MARCH 2017

CSULIFE FACULTY & STAFF



pg 17

Holocaust survivor speaks to Fort Collins' community on campus.



pg 10

Get landscaping help from senior designers.



Happy St. Patrick's Day, Rams! 8 things you didn't know about March 17.



pg 5

Building Proctors and what they do



Volunteers and participants prepare to launch soft toys at the LSC balcony during the Little Shop of Physics Open House Feb. 25. Photos by Ryan Whitney

Little Shop of Physics: 26th year of education through experience *Annual open house attracts more than 8,000 attendees for fun with science*

By Jessie Trudell

The Little Shop of Physics is a science-focused group committed to education through experience, most notably through school outreach programs. Located in the Colorado State University College of Natural Sciences, the Little Shop of Physics seeks to find creative ways to share science and hands-on learning to people of all ages and from all different backgrounds, On Feb. 25, the Little Shop of Physics did just that and brought science into the lives of more than 8,000 people at its 26th Annual Open House.

Heather Michalak, outreach coordinator, has worked with the Little Shop of Physics for 20 years and says exploration is a vital part of the education process.

"Learning is more about experience," Michalak said. "It's about showing kids how to explore."

The Open House featured 312 projects, with 25 built this year by CSU undergraduates specifically for the event. Projects were displayed on the third floor of the LSC throughout the ballroom areas and spread into the west balcony for a special event called "Fog Rings," where

a huge inflatable cannon released fog machine rings into the air toward the attendees waiting on the balcony above. Additional featured projects included "The Dark Room," which focused on displays such as magnetic field televisions and laser drawing. Other demonstrations included rooms such as "Motion, Waves, & Sound," and "Electricity, Magnetism, & Light."

"We have about 100 CSU student volunteers in addition to our dozen interns helping out," Michalak said. "Without them, [the event] wouldn't be possible."

Adam Pearlstein, assistant director of Little Shop of Physics, said the annual event is usually publicized through a variety of channels.

"We reach out to the community, talk to schools and teachers and use social media," Pearlstein said. "We really try to get the word out that way."

Publicizing the event heavily leads to enthusiastic attendees who often do not want to leave.



>>Little Shop of Physics continues on page 10



APPLAUSE

COLLEGE OF AGRICULTURAL SCIENCES

Temple Grandin, professor of animal sciences, was named to the National Women's Hall of Fame, one of only 10 women to receive the honor this year. Grandin's research, teaching and international consultation on autism as well as animal behavior and handling and advancing quality standards and assurance in the meat and livestock industries were highlighted in the announcement of her honor.

COLLEGE OF ENGINEERING

Theresa Comerford, faculty advisor to the CSU section of the Society of Women Engineers received the national Outstanding Faculty Advisor award during the organization's annual conference in October "for all-out commitment to advancing the status, programming, and membership of the Colorado State University SWE section, and for positively influencing the lives of future women engineers." This was just one of the awards CSU brought home, including several from Region i:

- Outstanding Collegiate Section Gold Award.
- The Innovate Award for Pretty Brilliant, a semester-long

program that provides young girls with hands-on design engineering experience.

- The Influence Award for highest membership retention
 a 78 percent rate.
- The Intertwined Award for joint program of the year also went to CSU SWE and the Rocky Mountain SWE Professional Section.

DIVISION OF EXTERNAL RELATIONS

Tiana Nelson, director of Denver Public Relations for CSU, has been named one of 2017's 40 under 40 young professionals by the Denver Business Journal, and will be recognized at a reception this month. Nelson, who is also a CSU alumna, works in the CSU Denver Center and is involved in a number of high-profile initiatives including the transformation of the National Western Center.

COLORADO STATE FOREST SERVICE

On Dec. 5, the Employee Appreciation Board recognized the Colorado State Forest Service Woodland Park District for their hard work, professionalism and synergy. WPDS is a small group of foresters and support staff that excels in every aspect of the mission of the Colorado State Forest Service at CSU. Their professionalism and willingness to work diligently has earned the WPDS the respect and credibility of other state and local agencies, nonprofits and county residents.

They currently hold records as the top district in the CSFS with:

- 16,000 treated acres annually
- 31 Firewise Communities
- 27,000 seedling tree sales annually
- 71 Forest Ag participants

The Employee Appreciation
Board recognized this group with
CSU swag, Mary's Mountain
Cookies and a note of appreciation
in December.



HAVE A DEPARTMENT OR OFFICE YOU WANT TO NOMINATE FOR EAB RECOGNITION? PLEASE VISIT THE WEBSITE AT CSUEAB.COLOSTATE.EDU TO SUBMIT A NOMINATION FORM.

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PARTNERSHIP WITH CSU DEPARTMENT OF
EXTERNAL RELATIONS AND ROCKY MOUNTAIN
STUDENT MEDIA. THE PUBLICATION IS MAILED
TO FACULTY AND STAFF AND DISTRIBUTED AT
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are still sitting in your office



The family's gadgets got upgraded this year



She's outgrown the swing set... and gone to college

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Want to be heard?

AP Council looking for members

By the Administrative Professional Council

In Fall 2015, Colorado State University celebrated 100 years of shared governance, turning the spotlight on the Administrative Professional (APC), Council Classified Personnel Council (CPC), and Faculty Council (FC) to celebrate their hard work and dedication to the more than 7,000 CSU employees they represent each year. Their collective voices have made a significant impact on the CSU community. Each year, the APC welcomes new voices through spring nominations and elections. Be part of the next 100 years of successful shared governance at CSU by nominating yourself or a colleague for the APC.

The goal of the APC is to be a voice for APs and to advocate for processes and procedures that benefit APs at CSU. Recent advocacy efforts by the APC include dissemination of the employee "voice" survey to collect information on experiences faced by employees as they relate to compensation

and benefits, working to support efforts for input gathering on parking changes, as well as advocating to President Frank and other leadership on campus about the importance of making supervisory training available and accessible.

Currently, the APC is made up of over 40 representatives and Executive Committee members across 15 different areas. Each year, the APC facilitates an election and nomination process to encourage APs across campus to get involved and help support positive changes for CSU employees.

This is where YOUR support is needed. The APC Nominations and Elections Committee is currently facilitating a "call for nominations" to fill open Area Representative positions within APC. AP Representatives act as the "voice" for APs across the CSU community by advocating for employees and facilitating AP feedback on key issues. We encourage you to think about nominating yourself or someone else from your department to run for election for the coming year.

FOR MORE INFORMATION

More information about APC and which units are represented under the various areas on our website at ap.colostate.edu. Contact Lesley Jones (lesley. jones@colostate.edu) or Shannon Wagner (shannon.wagner@colostate.edu) for more information on how to nominate yourself or a colleague for an APC area representative position.

Be heard.

The Administrative Professional Council (APC) is holding an election in your area

Are you interested in making deeper connections on campus and having a positive impact at CSU?

Whether you're a long-time veteran at CSU or brand new to campus, your voice matters. We are seeking individuals to represent the interests of 3,300+ Adminstrative Professional employees at CSU by serving on the APC.

Consider nominating yourself or a colleague by the March 24 deadline.

Learn more about shared governance, what we do, and the nomination and election process, at http://ap.colostate.edu.



 $Submit\ nominations\ to\ shannon. wagner @colostate.edu.$



APC Employee Recognition Lunch AP Star Awards presented April 4

By the Administrative Professional Council

Join the Administrative Professional Council as we honor Colorado State University's talented administrative professionals (AP) and show appreciation for all that they do for the University. This year's APC Employee Recognition Lunch will be held on Tuesday, April 4, 11 a.m. - 1 p.m. in the Lory Student Center Ballrooms B, C, and D. This time-honored tradition invites APs to enjoy a delicious meal in fellowship with other colleagues from across campus and to honor fellow APs through the AP Stars Award ceremony.

The AP Star Awards was created to express appreciation by recognizing the accomplishments of AP employees who have demonstrated outstanding individual

performance at CSU. The goal is to recognize APs who make a difference and "shine" in our CSU community.

"The AP Luncheon is an important event to me for a variety of reasons. It represents a chance to slow down and really celebrate some of the wonderful accomplishments APs have made throughout the year, and it also allows APs a chance to reconnect with colleagues and friends from across campus. It's the one event each year that brings all APs together, which is something really special in my mind," said Shannon Wagner, co-chair of the APC Nominations and Elections Committee.

Come prepared to have some fun with a game of CSU Jeopardy! and a delicious meal with your fellow APs from across campus.

CAMPUS TRIVIA WITH RUSS SCHUMACHER

Laura Fagan knew that the Community Collaborative Rain, Hail & Snow Network – CoCoRaHS to its friends – collects precipitation data from three countries now: all 50 United States as well as the Commonwealth of Puerto Rico and the U.S. Virgin Islands; Canada; and now the Bahamas.

Fagan, who works in accounting in the Department of Biology, said she was aware of CoCoRaHS because she has a friend who has been urging her to join for years. "She really enjoys it, and I keep meaning to look into it," she said.

Now she has, because she Googled around to find the answer to our trivia question from the December issue. Fagan said that she had never played before, but always likes to read the questions in *CSU Life*. And, of late, she's been very busy preparing the department for the move to the new Biology Building, which is set to open over the summer.



