

February 2015

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COMMUNITY
EVENTS

Feb. 6
Last Day to check Milestones information for recognition during Celebrate! CSU in April. Go to csuevents.colostate.edu/employee-milestones/

Founders Day

Feb. 11
It's been 145 years since the founding of what is now CSU, and we'll be partying like it's 1870. At 1:45 p.m., the celebration begins on the Lory Student Center Plaza, with free cookies and a chance to sign a giant birthday card with CAM the Ram. At 4:30 p.m., the fun moves inside to the LSC Main Ballroom, for presentation of the Founders Day Medal to Bob and Joyce Everitt, with a reception to follow.

Feb. 14
Valentines Day

Feb. 16
Presidents Day
Classes in session, University offices open

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One of a kind installation



The chandelier was officially unveiled for students, faculty and staff during the Lory Students Center grand re-opening week, Jan. 26 – 30. The week long celebration featured live music, free food and prizes and various workshops and events provided by the CSU communities. Photo by CSU Photography.

LSC shines Ram pride

By Sarah Sparhawk

Look! Up there! It's a bird...no a plane!
No, it's a big, green and white ram's head hanging from the ceiling of the Lory Student Center. Many may have noticed the spirited chandelier at the LSC's east and south entrance from the plaza. This is one of many new additions to the LSC this semester.

"When our LSC renovation committee was meeting it was decide to include elements in the design that would showcase Colorado State University," said Karen McCormick, director for the LSC. "The building is used heavily by the University community and the renovation team wanted to incorporate elements that celebrated CSU."

The Ram's Head was designed by the same architecture firm that contributed to the LSC remodel, Perkins + Wils. The artwork is made of 4,000 acrylic rods in green and clear that were made offsite, and shipped to the LSC.

"We assembled staff members representing different segments of campus to help us brainstorm what to include. From there, the architectural firm ran with the ideas and the plans took shape," said McCormick.

Installation ran from Jan. 6 – 12. No extra lights were put in with the chandelier – it is lit through natural lights from the nearby entrances.

"The Ram's Head will be the first thing you see as you enter the building from the plaza. We

believe it will be a very positive and fun way to spark school spirit," said McCormick. "Also, the location is an excellent opportunity to take selfies with the Ram's Head in the background."

Naturally, CSU's mascot, CAM the Ram, was the inspiration behind the new piece of lighting. Because CAM goes attends all of the university's major events, it made sense that our symbol should always be in the LSC, too.

"What better way to instill University pride than to have the face of CAM greet you every time you enter the LSC?"

This, the Ram's Head and other new additions can be seen during the LSC's grand opening on <http://youtu.be/ZU3kXJtqDG0>. Check out how the Ram's Head came together in the time-lapse video, found at <http://youtu.be/ZU3kXJtqDG0>.

Bob and Joyce Everitt receive Founders Day Medal

On Wednesday, Feb. 11, Colorado State University will honor the creation of the institution, the values that have sustained it, and its mission of service through teaching, research and engagement with a Founders Day celebration.

As part of the 145th anniversary of Colorado's own land-grant institution, the University will honor Bob and Joyce Everitt with the prestigious Founders Day Medal. Bob was one of the first industry partners of the College of Business, and was instrumental in spreading the word about the college within the industry. The Everitts' commitment to fostering business education through partnerships with businesses resulted in the creation of the Everitt Real Estate Center within the college.

Bob is known to many as the best example of a "founding father" of Fort Collins, because of his family's long history of real estate and community development. The original Everitt Lumber Company, founded in 1953, has grown into the Everitt Companies, which has developed numerous residential subdivisions and commercial buildings throughout Northern Colorado, such as the Foothills Fashion Mall.

See Founders Day page 6



APPLAUSE

Athletics

CSU’s efforts to increase diversity and foster an environment of inclusion have earned it the NCAA and Minority Opportunities Athletic Association’s Award for Diversity. The award was presented at the annual NCAA Convention in Washington, D.C., in December.

CSU has created several programs that center on educating student-athletes and staff about the benefits of inclusion:

- The John Mosely Leadership Program, which honors CSU’s first African-American student-athlete in the 1940s.
- Rambition, for female student-athletes, focuses on fostering overall personal, professional and leadership development.
- Council for Diversity and Inclusion discusses diversity and inclusion needs among student-athletes, coaches and athletics staff.

In 2014, the department hosted the inaugural Diversity Summit in the Rockies. Student-athletes, coaches, athletics administrators, professors and the general student body joined in conversations focusing on why diversity matters.

Advancement

Colorado State was honored with nine awards for communications and development projects at the CASE District VI conference in Denver in January.

The Legacies Project, which features videos and web pages that gather the personal and professional stories of professors emeriti and retirees from the **College of Health and Human Sciences**, took gold in two categories and will move on to compete at the national level. **The Division of University Advancement** received two silver awards, for the campaign to renovate the James L. Voss Veterinary Teaching Hospital and for CSUCares, which supports members of the Ram Family affected by natural disasters. **The Division of External**

Relations brought home two silvers, for science writing and for a brochure about national academy-member faculty, and gold for RamChat; the Colorado Sustainability Study; and CSU Life for Faculty and Staff.

College of Health and Human Sciences

Nancy Miller, head of the Department of Design and Merchandising, has received the highest award bestowed by the International Textile and Apparel Association for her significant contributions to the field of textiles and clothing and service to the organization. ITAA named Miller a Fellow at its annual 2014 meeting in Charlotte, N.C. ITAA is the global organization of textile and apparel scholars. Honorees are selected by their peers.

College of Natural Sciences

The Psychonomic Society named **Jessica Witt**, associate professor of psychology, as the recipient of its 2014 Steven Yantis Early Career Award at its annual meeting in Long Beach, Calif. The award is given to “young scientists who have made significant contributions to scientific psychology early in their careers.”

