collie Rescue. Now they run together and Bella, a smart dog that likes new tricks, is training with a local instructor in agility classes.

In addition to the transitioning comfort of her pets at home, Opsal expresses how much she appreciates the comfort of her welcoming colleagues and their mentorship.

"There is an explicit value for research and instruction at CSU," she said. "Working here allows me to commit to both because without one or the other, my job would not be as fulfilling."



Tara Opsal enjoys her new office at CSU as an assistant professor of sociology.

Opsal was drawn to CSU because it is diversifying how land grant universities are defined and how students can engage in service-learning opportunities through her classes. This semester, students in her Gender Crime Criminal Justice course are volunteering at Crossroads Safehouse for Women and the Sexual Assault Victims Advocate Center.

She said her students' outgoing engagement is also making the transition to CSU easier.

"I'm continuing to fall in love with Fort Collins," she said. "It has that friendly, Midwestern vibe."

# How to prevent three strains of the flu

by Laurie Elwyn



Laurie Elwyn, M.D.  
Medical Director,  
CSU Health Network  
Care for Body and Mind

Most of us look forward to Saturday afternoon football games and Halloween parties in October. We enjoy hiking in the foothills to take in the colorful autumn leaves. Most of us don't enthusiastically anticipate shivering and shaking with the sudden onset of a fever while suffering from a hacking cough and achiness.

October is the first official month of seasonal flu. Although the seasonal flu usually has its peak incidence in the winter months, now is the time to prevent it with a yearly flu vaccination.

Influenza, commonly known as the flu, is a respiratory illness that manifests with sudden onset of fever, chills, muscle aches, cough, fatigue and headaches. Healthy adults usually recover from the acute symptoms in a few days to a week, but the fatigue can linger for longer.

People older than 65, kids younger than 5, pregnant women and those with chronic health conditions are at higher risk of severe illness and complications, such as pneumonia and death.

The CDC recommends yearly influenza vaccinations for everyone ages six months and older. For people who are under 50 and don't like shots, the vaccine is available as a nasal spray. The flu shot contains no live virus and can't cause the flu. The nasal spray contains weakened strains of live viruses that also don't cause the flu.

Did you ever wonder how the components of the vaccine get selected each year? The World Health Organization (WHO) has 100 national influenza detection centers in more than 100 countries that monitor influenza disease activity and virus patterns year round. This laboratory information gets reported to five WHO

Collaborating Centers for Reference and Research on Influenza that make recommendations about the components of the vaccine for the Northern and Southern hemispheres. In the U.S., the FDA decides which virus strains will be in the vaccine and the vaccine is made by private companies.

The 2012-13 vaccine protects against three strains of influenza, two of which are new this year. This year's vaccine protects against two influenza A viruses and one influenza B viruses. Because flu viruses change their composition easily, yearly vaccinations are the only way to stay protected.

You may have also read about a strain of influenza A that has infected humans who have been exposed to sick pigs -- mostly at fairs. So far, this strain of swine flu has not been severe in humans and is not included in the current seasonal flu vaccine.



# Culinary creations

by Garrett Overlee, chef instructor at the Aspen Grille Restaurant

## Hungarian Goulash

### Ingredients

- 2 lbs stew meat (beef, pork, veal, turkey or lamb)
- 1 cup flour, seasoned with kosher salt and cracked pepper
- ½ cup cooking oil or lard
- 1 large yellow onion
- 2 teaspoons caraway seeds
- 2 tablespoons paprika (my favorite is a smoked Hungarian hot paprika)
- 2 cloves of garlic
- 1 lemon, zest and juice
- 2 tablespoons tomato paste
- 1 ½ cups of chicken stock or water
- ½ cup sour cream
- 4 cups buttered noodles or any starch (egg noodles, steamed potatoes, mashed potatoes, polenta, rice, spaetzle, etc.)



### Directions

- In a large pot with a lid, heat enough oil to coat the bottom of the pan.
- Pat the meat dry with some paper towels, and then dredge the stew meat in flour, salt and pepper.
- Working in batches, brown the meat on all sides, about three to four minutes per side. Transfer browned meat to a paper towel lined plate to rest while the next batch is browning.
- Once all meat is browned, add more oil and caraway seeds to the oil. When the seeds begin to crack and pop, add in the onions. Sweat (sauté over very low heat) the onions until they are translucent.
- Next add sliced garlic and paprika and continue to sweat until garlic is fragrant, about one minute.
- Now stir in the lemon juice, lemon zest and tomato paste. Turn up the heat to high and stir constantly. Add the browned meat back into the pot.
- Stir in the chicken stock. Scrape up any and all brown bits that might have stuck to the bottom or sides of the pot.
- Bring up to a simmer, then reduce heat to low, cover with a lid for one to two hours or until meat is tender. Taste and add salt or pepper if needed.
- Serve over buttered noodles and garnish with sour cream.

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# Colorado State University HOMECOMING

## & FAMILY WEEKEND



# October 4-7, 2012



### Friday, October 5

**Reunion on the Oval**  
2:30–6 p.m. • CSU Oval  
Enjoy the festivities on the Oval before the parade begins with music from the band WhiteWater Ramble, games for kids of all ages, food trucks, and a beer garden. Open to the public.

**Homecoming Parade**  
4:30–6 p.m.

**Pep Rally, Bonfire, Fireworks, and Lighting of the A**  
6 p.m. • West Lawn

**Lory Student Center 50th Anniversary Celebration**  
6–8 p.m. • Lory Student Center

**Volleyball Match: CSU vs. Wyoming**  
7:45 p.m. • Moby Arena

### Saturday, October 6

**Homecoming 5K**  
8 a.m. • CSU Oval

**Campus Crawl**  
9 a.m.–2 p.m.  
Tour campus buildings. A list of tour options is at [homecoming.colostate.edu](http://homecoming.colostate.edu).

**Tailgate**  
2–4:30 p.m.  
Ram Town/Hughes Stadium

**Football Game: CSU vs. Fresno State**  
5 p.m. • Hughes Stadium

[www.homecoming.colostate.edu](http://www.homecoming.colostate.edu) • 491-6533

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