For having her answer chosen at random by *CSU Life* staff from all the correct answers submitted, she received the coveted CAM the Ram bobblehead autographed by Russ Schumacher of the Atmospheric Sciences department and the winningest Ram ever to appear on *Jeopardy!* – and a \$10 gift card to Mary's Mountain Cookies.

In honor of St. Patrick's Day, this month's question involves the color green.



Today, CSU Rams proudly wear the green and gold. What colors did the original Aggies wear?

Email your answer with the subject line March Trivia to csulife.colostate.edu by March 20.

Inside the role of a building proctor

How they contribute to life at CSU

by Hannah Woolums

Building proctors are those individuals who act as the point of contact during emergencies, but they are also very involved in the daily operations of the facilities in

Danell Bartsch, building proctor for the College of Business, recently accepted the Building Project Manager position to contribute more to the college and the program.

"After almost 25 years on campus doing accounting and payroll work, I felt like this was a chance to do more for the college," Bartsch said.

You never know what the day will bring. Some days it is simple and some days it can be very challenging to provide a safe and comfortable space for the students, faculty and staff.

She had worked with the previous manager for close to 16 years and felt she had enough experience to take on the role. Her position came with many new responsibilities, one of which was building proctor.

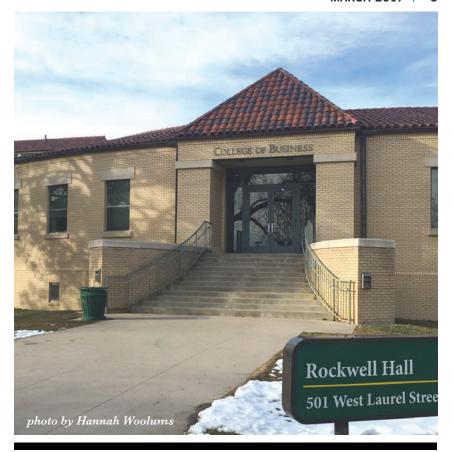
Building proctors are often chosen for their networking within the buildings. Ideal candidates are those who have connections to those in their specific building.

"There are no specific qualifications," said Lori Meyers in Facilities Management. "Generally the department will assign someone who has contacts throughout the building and knows the building operation and occupants."

According to Meyers, the role of a proctor is to act as a liaison between their building(s) and Facilities, CSUPD, Environmental Health, and so on.

"Their responsibility is to know who is in their building(s)," Meyers said, "and to be the point of contact for information or coordination for such things as maintenance repairs, utility outages, fire alarm testing, building audits, safety assessments, etc."

Although some roles within each department may vary, the essential tasks always remain the same.



"My position as the College Project Manager includes building upkeep, security and safety, access for all three (Rockwell) buildings, managing all building projects, serving as the College Liaison with Facilities as well as the proctor duties," Bartsch said.

The job of a building proctor may not always be what is expected but there are benefits

"I have gotten to know my three buildings inside and out. I know the problems that keep recurring and have the opportunity to work closely with Facilities to try to resolve

One thing about the proctor position that remains the same is that every day is different. "I find being a building proctor is always interesting," Bartsch said. "You never know what the day will bring. Some days it is simple and some days it can be very challenging to provide a safe and comfortable space for the students, faculty and staff."





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Best forks forward

March is National Nutrition Month

by Melissa Wdowik, Ph.D.

Think about your significant relationships. Consider how you prioritize and devote yourself to others to maintain positive and fulfilling connections. Then consider if you treat your relationship with food with similar values.

Our relationship with food shapes our interactions with others and even ourselves. This relationship — like all positive associations in our lives — needs time, attention and effort. With life's increasing pressures and seemingly decreasing time, our relationship with food often sits on the back burner.

Colorado State University's Kendall Reagan Nutrition Center believes a healthy relationship with food means positive and pleasurable mealtimes free of fearful and restrictive thoughts. We should honor the eating experience with intention and attention, and recognize its power in shaping our health and happiness.

March is National Nutrition month, a time to celebrate eating and this year's theme "Put Your Best Fork Forward." Putting your

best fork forward is a reminder that each of us holds the tools to benefit our connections with food.

KRNC celebrates National Nutrition month with refreshing advice to support this relationship:

We each have the power to make choices related to food and eating habits. If we want to make better choices, we should make small changes that are realistic and positive, changes that incorporate foods and amounts that feel good to us and make us feel good.

— Melissa Wilowik

Normal eating can be sometimes overeating and sometimes not getting enough. Normal eating is flexible and varies in response to life — whether that be hunger, a busy schedule, convenience, or emotion. Give yourself unconditional permission to eat and trust your body to make up for any mistakes you may make along the way. — Shelby Cox

Respect your unique body and know that progress makes you your best self, not perfection. Honor your health by making food choices that please your taste buds and fuel your body well. — *Amanda Boostrom*



Make every meal count. Whether the goal is to provide the energy and nutrients you need in the moment, enjoy delicious flavors, or serve a role in a social gathering; enjoy it and make it count. — Johanna Bishop

Recognize how food serves you. Some foods fuel your body with nutrition, others nourish your soul with pleasure,

and food is community and a means to connect with others. Having a healthy relationship with food is more than eating healthy foods. Each time you eat, you have the opportunity to put your best fork forward and make powerful choices using food to connect with yourself and others. — Kalyn Garcia

FOR MORE INFORMATION

To find out more about National Nutrition Month, go to eatright.org. Making the right food and nutrition choices is a necessary part of living a healthy lifestyle. To learn more, contact the Kendall Reagan Nutrition Center, nutritioncenter.colostate.edu, or make an appointment for individual nutrition coaching with a registered dietitian nutritionist. Call (970) 491-8615 to schedule your appointment today.

MEET THE COLUMNIST

Melissa Wdowik is a registered dietitian, assistant professor in the Department of Food Science and Human Nutrition, and director of the Kendal Reagan Nutrition Center at CSU.





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Shamrock Foodservice Warehouse – the one-stop shop for restaurant operators, caterers, food trucks and more, is also open to the public. We are offering extra savings for *Colorado State University Students, Faculty and Staff* – simply show your CSU ID at checkout and get 10% off your purchase*



8 THINGS YOU DIDN'T KNOW ABOUT

St. Patrick wasn't actually Irish. He was born in Britain and kidnapped by Irish pirates at the age of 16!

St. Patrick's Day was originally just a religious holiday to honor the saint and was celebrated in Ireland. Irish Americans turned the day into a celebration of heritage full of parades, parties, and banquets.

THREE The first St. Patrick's Day parade was in New York in 1762.

Shamrocks are traditionally worn on one's coat on St. Patrick's Day. At the end of the day, wearers may participate in "drowning the shamrock," which is placing it in a glass of whiskey before drinking.

The first recorded mention of a leprechaun comes from the 8th Century from the word "luchorpán," which means "little body."

Corned beef and cabbage is more of an American tradition than an Irish one. Many irish Americans in the 19th century were poor, and corned beef is relatively inexpensive to purchase.

SEVEN

The shamrock is a sacred plant because it represents the rebirth of spring. It can also represent the Holy Trinity.

THE COLOR TRADITIONALLY ASSOCIATED WITH ST. PATRICK'S DAY WAS BLUE, NOT GREEN.

CELEBRATE ST. PATRICK'S DAY ON MARCH 11 AT THE ANNUAL COMMUNITY PARADE AND IRISH PARTY IN HISTORIC DOWNTOWN!



GET YOUR RETIREMENT BACK ON COURSE

ADVICE MATTERS

Recent studies emphasize the importance of client-advisor conversations. These reports prove that advisors can add 3% to clients' net returns1 and retirement savers who sought investing advice enjoyed a median annual return almost 3% higher than those who didn't - even after the fees they paid for that advice2.

Target Date Funds vs Personal Advice

Target Date Funds (TDFs) shift investors from stocks to bonds over time in an effort to become more conservative as retirement approaches. This transition is referred to as a "glide path" and while the basic concept seems reasonable, TDFs are widely criticized for the limits of their mass market approach. TDFs cannot incorporate all the relevant personal facts that determine the ideal allocation for one's retirement investments, and investors can find themselves either forfeiting needed growth or accepting unnecessary exposure to an increasingly volatile market.

By definition, a TDF is a fund of fund model that invests predominantly or exclusively in mutual funds with a certain maturity or specified date in mind, typically the time at which a participant is planning on retiring. Because TDFs are designed to change their allocation and objectives overtime, it is important for investors to revisit their investment selection periodically to make sure that the investment selected is consistent with their goals and objectives. TDFs are not guaranteed and past performance does not guarantee future results.

Don't settle for a generic TDF that was designed for millions of participants when you can determine and create your personal retirement date portfolio. With advice from the advisor you trust, you can have comprehensive investment management and cohesive financial planning in your company retirement plan.

Don't let Wall Street determine your future. Take back control of your retirement.

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Sources: Vanguard's study based on their Alpha framework. Putting a value on your value: Quantifying Vanguard Advisor's Alpha, Vanguard Research, 2014. The study of 14 large retirement plans with more than 723,000 individual participants and over 55 billion in assets, by Aon Hewitt, a consulting firm, and Financial Engines, an investment advisory firm, between 2006-2012.