Witt was on a team that discovered that athletes who are performing better than others see the target as bigger and as moving slower. She also found that high-scoring field goal kickers view the goal area as larger and that people holding guns are more likely to perceive others as holding guns – even when the viewed item was a harmless object such as a shoe.

Chris Funk, associate professor who specializes in evolutionary and conservation biology, is one of 20 researchers from across North America selected for the 2015 Leopold Leadership Program, which is based at the Stanford Woods Institute for the

Environment. He will spend the next two years learning to communicate his research to policymakers, the media and others.

Funk is also the Chair of the Biodiversity Working Group at CSU’s School of Global Environmental Sustainability and on the School’s Executive Council, and the 10th CSU professor to participate in the Leopold Leadership program.

Donna Merwarth, a Research Associate III in the psychology department, was named an Everyday Hero by the Classified Personnel Council in December. She has been at Colorado State University for 15 years and in her current position for 15 years. Merwarth was nominated for the Everyday Hero award by Terri Ratzlaff.

“Donna consistently goes above and beyond in her IT role,” said Ratzlaff, adding that Merwarth is dedicated, has great customer service, and is a wonderful co-worker and friend.

College of Veterinary Medicine and Biomedical Sciences

Dr. Craig Webb, head of the Small Animal Medicine Section at the James L. Voss Veterinary Teaching Hospital, received the 2014 Colorado Veterinary Medical Association Outstanding Faculty Award for instilling in students knowledge and confidence in their clinical skills.

Webb is among faculty in the Department of

Clinical Sciences who conduct research, treat animal patients and teach aspiring veterinarians in the DVM Program. His fun and interactive teaching tactics have landed him on a prestigious list of 30 current and retired CSU faculty who have received the award.

Donna Willard, an assistant manager in the microbiology, immunology and pathology department, has been named an Everyday Hero by the Classified Personnel Council. She has been at Colorado State University for 3 and a half years and in her current position for one year. Willard was nominated for the Everyday Hero award by Audrey Oberlin.

“Donna is the glue that holds our Foothills MIP office together,” said Oberlin, adding that Willard finds solutions, makes decisions and keeps work flowing, and is hard working, conscientious, and goal-driven.

Everyday Hero is a special program sponsored by the CPC to recognize the day-to-day achievements of all CSU employees (state classified, administrative professionals, and faculty). To nominate someone, visit the CPC website at cpc.colostate.edu.



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SEND IN YOUR APPLAUSE

Do you have news from your department or unit you would like to share with the rest of the CSU community? Send it to csulife@colostate.edu for inclusion in our Applause section.

CSU Life is published monthly through a partnership with CSU Department of External Relations and Rocky Mountain Student Media. The publication is mailed to faculty and staff on campus. Contact us at CSULife@colostate.edu

Faculty: Canvas easy to use, easy to learn with training

Canvas Quick Facts

-  Most courses will be taught in Canvas beginning Fall 2015
-  Instructors can start training in and using Canvas now
-  Existing RamCT Blackboard courses can be imported to Canvas
-  Instructors are encouraged to explore time-saving Canvas grading tools like SpeedGrader™ and Quizzes

By Julia Selby Smith

Last fall 45 instructors and 962 students put Canvas, the University’s new learning management system, to the test. After a semester of use, both instructor and student feedback on the Canvas experience was overwhelmingly positive.

The goal of the pilot was to test how well Canvas functions for users, and to determine how to make the smoothest possible migration away from RamCT Blackboard by Fall 2015.

“We had very positive responses from the faculty and extremely positive responses from the students,” said Patrick

Burns, vice president for Information Technology and dean of Libraries. “After getting ‘over the hump’ of learning a new system, both groups found it easier [than RamCT] to use.”

Survey responses from the instructors who piloted Canvas indicated they think the system is “very intuitive,” “more like navigating a web page than other course software,” and “easier to learn” than any other system CSU has used in the past decade. Most instructors indicated they were comfortable using Canvas within one to four hours.

Like with any new system, however, there is a learning curve. A majority of

the instructors said they found Canvas training sessions to be extremely valuable. One instructor said, “It is really easy to get started, though I believe attending a workshop on how to set up assignments, graded discussions and getting columns in the grade book should not be missed.” Other respondents stressed the importance of instructors ensuring their students know how to use it. Survey responses from students who piloted Canvas, however, indicated that learning to use it would not be a major hurdle. Most students said they never needed to use technical support for the system, although help is easily accessible if necessary.

Canvas features

Canvas includes many user-friendly tools that were not available on RamCT Blackboard. A favorite new tool for students is the “what-if grades” calculator, which allows students to predict what their final grades will be by entering hypothetical grades for all ungraded assignments.

Among the most useful tools for instructors are Quizzes, which automatically grades online quizzes instantly, and SpeedGrader™, which allows faculty to view and provide feedback on student assignments digitally, in one place.

The pilot test did reveal that an important feature, an anti-plagiarism tool, is currently missing in CSU’s version of Canvas. Burns said that feature, as well as some other recommendations to improve the system, are being addressed.

Start learning to use Canvas

As almost all courses will be taught in Canvas beginning in Fall 2015, faculty are encouraged to take advantage of the many training resources available, including:

- Online guides and videos
- Staff training workshops
- The Canvas Information Center located in Morgan Library room 185
- One-on-one appointments with college Canvas coordinators

To access these resources or find more information, visit <http://info.canvas.colostate.edu/>.



APC to host award luncheon in March, look for your invitation

By Sarah Sparhawk

The APC will be hosting its 6th Annual Administrative Professional Recognition Luncheon on March 24 from 11 a.m. to 1 p.m. in Ballroom 350 BCD.