WITH ADVICE

ADVISORS CAN ADD VALUE1:

- As effective behavioral coaches (up to 1.5%)
- Applying asset allocation strategy (up to 0.75%)
- Employing cost effective investments (up to 0.45%)
- Managing allocations and rebalancing (up to 0.35%)
- Managing a spending strategy (up to 0.70%)

WITHOUT ADVICE

Portfolios of people who didn't get help suffered from2:

- Inappropriate risk levels
- Market timing mistakes
- · Misunderstanding risks and market volatility



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Spruce up your landscape this spring

Senior projects provide opportunities for faculty and staff to get personally designed landscaping

by Hannah Woolums

Every year the students of the Landscape Design and Contracting program have the opportunity to show their talents by designing landscapes for CSU faculty and staff.

This project offers a tremendous opportunity not only for the students but also for homeowners who would like a new landscape for their homes. Students are given clients who can choose a variety of sizes for landscaping that they would like done.

"Students complete projects of varying scale, but mostly residential landscapes. Our students are assigned clients," said Zachary Johnson, Associate Professor of Horticulture and Landscape Architecture. "Our students then work with the clients to meet their goals and complete landscape designs which will be built."

FOR MORE INFORMATION

For more information on how to get involved in the landscaping projects please contact Zachary Johnson at z.johnson@colostate.edu

This project allows students to gain realworld experience before graduating and get a taste of the projects that they will be working on in a professional setting.

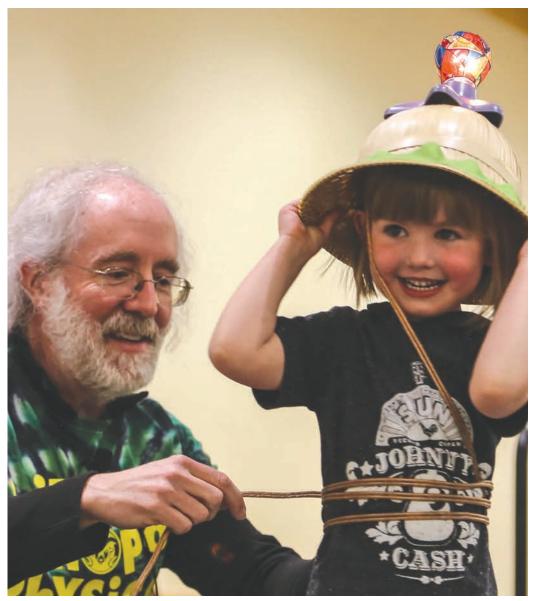
"This opportunity is enormous for our students and also acts as a great service project for our students," Johnson said. "Our students are provided an opportunity to work on real life projects – true experiential learning. They are given an opportunity to work on the same type of projects they will experience upon graduation, while they are still in college."

The landscaping design projects allow students, faculty and staff members to be involved in an experience that will transform student's education into professional practices. It is an opportunity for students to take their skills outside of the classroom.

"This is an opportunity for students to hone their skills prior to graduation," Johnson said. "Students use all their skills from classes taken throughout their academic careers. Our students look forward to this opportunity from the beginning of their course work in the Landscape Design and Contracting program."



>>Little Shop of Physics from page 1



Brian Jones, director of Little Shop of Physics (above), and Matt Rogers (right) from CSU's Cooperative Institute for Research in the Atmosphere, introduced young people to science with fun activities at the 26th Annual Open House. *Photos by Ryan Whitney*

"I remember one time we were packing up after the event and headed out to the parking lot," Pearlstein said. "There was a little kid crying to his mother and saying he was sad and didn't want to leave because they just got there, but she had to tell him they had actually been at the event for seven hours."

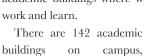
Little Shop of Physics partnered with the CSU Department of Physics, Department of Microbiology, Immunology and Pathology, Department of Biomedical Sciences (Human Anatomy and Physiology), the Department of Atmospheric Science, and sponsors Century Link and the Denver Broncos to carry out the event.



Hats off to our Custodial Staff

by Veronica Nicholson and Dan Kelso

Colorado State University has a diligent, knowledgeable and hard-working custodial enables staff that environment conducive to teaching, learning, and research. Custodial staff support the campus by maintaining the appearance and safety of the many academic buildings where we work and learn.





Custodial staff support the campus 24/7.

encompassing 7.7 million gross square feet and 4.5 million cleanable square feet. These buildings are cared for and maintained by a custodial staff of 153 people. Custodial staff are responsible for cleaning 563 classrooms, 6,410 offices and 1,027 restrooms - daily! They handle over 3,000 tons of trash and another 1,100 tons of recyclables per year.

A snow or ice day means additional work. The custodial staff who are assigned to a specific building are required to shovel the snow surrounding the immediate building in preparation for the arrival and safety of staff, faculty and students. Once the outside perimeter is determined safe, they continue inside to resume their regular daily duties. However, their inside duties are escalated in keeping the floors dry and safe.

The custodial staff rotates to different buildings every 3 months. The staff rotation is done so that they become familiar with the layout and requirements of other buildings. This also provides an opportunity for the building occupants to get to know other custodial staff - say, "Hello!"

The Classified Personnel Council wants to say "thank you" to the CSU custodial staff – for the wonderful job that you do to help keep CSU operating smoothly! Your customer service is outstanding; friendly, prompt and professional. We are proud of these State Classified employees here at CSU!

HEARTS ON FIRE



HOLIDAY SCHEDULE FOR 2017-18

The following is Colorado State University's holiday schedule for the 2017-2018 fiscal year:

- TUESDAY, JULY 4, 2017
- **MONDAY, SEPT. 4, 2017**
- THURSDAY, NOV. 23, 2017
- FRIDAY, NOV. 24, 2017
- MONDAY, DEC. 25, 2017
- TUESDAY, DEC. 26, 2017
- WEDNESDAY, DEC. 27, 2017
- MONDAY, JAN. 1, 2018
- MONDAY, JAN. 15, 2018
- MONDAY, MAY 28, 2018



Hourly employees are not entitled to payment for holidays unless work is actually performed on the day of observance.

The State Personnel Board has again given academic institutions the authority to substitute days that coincide with the academic schedule for the 10 legal holidays approved for state employees

Further, individual departments whose responsibilities dictate unusual work schedules may establish holiday schedules which deviate from the University's schedule.

Time off for employees to participate in religious services (e.g., Good Friday) should be charged to annual leave or time must be made up by rearrangement of the work schedule within the same workweek. Free time off for religious services is not authorized (Governor's Executive Order

Note: The 2001 State Legislature designated March 31 as Cesar Chavez Day. However, this day was not added as a paid state holiday. Employees and departments interested in additional information on Cesar Chavez Day should contact Human Resources or review the material under the Benefits Section of the HR website.

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ENTERTAINMENT CALENDAR

THEATRE AND PERFORMING ARTS

"THE RESISTABLE RISE OF ARTURO UI," BY BERTOLT BRECHT

MARCH 9-11



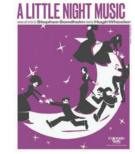
Studio Theatre, University Center for the Arts 1400 Remington St.

March 9 **7:30-9:30** p.m. March 10 **7:30-9:30** p.m. March 11 **2-4** p.m. March 11 **7:30-9:30** p.m.

Brecht's shudderingly accurate parallel between Hitler and his henchmen on the one hand, and the old crime lords of Chicago on the other, is a vigorous eye opener.

csutix.com

"A LITTLE NIGHT MUSIC," BY STEPHEN SONDHEIM MARCH 31-APRIL 2



Griffin Concert Hall, UCA

March 31 **7:30-9:30 p.m.** April 1 **7:30-9:30 p.m.** April 2 **2-4 p.m.**

Join the Ralph Opera Program in a deliciously intriguing romp in turn-of-the-last-century Sweden. Romantic trysts, confusion, and delight abound in the hit that includes the popular "Send in the Clowns." Broadway performer Patty Goble and new voice faculty member John Pierce will join the CSU student cast.

SPRING DRAG SHOW

APRIL 2, 6PM

LSC Main Ballroom Doors open at 5pm and the show begins at 6pm.

The biggest university drag show in the state features students, faculty, and professional drag performers from all around the state, singing, dancing, and showing off fabulous costumes. Admission is free, but all donations will be given to the Northern Colorado AIDS Project

LITERATURE AND ART

AN EVENING WITH AUTHOR GAYLE FORMAN

MARCH 22, 7PM

Hilton Fort Collins 425 W Prospect Road

Gayle Forman has made a name for herself in the world of young-adult literature with her award-winning novels, including I Was Here, Just One Day, and If I Stay. Now, with Leave Me, Forman makes the leap into adult fiction, drawing on her trademark insight and wit to tell a story of marriage, motherhood, and friendship that will resonate with readers of all ages.

Free and open to the public — no tickets are required — and seating will be on a first-come, first-served basis. A book signing and sales will follow the program. Sponsored by the Friends of the CSU Libraries and the Poudre River Friends of the Library

DAVID SHIELDS MARCH 22-23

March 22 5:30 p.m., Behavioral Science Building 131 March 23 7:30 p.m., LSC 350-D

Internationally bestselling author of 20 books, David Shields will be on campus for two events: Wednesday, March 22, he will answer audience questions after a screening of I Think You're Totally Wrong, a film starring James Franco made from his book. On Thursday, Shields will read from his works and sign copies of his book. Both events are free and open to the public, sponsored by the Department of English and the Center for Literary Publishing.