The Luncheon will celebrate the accomplishments of Administrative Professionals with the announcement of the AP Star Award recipients and guest speakers Amy Parsons and President Tony Frank. Lunch is provided along with door prizes.

An official invitation will go out to all Administrative Professional employees in February with RSVP information, according to Steven Dove.



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Social media power:

How CSU’s Facebook page reunited a wallet and its owner



Social Media Coordinator Chase Baker, left, made sure student Steven Rosenzweig got his missing wallet back.

By Hannah Woolums

Social media has become a major outlet in today’s society, and many have taken to the pages of Facebook and Twitter to connect with those around the world.

CSU Social Media Coordinator Chase Baker was browsing through the university’s Facebook page over New Year’s weekend when he noticed a wall post that was a little out of the ordinary.

“Hey Steven Thomas Rosenzweig. I found in my Taxi your wallet/ purse in SARATOGA-MALTA NY. Give me a call...”

Something made Baker look at the post again.

“Typically people get in touch with the Facebook page through direct messages, so we don’t typically respond to the posts that people place on our wall. So, with that said, it was fairly random that I happened to notice this one,” Baker said.

Using the information in the post from taxi driver Fouzia Pirzada, Baker was able to find Rosenzweig’s contact information.

“I checked CSU’s online directory and found a student with that same name, so I sent Steven an email and found him on Facebook and sent a friend request and a message. Steven wrote back and notified me that he was in New York but was flying back to Colorado later that day and hadn’t even realized that he had lost his wallet,”

Baker said.

Rosenzweig said he had taken a taxi back to his home in Clifton Park, N.Y., after watching New Year’s Eve fireworks in nearby Saratoga.

“I was having breakfast with my parents in a diner on Jan. 3 when I got a message from Chase,” he said. “He sent me the phone number for the taxi driver, and we drove over to his house right after breakfast. He wouldn’t even take anything as a reward.”

When Pirzada couldn’t find Rosenzweig’s contact information, he posted to the CSU Facebook page because of the RamCard in the wallet.

“My flight was supposed to leave in three hours, and if I hadn’t received Chase’s message, we would have been tearing up the house looking for the wallet,” said Rosenzweig, a first-year master’s student in Soil and Crop Sciences. “They saved me from complete chaos.”

After thanking Pirzada for his effort to contact Rosenzweig to get him his lost possessions before he left New York, Baker received this response from Pirzada.

“It’s our responsibility....as a human,..... He received his purse today morningI request to U all guykeep ur phone number in ur wallet too.....I spend 40

minutes to post first message here.....I was searching him in GOOGLE AND FACE BOOK, BUT I CANT FOUND HIM.”

“I thought this was a neat response because of what he said about it being our responsibility as humans to look out for each other,” Baker said.

Most of us might not think of social media as a resource to find the owner of a lost wallet, but in the digital age, reliance on the internet and social networking communications have grown significantly.

“I am also intrigued by the power of social media to bring two people together,” said Baker, who is part of the Social Media team in the Division of External Relations. “Even though they were both in New York, we were able to connect them from Colorado. I also find it fascinating that the cab driver turned to Facebook as a means of getting in touch with this person.”

In the end, Rosenzweig’s flight to Denver was delayed two days by a blizzard. But since returning to Fort Collins, he’s already had a chance to pay it forward.

“Last week, someone left their wallet on the table at Odell’s, and I went all over looking for them to make sure they got it back,” he said. “I know how important it is to know where your wallet is.”



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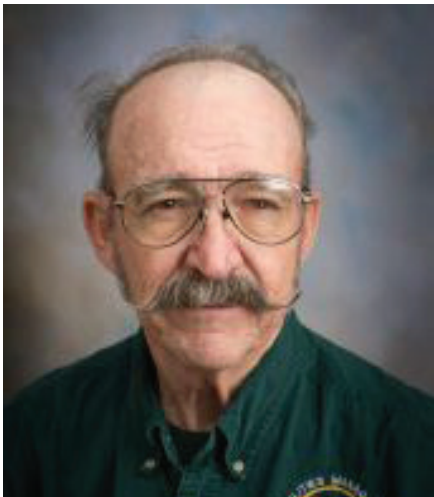
CPC accepting Outstanding Achievement Award nominations



Jordan Jiruska – Foreign Languages and Literatures



Barbara Risheill – Morgan Library



Harry Campbell – Facilities Management

By Jesse Epstein

The Classified Personnel Council (CPC) is pleased to announce that nominations for the 2015 Outstanding Achievement Awards for State Classified employees are now being accepted. Nominations must be submitted by 5 p.m. on Friday, Feb. 27, 2015. Up to five awards will be given, consisting of a special plaque, an award of \$1000, and recognition at the Celebrate! CSU Awards Ceremony in April and CPC Annual Recognition Luncheon in May. Nomination materials also become part of the recipient’s permanent employment record.

CPC Recognition Committee

members are available to assist you with any questions concerning the preparation of your nomination. If you have questions or need to obtain the nomination form, please contact Anthony King at (970) 492-4983 or anthony.king@colostate.edu. Nomination forms may also be submitted via the Outstanding Achievement Award webpage: <http://cpc.colostate.edu/annual-cpc-awards/outstanding-achievement-award/>.

The Outstanding Achievement Award is the most prestigious award a State Classified employee can receive. It is meant to recognize individuals for outstanding achievement in their service to the University, which can include excellent job skills and workplace achievements that are above/beyond what is normally expected. Nominees must have been employed as a State Classified employee at Colorado State University for at least three years to be considered for the award, and past recipients are not eligible for ten years. A list of recent recipients is provided on the Outstanding Achievement Award webpage.

Criteria that will be considered include:

- Contributes to the success of fellow employees and students; provides leadership, mentoring, support, etc. to

others;

- Contributes to the success of the University; recognized as someone who gives back to the University; serves on University committees, volunteers in the campus community, etc.;
- Demonstrates superior efficiency and productivity; shows initiative in the workplace and/or uses innovative techniques to improve University operations.

Nominations are encouraged from anyone who interacts with State Classified employees. Please feel free to nominate your co-workers, peers, supervisors, or other colleagues within the State Classified system. Nominations should include specific examples and supporting evidence that demonstrate employee excellence. Please do not include normal job responsibilities and/or experiences. We recommend focusing on the exceptional qualities of the nominee, his/her history of service at CSU, and detailed examples of how he/she typically goes above and beyond.

The Outstanding Achievement Award provides an important opportunity for the University community to recognize the valuable contribution of State Classified employees at CSU. Please nominate someone special today!

CSU grad, dad pulling for Academy Award win



No one will be watching the Academy Awards on Feb. 22 more avidly than David Ramsay, director of strategic relations for Morgan Library. His son, Duncan, could win an Oscar for the short animated film he produced.

The 18-minute “The Dam Keeper” has already won the Golden Gate Family Film Award at the San Francisco International Film Festival, Best of Fest and Best of Animation at the Portland Film Festival, and the Kids Audience Award at the New York International Children’s Film Festival, among others.

The 30-year-old filmmaker is also a 2007 CSU journalism graduate. He met the film’s animators while working at Pixar Animation Studios in California on popular films such as “Toy Story 3” and

“Monsters University.” He now lives in London, but will be in the audience in Los Angeles on the big night.

David and his wife, Karen, will also be in Los Angeles, just not at the Dolby Theatre.

“We’ll meet up after the ceremony,” David said. “Then he has to fly right back to London because he’s in the middle of a project there.”

To celebrate Duncan’s achievement, journalism professors Pete Seel and Greg Luft have helped David arrange a showing of all five films nominated in the animated shorts category. The mini-festival will take place Feb. 13, 7-9 p.m., in Behavioral Sciences 131, and is free and open to the entire campus community.

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Founders Day |

Everitts receive medal

From page 1

The Everitts' philanthropic, community, and business contributions to Fort Collins and CSU are too numerous to list. They include an early history of partnering with Don Dobler, the first dean of the CSU College of Business, to help raise funds for program development and scholarships. The Everitts also started the Summit Fund, a student investment fund in the College of Business that exposes students to real-world investing decisions.

The Founders Day Medal Ceremony begins at 4:30 p.m. in Lory Student Center Ballrooms C and D. The ceremony is free and open to the public. Registration for the event is encouraged and available online at <https://advancing.colostate.edu/FOUNDERSDAY2015>.

For more information on Founders Day activities, go to source.colostate.edu/foundersday.



COMMUNITY EVENTS

From page 1

Feb. 19
Sybrina Fulton, 7 p.m., LSC Ballroom B
Sybrina Fulton is dedicating her life to transforming family tragedy into social change. Since the death of her 17-year-old son, Trayvon Martin, during a violent confrontation in 2012, Fulton has become an inspiring spokesperson for parents and concerned citizens across the country. She lends her voice to speak against violence towards children and the need to build better, safer communities for all.

Free for CSU campus community, \$5 general public; tickets available at the Lory Student Center box office or csutix.com. Fulton's appearance is sponsored by the Black/African American Cultural Center as part of Black History Month. Full schedule of events at www.baacc.colostate.edu

Feb. 19
Lunar New Year

Feb. 24
"Antarctica: A Year on Ice," 7 p.m., Behavioral Sciences Building 131
A free screening of this visually stunning documentary of a journey to the end of the world to meet the hardy and devoted people who live there year-round. Using specially modified

cameras and spectacular time-lapse photography, filmmaker Anthony Powell captures the splendor of the region like no film before. Panel discussion to follow, featuring CSU professors who have been there: Richard Aster, head of the Department of Geosciences; Michael Gooseff, Civil and Environmental Engineering; Adrian Howkins, History; and Diana Wall, director of School of Global Environmental Sustainability. Part of the SoGES Antarctic Lecture Series, sustainability.colostate.edu

March 4
President's Community Lecture
Ajay Menon, Dean, College of Business, 6:30 p.m., UCA Organ Recital Hall
The state's first Chief Innovation Officer will talk about "Imagining Innovation: Building innovative and smart communities"

March 9
Shiza Shahid, 6 p.m., LSC Main Ballroom
The co-founder of the Malala Fund, dedicated to educating girls and women around the world, will speak in recognition of International Women's Day. Free admission, but tickets required and available beginning Feb. 9 at the LSC box office.

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PET HEALTH

Timing for spay and neuter depends on pet and owner

By Heather Weir, DVM

For most pet owners in the United States, spaying and neutering dogs and cats is an important way to benefit animals, their households and society.

For female pets, spaying provides important health benefits, while castrating male pets can help reduce their anxiety and aggression. For pet owners, it's helpful to eliminate the dilemma of unwanted litters.

Society benefits from decreased pet overpopulation and the public-health problems that arise with feral animals; society further benefits as we limit the number of animal-control, shelter and euthanasia programs needed for unwanted, neglected, stray and feral pets.

In fact, spaying and neutering has so many advantages that veterinarians at Colorado State University consider sterilization surgery a cornerstone of preventive care for pets.

Recently, veterinarians have discussed the age at which pets should be spayed and neutered. Many interesting studies – especially so-called “lifetime studies” that follow pets through their lives – seek to answer this question. So far, there's no definitive answer; timing for spay and neuter surgeries should take into account research-based information and the needs of an individual pet and its owner.

The most recent research has shown that spaying and neutering pets as puppies and kittens can affect their growth. Early spaying and neutering increases the length of time that the bones grow, which results in a taller pet. The concern is that increased growth may affect how joints align.