APRIL 6, 10-11AM

Gregory Allicar Museum of Art at the UCA

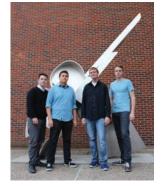
Storyteller and librarian Anna Bernhard introduces children to the arts through stories, hands-on-play, and a museum visit. Ideal for children ages 24 months to 6 years. Children must be accompanied by a parent or caregiver. Free admission includes museum visit.

MUSIC AND DANCE

BLUE SHIFT PERCUSSION ENSEMBLE MARCH 20,

MARCH 20 7:30PM

Organ Recital Hall at the UCA



This percussion quintet, representing contemporary works for a variety of percussion instruments and styles, is considered a precise and moving representative of the finest ensemble playing.

LIVE@LUNCH WITH BUZZ CASON AND ROBERT CLINE JR.

MARCH 23. 11:45AM

The Music District 639 S. College Ave.

KRFC-FM is broadcasting live from the Living Room at The Music District over the noon hour. The broadcast is open to the public at no charge, but space is limited.

RSVP at themusicdistrict.org

JANET LANDRETH, PIANO, VIRTUOSO SERIES CONCERT

MARCH 27, 7:30PM



Organ Recital Hall at the UCA

CSU faculty artist Janet Landreth performs a concert featuring works by the Frederic Chopin, whose works capture the passion of 19th Century romanticism: poignant lyricism, chromatic expressiveness, and brilliant virtuosity.

csutix.com

COMMUNITYCALENDAR

2017 RECYCLEMANIA WASTE AUDIT

MARCH 8, 9AM

LSC Plaza

The annual Waste Audit at CSU will demonstrate recycling rates within

CSU's Residence Halls will take place, with volunteers sorting the materials into trash, recycling, and food waste.

SPRING RECESS MARCH 13-17

Classes resume Monday, March 20

NATIONAL DIABETES PREVENTION PROGRAM

MARCH 20, 5:30PM



Gifford Building

Presented by the Kendall Reagan Nutrition Center, this yearlong program includes 16 weekly sessions followed by monthly meetings to ensure motivation. Our Registered Dietitians are also trained Lifestyle Coaches. \$15/session or free if Anthem Blue Cross Blue Shield member

www.nutritioncenter.chhs.colostate.edu

MOBILE FOOD PANTRY

MARCH 23, 3:30-5PM

Sherwood Forrest on Campus

Amy Van Dyken Way and University Drive

The Food Bank for Larimer County will be bringing their mobile food pantry to campus March 23, April 13, and May 4. Bring your CSU ID and bags for transporting up to 50 pounds of food. All who have a valid CSU ID are welcome to participate.

SLiCE.colostate.edu

12TH ANNUAL WOMEN'S CONFERENCE

MARCH 25, 9AM-5PM

LSC North Ballroom

The one-day conference is designed to be educational and entertaining, providing opportunities for the community to engage in conversations surrounding gender and other social justice issues. Keynote speaker is Jessica Chavex-Salazar, attorney and CSU alumna. Throughout the day several breakout sessions allow attendees to take part in critical dialogue and reflection. Sponsored by the Women and Gender Advocacy Center.

colostate.edu/womens-conference

SEND SILENCE PACKING MARCH 31



Education Lawn, between Eddy and Education

Education Lawn, between Eddy and Education

Send Silence Packing is a national touring exhibit sponsored by the Active Minds National Organization to raise awareness of student mental health and suicide prevention. Send Silence Packing is a powerful exhibit with a display of 1,100 backpacks each representing a college student who has died by suicide.

78TH ANNUAL CONFERENCE FOR VETERINARIANS

APRIL 1-2

Hilton Fort Collins, 425 West Prospect Road

The main focus of this year's Annual Conference is the "Management of Gastrointestinal Diseases of Small Animals, Horses and Food Animals."



DATE NIGHT COOKING CLASS APRIL 7, 6-8PM

Kendall Reagan Nutrition Center, Gifford building

Bring a friend, colleague or that special someone to a fun, interactive evening of cooking, learning and dining featuring Spanish tapas. We provide all the equipment, ingredients, recipes and instruction you both need to make a delicious meal.

\$75/couple; no refunds if canceled less than one week in advance.

Nutritioncenter.colostate.edu

2ND ANNUAL ACT HUMAN RIGHTS FILM FESTIVAL

APRIL 14-21

LSC Theatre
Kickoff at Odell Brewing March 28, 7-9 p.m.

A week of unforgettable international cinema. Kickoff event features film trailers, ticket giveaways, swag, and more.

Actfilmfest.colostate.edu



MINDFUL DROP-IN GROUP

WEDNESDAYS 12:10-1:00 P.M. (NO GROUP MARCH 15)

Lory Student Center Room 324

(March 1 and April 5 in LSC 326-28)

Open to all CSU students, staff, and faculty. No registration required. Sponsored by CSU Health Network, CSU Center for Mindfulness, and CSU Training and Organizational Development.

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Just another day at the office for CSU Photographer Bill Cotton: taking pictures of puppies for CVMBS. Photo by John Eisele

Finding opportunity through his lens

Photographer gets his start at CSU

by Veronica Baas

It wasn't long after middle school that Bill Cotton realized he wanted to spend his life as a photographer.

He spent his childhood traveling with his parents as they pursued different opportunities across the country and around the world.

"I consider myself an academic brat because my parents were both in undergraduate school when I was born," Cotton said.

He was born in Albany, New York and moved to Pennsylvania at age four when his parents went to Penn State for graduate school. Just four years later his family settled down in Miami for a few years before discovering their love for Colorado.

"We moved here to Colorado when I was 12 when my dad got a faculty position in the Department of Atmospheric Science," Cotton said. "I've stayed here since."

For middle school Cotton attended Cache la Poudre where his science teacher also taught photography. He took photography for two quarters and the following year assisted the class.

"I first seriously got into it in junior high," Cotton said. "Those are the only formal classes I ever had through my career because I just kept developing it on my own after that."

He decided to attend CSU and declared as a Zoology major. After a few years he realized that photography was his passion and changed his major to journalism.

As a junior he stopped pursuing his degree at CSU and dedicated all his time to photography. In 1989 he started working for CSU as a photographer.

Through continuing education Cotton began taking one class each semester to obtain his degree.

"I found out that I had to do it continuously and I couldn't take a break because at some point CSU changed the core curriculum," Cotton said. "If I stopped I had to shift to the new core curriculum which would have added three or four classes."

At the rate he was completing classes this would have added one to two years of work onto his goal. In 2003 he graduated after eight hard years of work.

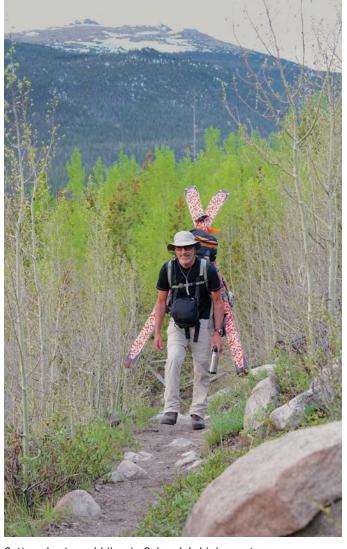
Cotton enjoys photographing the natural world in his time off. He shares his outdoor adventures with his wife Vicki and 14-year-old son Galen.

"I do a lot of hiking, and backpacking, kayaking and skiing," Cotton said. "I always have a camera with me when I'm out there."

Today he continues to take photos for CSU. "It's been a great career at CSU, I get exposed to all the different things they do here," Cotton said. "I think I've been more prolific in my career than a lot of photographers just because of the quantity and the variety of the work that we get to do at CSU."

Lately Cotton has worked more with the College of Veterinary Medicine and Biomedical Sciences and the Warner College of Natural Resources. He enjoys many outdoor activities so shooting CSU students in a Colorado environment is a fun opportunity for him.

Once a year he'll go hiking up Mummy Pass with a group of Warner students up at CSU Mountain Campus. "It makes for great photos of students learning about and appreciating what Colorado has to offer."



Cotton shoots and hikes in Colorado's high country.

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Recalls protect animals from low-quality and tainted food

by Dr. Jonathan Stockman

Pet food recalls have made headlines in recent weeks, as the U.S. Food and Drug Administration has announced that eight brands of cat, dog and rabbit food have been pulled from store shelves since the start of 2017. These foods have been recalled for containing possibly low levels of vitamin B1 and for carrying disease-causing bacteria, pieces of metal, and traces of the animal euthanasia agent pentobarbital.

Pet food recalls occur for many reasons. In general, the process exists to protect consumers from food that does not meet quality standards or is tainted with pathogens, excess or deficiency in vitamins or minerals, and contamination with toxins.

Contamination with pentobarbital

Two recent pet food recalls have resulted from contamination with pentobarbital, a drug used in veterinary practice for humane euthanasia of sick or injured animals. Five dogs reportedly became ill after eating the food; one died, according to the FDA.

Pentobarbital is not allowed in pet food, and adulterated food should not be legally sold. "[I]t is not acceptable to use animals euthanized with a chemical substance in pet or animal foods," an FDA spokesperson told Food Safety News.

The FDA, in coordination with the U.S. Food and Drug Administration, is investigating the products that tested positive for pentobarbital to determine a possible cause for the drug's presence. The agency is focusing on suppliers of beef ingredients for pet food, it appears of the product of the drug's presence.

How do you know if your pet's food is safe?

It is important to choose food from companies that follow supply-chain regulations and enforce quality controls, including testing of products to detect problems before food reaches the marketplace. To know more about a manufacturer's quality control measures, contact the company directly. Manufacturers are expected to test both raw materials and finished products to ensure food safety.

Potential problems with canned pet food.

Many recent recalls have involved raw pet food and canned pet food. Canned food is cooked at high temperatures to ensure it is free from pathogens. However, this process may also lead to vitamin and amino acid degradation if not done properly or if these nutrients are not supplied in sufficient amounts.

FOR MORE INFORMATION

Pet owners may find information about recalled pet food by visiting fda.gov and clicking the "Animal & Veterinary" tab. The American Veterinary Medical Association also provides information about pet food recalls and alerts at avma.org.



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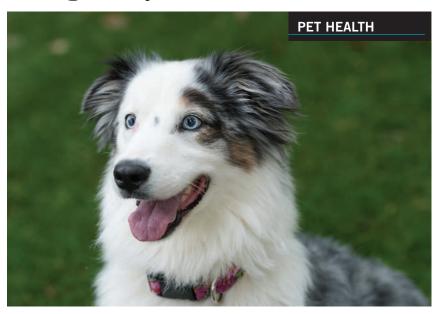
www.performancetune.com











Potential risks with raw pet food.

Raw pet food presents higher risk for pathogen contamination and foodborne illness. Several recent recalls have resulted from food contamination with the infectious bacteria Salmonella and Listeria monocytogenes.

Cooking food at high temperatures is the most effective way to eliminate pathogens, therefore raw pet food – including frozen, fresh and freeze-dried food – presents a higher risk for contamination.

For this reason, the AVMA discourages raw diets for pets and provides more information in its policy on "Raw or Undercooked Animal-Source Protein in Cat and Dog Diets."

If you are worried that your pet ate a contaminated food, contact your veterinarian or an emergency veterinary clinic.

MEET THE COLUMNIST

Dr. Jonathan Stockman is a board-certified specialist in veterinary nutrition who practices at Colorado State University's James L. Voss Veterinary Teaching Hospital.



*Save \$5 off a total purchase of \$25 at Pet Club N. Ft. Collins. Coupon must be presented at time of purchase. Coupon may not be reprinted or photocopied. Excludes Feed & Hay. Cannot be combined with any other coupons or specials. One coupon per household. Pet Club N. Ft. Collins reserves the right to limit or remove this coupon at any time. Certain restrictions may apply. See Pet Club N. Ft. Collins for details. March 31, 2017

Trying to find the "I" in journalism

by Jim Rodenbush

I'm fond of calling myself the last of the journalism dinosaurs.

I started college just before the dawn of the Internet. I can remember putting together my high school (and, for a time, college) newspaper using tools such as a pica pole, proportion wheel and paste-up board. I even wrote stories using an ancient machine known as a typewriter.

None of that is reality now for journalists, particularly the student reporters I advise and teach. I would be surprised if any of them even knew what a pica pole was used for.

But those aren't the only differences. My journalism education from around 20 years ago was of the "just the facts, ma'am" variety. Whether I succeeded from story to story was up for debate but the goals were always the same:

- Be accurate, down to the tiniest detail.
- Be fair and give space to both sides
- Keep myself and my opinions away from my writing.

The last one literally meant keeping the word "I" out of any story, unless it was someone else's quote. To me, a journalist was in the background, occupied the so-called "view from nowhere" and told stories in a non-partial, third person way. I'm still a product of that teaching. That is why writing a column – this column – can, at times, be challenging. Because, really, who wants to know my story? Who cares what I think?

But again, that's not reality today. We

are in a time now where "fake news" has become a part of the vernacular, a news organization's validity can be questioned and easily dismissed because of its content and even the most well-intentioned readers, many times, simply don't know what to believe.

So, remember that list above? Accuracy and fairness – telling the truth – continue to be the hallmarks of a good reporter. But now add transparency to that list. It means being accessible to readers, answering questions, a willingness to listen, to explain the reporting and decision-making process, and quickly correcting and acknowledging mistakes. For a reporter, it means stepping out of the background, putting a face and personality to their name. It means putting the "I" in journalism

This type of reader engagement can be found on the CSU campus. It has become a priority this semester for the student editors at *The Rocky Mountain Collegian*. Among other things, the editors now play host to weekly community meetings from 11 a.m. to noon Fridays outside the Ramskeller in the Lory Student Center. In addition, Editor-in-Chief Julia Rentsch has introduced an Editor's Blog on Collegian.com, which provides a recap of the week and tells readers about upcoming plans for the newspaper and website.

I had the chance to sit in on a recent community meeting and hear questions from a group of CSU students, ranging from how staff is selected to why certain stories are covered, or not covered. I encourage anyone who has a chance to attend one of these meetings. Curious about anything happening at the *Collegian?* Now is a chance to ask

CSU LIFE AS I SEE IT

We want to hear from you!



Come have lunch with the Collegian Fridays 11 - noon Outside the Ramskeller

MEET THE COLUMNIST

Jim Rodenbush is the Student Media Adviser at Rocky Mountain Student Media.

CONGRATULATIONS OPERATIONS MANAGEMENT STAFF

Je e

Operations Management 2016

Jerrel Siler - Jerrell works everyday above the expectations. He creates an incredible working experience for our staff. There has been a lot of feedback throughout the department that Jerrell is positive, easy going and is able to create a "work home" that people want to be at. Throughout the year Jerrel has been a hardworking, energetic, diligent co-worker. Thank you Jerrel for consistently being an outstanding employee!

Employee of the 4th Quarter

Jeff Turnbull -Whenever a special cleaning assignments comes up in any of the dining centers Jeff volunteers to help out. He has helped numerous times picking up and dropping off equip-ment and will help another staff person trouble shoot is-sues with their equipment prior to sending it in for repairs. Jeff always has a positive attitude no matter what is thrown his way. Jeff makes it his mission that his staff are well versed in their cleaning duties, changing with-in their area and within the department. He is a plethora of information and a good resource when needed



January Employee of the Month

Charlotte Flores - Charlotte, who is the ES Inspector, has been helping over in the Edwards/Ingersoll area. She has been more than willing to help wherever she's needed whether it's cleaning the front areas, helping in the bathrooms or helping with projects. She steps in to help without prompting and constantly asks what else she can do. All of this, she does with a positive attitude and with no complaint.

Operations Management 2016 Invisible Employees of the Year

Leonard Braden is a true angel. As he has moved into the new GL position he has really came out of his shell and has proven to be dedicated to this department. He has showed true leadership and sincere care for not only his co-workers but our residents as well. When Leonard noticed that one of the Aggie Village residents were saving aluminum cans for her disabled daughter, he took it upon himself to help collect even more cans and leave these at the residents door. When the resident noticed what Leonard had done, she was extremely grateful. The task of "crushing cans" is more like therapy for this young lady and it helps keep her mind off some of the struggles that she has to face on a daily basis. By one simple, kind gesture that Leonard did, it made such a huge impact on one of our residents and her daughter. This is just one example of how Leonard goes above and beyond, behind the scenes making our department and our world a better place. The attitude, skill set and customer service first approach from Leonard is well deserving.

Eric has throughout the year been behind the scenes supporting a multitude of areas. Every time he has chosen to take on more and more to either support his peers, the staff or our campus partners. He has built great relationships along the way and the common statement that I hear is. "He can always be counted on to help out!". I have heard this from ES staff when he is supporting the sharing of common space. I have heard this from IT staff when it comes to supporting the common functionality of our servers and computer infrastructure of the department. I heard this from his peers when he has overseen their areas in their absence. I have heard it from maintenance staff when he supports the afterhours program through sacrificing his personal time to answer his phone to respond to questions or to physically come in on his day off to support the needs of our customers. I have witnessed him staying late, coming in early or in general willing to give of himself to support all Operations Management, Department and Customers.



Colorado State University

HOUSING & DINING SERVICES
OPERATIONS MANAGEMENT

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Fanny Starr, who survived several Nazi concentration camps, was interviewed by CSU students Alex Ingber and Rebecca Chapman. Photo: Selena Rodriguez

by Selena Rodriguez

It's easy to feel disconnected from history. With years and years separating us from events of the past, it can feel more like a mystifying story that an actual piece of time and space. We can read tales of the Roman Era or the Wild West, but never truly grasp that it actually happened. We might forget that real people, just like me and you, actually lived through these surreal points in time. History becomes a ghost. People talk about it in broad sweeps but forget about all the people that molded it. Emotion and empathy are hard to forge when so often the witnesses are lost in the sands of time.