Therefore, spaying and neutering early may not be in a pet's best interest, especially if the animal is prone to breed-related orthopedic problems.

Unfortunately, we don't yet know the age at which this growth effect ceases. So many orthopedic surgeons recommend waiting until skeletal maturity to spay and neuter pets, especially those predisposed to orthopedic disease, such as large dog breeds.

That seems easy enough: Let's wait until skeletal maturity to spay and neuter our pets, right? Well, it's not that simple.

An important health benefit of spaying female pets is reduction in the incidence of mammary cancer. If we spay a female dog before her first estrus, or “heat,” we essentially eliminate her chances of developing mammary cancer. This benefit holds true for any female dog spayed before the age of 2, yet incidence

of mammary cancer increases with each estrus period.

As we wait for a dog to reach skeletal maturity, she may go through her first estrus cycle. Then her risk for mammary cancer rises, and she must be kept away from intact male dogs so she isn't accidentally bred. Waiting to spay also means the hassle of cleaning up after a dog in heat.

Spaying and neutering mature pets can pose increased risk of surgical complications. And in older males, the hormone testosterone may lead to unwanted behaviors.

What to ask your veterinarian

When making the decision about the timing of spay and neuter procedures, it is best to consult your veterinarian and to discuss your circumstances and your individual pet. Here are some topics to cover with your vet during the decision-making process:

- What are the risks of orthopedic disease and other health problems for your pet, and how might these be influenced by the timing of spay or neuter?
 - Are you willing and able to manage the hassles that come with a cycling female pet or an intact male? This includes, for females in heat, limiting interaction with other animals in order to avoid unwanted litters.
 - Is your pet fully vaccinated? We prefer to wait at least two weeks after the pet's last vaccine.
 - Can the operation be performed laparoscopically? Minimally invasive sterilization is an option at some veterinary practices, and at the CSU Veterinary Teaching Hospital.
- Talking through the pros and cons of timing for spay and neuter will help you arrive at a decision that's best for you and your pet.



Dr. Heather Weir is a veterinarian with the Community Practice service at Colorado State University's James L. Voss Veterinary Teaching Hospital. Community Practice provides general care, wellness services, and treatment of minor injuries and illnesses for pets.

MEET GIGI

Provided by the Larimer County Humane Society.



Gigi has quite the story! Rescued from a shelter in Florida and cared for by the ASPCA, she's had a long journey to Larimer Humane Society. After months of medical care and behavioral enrichment, Gigi is ready to find a new family. Although she's deaf, she is playful and prefers squeaky toys. This 5-year-old, female American Bulldog mix can be yours for \$100!

To visit with featured pets or any other adoptable animals, stop by Larimer Humane Society at 6317 Kyle Ave. in Fort Collins. The Shelter is open 11a.m.-7p.m. Monday through Friday, and 10a.m.-5p.m. Saturday and Sunday. For more info, call (970) 226-3647 or visit larimerhumane.org.



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ENTERTAINMENT CALENDAR

Theater

Sweeney Todd by Stephen Sondheim

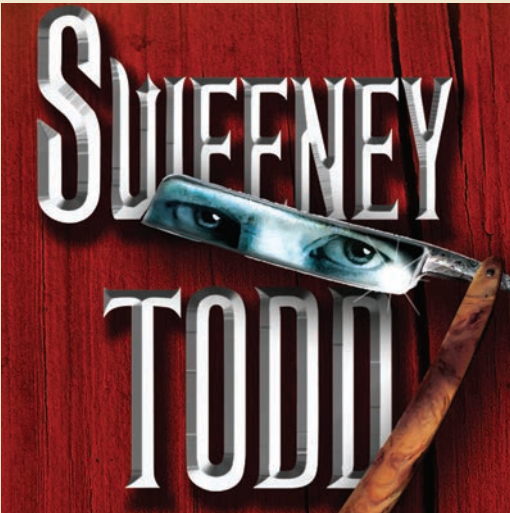
Through March 8, doors open at 5:30 p.m., seating at 6 p.m.

Midtown Arts Center

3750 S. Mason St.

The center opens its new Studio 2 space with this spine-chilling musical masterpiece of obsession and revenge. Dinner will be served throughout the performance, and yes, meat pies are on the menu.

midtownartscetner.com



Luv by Murray Schisgal

Feb. 7-March 8

Bas Bleu Theater

401 Pine St.

People fall in love. Some people fall in LOVE. Murray Schisgal's people fall in LUV in this Tony-award winning comedy set in 1960s New York.

basbleu.org

Unnecessary Farce by Paul Slade Smith

OpenStage Theatre and Company

Feb. 14-March 14, 8 p.m., matinees at 2 p.m. on March 1 & 8

When a pair of under-qualified yet blindly ambitious detectives set out to catch the town's embezzling mayor in the act with his sexy accountant, even the simplest tasks go unnecessarily awry – with hilarious results.

lctix.com



Art & Literature

Neil Gaiman Book Signing

Feb. 6, 4 p.m.

Old Firehouse Books

232 Walnut St., Old Town

Fort Collins fantasy and comic fans pushed paperback sales of Neil Gaiman's The Ocean at the End of the Lane at Old Firehouse Books to the top of all the nation's independent bookstores over the holiday season – and won the only February signing of his new book Trigger Warning: Short Fictions and Disturbances. The store is small, interest is high, and purchase is required, so plan accordingly. oldfirehousebooks.com



An Evening with Author William Ury

Feb. 11, 7-9 p.m.