But on Feb. 22, Colorado State University got the chance to connect with the past in a very personal way. In honor of the 20th annual Holocaust Awareness Week, the Students for Holocaust Awareness, Chabad Jewish Student Association and Hillel put on an Evening with a Holocaust Survivor. This year's featured speaker was Mrs. Fanny Starr, a survivor of several Nazi concentration camps. In an effort to combat anti-Semitism and deniers while promoting peace and hope, the 95-year-old began sharing her firsthand account of the Holocaust. She shared the grim details of slave-labor, torture and massmurder.

In the ghetto

Starr was born in 1922 in Lodz, Poland. She had three sisters and two brothers. When Lodz ghetto was established in 1939, she was only a teenager. In an interview before her speaking event, Starr recalled that they rarely ate during their stay at the ghetto. Once a month her family would stand in line, hoping to get their hands on some food. In the ghetto, the residents were forced into slave labor. Starr was tasked with tearing apart clothes from concentration camps in search of hidden valuables. She would find gold, gems and diamonds sewn into the clothes. Little did she know, this was a grim foreshadowing of what would happen next.

When her time at the ghetto was up, Starr and roughly 60 others crammed into a train car. Once Starr reached her destination, her eyes fell on a sign: "arbeit macht frei," or "work will set you free." She was at the gates of the infamous Auschwitz concentration camp. This is where she encountered Dr. Mengele, a nefarious physician known to torture children in cruel experiments. He wore a black uniform with a hat emblazoned with a swastika. He was the one to determine who would live and who would be cast off to the gas chamber.

"My youngest sister pinched my cheeks and I pinched hers," Starr recounted, explaining that they were trying to look more alive. When Dr. Mengele reached her, he approved her to work. But much of her family didn't make it past his judgment. In an instant, she lost her mother, father, older sister, brothers and much of her extended family. Starr shed a tear as she recalled their fate. She said that once they parted ways, she was sent to a warehouse, forced to remove her clothes and given a striped uniform. This was the start of her grueling internment.

In several camps

Starr and her younger sister Rena Alter moved back and forth among a number of concentration camps. She recounted the atrocities they to the capacity crowd in the Lory Student Center Ballroom. Death ran rampant, ash from the ovens rained down from the sky and little hope existed. Even after her liberation, Starr felt the impact of the horrors she witnessed. When she was living in the displaced persons' camp at Bergen-Belsen, Germany, Starr collapsed under the weight of all the suffering and felt like giving up. "Shall I go right, shall I go left? What can I do? What is my future," Starr remembered thinking. She didn't want to live anymore.



Starr and her husband. Photo: Selena Rodriguez

But her sister didn't let her succumb to those negative thoughts. Alter hoisted her up by the collar and proclaimed, "This is our life." When Starr still didn't respond, she slapped her face and repeated it again. Starr says that her sister saved her life that day. She went on to meet her husband, Zesa Starr, in the displaced person's camp, and they eventually settled in Denver.

"It took a long time to adjust," Starr said when asked how she healed from such a traumatic experience. But despite it all, Starr still manages to smile, a sense of radiance still alive within her. When asked about why she still talks, she says she wants to help fight anti-Semitism. She says she still sees it in the world and hopes her story helps to alleviate that.

A light unto others

"I am always very impressed with the incredible strength and optimism of Holocaust survivors," Alex Amchi, a student who helped organize Holocaust Awareness Week stated. He said this was a showcase of "Jewish resilience" and a way to combat the hate many people face around the world for just being who they are. "Instead of spreading hate, we should 'be a light unto others' and fight for a more just world."

Starr's willingness to speak out brings history to life. It reminds us what hate can cause. As she continues to spread her story, the lessons of the past can carry on in a tangible way. Like a ripple in a pond, her words have the potential to reverberate through our world. And perhaps those who hear her speak will take up the mission for peace, creating their own ripples as well.

CSU Residence Life staff rakes in awards

AIMHO recognizes professionals in several categories

By Sylvia Cranmer

Residence Life staff strives to provide a stellar oncampus living experience at CSU, fostering a healthy and safe environment necessary for learning. The entire campus community benefits from these efforts, and it's especially rewarding when peer institutions and colleagues from around the region recognize the accomplishments as well. Several CSU Residence Life staff members recently received awards at the Association of Intermountain Housing Officers (AIMHO) Conference held in Logan, Utah – making this one of the most successful award years for the CSU staff.

AIMHO recognizes excellence, promotes professional development, and supports those in the field of Student Affairs and Residential Life, Operations and Facilities, and Student Support Services. Five CSU staff members received first-place awards in a number of different categories:

Kenzie Kitson, Assistant Residence Director, Westfall Hall -2016 Outstanding Student Award. Kenzie is a graduate student in the Student Affairs in Higher Education (SAHE) program. According to her nominator, her selflessness and ability to handle competing priorities is simply remarkable. She is passionate about making students feel welcomed, and committed to student success and development.



Jonathan "J.R." Rosario,

Residence Director, Westfall Hall - 2016 Outstanding Entry-Level Professional Award. J.R. is currently is his second year as an RD at CSU and for the last one and one half years has made a tremendous difference in the lives of our students and staff. According to one of his residents, "He always puts the

residents' challenges first and navigates those problems with ease. He genuinely wants to make the residence halls a positive, safe space."

Alfreda "Freda" Whaley, Residential Dining Services - 2016 Distinguished Service Award. Freda currently serves as a meal card checker at one of our CSU Dining Centers. Her care and enthusiasm greets every customer no matter the time of day. Students and staff seek out this particular dining center on campus so that they can interact

with Freda. Her genuine smile and positive attitude turns a bad day into a good day. Freda is the epitome of someone who turns her position into something great. Every employee could learn from her positive example of customer service.





Haley Wilson, Assistant Residence Director, Summit Hall -2016 Graduate Social Justice Action Award. Haley is a graduate student in the SAHE program at CSU. Creating inclusive spaces, championing the stories of others, creating and maintaining deep interpersonal relationships these are just a few of the many things that Haley does day



in and day out within their position, and also during life in general. In her daily interactions with students, Haley always maintains a smile and showcases excellent active listening because she wants to learn about individuals and the communities around her and cares enough about them to cherish their stories and experiences.

Jacqui Payne Stroud

Residence Director, Braiden Hall - 2016 Professional Social Justice Action Award. According to nominator Laura Giles, CSU Director of Residence Life, Jacqui has a passion for making this world a better place for people of all identities. Jacqui approaches her social justice work from a place of

2ND ANNUAL | APRIL 14-21



compassion — deep care for marginalized and dominant identities. She can challenge a privileged person without one even knowing it. "Jacqui does not wait for educational moments to happen - she creates them," Giles adds. "She serves as a role model for integrating social justice into our work."

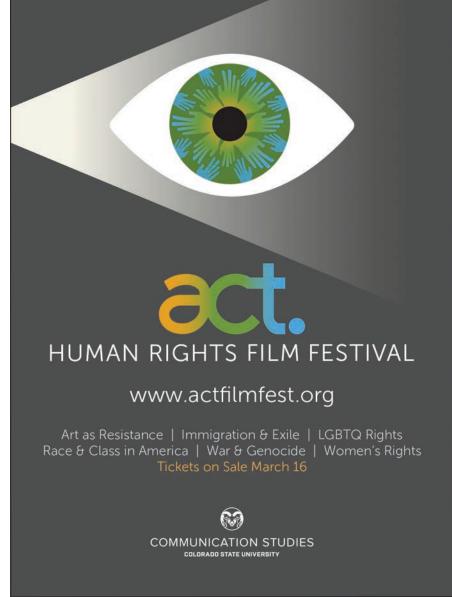


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Tullamore D.E.W. Irish Whiskey guarantees a liquid gold, smooth tone in every bottle. Renowned as the original triple distilled, triple blend whiskey, Tullamore D.E.W. is an absolute must-have Irish classic. This whiskey frontrunner represents a lifestyle of tradition and encompasses the livelihood of Ireland.

Tullamore D.E.W. was born in Tullamore, Ireland in 1829 and simply can't escape "the power of three." This "power of three" appears in the unique taste sourced from three types of grain, and is continued through the triple distillation process. The selection that Tullamore offers serves as the final aspect of the Tullamore "power of three," with three whiskey types available for all to enjoy.

Tullamore D.E.W. gets its name from Daniel E. Williams, the man who decided that true whiskey craft could only come from true character and believed his whiskey should be made accordingly. Daniel E. Williams demonstrated his strong character as he worked his way up from a stable boy to become the eventual owner of the whiskey distillery. With an innovative mind and a passion for improvement, Williams brought electricity and motorized automobiles to Tullamore.







Williams' impact on Tullamore helped to create a whiskey so distinct and proud that it was only appropriate to brand it with his initials.

Tullamore D.E.W. Original is known as "the legendary Irish Whiskey" and whiskey fans can expect to sample the flavors of "early fresh fruit" that "leads to a definite light spike followed by some toasted wood which evolves into a delicious vanilla

Taste this true gem of Ireland and enhance your St. Patrick's Day festivities with some classic Irish Whiskey, available for enjoyment at Wilbur's Total Beverage, the number one Fort Collins liquor store for wine and spirits.