Fort Collins Hilton

435 W. Prospect Road

Free and open to the public

Ury, co-founder of Harvard's Program on Negotiation and an internationally effective mediator in conflicts from Kentucky coal mines to the Balkans, will talk about his latest book, Getting to Yes with Yourself. The Evening with an Author Series is presented by the Friends of the CSU Library and the Poudre River Friends of the Library. No tickets required, seating on a first-come, first-served basis, and a book sale and signing will follow the talk.

http://lib.colostate.edu/about/news/2015/ury

Keeping Body and Soul Together: An Installation by Larry Bob Phillips and David Leigh

Feb. 11-March 28, visiting artist lecture 5 p.m. Feb. 11 in the Griffin Concert Hall followed by reception in the museum

University Art Museum, University Center for the Arts

1400 Remington St.

Free and open to the public

In an installation created especially for the University Art Museum, Albuquerque-based collaborators Larry Bob Phillips and David Leigh create an exhibition of fantastic and grotesque drawings that aim to overwhelm the audience with vast references and chaotic narrative. The artists create a cartoon-like, horrific yet comedic landscape. Sponsored by the FUNd at CSU.

artmuseum.colostate.edu

Music

Confucius Institute Spring Festival Celebration

Feb. 8, 2 p.m.

Lincoln Center

\$10 adults, \$5 students and seniors, \$2.50 children 12 and under.

Welcome the Year of the Ram with Chinese music – opera, folk songs and instrumental – dance, acrobatics and performances by local and professional artists.

lctix.com

Ailey II Dance Company

March 2, 8 p.m.

Lincoln Center

\$30 faculty staff and community; free for CSU students

Ailey II, an internationally known dance troupe based out of New York City, was created to “be a vital American cultural ambassador to the world.” This phenomenal performance is sponsored by RamEvents with support of the Black/African American Cultural Center as part of Black History Month. An on-stage question-and-answer session will follow the hour-and-a-half full team performance – a once-in-a-lifetime event.

Student tickets available at Lory Student Center Box Office; all others at lctix.com



Joshua Bell

Lincoln Center

March 12, 7:30 p.m.

Tickets \$45-\$75

The next concert in the Classical Convergence Series, co-presented by CSU and the Lincoln Center presents one of the world's most celebrated violinists, Joshua Bell. The multi-award winning “classical music superstar” enchants audiences with his breathtaking virtuosity, tone of sheer beauty, and charismatic stage presence.

lctix.com



For American Heart Month, combine exercise and romance



By Kimberly Burke

In honor of February’s American Heart Month and also Valentine’s Day, why not show yourself and your partner a little love through exercise?

Working out with a partner is a great way to not only obtain physical benefits but also personal ones. The ability to work out together takes advantage of a common interest and leaves many feeling a deeper bond from the additional motivation and support. This Valentine’s Day why not plan a workout together?

Read on for some workout ideas that are not only good for your heart, but also for exercising your romance.

Dance class – Sign up to take a dance class together. Many instructors offer private or group lessons (a great way to get your friends involved). Dance styles can range from the traditional ballroom and Latin dances or even more modern styles. For a 150-pound person, an hour spent ballroom dancing to a fast tempo will expend around 240 to 300 calories, meaning you can eat three or four pieces of chocolate without feeling guilty.

Couples yoga – Not only is yoga a great form of exercise that helps many to relax, increase flexibility, and improve strength, but it also lends itself well to being done together. Couples or partner yoga is meant to rely on each other

for support and alignment. Poses can generally be held for anywhere from 20 to 60 seconds and with your bodies close if not touching, you can pick the moves to make the evening as intimate as you want. In an hour yoga session a 150-pound person can expect to expend about 175 calories. Having a glass of red wine for your special dinner only costs you 125 calories (1 serving of 5 fluid ounces).

Couples race – Going for a walk or run together is a great way to get time together that you’d normally spend apart. And on Valentine’s Day, why not make the cardio session all the more special? It would be easy to turn the run into a scavenger hunt, or take breaks at destinations special to your relationship. You can run side by side, or take turns leading to quicken the pace and get your adrenaline pumping even more. Run for 45 minutes at the pace of 5 mph and you’ve expended a whopping 350 to 400 calories, for a 150-pound individual. Chocolate cake for dessert anyone?

Couples gym session – Many couples who exercise together recite the mantra: “couples that train together, remain together.” Having a partner is helpful for a lifting session at the gym. For heavy lifting, your partner can spot you, but you can also do exercises that require two people. Why not do crunches and pass a medicine ball back

and forth between you? Get down for a plank and high-five each other for every major milestone. Our standard 150-pound person can expect to expend approximately 215 to 250 calories for your 60-minute gym workout, meaning you can enjoy six chocolate covered strawberries, which you can also make together!



Kimberly Burke is the director of the Adult Fitness Program at Colorado State University, an outreach program through the Department of Health and Exercise Science. Adult Fitness offers exercise opportunities for employees of CSU as well as community members, while providing hands-on learning experiences for health promotion students. To learn more see <http://hes.chhs.colostate.edu/outreach/adultfitness/>.

Campus Trivia with Russ Schumacher

Kent LaFlair, an accountant with Sponsored Programs, submitted the correct answer to the December trivia question:

The campus weather station recorded an all-time low of 41 degrees below zero in February 1951.

Kent said he looked up the answer in the weather archives that the University has maintained since 1889 – and more recently made available online through the Colorado Climate Center website.

For February, we have a question about the very beginning of CSU, which

we celebrate each year as Founders Day on Feb. 11.

Q: While Territorial Gov. Edward McCook signed a bill in 1870 authorizing the creation of the Colorado Agricultural College in Fort Collins, when did the first students begin taking classes on campus?

Email your answer to csulife@colostate.edu by Feb. 16. We will choose the winner at random from all the correct entries submitted, to receive a CAM the Ram bobblehead autographed by Russ, and a \$25 gift certificate.



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CSU COOKS

Lunar New Year - the first day of the Year of the Ram - falls on Feb. 19 this year. Celebrate with this traditional Chinese dish.

Pearly Pork Ball, Beijin-Hebei Style

By Shelly Luo, Associate Director, Confucius Institute

Ingredients:

9 ounce of pork or commercially ground pork
 1 tablespoon soy sauce
 ½ teaspoon salt, or to taste
 1 teaspoon rice wine
 2 eggs, beaten
 1 ½ teaspoon sugar
 2 tablespoon cornstarch, dissolved in 2 tablespoon water
 ½ teaspoon scallions, chopped
 ½ teaspoon freash ginger, minced
 3 ounces glutinous rice
 ¼ teaspoon MSG

Directions:

Mince the pork if not already ground. Mix with the ¼ salt, soy sauce, MSG, rice wine, eggs, sugar, cornstarch, scallions and ginger. Set aside.

Wash the rice in several changes of water until the water runs clear. Then pour boiling water over it and drain.

Lightly shape the meat mixture into balls about 1 inch in diameter and roll them in the rice, covering them completely.

Mix the salt (or to taste) with the rice that remains and spread it in the bottom of a large heat-proof bowl. Place the meat balls on the rice and set the bowl in a steamer. Steam for 25 minutes over high heat, then turn the heat to low and steam 10 minutes more, or until the pork is cooker. Remove and serve.



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CHINESE NEW YEAR 2015

— YEAR OF THE RAM —



Interviewer: Alexandra Rager



Q and A with Harry Imbeau, Assistant Director Confucius Institute

Q. What can you tell me about the Chinese New Year and its Significance?

A. The Chinese New Year is called Spring Festival in modern China. It is the most important traditional holiday of the year. It is a time for family to come together. This originates in the tradition of honoring gods and ancestors. The holiday is typically celebrated from the New Year's Eve (in the lunar calendar) to the 15th day of the first month of the New Year (again, according to the lunar calendar). Each day has significance and separate activities.

Q. How is the Chinese New Year celebration different in Fort Collins as opposed to China?

A. First, there is not one celebration of Spring Festival in China or in Fort Collins. Many organizations on campus and in the community celebrate the Lunar New Year or Spring Festival. Each of them celebrates slightly differently. I can only really speak about the Confucius Institute at

Colorado State University's (CICSU) celebration. CICSU is organizing a performance of traditional and modern Chinese culture. It will include professional and amateur performers of Chinese opera, acrobatics, vocal and instrumental song, as well as dance. The performance will be held on Sunday, February 8, 2015 at the Lincoln Center prior to the actual Spring Festival holiday.

Q. How does one say/pronounce "Happy New Year" in Chinese?

A. 新年快 ☒ xīn nián kuài lè

Q. Is there a large Chinese community in Fort Collins?

A. There is definitely a Chinese community in Fort Collins and Northern Colorado.

Q. How have the celebratory traditions of both the New Year and Spring Festival changed throughout history (if at all)?

A. This is a big question. A whole course could be devoted to its change and development. But generally speaking, celebrations

have always been community family focused with different practices being dropped or incorporated as populations moved, blended, assimilated, or adapted to new locations and regional customs.



RAM



Start Your Own Wine Tasting Group

What better way to learn about wine than with your friends in your own home? With the plethora of wines on the market, and more coming every day- how can anybody keep up? One proven way is to start or join a tasting group. Considering that most wine encounters are random, you either grab a bottle while shopping for dinner, or you pick something off a restaurant list because the sommelier recommends it, a tasting group can be a helpful and fun way to focus on and understand wine. But

remember there's a big difference between drinking wine and tasting wine in a formal group setting. Drinking is for fun, for dinner parties, for nights on the town, with wine in a supporting role.

Tasting is different, where wine is the star of the show and attention is focused upon each bottle. Tasting groups are a great way to taste many wines without the big expense of purchasing many different bottles, but they have so many other

benefits as well. Similar to a book club or a college study group, you can enjoy a novel or read the textbook material on your own. But getting together with a group of people who have read the same book, or who are taking the class, can enhance your appreciation and understanding. The most important element to a successful tasting is to keep the mood light and fun. So gather up a few fellow wine enthusiasts and start your own tasting group.

Tips On Starting a Tasting Group

Start small

Begin with five or 10 people – it's easier to handle the logistical demands of larger groups after getting a few events under your belt.

Set a budget

You can't organize a tasting until the budget is set. Pick a price range and stick with it.

Invest in stemware

Quality glasses are one of the best inventions a wine lover or tasting group can make. Have at least two per person. A simple red wine glass with a 10 ounce volume capacity (to give you room to swirl your wine) will do. Make sure the glassware is clean and sparkling-soap residue and dust can ruin your experience.

Pick a theme

A horizontal tasting is where different wines of the same vintage (year) are tasted. This is a good way of determining which producer or vineyard you prefer. A

vertical tasting is the same wine from different vintages. This is where vintage variations and the effects of bottle aging are clearly seen. Another fun tasting is a "stand off" where wines of one variety and region are paired against wines of the same variety but from a different region (For example: Bordeaux from France vs. the Cabernets of California or Shiraz from Australia vs. Syrahs from Rhone).

Less is more

Five to eight wines is plenty. Also, don't over pour – remember that you're tasting, not drinking, and 1.5 ounces suffice for that first impression while leaving enough for a second go-round.

Blind is best

The host should help everyone leave preconceptions at the door by concealing each bottle in numbered bags (don't forget to remove the capsules). Let us help you determine the order in which the wines should be served. White before reds. Light bodied to full bodied. Dry to sweet.

Look and learn

A wine's appearance reveals much about its grape composition and age. Good lighting is essential, as is some sort of white background -- the tablecloth, or even just sheets of paper -- against which the color can be judged.