Irish Coffee Shot

Ingredients:

20ml Tullamore D.E.W. Original Irish Whiskey

10ml Premium Coffee Liqueur

10ml Thickened Fresh Cream

Instructions:

Add Tullamore D.E.W. and coffee liqueur to a mixing glass. Stir and pour into shot glasses. Top each with fresh cream and garnish with coffee beans.

Rosés of Spring

Rioja Bordon Rosé

\$9.99

Se Leua Rosé

\$9.99

The Gnome Knows Rosé

\$8.99

Cuvee du Roy Rosé

\$12.99



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The outdoor classroom. Exploring the biological community on Isla Espiritu Santo. Photos courtesy Kate Huyvaert.

A professor's experience at the CSU Todos Santos Center

By Kate Huyvaeri

Baja California Sur, Mexico, is home to a number of wildlife species found there and nowhere else. So it was easy for Paul Doherty and me to craft a class to share these unique organisms, and the equally unique ecosystems that they live in, with undergraduate students in an education abroad experience.

We first traveled to Todos Santos, BCS, with a group of 18 students in January 2015. Building off of that amazing experience and with attention from majors in the Department of Fish, Wildlife, and Conservation Biology, we developed a 16-credit semester education abroad program.

We wanted to offer an experience where all five of the courses would apply directly to our majors' curricula and with which we could continue the tradition of offering high-impact learning experiences offered by our College's summer course at the Mountain Campus.

The courses are a blend of required and elective courses offered on campus and new courses that focus on the natural history, ecology, and conservation of desert and

marine organisms found in and around the CSU Todos Santos Center and in other parts of BCS. To take full advantage of living and learning in a place with such a rich natural history, we also blended typical course activities – lectures, discussions, computer labs – with field excursions, field lab activities, and original projects where students could gain real-world research experience.

I think that the hardest part of creating courses in Todos Santos is also the most rewarding: developing fresh and interesting ways to draw attention to the common themes in fish and wildlife ecology and conservation between Mexico and Colorado.

The best thing I've learned from my experiences in Todos Santos is that we – students and instructors alike – have to broaden our horizons, becoming global citizens and better natural resource professionals.



Elizabeth Enoch and Cole Purdy discover the joys of learning about sea turtles while helping to collect sea turtle nesting data at a local sea turtle research center.

MEET THE COLUMNIST

Kate Huyvaert is associate professor of Fish, Wildlife, & Conservation Biology in the Warner College of Natural Resources.

SO YOU WANT TO TEACH A COURSE IN **TODOS SANTOS?**

Faculty planning to create an education abroad course for CSU students in Todos Santos should work with the Todos Santos team, who will work with you in partnership with the Education Abroad team.

Contact Kim Kita at kim.kita@colostate.edu

15-18 MONTHS IN ADVANCE OF COURSE DELIVERY

- Determine programming area of interest
- Talk with Todos Santos team to understand regional BCS priorities as relates to proposed curriculum
- Read the Community Assessment reports (todossantos.colostate.edu/ research)
- Identify a course structure (credit, noncredit, etc.), target audience, and which AUCC requirements the course will meet
- Meet with Todos Santos team and Education Abroad to create an initial program concept and budget
- Set target dates for program delivery and confirm availability on the Todos Santos Center calendar

9-15 MONTHS IN ADVANCE

- Exploratory research trip to Todos Santos to
- Meet with community members and organizations
- Identify partners
- Experiential learning in order to better inform the curriculum and student itinerary
- Finalize itinerary, budget, and student program fees
- Determine opportunities for scholarship or funding sources
- Create marketing materials
- Begin information sessions to inform and recruit students
- Submit Facility and Group reservation forms to the Todos Santos Center



Kate Huyvaert and two students finishing up a snorkel at Cabo Pulmo, a coral reef with an amazing conservation story.

6 MONTHS IN ADVANCE

- Active marketing and student recruitment
- Finalize enrollments and work with students on the following
- Travel logistics
- Risk management processes
- Language and culture pre-trip orientation
- Confirm final logistics with the Todos Santos Center
- Student food and other allergies
- Confirm logistics with the CSU Center
- Arrival time to the airport and to the Center

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ACT Film Festival in second year

by Selena Rodriguez

Awaken to your world, connect across cultures and transform lives near and far: This is what the ACT Human Rights Film Festival wishes to evoke in its attendees. For the second year in a row, the Department of Communications Studies at Colorado State University invites the community to attend viewings of cinema from around the world. The film festival will be happening April 14-21 both on and off campus.

The ACT Human Rights Film Festival came to fruition as a collaborative effort within the Department of Communications Studies. Human rights festivals are found in abundance globally. But in the United States, they are not nearly as common. So after receiving the William E. Morgan Endowed Chair of Liberal Arts, Associate Professor of Film and Media Studies Dr. Scott Diffrient decided to use funds from the endowed chair to create the ACT Human Rights Film Festival. With the help of his fellow faculty, the festival became a reality. It is the first of its kind in Colorado.

The event encourages education and dialogue around a broad spectrum of subject relating to social justice. It gives filmmakers, artists, scholars, students and anyone in-between a chance to come together and think critically about issues such as LGBTQ rights, homelessness, human trafficking and other current social issues. ACT provides a catalyst for discussion on issues taking place close to home, nationally and globally. This year, viewers can anticipate timely films such as *The Queen of Ireland, Frame by Frame* and *The Apology*. The full schedule is set to release on March 16. Tickets will go on sale the same day.

Lindsey Nielson, the newly appointed ACT Program Coordinator, described a desire to expand the festival's reach in the community this year. "They want to grow the festival audience numbers. They want to grow the number of films we invite and the number of guests we invite too," she said of her team's goals for the event this time around. Nielson also indicated that they scheduled some of the screenings at different venues around town to encourage not only students to attend, but also the larger Fort Collin community.

The kickoff event for ACT will be hosted at Odell Brewery. Last year, the brewery dedicated a beer to the festival called "Screening Session" and this year they will follow up with another special beer. An opening night reception is set to follow the Q&A of the first viewing, *The Queen of Ireland*. The film follows the story of the activist and most famous drag queen in Ireland, Panti. Both the filmmaker and the film's star will be present for the first night's events. The public is also welcome to attend the closing night reception at the end of the week.

Regular screening tickets are \$5 for students and \$10 for the general public. There's also an option to buy a package for the week. A four-ticket-pack is \$15 for students and \$30 for general admission. There's also a special RamEvents screening which is free for students.

"If faculty want to get involved, I'd say the best way to do that right now is to promote the festival to their students," Nielson suggested. She said she could even come to class to briefly talk more about ACT. She also encouraged attending this event as a show of support for the staff and faculty that worked hard to organize the festival. "It's just an incredible event. We have filmmakers, film subjects. It's just an amazing event. I can't say that enough," she said



Volunteers talked about the ACT Film Festival before the MLK Jr. Day March in January. Photo by John Eisele

2017 ACT FESTIVAL FILMS

DRIVING WITH SELVI

Filmmaker: Elisa Paloschi (2016) India

FRAME BY FRAME

Filmmakers: Alexandria Bombach & Mo Scarpelli (2015) Afghanistan

JACKSON

Filmmaker: Maisie Crow (2016) USA

QUEEN OF IRELAND

Filmmaker: Conor Horgan (2015) Ireland

RAVING IRAN

Filmmaker: Susanne Regina Meures (2016) Afghanistan

STARLESS DREAMS

Filmmaker: Megrdad Oskouei (2016) Iran

THE APOLOGY – SPECIAL ADVANCED SCREENING

Filmmaker: Tiffany Hsiung (2016) Canada, South Korea, Philippines

THEY WILL HAVE TO KILL US FIRST

Filmmaker: Johanna Schwartz (2015) Mali

TRANSIT HAVANA

Filmmaker: Daniel Amba (2016) Cuba

WHAT TOMORROW BRINGS

Filmmaker: Beth Murphy (2015) U.S., Afghanistan

FOR FULL SYNOPSES AND MOVIE TRAILERS, VISIT ACTFILMFEST.COLOSTATE.EDU/FILMS

THE COMPLETE LINE-UP, AS WELL AS SCREENING TIMES AND LOCATIONS, WILL BE AVAILABLE ON MARCH 15.

TICKETS GO ON SALE MARCH 16.

FOR MORE INFO, VISIT ACTFILMFEST.COLOSTATE.EDU



CSU COOKS

ITALIAN STUFFED ZUCCHINI BOATS

THESE STUFFED ZUCCHINI BOATS ARE A FUN, NUTRITIOUS WAY TO EXPERIENCE TRADITIONAL ITALIAN FLAVORS. THIS RECIPE WAS FEATURED AT THE KENDALL REAGAN NUTRITION CENTER'S DATE NIGHT COOKING CLASS IN FEBRUARY.