Discuss what you're tasting

Every tasting has a unique perspective. Listen, and you might well see the wines in a new light. Encourage all participants to describe the smell and taste.

Take notes

Always take notes; otherwise, many of the lessons will be lost. If nothing else, indicate your preferred wines.

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Sitting down with Baby, CSU’s local marmot

By Sarah Sparhawk
As told to Gregory Florant

In honor of Groundhog’s Day, Colorado State University has a local to tell faculty and staff what it’s all about – from his own large rodent perspective. Baby, Dr. Gregory Florant’s marmot, talks growing up and Groundhog’s Day.

Q: So, tell me about yourself, Baby.

A: “I was born in Florant’s lab about 13....no, maybe 14 years ago. I grew up in a warm loving environment with three siblings. When we were old enough to have our own cages, we would see Mom outside and chirp to her – she warned me “Mid-August you will become very sleepy and want to hibernate!” And so, I learned to make warm nests in October. She also warned me I may want to reproduce, but currently I am a bachelor.”

Q: How is it living with Dr. Florant?

A: “I really like living with Greg. Once, I was involved in an experiment that measured food intake at CSU, but now I guess I have become like a pet, because I do not like to bite.”

Q: What is it like having to hibernate?

A: “The rest is great, and there are no predators. Well, there are no predators in the lab. My circadian rhythm is

a bit off compared to wild marmots, so I wake up a little bit earlier and eat a bit more during the summer. I’m bit heavier than I should be.”

Aren’t we all, Baby.

Q: What is the difference between a groundhog and yourself, a marmot?

A: “We are cousins – different species, same genus.”

Q: Why were groundhogs chosen to predict the rest of winter?

A: “It’s a really funny story actually. German settlers use to have the same custom, except they would look for a badger. When they came to America, they thought the groundhog was a badger. I would be pretty upset if they had mistaken me for a badger, personally.”

Q: What is your prediction for this year’s Groundhog Day?

A: “Long winter, definitely.”

Keep an eye out for Baby’s small screen debut, possibly this April, on PBS!



Sarah Sparhawk holding Baby the Marmot

Get a charge out of driving to campus

Gas prices might be lower than they have been in a long, long time, but filling up your electric vehicle on campus is even cheaper – it’s free.

CSU now offers 10 electric vehicle chargers at five on-campus stations, and charging is free for all employees.

All you have to do is register your electric vehicle with Parking and Transportation Services and make sure your state electric vehicle registration sticker is visible. This allows you to park at the chargers and specially designated electric vehicle spaces on campus.

Each charging location has two stations. The Chargepoint chargers require a Chargepoint card, which is also available for free at Parking and Transportation Services in the Lake Street Garage.

Station locations:

- Between Durward Hall and Laurel Village along Laurel Street
- Between Scott Bioengineering and Rockwell West on Laurel Street
- University Services Center at Laurel and Meldrum streets

- Powerhouse Energy Campus at 430 N. College Ave.
- Facilities Service south parking lot at Lake Street and East Drive

For more information, call (970) 491-2823. And if you’d like to help determine the placement of future charging stations on campus, take the survey at studentvoice.com/colostate/electricvehicle



College of Business Dean search down to four

Four finalists for the position of dean of the College of Business have made visits to campus.

Erik Rolland, interim dean of the School of Engineering and Professor of Management at the University of California, Merced; Beth Walker, chair of the department of Marketing, at the W.P. Carey School of Business, Arizona State University; Caryn Beck-Dudley, dean of the College of Business at Florida State University; and Yash Gupta, president and CEO of SDP Telecom Inc., each spent two days at CSU meeting faculty, staff, students and administrators at the end of January and the first week of February.

Ajay Menon announced last year that he would be stepping down by June 1 after 12 years as dean of the College. The search committee to find his replacement was headed by Dr. Mark Stetter, dean of the College of Veterinary Medicine and Biomedical Sciences.

More information, including complete CVs for each candidate and a link to watch videos of their open forums with faculty, can be obtained by emailing Karin Cowles, karin.cowles@business.colostate.edu



Left: Yash Gupta, Right: Beth Walker



Left: Erik Rolland, Right: Caryn Beck-Dudley

Meanwhile...

Martin Luther King Day and March

Students may have been on Winter Break, but the CSU campus was beehive of activity in December and January. Here are just a few of the big stories since our last issue of CSU Life:

On Jan. 19, CSU helped the Fort Collins community celebrate the legacy of Dr. Martin Luther King Jr. The traditional march that began in Old Town ended at the Lory Student Center, where spoken word artists Sesugh Tor-Agbidye and Shayla Monteri and the IMPACT Dance Company performed and students from the Poudre School District read their award-winning essays. February is Black History Month, too.



National Western Stock Show



Gift for translational therapies



To kick off the new year, John and Leslie Malone donated \$42.5 million, the largest cash gift in the university’s history, to create a new Institute for Biologic Translational Therapies in the College of Veterinary Medicine and Biomedical Sciences. They were inspired by the treatment one of their horses received at CSU’s Orthopedic Research Center. A portion of the gift will be used to construct a new institute building that will house laboratories, specialized surgical suites, and conference space for veterinarians and physicians investigating next-generation remedies based on living cells and their products. Just before Christmas, President Tony Frank, CAM the Ram and the whole Ram Family welcomed new head football coach Mike Bobo and his kids to Fort Collins. Once again, a grand time was had by all at the National Western Stock Show in Denver, where the littlest members of the Ram Family took a wild and wooly ride in the Mutton Bustin’ competition on CSU Day at the Stock Show Jan. 17. Mike Bobo got to ride on the stagecoach in the rodeo opening ceremonies – something he never did in Georgia.

Mike Bobo at Colorado State University



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