INGREDIENTS

Vegetable Filling Mixture:

- 1 red, orange, or yellow bell pepper, diced
- 2 garlic cloves, minced
- 1 small onion, chopped
- 1 teaspoon dried basil
- 1 teaspoon dried oregano
- 1 pinch of salt
- 1 pinch of pepper

Other Ingredients:

- 5 zucchinis
- 2 tablespoons olive oil
- 1 raw tomato, chopped (or 5 cherry tomatoes, cut into quarters)
- 1/4 cup nutritional yeast

DIRECTIONS

- 1. Preheat the broiler.
- 2. Slice zucchini in half lengthwise. Put the zucchini on a foil-lined baking tray and broil for 10 minutes.
- 3. Allow the zucchini to cool for 10 minutes.
- 4. Using a small spoon, carefully scoop out the flesh to make something that resembles a boat. Take care to not break the skin of the zucchini. Set aside the zucchini pulp in a bowl to add to filling.
- 5. Heat 1 tablespoon of the olive oil in a large skillet over medium-high heat. Add the zucchini pulp, diced bell peppers, minced garlic, chopped onion, nutritional yeast, and spices.
- 6. Sauté for about 5 minutes, until browned and cooked through. Remove from heat and set aside.
- 7. In a small bowl, mix together the sautéed pepper mixture, chopped tomatoes, and remaining tablespoon of olive oil.
- 8. Stuff the broiled zucchini with the vegetable mixture.
- 9. Broil an additional 5 minutes or until zucchini is tender.

SERVING SIZE: 2 BOATS

NUMBER OF SERVINGS: 5 SERVINGS





NUTRITIONAL INFORMATION/ AMOUNT PER SERVING

Calories 105 Protein 4.1 g Total fat 6.2 g Total Carbohydrates 10.5 g 0.9 g 3.3 g Saturated fat **Dietary Fiber** Cholesterol 0 mg Sodium 483.2 mg



Dining Services is proud to recognize EVELYN TURK, Accounting Technician III in the Central Storeroom, as the February recipient of the Remarkable Service Award! This recognition program honors Dining Services' employees who demonstrate remarkable service by going above and beyond their normal duties.

Evelyn is a hidden treasure on our team. She has taken full accountability to become a great steward of the University's finances through her diligence and thoroughness. Her attention to detail and detailed record keeping makes her an invaluable member to Dining Services. She may be behind-the-scenes tending to all of the tedious details, but we couldn't operate without her. Evelyn also loves to sing and it's not unusual for her to break up a monotonous day by belting out a song!

MURALS 2017 scheduled for March 31

The Multicultural Undergraduate Research Art and Leadership Symposium intentionally reaches out to students of color in various disciplines at CSU and exposes them to a variety of undergraduate research, presenting and performing opportunities. Mentoring, presenting, networking, and learning about multicultural leadership are the main aspects of the program, which will take place on March 31 this year.

Faculty and staff can be involved as a mentor to an undergraduate student as he or she formulates ideas for the research project, presentation or performance as well as completes a poster board. Commitment will begin when the student demonstrates a need for a mentor.

You can also serve as a judge for the poster portion of MURALS. This one-day commitment will be on March 31, 3:45-4:30 p.m. in LSC Ballroom A.

FOR MORE INFORMATION

To learn more about MURALS, check out the website murals.colostate.edu, or contact Bridgette Johnson, director, Black/African American Cultural Center, (970) 491-5781, Bridgette.johnson@colostate.edu

Employee Appreciation Board long-standing tradition at CSU

Originally formed in 1968, the CSU Employee Appreciation Board is one of the longest standing traditions on campus. The board is composed of representatives from departments and colleges campus wide, volunteering their time to help recognize employees for their hard work.

One of the main objectives of the board is to recognize CSU employees and work units that have gone above and beyond in their everyday job duties. The selected units are recognized for their accomplishments at a personalized event such as a luncheon, breakfast or ice cream social, and receive CSU swag. And don't worry if your unit is not located at the Fort Collins campus, we will send the party to you! The selected units are also recognized in a SOURCE article highlighting their accomplishments.

How do you nominate a group? Simply go to the CSUEAB website to submit a nomination by April 28, for a chance to have your unit recognized before the end of the fiscal year. Be sure to include specific examples as to why you feel your group should be recognized and what they do to go above and beyond their normal, everyday job duties.

FOR MORE INFORMATION

If you would like more information on the CSUEAB, visit csueab.colostate.edu.

Provost's Council on Engagement begins elevating scholarship



Members of the Provost's Council for Engagement in January.

Provost Rick Miranda and Vice President for Engagement Lou Swanson have convened the Provost's Council on Engagement to actively pursue opportunities for elevating engaged scholarship at Colorado State. The group's early discussions suggest a variety of efforts spanning education, promotion, policy and programming.

"This faculty-inspired endeavor will bring to light the shining examples of engagement across our campus," explained Swanson.

Council members are faculty members representing all eight colleges and Morgan Library, and will serve as champions for advancing the practice and recognition of engaged scholarship as fully embedded within CSU's core teaching, research, and service missions.

- Meena Balgopal, associate professor of science education, Department of Biology;
- Martin Carcasson, professor of Communication Studies and director of the Center for Public Deliberation:
- Christine Fruhauf, associate professor, Department of Human Development and Family Studies;
- Frank Garry, professor, Department of Clinical Sciences;
- Neil Grigg, professor, Department of Civil and Environmental Engineering;
- **Tobi Jacobi**, professor, Department of English and director of the Community Literacy Center;
- Jennifer Martin, assistant professor, Department of Animal Sciences;

- Tracy Nelson, professor, Department of Health and Exercise Sciences and associate director, Colorado School of Public Health;
- **Robin Reid**, professor, Department of Ecosystem Science and Sustainability and director of the Center for Collaborative Conservation;
- Patricia Rettig, head archivist, Water Resources Archive at Morgan Library;
- Bill Schuster, professor, Department of Management;
- Wade Troxell, associate professor, Department of Mechanical Engineering.

The council also includes several ex-officio members representing university administration with a strong interest in promoting and supporting engagement at CSU:

- **Jim Cooney**, vice provost for International Programs
- Mary Ontiveros, vice president for Diversity
- Ashley Stokes, assistant vice president for Engagement and deputy director of CSU Extension
- Mark Wdowik, assistant vice president for Research and Industry Partnerships

FOR MORE INFORMATION

For questions about the council, contact Paula Mills in the Office of Engagement at paula.mills@colostate.edu.

CSU rocks CCC again

CSU, for the second year in a row, blew away the field in donations to the annual Colorado Combined Campaign. Employees on campus and across the state donated \$129,066 during the annual December campaign. CSU's total exceeded the runner-up state agency — the CU Denver/Anschutz Medical Campus — by more than \$35,000. In all, 53 state agencies participated in the campaign, including 26 higher education entries. The campaign raised \$928,000 statewide.

The Colorado Combined Campaign allows state employees to support their favorite charities via payroll deduction (checks, cash and credit cards are also accepted). CSU employees support area charities like United Way of Larimer County, Habitat for Humanity, Neighbor to Neighbor, the Food Bank for Larimer County, Crossroads Safehouse, Poudre River Library Trust, the Nature Conservancy, Elderhaus, the Larimer Humane Society, Animal House Rescue, and many more. Some choose to support other charitable agencies around the state.

The campus campaign is sponsored by the Office of the President and cochaired by Cara Neth, Katie Esquivel and Nik Olsen.

Thank you for donating CSU!

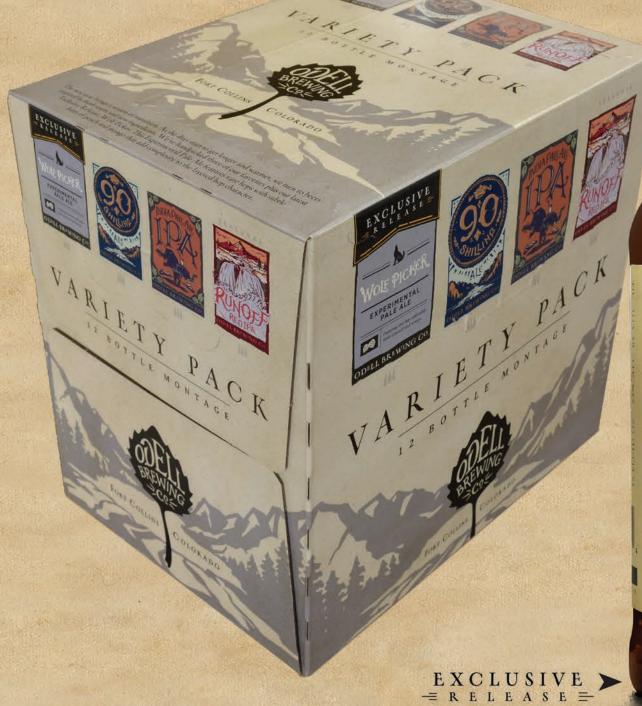
"Employees on campus and across the state donated \$129,066..."



VARIETY PACK

12 BOTTLE MONTAGE

The new year brings a season of transition. As the days start to get longer and warmer, we turn to beers inspired by fresh starts and new ingredients. We've handpicked three of our favorites plus our latest Exclusive Release, Wolf Picker Experimental Pale Ale.



EXCLUSIVE

RELEASE

WOLF PICKER

EXPERIMENTAL PALE ALE

Peaturing rare hops with subdit hints of peach and mango.

ODELL BREWING CO.

12

3 EACH VARIETY

Wolf Picker's name pays homage to a classic hop harvesting rig and is brewed with a hop variety so rare, it's known only as HBC 638.